

ZAWODY PŁYWACKIE O PUCHAR SWIMSHOPU
Katowice, 24- - 25-9-2011

Konkurencja 22
2011-09-25 - 9:15

M czyzn, 400m dowolny

Open
Wyniki

Top Times "Poland" 3:37.78 KORZENIOWSKI Pawel AZWAR Gorzow Wielkopolski 2009-11-26

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
12 lat i młodszy									
1.	PARZYNOWSKI WOJCIECH		99	UKS 190 Łód				4:52.23	385
	50m:	32.93 32.93	150m:	1:46.84 37.14	250m:	3:02.19 37.88	350m:	4:17.06 37.10	
	100m:	1:09.70 36.77	200m:	2:24.31 37.47	300m:	3:39.96 37.77	400m:	4:52.23 35.17	
2.	BARA CZYK MICHAŁ		99	UKS 190 Łód				4:56.80	368
	50m:	33.13 33.13	150m:	1:47.63 37.47	250m:	3:04.05 38.49	350m:	4:20.26 37.99	
	100m:	1:10.16 37.03	200m:	2:25.56 37.93	300m:	3:42.27 38.22	400m:	4:56.80 36.54	
3.	STEC Kacper		99	LKS Kmita Zabierzów				5:08.79	327
	50m:	34.14 34.14	150m:	1:52.86 39.92	250m:	3:13.50 40.35	350m:	4:32.21 38.98	
	100m:	1:12.94 38.80	200m:	2:33.15 40.29	300m:	3:53.23 39.73	400m:	5:08.79 36.58	
4.	MURA SKI Kacper		99	Muks Gilus Gilowice				5:09.45	325
	50m:	32.85 32.85	150m:	1:51.24 39.98	250m:	3:11.88 40.28	350m:	4:32.18 40.41	
	100m:	1:11.26 38.41	200m:	2:31.60 40.36	300m:	3:51.77 39.89	400m:	5:09.45 37.27	
5.	BANASZAK Patryk		00	MKP Toru czyk Toru / Janikowo				5:45.21	234
	50m:	37.55 37.55	150m:	2:04.19 43.98	250m:	3:33.51 44.50	350m:	5:02.53 44.13	
	100m:	1:20.21 42.66	200m:	2:49.01 44.82	300m:	4:18.40 44.89	400m:	5:45.21 42.68	
13 - 15 lat									
1.	HOŁYSZ Krzysztof		96	TKKF Szczygłowice Knurów				4:41.97	429
	50m:	28.65 28.65	150m:	1:38.98 36.67	250m:	2:52.81 37.37	350m:	4:06.71 36.62	
	100m:	1:02.31 33.66	200m:	2:15.44 36.46	300m:	3:30.09 37.28	400m:	4:41.97 35.26	
2.	GROS Paweł		98	MKS Park Wodny Tarnowskie Góry				5:04.40	341
	50m:	32.46 32.46	150m:	1:47.24 38.24	250m:	3:06.82 39.82	350m:	4:26.33 39.42	
	100m:	1:09.00 36.54	200m:	2:27.00 39.76	300m:	3:46.91 40.09	400m:	5:04.40 38.07	
3.	ZIELI SKI Szymon		98	LKS Kmita Zabierzów				5:17.85	299
	50m:	34.07 34.07	150m:	1:54.67 41.29	250m:	3:16.33 40.78	350m:	4:38.46 40.55	
	100m:	1:13.38 39.31	200m:	2:35.55 40.88	300m:	3:57.91 41.58	400m:	5:17.85 39.39	
Open									
1.	ZACZY SKI Karol		91	AZS AWF Katowice				3:55.59	736
	50m:	27.20 27.20	150m:	1:26.03 29.67	250m:	2:25.96 29.99	350m:	3:26.30 30.38	
	100m:	56.36 29.16	200m:	1:55.97 29.94	300m:	2:55.92 29.96	400m:	3:55.59 29.29	
2.	SŁAWI SKI M.		86	AZS AWF Katowice				4:08.54	627
	50m:	28.35 28.35	150m:	1:31.08 31.79	250m:	2:34.40 31.54	350m:	3:37.29 31.66	
	100m:	59.29 30.94	200m:	2:02.86 31.78	300m:	3:05.63 31.23	400m:	4:08.54 31.25	
3.	GŁYK Wojciech		92	AZS AWF Katowice				4:15.17	579
	50m:	29.23 29.23	150m:	1:32.68 32.06	250m:	2:37.41 32.47	350m:	3:42.75 32.75	
	100m:	1:00.62 31.39	200m:	2:04.94 32.26	300m:	3:10.00 32.59	400m:	4:15.17 32.42	
4.	HRENIAK Maciej (MKP Szczecin)		89	AZS AWF Katowice				4:16.69	569
	50m:	29.21 29.21	150m:	1:33.36 32.60	250m:	2:38.91 32.63	350m:	3:45.10 33.18	
	100m:	1:00.76 31.55	200m:	2:06.28 32.92	300m:	3:11.92 33.01	400m:	4:16.69 31.59	
5.	HOŁYSZ Krzysztof		96	TKKF Szczygłowice Knurów				4:41.97	429
	50m:	28.65 28.65	150m:	1:38.98 36.67	250m:	2:52.81 37.37	350m:	4:06.71 36.62	
	100m:	1:02.31 33.66	200m:	2:15.44 36.46	300m:	3:30.09 37.28	400m:	4:41.97 35.26	
6.	PARZYNOWSKI WOJCIECH		99	UKS 190 Łód				4:52.23	385
	50m:	32.93 32.93	150m:	1:46.84 37.14	250m:	3:02.19 37.88	350m:	4:17.06 37.10	
	100m:	1:09.70 36.77	200m:	2:24.31 37.47	300m:	3:39.96 37.77	400m:	4:52.23 35.17	
7.	BARA CZYK MICHAŁ		99	UKS 190 Łód				4:56.80	368
	50m:	33.13 33.13	150m:	1:47.63 37.47	250m:	3:04.05 38.49	350m:	4:20.26 37.99	
	100m:	1:10.16 37.03	200m:	2:25.56 37.93	300m:	3:42.27 38.22	400m:	4:56.80 36.54	

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Pozycja	Rok ur.								Czas	Pkt.	
8. GROS Paweł	98 MKS Park Wodny Tarnowskie Góry								5:04.40	341	
50m:	32.46	32.46	150m:	1:47.24	38.24	250m:	3:06.82	39.82	350m:	4:26.33	39.42
100m:	1:09.00	36.54	200m:	2:27.00	39.76	300m:	3:46.91	40.09	400m:	5:04.40	38.07
9. STEC Kacper	99 LKS Kmita Zabierzów								5:08.79	327	
50m:	34.14	34.14	150m:	1:52.86	39.92	250m:	3:13.50	40.35	350m:	4:32.21	38.98
100m:	1:12.94	38.80	200m:	2:33.15	40.29	300m:	3:53.23	39.73	400m:	5:08.79	36.58
10. MURA SKI Kacper	99 Muks Gilus Gilowice								5:09.45	325	
50m:	32.85	32.85	150m:	1:51.24	39.98	250m:	3:11.88	40.28	350m:	4:32.18	40.41
100m:	1:11.26	38.41	200m:	2:31.60	40.36	300m:	3:51.77	39.89	400m:	5:09.45	37.27
11. ZIELI SKI Szymon	98 LKS Kmita Zabierzów								5:17.85	299	
50m:	34.07	34.07	150m:	1:54.67	41.29	250m:	3:16.33	40.78	350m:	4:38.46	40.55
100m:	1:13.38	39.31	200m:	2:35.55	40.88	300m:	3:57.91	41.58	400m:	5:17.85	39.39
12. BANASZAK Patryk	00 MKP Toru czyk Toru / Janikowo								5:45.21	234	
50m:	37.55	37.55	150m:	2:04.19	43.98	250m:	3:33.51	44.50	350m:	5:02.53	44.13
100m:	1:20.21	42.66	200m:	2:49.01	44.82	300m:	4:18.40	44.89	400m:	5:45.21	42.68