

Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I
Racibórz, 28- - 29-11-2014

Konkurencja 10
2014-11-28 - 18:15

M czyzn, 400m zmienny

Open
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
1.	Zbutowicz, Karol		98	SMS Olsztyn				4:20.94	735
	50m: 28.28	28.28	150m: 1:34.30	33.57	250m: 2:42.58	35.98	350m: 3:50.47	31.74	
	100m: 1:00.73	32.45	200m: 2:06.60	32.30	300m: 3:18.73	36.15	400m: 4:20.94	30.47	
2.	Wojdak, Wojciech SO		96	SMS O wi cim				4:26.83	687
	50m: 28.20	28.20	150m: 1:35.42	34.52	250m: 2:47.61	38.22	350m: 3:57.00	30.46	
	100m: 1:00.90	32.70	200m: 2:09.39	33.97	300m: 3:26.54	38.93	400m: 4:26.83	29.83	
3.	Chmielewski, Jakub		99	SMS Wrocław				4:27.81	679
	50m: 29.19	29.19	150m: 1:36.29	33.77	250m: 2:47.91	39.14	350m: 3:58.47	31.33	
	100m: 1:02.52	33.33	200m: 2:08.77	32.48	300m: 3:27.14	39.23	400m: 4:27.81	29.34	
4.	Hulbój, Marcin		96	SMS Zielona Góra				4:31.20	654
	50m: 28.94	28.94	150m: 1:37.72	35.87	250m: 2:49.28	35.79	350m: 3:58.89	32.82	
	100m: 1:01.85	32.91	200m: 2:13.49	35.77	300m: 3:26.07	36.79	400m: 4:31.20	32.31	
5.	Urba ski, Michał		97	SMS Bydgoszcz				4:31.54	652
	50m: 29.51	29.51	150m: 1:39.35	36.16	250m: 2:51.62	36.99	350m: 4:01.09	32.16	
	100m: 1:03.19	33.68	200m: 2:14.63	35.28	300m: 3:28.93	37.31	400m: 4:31.54	30.45	
6.	St pie , Konrad SWwa		96	SMS Warszawa				4:31.79	650
	50m: 28.54	28.54	150m: 1:36.40	35.13	250m: 2:50.03	38.30	350m: 4:00.57	31.83	
	100m: 1:01.27	32.73	200m: 2:11.73	35.33	300m: 3:28.74	38.71	400m: 4:31.79	31.22	
7.	Hoderny, Bartosz SR		96	SMS Racibórz				4:34.23	633
	50m: 28.59	28.59	150m: 1:39.65	38.85	250m: 2:53.55	35.62	350m: 4:03.07	33.43	
	100m: 1:00.80	32.21	200m: 2:17.93	38.28	300m: 3:29.64	36.09	400m: 4:34.23	31.16	
8.	Ciesielski, Filip		96	SMS Bydgoszcz				4:34.24	633
	50m: 28.98	28.98	150m: 1:37.31	35.42	250m: 2:51.81	39.34	350m: 4:03.86	31.28	
	100m: 1:01.89	32.91	200m: 2:12.47	35.16	300m: 3:32.58	40.77	400m: 4:34.24	30.38	
9.	Ku wik, Maciej		96	SMS Wrocław				4:34.35	632
	50m: 28.43	28.43	150m: 1:37.38	36.98	250m: 2:52.72	39.40	350m: 4:04.04	31.22	
	100m: 1:00.40	31.97	200m: 2:13.32	35.94	300m: 3:32.82	40.10	400m: 4:34.35	30.31	
10.	Ulatowski, Wojciech SO		98	SMS O wi cim				4:36.39	618
	50m: 28.97	28.97	150m: 1:37.04	35.10	250m: 2:50.67	39.61	350m: 4:04.95	33.88	
	100m: 1:01.94	32.97	200m: 2:11.06	34.02	300m: 3:31.07	40.40	400m: 4:36.39	31.44	
11.	Goli ski, Patryk SK		97	SMS Kraków				4:37.38	611
	50m: 28.94	28.94	150m: 1:39.01	35.36	250m: 2:52.84	40.37	350m: 4:05.74	31.92	
	100m: 1:03.65	34.71	200m: 2:12.47	33.46	300m: 3:33.82	40.98	400m: 4:37.38	31.64	
12.	Litwa, Krzysztof SK		96	SMS Kraków				4:37.47	611
	50m: 28.90	28.90	150m: 1:38.43	35.78	250m: 2:52.68	39.68	350m: 4:06.96	33.22	
	100m: 1:02.65	33.75	200m: 2:13.00	34.57	300m: 3:33.74	41.06	400m: 4:37.47	30.51	
13.	Januszanis, Jakub		98	SMS Olsztyn				4:38.50	604
	50m: 30.03	30.03	150m: 1:41.50	37.23	250m: 2:55.24	37.02	350m: 4:06.96	32.71	
	100m: 1:04.27	34.24	200m: 2:18.22	36.72	300m: 3:34.25	39.01	400m: 4:38.50	31.54	
14.	Pietrzak, Dawid SSZ		97	SMS Szczecin				4:38.98	601
	50m: 29.38	29.38	150m: 1:38.28	35.55	250m: 2:52.84	39.77	350m: 4:06.64	33.63	
	100m: 1:02.73	33.35	200m: 2:13.07	34.79	300m: 3:33.01	40.17	400m: 4:38.98	32.34	
15.	Bodzioch, ANDRZEJ SSz		98	SMS Szczecin				4:39.57	597
	50m: 29.30	29.30	150m: 1:37.41	34.56	250m: 2:52.28	40.38	350m: 4:07.18	33.90	
	100m: 1:02.85	33.55	200m: 2:11.90	34.49	300m: 3:33.28	41.00	400m: 4:39.57	32.39	
16.	Lechowicz, Filip SO		97	SMS O wi cim				4:39.66	597
	50m: 30.79	30.79	150m: 1:42.68	35.64	250m: 2:55.99	39.14	350m: 4:09.03	33.09	
	100m: 1:07.04	36.25	200m: 2:16.85	34.17	300m: 3:35.94	39.95	400m: 4:39.66	30.63	
17.	Kubot, Szymon		97	SMS Zielona Góra				4:44.09	569
	50m: 29.49	29.49	150m: 1:41.20	37.86	250m: 2:56.68	39.49	350m: 4:11.82	34.69	
	100m: 1:03.34	33.85	200m: 2:17.19	35.99	300m: 3:37.13	40.45	400m: 4:44.09	32.27	

Liga Szkół Mistrzostwa Sportowego w Pływaniu Runda I
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Konkurencja 10, M czynn, 400m zmienny, Open

Pozycja	Rok ur.						Czas	Pkt.
18. Dobrzy ski, Tomasz SWwa	98	SMS Warszawa				4:44.14	569	
50m: 30.35 30.35	150m: 1:43.16	38.29	250m: 2:58.94	38.53	350m: 4:11.86	32.79		
100m: 1:04.87 34.52	200m: 2:20.41	37.25	300m: 3:39.07	40.13	400m: 4:44.14	32.28		
19. Stec, Adam Ssz	97	SMS Szczecin				4:47.09	551	
50m: 29.22 29.22	150m: 1:36.43	34.50	250m: 2:54.15	42.39	350m: 4:13.32	35.19		
100m: 1:01.93 32.71	200m: 2:11.76	35.33	300m: 3:38.13	43.98	400m: 4:47.09	33.77		
20. Wawryca, Szymon SR	98	SMS Racibórz				4:48.08	546	
50m: 31.80 31.80	150m: 1:45.16	38.38	250m: 3:00.35	37.97	350m: 4:14.95	35.26		
100m: 1:06.78 34.98	200m: 2:22.38	37.22	300m: 3:39.69	39.34	400m: 4:48.08	33.13		
21. Krakowiak, Waldemar Sp	98	SMS Pozna				4:48.63	543	
50m: 29.76 29.76	150m: 1:42.62	37.88	250m: 3:01.62	41.62	350m: 4:16.07	32.95		
100m: 1:04.74 34.98	200m: 2:20.00	37.38	300m: 3:43.12	41.50	400m: 4:48.63	32.56		
22. Kowalski, Patryk SOc	97	SMS Ostrowiec w				4:52.92	519	
50m: 32.30 32.30	150m: 1:47.94	39.18	250m: 3:05.59	40.77	350m: 4:21.46	34.29		
100m: 1:08.76 36.46	200m: 2:24.82	36.88	300m: 3:47.17	41.58	400m: 4:52.92	31.46		
23. Kiryluk, Damian	98	SMS Gda sk				4:53.79	515	
50m: 30.74 30.74	150m: 1:43.82	38.37	250m: 3:03.53	42.93	350m: 4:20.94	34.58		
100m: 1:05.45 34.71	200m: 2:20.60	36.78	300m: 3:46.36	42.83	400m: 4:53.79	32.85		
24. Trela, Karol SR	98	SMS Racibórz				4:54.17	513	
50m: 29.66 29.66	150m: 1:44.67	40.19	250m: 3:03.71	39.17	350m: 4:20.49	35.98		
100m: 1:04.48 34.82	200m: 2:24.54	39.87	300m: 3:44.51	40.80	400m: 4:54.17	33.68		
25. Horąta, Damian Sp	96	SMS Pozna				4:55.38	506	
50m: 29.88 29.88	150m: 1:44.26	39.03	250m: 3:05.94	43.53	350m: 4:22.85	33.65		
100m: 1:05.23 35.35	200m: 2:22.41	38.15	300m: 3:49.20	43.26	400m: 4:55.38	32.53		
26. Orłowski, Kamil SOc	00	SMS Ostrowiec w				4:58.63	490	
50m: 31.01 31.01	150m: 1:45.92	39.14	250m: 3:07.79	43.78	350m: 4:25.31	34.07		
100m: 1:06.78 35.77	200m: 2:24.01	38.09	300m: 3:51.24	43.45	400m: 4:58.63	33.32		
27. Pietrzak, Wiktor	99	SMS Szczecin				5:04.12	464	
50m: 31.75 31.75	150m: 1:49.74	40.34	250m: 3:11.57	42.18	350m: 4:31.16	36.09		
100m: 1:09.40 37.65	200m: 2:29.39	39.65	300m: 3:55.07	43.50	400m: 5:04.12	32.96		
PK Kaczmarski, Marcin	94	MKP Szczecin				4:25.25	699	
50m: 28.53 28.53	150m: 1:34.67	33.89	250m: 2:46.91	39.27	350m: 3:57.24	30.86		
100m: 1:00.78 32.25	200m: 2:07.64	32.97	300m: 3:26.38	39.47	400m: 4:25.25	28.01		
PK Kubkowski, Bartłomiej	95	WKS I sk Wrocław				4:29.13	670	
50m: 28.96 28.96	150m: 1:36.77	35.31	250m: 2:48.83	37.75	350m: 3:58.52	31.05		
100m: 1:01.46 32.50	200m: 2:11.08	34.31	300m: 3:27.47	38.64	400m: 4:29.13	30.61		
PK Palmi-Kukielko, Mieszko	93	WKS I sk Wrocław				4:36.42	618	
50m: 28.18 28.18	150m: 1:37.71	36.39	250m: 2:52.04	39.05	350m: 4:04.93	32.45		
100m: 1:01.32 33.14	200m: 2:12.99	35.28	300m: 3:32.48	40.44	400m: 4:36.42	31.49		