



Mistrzostwa Polski Juniorów 15 lat w pływaniu
Gliwice, 18-20.07.2014r.



Konkurencja 19
2014-07-19 - 9:40

Dziewcz t, 400m dowolny

15 lat
Wyniki Eliminacje

Top Times "Poland" 4:16.54 KILIJA SKA Donata 00612 Helsinki (FIN) 2010

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
1. PIECHOTA Paulina	99 Uks 190 Łód	4:35.02	657 A
50m: 31.90 31.90	150m: 1:41.70 34.72	250m: 2:50.65 34.22	350m: 3:59.92 35.00
100m: 1:06.98 35.08	200m: 2:16.43 34.73	300m: 3:24.92 34.27	400m: 4:35.02 35.10
2. LEO CZUK Sara	99 UKS G - 8 Bielany	4:37.17	642 A
50m: 31.92 31.92	150m: 1:42.34 35.29	250m: 2:52.41 35.06	350m: 4:02.83 35.44
100m: 1:07.05 35.13	200m: 2:17.35 35.01	300m: 3:27.39 34.98	400m: 4:37.17 34.34
3. LICHWA Dominika SO	99 Ukp „Unia” O wi cim	4:38.18	635 A
50m: 31.52 31.52	150m: 1:42.03 35.49	250m: 2:52.82 35.37	350m: 4:03.74 35.30
100m: 1:06.54 35.02	200m: 2:17.45 35.42	300m: 3:28.44 35.62	400m: 4:38.18 34.44
4. KRÓL Oliwia	99 Mks Trójka Łód	4:38.22	635 A
50m: 32.61 32.61	150m: 1:43.91 35.66	250m: 2:55.20 35.38	350m: 4:05.10 35.02
100m: 1:08.25 35.64	200m: 2:19.82 35.91	300m: 3:30.08 34.88	400m: 4:38.22 33.12
5. JANISZEWSKA Dominika	99 MKS Polonia Warszawa	4:38.43	633 A
50m: 32.16 32.16	150m: 1:43.18 35.79	250m: 2:53.48 34.95	350m: 4:04.10 35.26
100m: 1:07.39 35.23	200m: 2:18.53 35.35	300m: 3:28.84 35.36	400m: 4:38.43 34.33
6. SZATANEK Julia	99 MKP Szczecin	4:39.59	625 A
50m: 31.02 31.02	150m: 1:41.63 35.46	250m: 2:53.99 36.08	350m: 4:05.51 35.77
100m: 1:06.17 35.15	200m: 2:17.91 36.28	300m: 3:29.74 35.75	400m: 4:39.59 34.08
7. ROMAN Magdalena	99 MKS Polonia Warszawa	4:39.60	625 A
50m: 31.06 31.06	150m: 1:42.35 35.95	250m: 2:53.77 35.59	350m: 4:04.83 35.44
100m: 1:06.40 35.34	200m: 2:18.18 35.83	300m: 3:29.39 35.62	400m: 4:39.60 34.77
8. ADAMCZYK Julia	99 MTP Lublinianka Lublin	4:39.64	625 A
50m: 31.78 31.78	150m: 1:43.18 35.94	250m: 2:54.66 35.81	350m: 4:05.50 35.47
100m: 1:07.24 35.46	200m: 2:18.85 35.67	300m: 3:30.03 35.37	400m: 4:39.64 34.14
9. ZROBEK Natalia	99 Uks 190 Łód	4:40.82	617 B
50m: 32.09 32.09	150m: 1:43.50 35.92	250m: 2:54.94 35.69	350m: 4:06.11 35.70
100m: 1:07.58 35.49	200m: 2:19.25 35.75	300m: 3:30.41 35.47	400m: 4:40.82 34.71
10. LESZCZY SKA Klaudia Julia SO	99 Ukp „Unia” O wi cim	4:44.24	595 B
50m: 31.36 31.36	150m: 1:41.86 35.87	250m: 2:54.62 36.47	350m: 4:08.32 37.22
100m: 1:05.99 34.63	200m: 2:18.15 36.29	300m: 3:31.10 36.48	400m: 4:44.24 35.92
11. LIWOWSKA Katarzyna SO	99 Ukp „Unia” O wi cim	4:45.10	590 B
50m: 31.95 31.95	150m: 1:43.33 35.80	250m: 2:56.03 36.41	350m: 4:09.54 36.62
100m: 1:07.53 35.58	200m: 2:19.62 36.29	300m: 3:32.92 36.89	400m: 4:45.10 35.56
12. BIELI SKA Karolina	99 MKP Słowianka Gorzów Wlkp.	4:45.24	589 B
50m: 32.28 32.28	150m: 1:43.44 36.07	250m: 2:55.85 36.61	350m: 4:09.43 36.72
100m: 1:07.37 35.09	200m: 2:19.24 35.80	300m: 3:32.71 36.86	400m: 4:45.24 35.81
13. BUKOWSKA Laura	99 MKS Polonia Warszawa	4:45.62	587 B
50m: 32.03 32.03	150m: 1:43.70 36.28	250m: 2:56.54 35.79	350m: 4:10.52 37.24
100m: 1:07.42 35.39	200m: 2:20.75 37.05	300m: 3:33.28 36.74	400m: 4:45.62 35.10
14. STAROS Sandra	99 Uks Victoria Józefów	4:46.00	584 B
50m: 32.43 32.43	150m: 1:44.31 36.11	250m: 2:57.28 36.15	350m: 4:10.59 36.26
100m: 1:08.20 35.77	200m: 2:21.13 36.82	300m: 3:34.33 37.05	400m: 4:46.00 35.41
15. ADAMCZYK Agata	99 UKS Aligator Gorzyce	4:47.59	575 B
50m: 33.39 33.39	150m: 1:46.49 36.87	250m: 3:00.62 37.22	350m: 4:13.81 35.92
100m: 1:09.62 36.23	200m: 2:23.40 36.91	300m: 3:37.89 37.27	400m: 4:47.59 33.78
16. FILIPKOWSKA Dominika	99 MKS "Ro " Pisz	4:47.66	574 B
50m: 32.94 32.94	150m: 1:45.35 36.52	250m: 2:58.60 36.59	350m: 4:11.96 36.63
100m: 1:08.83 35.89	200m: 2:22.01 36.66	300m: 3:35.33 36.73	400m: 4:47.66 35.70
17. SZYMULA Aleksandra	99 MAL WOPR Malbork	4:47.92	573 R
50m: 31.59 31.59	150m: 1:42.77 35.79	250m: 2:55.50 36.29	350m: 4:10.46 37.59
100m: 1:06.98 35.39	200m: 2:19.21 36.44	300m: 3:32.87 37.37	400m: 4:47.92 37.46



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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.						Czas	Pkt.
18.	GÓRALCZYK Anna SO		99	Ukp „Unia” O wi cim					4:48.57	569 R
	50m: 31.96 31.96	150m: 1:44.42		36.68	250m: 2:58.90	37.34	350m: 4:13.26		37.12	
	100m: 1:07.74 35.78	200m: 2:21.56		37.14	300m: 3:36.14	37.24	400m: 4:48.57		35.31	
19.	LEMIEC Marta		99	MKS Juvenia Wrocław					4:49.13	565
	50m: 32.09 32.09	150m: 1:44.30		36.24	250m: 2:57.86	36.86	350m: 4:12.89		37.61	
	100m: 1:08.06 35.97	200m: 2:21.00		36.70	300m: 3:35.28	37.42	400m: 4:49.13		36.24	
20.	KARASZKIEWICZ Daria		99	MTS Kwidzyn					4:49.57	563
	50m: 33.13 33.13	150m: 1:46.87		37.57	250m: 3:00.81	36.46	350m: 4:14.68		36.72	
	100m: 1:09.30 36.17	200m: 2:24.35		37.48	300m: 3:37.96	37.15	400m: 4:49.57		34.89	
21.	KU Natalia SO		99	Ukp „Unia” O wi cim					4:49.82	561
	50m: 32.67 32.67	150m: 1:46.24		36.98	250m: 3:00.49	37.01	350m: 4:14.53		36.67	
	100m: 1:09.26 36.59	200m: 2:23.48		37.24	300m: 3:37.86	37.37	400m: 4:49.82		35.29	
22.	SKWARSKA Karolina		99	MZOS Płock					4:50.32	558
	50m: 32.66 32.66	150m: 1:46.17		37.20	250m: 3:00.42	37.01	350m: 4:14.30		36.92	
	100m: 1:08.97 36.31	200m: 2:23.41		37.24	300m: 3:37.38	36.96	400m: 4:50.32		36.02	
23.	NIED WIECKA Katarzyna		99	Uks 190 Łód					4:50.41	558
	50m: 32.50 32.50	150m: 1:45.92		36.74	250m: 3:00.31	36.96	350m: 4:14.78		36.78	
	100m: 1:09.18 36.68	200m: 2:23.35		37.43	300m: 3:38.00	37.69	400m: 4:50.41		35.63	
24.	KŁADOCZNA Julia		99	Uks,, oliborz" Warszawa					4:50.52	557
	50m: 32.14 32.14	150m: 1:43.05		36.22	250m: 2:58.20	37.40	350m: 4:13.91		37.52	
	100m: 1:06.83 34.69	200m: 2:20.80		37.75	300m: 3:36.39	38.19	400m: 4:50.52		36.61	
25.	WI TEK Zuzanna SR		99	Unia Racibórz					4:50.73	556
	50m: 33.62 33.62	150m: 1:47.11		37.10	250m: 3:01.62	37.09	350m: 4:15.58		36.76	
	100m: 1:10.01 36.39	200m: 2:24.53		37.42	300m: 3:38.82	37.20	400m: 4:50.73		35.15	
26.	SOSNOWSKA Patrycja		99	MKS Znicz Koszalin					4:51.15	554
	50m: 32.13 32.13	150m: 1:45.19		36.99	250m: 3:00.01	37.55	350m: 4:15.12		37.30	
	100m: 1:08.20 36.07	200m: 2:22.46		37.27	300m: 3:37.82	37.81	400m: 4:51.15		36.03	
27.	NAWROCKA Paulina		99	MKP Słowianka Gorzów Wlkp.					4:51.33	553
	50m: 33.93 33.93	150m: 1:49.11		37.46	250m: 3:03.41	36.70	350m: 4:16.80		36.11	
	100m: 1:11.65 37.72	200m: 2:26.71		37.60	300m: 3:40.69	37.28	400m: 4:51.33		34.53	
28.	JANKOWSKA Justyna		99	UKP Kmita Zabierzów					4:52.49	546
	50m: 32.41 32.41	150m: 1:45.45		36.74	250m: 3:00.34	37.48	350m: 4:16.17		37.50	
	100m: 1:08.71 36.30	200m: 2:22.86		37.41	300m: 3:38.67	38.33	400m: 4:52.49		36.32	
29.	JANECKA Zuzanna		99	CSiR MOS D browa Gornicza					4:52.62	545
	50m: 32.06 32.06	150m: 1:45.56		37.22	250m: 3:00.98	37.55	350m: 4:16.36		37.56	
	100m: 1:08.34 36.28	200m: 2:23.43		37.87	300m: 3:38.80	37.82	400m: 4:52.62		36.26	
30.	TYMOFEJEWICZ Natalia SO		99	SP MOSiR STALOWA WOLA					4:54.50	535
	50m: 33.57 33.57	150m: 1:47.23		37.09	250m: 3:02.86	37.63	350m: 4:18.47		37.88	
	100m: 1:10.14 36.57	200m: 2:25.23		38.00	300m: 3:40.59	37.73	400m: 4:54.50		36.03	
31.	ZADUMI SKA Weronika		99	MKS Polonia Warszawa					4:54.71	534
	50m: 32.42 32.42	150m: 1:46.13		37.30	250m: 3:01.69	37.99	350m: 4:17.94		37.82	
	100m: 1:08.83 36.41	200m: 2:23.70		37.57	300m: 3:40.12	38.43	400m: 4:54.71		36.77	
32.	NIEMCZYCKA Julia		99	WKS I sk Wrocław					4:54.85	533
	50m:	150m:			250m: 3:03.24	38.18	350m: 4:18.68			
	100m: 1:09.68	200m: 2:25.06			300m:		400m: 4:54.85		36.17	
33.	KAPŁON Aleksandra		99	Orka Zamo					4:54.90	533
	50m: 32.36 32.36	150m: 1:44.99		36.40	250m: 2:59.73	37.45	350m: 4:17.33		39.27	
	100m: 1:08.59 36.23	200m: 2:22.28		37.29	300m: 3:38.06	38.33	400m: 4:54.90		37.57	
34.	MYRCHA Maria		99	Uks,, oliborz" Warszawa					4:55.03	532
	50m: 32.91 32.91	150m: 1:45.57		36.80	250m: 3:01.43	37.72	350m: 4:17.39		37.78	
	100m: 1:08.77 35.86	200m: 2:23.71		38.14	300m: 3:39.61	38.18	400m: 4:55.03		37.64	
35.	RZO CA Patrycja		99	UKS"Pi tka"Konstantynów Łódzki					4:56.03	527
	50m: 31.16 31.16	150m: 1:43.45		36.57	250m: 3:00.13	38.44	350m: 4:17.90		38.19	
	100m: 1:06.88 35.72	200m: 2:21.69		38.24	300m: 3:39.71	39.58	400m: 4:56.03		38.13	



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Pozycja			Rok ur.					Czas	Pkt.
36.	UKOWSKA Natalia		99	Galicja Kraków				4:56.33	525
	50m: 33.54	33.54	150m: 1:48.19	37.50	250m: 3:04.05	38.16	350m: 4:19.86	38.05	
	100m: 1:10.69	37.15	200m: 2:25.89	37.70	300m: 3:41.81	37.76	400m: 4:56.33	36.47	
37.	WAŁEK Julia		99	MKS ZRYW Opole				4:56.67	523
	50m: 33.76	33.76	150m: 1:49.55	38.33	250m: 3:04.99	37.92	350m: 4:20.96	38.11	
	100m: 1:11.22	37.46	200m: 2:27.07	37.52	300m: 3:42.85	37.86	400m: 4:56.67	35.71	
38.	PALKA Maria SO		99	Ukp „Unia” O wi cim				4:56.68	523
	50m: 32.50	32.50	150m: 1:45.83	37.22	250m: 3:01.60	38.00	350m: 4:18.78	38.99	
	100m: 1:08.61	36.11	200m: 2:23.60	37.77	300m: 3:39.79	38.19	400m: 4:56.68	37.90	
39.	RYBI SKA Marcelina		99	WKS I sk Wrocław				4:59.49	509
	50m: 34.18	34.18	150m: 1:49.73	38.36	250m: 3:07.00	38.30	350m: 4:23.29	37.84	
	100m: 1:11.37	37.19	200m: 2:28.70	38.97	300m: 3:45.45	38.45	400m: 4:59.49	36.20	
40.	ŁUGOWSKA Oliwia		99	Mks Trójka Łód				5:00.66	503
	50m: 34.53	34.53	150m: 1:50.85	38.10	250m: 3:07.91	38.10	350m: 4:23.86	37.69	
	100m: 1:12.75	38.22	200m: 2:29.81	38.96	300m: 3:46.17	38.26	400m: 5:00.66	36.80	
41.	TARKOWSKA Paulina		99	MKP Słowianka Gorzów Wlkp.				5:02.37	494
	50m: 34.23	34.23	150m: 1:51.30	38.13	250m: 3:08.76	38.49	350m: 4:25.48	37.38	
	100m: 1:13.17	38.94	200m: 2:30.27	38.97	300m: 3:48.10	39.34	400m: 5:02.37	36.89	
42.	WEJER Agata		99	Trops Kartuzy				5:03.81	487
	50m: 34.21	34.21	150m: 1:50.73	38.70	250m: 3:09.40	39.95	350m: 4:27.63	39.70	
	100m: 1:12.03	37.82	200m: 2:29.45	38.72	300m: 3:47.93	38.53	400m: 5:03.81	36.18	
43.	SMOŁA Monika		99	MTKP Delfin Toru				5:04.25	485
	50m: 33.49	33.49	150m: 1:50.32	38.17	250m: 3:08.35	38.40	350m: 4:26.86	38.97	
	100m: 1:12.15	38.66	200m: 2:29.95	39.63	300m: 3:47.89	39.54	400m: 5:04.25	37.39	
44.	NOWORZYN Wiktoria		99	CSiR MOS D browa Gornicza				5:04.34	485
	50m: 32.89	32.89	150m: 1:49.06	38.77	250m: 3:08.24	39.32	350m: 4:27.42	39.61	
	100m: 1:10.29	37.40	200m: 2:28.92	39.86	300m: 3:47.81	39.57	400m: 5:04.34	36.92	
45.	SZCZ CH Inez		99	MKS Polonia Warszawa				5:06.59	474
	50m: 33.39	33.39	150m: 1:50.71	38.82	250m: 3:08.63	38.05	350m: 4:28.66	39.86	
	100m: 1:11.89	38.50	200m: 2:30.58	39.87	300m: 3:48.80	40.17	400m: 5:06.59	37.93	
46.	OSEŁKOWSKA Julia		99	MTP KORMORAN Olsztyn				5:07.18	471
	50m: 33.73	33.73	150m: 1:49.83	38.24	250m: 3:07.75	38.98	350m: 4:27.90	39.94	
	100m: 1:11.59	37.86	200m: 2:28.77	38.94	300m: 3:47.96	40.21	400m: 5:07.18	39.28	
47.	PYRLIK Paulina SO		99	Ukp „Unia” O wi cim				5:08.21	467
	50m: 33.15	33.15	150m: 1:50.14	38.85	250m: 3:10.15	40.05	350m: 4:30.91	40.24	
	100m: 1:11.29	38.14	200m: 2:30.10	39.96	300m: 3:50.67	40.52	400m: 5:08.21	37.30	
48.	KRZYWAK Maria		99	UKP TORPEDA Ole nica				5:09.85	459
	50m: 34.66	34.66	150m: 1:53.45	39.09	250m: 3:12.66	38.98	350m: 4:31.95	39.24	
	100m: 1:14.36	39.70	200m: 2:33.68	40.23	300m: 3:52.71	40.05	400m: 5:09.85	37.90	
49.	ZABŁOCKA Zuzanna		99	WKS I sk Wrocław				5:10.84	455
	50m: 34.46	34.46	150m: 1:52.92	39.84	250m: 3:13.13	40.35	350m: 4:32.25	39.84	
	100m: 1:13.08	38.62	200m: 2:32.78	39.86	300m: 3:52.41	39.28	400m: 5:10.84	38.59	
50.	LIPIARSKA Zofia		99	UKP Kmita Zabierzów				5:11.50	452
	50m: 34.00	34.00	150m: 1:52.75	39.59	250m: 3:13.47	40.39	350m: 4:34.19	39.41	
	100m: 1:13.16	39.16	200m: 2:33.08	40.33	300m: 3:54.78	41.31	400m: 5:11.50	37.31	
51.	MUSZTAFAGA Maja		99	MKP Szczecin				5:11.71	451
	50m: 34.21	34.21	150m: 1:51.96	38.82	250m: 3:11.01	39.08	350m: 4:33.02	40.64	
	100m: 1:13.14	38.93	200m: 2:31.93	39.97	300m: 3:52.38	41.37	400m: 5:11.71	38.69	
52.	PETTERS Klaudia		99	UKS Oxpess Bolesławiec				5:14.99	437
	50m: 35.56	35.56	150m: 1:53.83	39.68	250m: 3:14.95	40.56	350m: 4:35.60	40.27	
	100m: 1:14.15	38.59	200m: 2:34.39	40.56	300m: 3:55.33	40.38	400m: 5:14.99	39.39	
53.	LICZNERSKA Martyna		99	MUKS Pi tnastka Bydgoszcz				5:28.56	385
	50m: 36.00	36.00	150m: 1:58.33	40.96	250m: 3:22.27	41.54	350m: 4:47.79	42.84	
	100m: 1:17.37	41.37	200m: 2:40.73	42.40	300m: 4:04.95	42.68	400m: 5:28.56	40.77	