



Puchar Silesia 2017  
Katowice, 3- - 5-2-2017



Konkurencja 1  
2017-02-03 - 17:00

Kobiet, 400m dowolny

Open  
Wyniki

Top Times "Poland" 4:05.77 BARZYCKA Paulina 00114 Gorzow 2005-11-26

Punkty: FINA 2016

Pozycja			Rok ur.			Czas	Pkt.	
<b>10 lat i młodszy</b>								
1.	YERMISHYNA Yelyzaveta		07	Dolphin-KIEV		<b>5:24.10</b>	378	
	<i>MISTRZ</i>							
	50m:	34.12 34.12	150m:	1:54.34 40.39	250m:	3:17.94 42.36	350m:	4:42.93 42.99
	100m:	1:13.95 39.83	200m:	2:35.58 41.24	300m:	3:59.94 42.00	400m:	5:24.10 41.17
2.	SKUDLIK Michalina		07	UKS MANTA Kochłowice Ruda I s		<b>6:15.33</b>	243	
	50m:	42.15 42.15	150m:	2:16.89 48.15	250m:	3:54.09 48.41	350m:	5:32.73 49.22
	100m:	1:28.74 46.59	200m:	3:05.68 48.79	300m:	4:43.51 49.42	400m:	6:15.33 42.60
<b>11 - 12 lat</b>								
1.	ZIOBER Wiktoria		05	Uks Sp 8 Chrzanów		<b>4:50.34</b>	527	
	<i>MISTRZ</i>							
	50m:	32.19 32.19	150m:	1:45.01 36.91	250m:	3:00.18 37.50	350m:	4:15.53 36.95
	100m:	1:08.10 35.91	200m:	2:22.68 37.67	300m:	3:38.58 38.40	400m:	4:50.34 34.81
2.	IDZIKOWSKA Iga		05	KS Pi tka Chorzów		<b>5:15.48</b>	410	
	50m:	34.04 34.04	150m:	1:51.04 39.42	250m:	3:12.73 41.17	350m:	4:35.65 41.67
	100m:	1:11.62 37.58	200m:	2:31.56 40.52	300m:	3:53.98 41.25	400m:	5:15.48 39.83
3.	MLECZEK Natalia		05	LKS Jedno 32 Przyszowice		<b>5:17.42</b>	403	
	50m:	34.72 34.72	150m:	1:52.78 39.73	250m:	3:13.49 40.53	350m:	4:35.80 41.21
	100m:	1:13.05 38.33	200m:	2:32.96 40.18	300m:	3:54.59 41.10	400m:	5:17.42 41.62
4.	ZORINA Daria		05	Dolphin-KIEV		<b>5:18.63</b>	398	
	50m:	33.37 33.37	150m:	1:54.77 42.02	250m:	3:18.47 42.23	350m:	4:40.79 40.59
	100m:	1:12.75 39.38	200m:	2:36.24 41.47	300m:	4:00.20 41.73	400m:	5:18.63 37.84
5.	GOJ Aleksandra		05	K.S. Górnik Sosnowiec		<b>5:21.50</b>	388	
	50m:	34.55 34.55	150m:	1:54.75 40.99	250m:	3:18.72 42.11	350m:	4:43.04 42.80
	100m:	1:13.76 39.21	200m:	2:36.61 41.86	300m:	4:00.24 41.52	400m:	5:21.50 38.46
6.	SŁABOSZ Emilia		05	MOSM Tychy		<b>5:23.39</b>	381	
	50m:	35.26 35.26	150m:	1:55.85 41.25	250m:	3:19.45 42.33	350m:	
	100m:	1:14.60 39.34	200m:	2:37.12 41.27	300m:	4:43.13 1:23.68	400m:	5:23.39
7.	SMANTSAR Maryia		05	Neptun		<b>5:24.12</b>	378	
	50m:	34.64 34.64	150m:	1:56.48 42.38	250m:	3:21.26 42.17	350m:	4:44.07 41.48
	100m:	1:14.10 39.46	200m:	2:39.09 42.61	300m:	4:02.59 41.33	400m:	5:24.12 40.05
8.	GORSZANÓW Jagoda		05	LKS Jedno 32 Przyszowice		<b>5:25.06</b>	375	
	50m:	35.09 35.09	150m:	1:56.26 41.26	250m:	3:19.54 41.94	350m:	4:44.59 42.77
	100m:	1:15.00 39.91	200m:	2:37.60 41.34	300m:	4:01.82 42.28	400m:	5:25.06 40.47
9.	PIECZUL Inga		05	UKS MANTA Kochłowice Ruda I s		<b>5:27.39</b>	367	
	50m:	36.06 36.06	150m:	1:58.88 42.03	250m:	3:23.52 42.25	350m:	4:48.28 41.93
	100m:	1:16.85 40.79	200m:	2:41.27 42.39	300m:	4:06.35 42.83	400m:	5:27.39 39.11
10.	RADEK Wiktoria		05	Muks Gilus Gilowice		<b>5:33.82</b>	346	
	50m:	36.01 36.01	150m:	2:00.83 43.07	250m:	3:26.74 43.35	350m:	4:52.42 42.34
	100m:	1:17.76 41.75	200m:	2:43.39 42.56	300m:	4:10.08 43.34	400m:	5:33.82 41.40
11.	TUSZY SKA Matylda		05	SiKReT Gliwice		<b>5:37.58</b>	335	
	50m:	36.05 36.05	150m:	2:02.34 43.67	250m:	3:29.94 43.62	350m:	4:56.65 42.36
	100m:	1:18.67 42.62	200m:	2:46.32 43.98	300m:	4:14.29 44.35	400m:	5:37.58 40.93
12.	YERMISHYNA Anastasiya		06	Dolphin-KIEV		<b>5:47.95</b>	306	
	50m:	38.28 38.28	150m:	2:07.43 44.55	250m:	3:37.17 45.12	350m:	5:06.49 44.24
	100m:	1:22.88 44.60	200m:	2:52.05 44.62	300m:	4:22.25 45.08	400m:	5:47.95 41.46



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Konkurencja 1, Dziewcz t, 400m dowolny, 11 - 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
13.	WIDNICKA Kamila		06	Ks Rekin wiebodzice				<b>5:52.26</b>	295		
	50m:	38.51 38.51	150m:	2:08.73	45.55	250m:	3:39.94	45.62	350m:	5:12.95	45.66
	100m:	1:23.18 44.67	200m:	2:54.32	45.59	300m:	4:27.29	47.35	400m:	5:52.26	39.31
14.	GIERACH Oliwia		05	Uks Wodnik 29				<b>6:01.21</b>	273		
	50m:	39.57 39.57	150m:	2:10.50	46.23	250m:	3:43.36	46.11	350m:	5:15.98	47.03
	100m:	1:24.27 44.70	200m:	2:57.25	46.75	300m:	4:28.95	45.59	400m:	6:01.21	45.23
15.	OPIELKA Marta		05	Uks Wodnik 29				<b>6:08.68</b>	257		
	50m:	40.56 40.56	150m:	2:15.13	47.28	250m:	3:50.37	47.79	350m:	5:25.77	47.79
	100m:	1:27.85 47.29	200m:	3:02.58	47.45	300m:	4:37.98	47.61	400m:	6:08.68	42.91
16.	BADURA Natalia		06	UKS MANTA Kochłowice Ruda I s				<b>6:27.40</b>	221		
	50m:	43.61 43.61	150m:	2:20.55	48.75	250m:	4:02.33	50.67	350m:	5:42.02	49.31
	100m:	1:31.80 48.19	200m:	3:11.66	51.11	300m:	4:52.71	50.38	400m:	6:27.40	45.38
17.	SMYKOWSKA Kinga		05	UKS MANTA Kochłowice Ruda I s				<b>6:28.11</b>	220		
	50m:	42.03 42.03	150m:	2:20.07	50.39	250m:	4:00.91	50.10	350m:	5:41.51	49.58
	100m:	1:29.68 47.65	200m:	3:10.81	50.74	300m:	4:51.93	51.02	400m:	6:28.11	46.60
18.	GORAJEK Julia		05	Uks Wodnik 29				<b>6:29.93</b>	217		
	50m:	40.47 40.47	150m:	2:19.37	51.36	250m:	4:02.89	52.56	350m:	5:43.66	50.18
	100m:	1:28.01 47.54	200m:	3:10.33	50.96	300m:	4:53.48	50.59	400m:	6:29.93	46.27
19.	LISOWSKA Daria		05	MOSM Tychy				<b>6:43.72</b>	196		
	50m:	41.48 41.48	150m:	3:13.98	1:43.98	250m:	5:00.66	53.38	350m:		
	100m:	1:30.00 48.52	200m:	4:07.28	53.30	300m:	5:52.42	51.76	400m:	6:43.72	

13 - 14 lat

1.	BOCIEK Wiktoria <i>MISTRZ</i>		04	K.S. Górnik Sosnowiec				<b>4:37.40</b>	604		
	50m:	32.31 32.31	150m:	1:42.55	35.44	250m:	2:52.99	35.35	350m:	4:04.02	35.40
	100m:	1:07.11 34.80	200m:	2:17.64	35.09	300m:	3:28.62	35.63	400m:	4:37.40	33.38
2.	WOJTKOWIAK Alicja		03	MKS Park Wodny Tarnowskie Góry				<b>4:42.01</b>	575		
	50m:	30.77 30.77	150m:	1:40.50	35.41	250m:	2:54.03	36.97	350m:	4:07.54	36.46
	100m:	1:05.09 34.32	200m:	2:17.06	36.56	300m:	3:31.08	37.05	400m:	4:42.01	34.47
3.	POGO Milena		03	CSiR MOS D browa Górnicza				<b>4:44.01</b>	563		
	50m:	32.75 32.75	150m:	1:43.83	35.86	250m:	2:56.57	36.71	350m:	4:09.58	36.33
	100m:	1:07.97 35.22	200m:	2:19.86	36.03	300m:	3:33.25	36.68	400m:	4:44.01	34.43
4.	CIOCH-GRADZIK Wiktoria		03	MKS Pałac Katowice				<b>4:47.53</b>	542		
	50m:	33.32 33.32	150m:	1:46.30	36.94	250m:	2:59.71	36.29	350m:	4:12.71	36.37
	100m:	1:09.36 36.04	200m:	2:23.42	37.12	300m:	3:36.34	36.63	400m:	4:47.53	34.82
5.	CHYRA Julia		03	UKS WODNIK Siemianowice laski				<b>4:50.48</b>	526		
	50m:	32.54 32.54	150m:	1:45.42	36.35	250m:	2:59.37	36.98	350m:	4:14.84	37.72
	100m:	1:09.07 36.53	200m:	2:22.39	36.97	300m:	3:37.12	37.75	400m:	4:50.48	35.64
6.	KINDRAT Julia		03	SiKReT Gliwice				<b>4:51.13</b>	522		
	50m:	33.56 33.56	150m:	1:47.00	37.16	250m:	3:01.99	37.51	350m:	4:16.72	37.05
	100m:	1:09.84 36.28	200m:	2:24.48	37.48	300m:	3:39.67	37.68	400m:	4:51.13	34.41
7.	BOCIAN Roksana		04	LKS Jedno 32 Przyszowice				<b>4:51.25</b>	522		
	50m:	32.52 32.52	150m:	1:45.81	37.33	250m:	3:00.63	37.32	350m:	4:15.84	37.31
	100m:	1:08.48 35.96	200m:	2:23.31	37.50	300m:	3:38.53	37.90	400m:	4:51.25	35.41
8.	CYGAN Julia		04	MUKS "Pi tnatka" Bydgoszcz				<b>4:51.30</b>	521		
	50m:	33.07 33.07	150m:	1:47.29	37.71	250m:	3:01.53	37.02	350m:	4:16.10	36.91
	100m:	1:09.58 36.51	200m:	2:24.51	37.22	300m:	3:39.19	37.66	400m:	4:51.30	35.20
9.	JAMRÓZ Sara		03	SiKReT Gliwice				<b>4:52.30</b>	516		
	50m:	33.77 33.77	150m:	1:47.20	37.19	250m:	3:02.78	37.93	350m:	4:17.73	37.04
	100m:	1:10.01 36.24	200m:	2:24.85	37.65	300m:	3:40.69	37.91	400m:	4:52.30	34.57



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Konkurencja 1, Dziewcz t, 400m dowolny, 13 - 14 lat

Pozycja			Rok ur.			Czas	Pkt.
10.	KRUSI SKA	Wiktorja	03	MKS Park Wodny Tarnowskie Góry		<b>4:52.59</b>	514
	50m:	32.58 32.58	150m:	2:21.99 37.32	250m:	350m:	
	100m:	1:44.67 1:12.09	200m:	4:15.94 1:53.95	300m:	400m:	4:52.59
11.	BROWARSKA	Emilia	04	LKS Jedno 32 Przyszowice		<b>4:58.80</b>	483
	50m:	32.62 32.62	150m:	1:46.67 37.49	250m:	350m:	4:21.56 39.14
	100m:	1:09.18 36.56	200m:	2:25.20 38.53	300m:	400m:	4:58.80 37.24
12.	SIKORA	Balbina	04	UKS Aquatica Pawłowice		<b>4:59.53</b>	479
	50m:	32.94 32.94	150m:	1:47.99 38.02	250m:	350m:	4:23.34 39.35
	100m:	1:09.97 37.03	200m:	2:26.43 38.44	300m:	400m:	4:59.53 36.19
13.	KRÓL	Julia	04	Uks Wodnik 29		<b>5:00.02</b>	477
	50m:	32.86 32.86	150m:	1:47.52 37.70	250m:	350m:	4:22.73 39.02
	100m:	1:09.82 36.96	200m:	2:25.88 38.36	300m:	400m:	5:00.02 37.29
14.	WOLNY	Natalia	04	LKS Jedno 32 Przyszowice		<b>5:00.19</b>	476
	50m:	31.89 31.89	150m:	1:44.80 37.22	250m:	350m:	4:22.54 40.04
	100m:	1:07.58 35.69	200m:	2:23.31 38.51	300m:	400m:	5:00.19 37.65
15.	FIRA	Weronika	04	UKS Salmo ory		<b>5:02.77</b>	464
	50m:	33.18 33.18	150m:	1:48.98 38.59	250m:	350m:	4:25.10 38.73
	100m:	1:10.39 37.21	200m:	2:27.57 38.59	300m:	400m:	5:02.77 37.67
16.	ROKITA	Hanna	03	MKS Park Wodny Tarnowskie Góry		<b>5:03.92</b>	459
	50m:	33.27 33.27	150m:	1:49.13 38.50	250m:	350m:	4:25.68 38.97
	100m:	1:10.63 37.36	200m:	2:28.33 39.20	300m:	400m:	5:03.92 38.24
17.	SOBOLEWSKA	Magdalena	04	MKS Pałac Katowice		<b>5:04.13</b>	458
	50m:	33.89 33.89	150m:	1:49.96 38.64	250m:	350m:	4:25.91 39.21
	100m:	1:11.32 37.43	200m:	2:28.81 38.85	300m:	400m:	5:04.13 38.22
18.	SMOLAREK	Alina	04	LKS Jedno 32 Przyszowice		<b>5:08.16</b>	440
	50m:	33.18 33.18	150m:	1:50.36 39.53	250m:	350m:	4:28.57 39.86
	100m:	1:10.83 37.65	200m:	2:30.16 39.80	300m:	400m:	5:08.16 39.59
19.	KOTSESHAVA	Lizaveta	03	Neptun		<b>5:08.95</b>	437
	50m:	33.47 33.47	150m:	1:50.77 39.23	250m:	350m:	4:30.45 39.73
	100m:	1:11.54 38.07	200m:	2:30.93 40.16	300m:	400m:	5:08.95 38.50
20.	MORCISZEK	Weronika	04	SiKReT Gliwice		<b>5:09.80</b>	433
	50m:	35.36 35.36	150m:	1:53.50 39.82	250m:	350m:	4:32.03 39.50
	100m:	1:13.68 38.32	200m:	2:33.00 39.50	300m:	400m:	5:09.80 37.77
21.	MISZCZYK	Alicja	04	Uks Wodnik 29		<b>5:14.28</b>	415
	50m:	33.91 33.91	150m:	1:52.31 39.89	250m:	350m:	4:36.04 41.59
	100m:	1:12.42 38.51	200m:	2:32.61 40.30	300m:	400m:	5:14.28 38.24
22.	SALAMON	Zuzanna	03	UKS Aquatica Pawłowice		<b>5:16.96</b>	405
	50m:	34.03 34.03	150m:	1:53.84 40.98	250m:	350m:	4:38.32 41.04
	100m:	1:12.86 38.83	200m:	2:34.53 40.69	300m:	400m:	5:16.96 38.64
23.	OLMA	Julia	04	UKS Salmo ory		<b>5:22.38</b>	384
	50m:	34.88 34.88	150m:	1:54.16 40.33	250m:	350m:	4:41.14 41.99
	100m:	1:13.83 38.95	200m:	2:35.39 41.23	300m:	400m:	5:22.38 41.24
24.	SURMIAK	Klara	04	Ukp Ruda I ska		<b>5:23.66</b>	380
	50m:	34.97 34.97	150m:	1:54.93 40.99	250m:	350m:	4:43.83 42.58
	100m:	1:13.94 38.97	200m:	2:36.93 42.00	300m:	400m:	5:23.66 39.83
25.	BYWALEC	Karolina	04	Uks Wodnik 29		<b>5:31.30</b>	354
	50m:	36.23 36.23	150m:	1:59.75 42.50	250m:	350m:	4:36.06 43.03
	100m:	1:17.25 41.02	200m:	2:43.03 43.28	300m:	400m:	5:31.30
26.	SHELEG	Anna	03	Neptun		<b>5:36.62</b>	338
	50m:	36.23 36.23	150m:	2:01.84 43.61	250m:	350m:	4:55.58 43.22
	100m:	1:18.23 42.00	200m:	2:46.05 44.21	300m:	400m:	5:36.62 41.04



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Konkurencja 1, Dziewcz t, 400m dowolny, 13 - 14 lat

Pozycja	Rok ur.								Czas	Pkt.
27.	04	KOWALSKA Julia	Ukp Ruda I ska						<b>5:43.53</b>	318
		50m: 36.12 36.12	150m: 2:02.26 43.76	250m: 3:31.96 45.01	350m: 5:00.54 44.84					
		100m: 1:18.50 42.38	200m: 2:46.95 44.69	300m: 4:15.70 43.74	400m: 5:43.53 42.99					
28.	04	CAŁUS Barbara	Cz stochowski Klub Pływacki Pi						<b>5:49.19</b>	302
		50m: 38.78 38.78	150m: 2:06.09 44.09	250m: 3:36.54 45.13	350m: 5:06.27 44.55					
		100m: 1:22.00 43.22	200m: 2:51.41 45.32	300m: 4:21.72 45.18	400m: 5:49.19 42.92					
29.	04	PIETRUSZKA Klaudia	Klub Pływacki "SUKCES" Chorzów						<b>6:14.39</b>	245
		50m: 40.22 40.22	150m: 2:12.92 47.54	250m: 3:49.38 48.45	350m: 5:27.39 49.01					
		100m: 1:25.38 45.16	200m: 3:00.93 48.01	300m: 4:38.38 49.00	400m: 6:14.39 47.00					
30.	04	TSITOVA Darya	Neptun						<b>6:14.77</b>	245
		50m: 39.71 39.71	150m: 2:13.29 47.34	250m: 3:49.62 49.29	350m: 5:28.07 49.53					
		100m: 1:25.95 46.24	200m: 3:00.33 47.04	300m: 4:38.54 48.92	400m: 6:14.77 46.70					

15 - 16 lat

1.	01	ZABOROWICZ Julia	K.S. Górnik Sosnowiec						<b>4:19.41</b>	738
		<i>MISTRZ</i>								
		50m: 30.10 30.10	150m: 1:35.82 33.15	250m: 2:42.75 33.26	350m: 3:48.25 32.19					
		100m: 1:02.67 32.57	200m: 2:09.49 33.67	300m: 3:16.06 33.31	400m: 4:19.41 31.16					
2.	01	KOSI SKA Dominka	AZS AWF Katowice						<b>4:33.16</b>	632
		50m: 31.90 31.90	150m: 1:41.65 35.24	250m: 2:51.65 34.83	350m: 4:00.48 34.19					
		100m: 1:06.41 34.51	200m: 2:16.82 35.17	300m: 3:26.29 34.64	400m: 4:33.16 32.68					
3.	02	ZAWADZKA Hanna	Ks Rekin wiebodzice						<b>4:33.61</b>	629
		50m: 30.90 30.90	150m: 1:39.73 34.85	250m: 2:49.79 34.96	350m: 3:59.41 34.72					
		100m: 1:04.88 33.98	200m: 2:14.83 35.10	300m: 3:24.69 34.90	400m: 4:33.61 34.20					
4.	01	PISKORZ Aleksandra	UKS WODNIK Siemianowice laski						<b>4:34.26</b>	625
		50m: 31.15 31.15	150m: 1:40.14 34.61	250m: 2:50.19 35.18	350m: 4:00.27 34.77					
		100m: 1:05.53 34.38	200m: 2:15.01 34.87	300m: 3:25.50 35.31	400m: 4:34.26 33.99					
5.	01	BURA Dominika	CSiR MOS D browa Górnicza						<b>4:38.28</b>	598
		50m: 32.77 32.77	150m: 1:43.78 35.67	250m: 2:55.03 35.40	350m: 4:05.16 34.48					
		100m: 1:08.11 35.34	200m: 2:19.63 35.85	300m: 3:30.68 35.65	400m: 4:38.28 33.12					
6.	01	MA DOK Klaudia	Nowy KP Bielsko-Biała						<b>4:39.51</b>	590
		50m: 31.64 31.64	150m: 1:42.16 35.87	250m: 2:53.21 35.67	350m: 4:05.38 36.39					
		100m: 1:06.29 34.65	200m: 2:17.54 35.38	300m: 3:28.99 35.78	400m: 4:39.51 34.13					
7.	02	IVANOUSKAYA Hanna	Gtsor						<b>4:41.35</b>	579
		50m: 31.87 31.87	150m: 1:42.36 35.65	250m: 2:53.91 35.52	350m: 4:06.35 35.84					
		100m: 1:06.71 34.84	200m: 2:18.39 36.03	300m: 3:30.51 36.60	400m: 4:41.35 35.00					
8.	02	FUKS Emilia	UKS WODNIK Siemianowice laski						<b>4:44.97</b>	557
		50m: 32.83 32.83	150m: 1:45.18 36.54	250m: 2:59.15 36.95	350m: 4:11.53 35.82					
		100m: 1:08.64 35.81	200m: 2:22.20 37.02	300m: 3:35.71 36.56	400m: 4:44.97 33.44					
9.	02	KROSTA Emilia	UKS WODNIK Siemianowice laski						<b>4:46.72</b>	547
		50m: 32.87 32.87	150m: 1:45.25 36.45	250m: 2:59.08 37.09	350m: 4:11.71 36.18					
		100m: 1:08.80 35.93	200m: 2:21.99 36.74	300m: 3:35.53 36.45	400m: 4:46.72 35.01					
10.	01	GAZDA Zuzanna	CSiR MOS D browa Górnicza						<b>4:47.13</b>	544
		50m: 32.90 32.90	150m: 1:45.40 36.64	250m: 2:58.54 36.41	350m: 4:11.30 36.42					
		100m: 1:08.76 35.86	200m: 2:22.13 36.73	300m: 3:34.88 36.34	400m: 4:47.13 35.83					
11.	02	SZYMCZAK Patrycja	UKS MANTA Kochłowice Ruda I s						<b>4:47.78</b>	541
		50m: 31.59 31.59	150m: 1:42.73 36.18	250m: 2:56.31 36.82	350m: 4:11.01 37.03					
		100m: 1:06.55 34.96	200m: 2:19.49 36.76	300m: 3:33.98 37.67	400m: 4:47.78 36.77					
12.	02	MAZIAR Alicja	Ks Rekin wiebodzice						<b>4:47.88</b>	540
		50m: 31.54 31.54	150m: 1:44.69 37.13	250m: 2:59.70 37.44	350m: 4:13.65 36.71					
		100m: 1:07.56 36.02	200m: 2:22.26 37.57	300m: 3:36.94 37.24	400m: 4:47.88 34.23					



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Konkurencja 1, Dziewcz t, 400m dowolny, 15 - 16 lat

Pozycja					Rok ur.					Czas	Pkt.	
13.	RZADEK Natalia				01	Nowy KP Bielsko-Biała				<b>4:48.56</b>	536	
	50m:	33.26	33.26	150m:	1:46.74	37.00	250m:	3:01.75	37.54	350m:	4:14.14	36.40
	100m:	1:09.74	36.48	200m:	2:24.21	37.47	300m:	3:37.74	35.99	400m:	4:48.56	34.42
14.	SKÓRKA Julia				01	CSiR MOS D browa Górnicza				<b>4:48.76</b>	535	
	50m:	32.70	32.70	150m:	1:44.51	36.26	250m:	2:58.11	36.63	350m:	4:12.82	37.47
	100m:	1:08.25	35.55	200m:	2:21.48	36.97	300m:	3:35.35	37.24	400m:	4:48.76	35.94
15.	TOMASIAK Agnieszka				01	UKS Salmory				<b>4:49.71</b>	530	
	50m:	32.80	32.80	150m:	1:46.40	37.08	250m:	3:00.95	37.22	350m:	4:15.13	37.00
	100m:	1:09.32	36.52	200m:	2:23.73	37.33	300m:	3:38.13	37.18	400m:	4:49.71	34.58
16.	NIEMCZYK Wiktoria				02	MOSM Tychy				<b>4:50.03</b>	528	
	50m:	32.50	32.50	150m:	1:44.41	36.79	250m:	2:59.57	37.51	350m:	4:14.52	37.61
	100m:	1:07.62	35.12	200m:	2:22.06	37.65	300m:	3:36.91	37.34	400m:	4:50.03	35.51
17.	CZORNIK Julia				01	AZS AWF Katowice				<b>4:50.10</b>	528	
	50m:	33.41	33.41	150m:	1:45.98	36.54	250m:	2:59.34	36.59	350m:	4:13.09	36.91
	100m:	1:09.44	36.03	200m:	2:22.75	36.77	300m:	3:36.18	36.84	400m:	4:50.10	37.01
18.	GRYCHTOŁ Weronika				01	Uks Wodnik 29				<b>4:50.58</b>	525	
	50m:	33.15	33.15	150m:	1:45.75	36.56	250m:	2:59.87	37.05	350m:	4:13.88	36.92
	100m:	1:09.19	36.04	200m:	2:22.82	37.07	300m:	3:36.96	37.09	400m:	4:50.58	36.70
19.	SKÓRKA Maja				01	CSiR MOS D browa Górnicza				<b>5:03.81</b>	459	
	50m:	33.91	33.91	150m:	1:49.80	38.57	250m:	3:07.43	38.89	350m:	4:26.34	39.40
	100m:	1:11.23	37.32	200m:	2:28.54	38.74	300m:	3:46.94	39.51	400m:	5:03.81	37.47
20.	KABA SKA Nicol				01	CSiR MOS D browa Górnicza				<b>5:04.18</b>	458	
	50m:	34.70	34.70	150m:	1:50.90	38.37	250m:	3:08.34	38.61	350m:	4:26.35	38.93
	100m:	1:12.53	37.83	200m:	2:29.73	38.83	300m:	3:47.42	39.08	400m:	5:04.18	37.83
21.	BIGOS Dominika				01	AZS AWF Katowice				<b>5:07.11</b>	445	
	50m:	35.12	35.12	150m:	1:53.50	39.41	250m:	3:12.13	39.01	350m:	4:30.09	38.51
	100m:	1:14.09	38.97	200m:	2:33.12	39.62	300m:	3:51.58	39.45	400m:	5:07.11	37.02
22.	SKUDLIK Marta				01	UKS MANTA Kochłowice Ruda l s				<b>5:07.39</b>	444	
	50m:	35.03	35.03	150m:	1:51.31	39.00	250m:	3:09.50	39.35	350m:	4:28.74	39.44
	100m:	1:12.31	37.28	200m:	2:30.15	38.84	300m:	3:49.30	39.80	400m:	5:07.39	38.65
23.	MICHALAK Laura				02	MOSM Tychy				<b>5:11.10</b>	428	
	50m:	35.14	35.14	150m:	1:52.04	40.03	250m:	3:14.01	42.54	350m:	4:34.29	41.44
	100m:	1:12.01	36.87	200m:	2:31.47	39.43	300m:	3:52.85	38.84	400m:	5:11.10	36.81
24.	LEPCZY SKA Natalia				01	Nowy KP Bielsko-Biała				<b>5:11.48</b>	426	
	50m:	34.59	34.59	150m:	1:53.23	39.96	250m:	3:13.25	39.86	350m:	4:32.94	39.44
	100m:	1:13.27	38.68	200m:	2:33.39	40.16	300m:	3:53.50	40.25	400m:	5:11.48	38.54
25.	OSTROWSKA Kamila				01	CSiR MOS D browa Górnicza				<b>5:14.90</b>	413	
	50m:	32.64	32.64	150m:	1:49.61	38.95	250m:	3:13.10	45.05	350m:	4:37.86	39.41
	100m:	1:10.66	38.02	200m:	2:28.05	38.44	300m:	3:58.45	45.35	400m:	5:14.90	37.04
26.	ADAMCZYK Daria				01	CSiR MOS D browa Górnicza				<b>5:15.01</b>	412	
	50m:	35.23	35.23	150m:	1:53.96	40.00	250m:	3:15.18	40.68	350m:	4:36.49	40.63
	100m:	1:13.96	38.73	200m:	2:34.50	40.54	300m:	3:55.86	40.68	400m:	5:15.01	38.52
27.	KUDALA Justyna				01	Uks Wodnik 29				<b>5:20.24</b>	392	
	50m:	34.06	34.06	150m:	1:54.06	40.77	250m:	3:16.37	41.59	350m:	4:39.25	41.03
	100m:	1:13.29	39.23	200m:	2:34.78	40.72	300m:	3:58.22	41.85	400m:	5:20.24	40.99



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Konkurencja 1, Kobiet, 400m dowolny

Open

1.	UKOWSKA Paula	93	WKS I sk Wrocław	<b>4:18.39</b>	747
	<i>MISTRZ</i>				
	50m: 30.01 30.01	150m: 1:34.76 32.66	250m: 2:40.26 32.74	350m: 3:46.50 33.09	
	100m: 1:02.10 32.09	200m: 2:07.52 32.76	300m: 3:13.41 33.15	400m: 4:18.39 31.89	
2.	ZABOROWICZ Julia	01	K.S. Górnik Sosnowiec	<b>4:19.41</b>	738
	50m: 30.10 30.10	150m: 1:35.82 33.15	250m: 2:42.75 33.26	350m: 3:48.25 32.19	
	100m: 1:02.67 32.57	200m: 2:09.49 33.67	300m: 3:16.06 33.31	400m: 4:19.41 31.16	
3.	ZAWADZKA Anna	00	MKP Wodnik 29 Tychy	<b>4:32.70</b>	636
	50m: 31.60 31.60	150m: 1:38.90 33.73	250m: 2:48.58 34.99	350m: 3:58.89 35.30	
	100m: 1:05.17 33.57	200m: 2:13.59 34.69	300m: 3:23.59 35.01	400m: 4:32.70 33.81	
4.	KOSI SKA Dominka	01	AZS AWF Katowice	<b>4:33.16</b>	632
	50m: 31.90 31.90	150m: 1:41.65 35.24	250m: 2:51.65 34.83	350m: 4:00.48 34.19	
	100m: 1:06.41 34.51	200m: 2:16.82 35.17	300m: 3:26.29 34.64	400m: 4:33.16 32.68	
5.	ZAWISZA Alina SO	00	UKP Unia O wi cim	<b>4:33.57</b>	629
	50m: 30.97 30.97	150m: 1:39.00 34.30	250m: 2:48.99 35.04	350m: 3:59.31 35.19	
	100m: 1:04.70 33.73	200m: 2:13.95 34.95	300m: 3:24.12 35.13	400m: 4:33.57 34.26	
6.	ZAWADZKA Hanna	02	Ks Rekin wiebodzice	<b>4:33.61</b>	629
	50m: 30.90 30.90	150m: 1:39.73 34.85	250m: 2:49.79 34.96	350m: 3:59.41 34.72	
	100m: 1:04.88 33.98	200m: 2:14.83 35.10	300m: 3:24.69 34.90	400m: 4:33.61 34.20	
7.	PISKORZ Aleksandra	01	UKS WODNIK Siemianowice laski	<b>4:34.26</b>	625
	50m: 31.15 31.15	150m: 1:40.14 34.61	250m: 2:50.19 35.18	350m: 4:00.27 34.77	
	100m: 1:05.53 34.38	200m: 2:15.01 34.87	300m: 3:25.50 35.31	400m: 4:34.26 33.99	
8.	BOCIEK Wiktoria	04	K.S. Górnik Sosnowiec	<b>4:37.40</b>	604
	50m: 32.31 32.31	150m: 1:42.55 35.44	250m: 2:52.99 35.35	350m: 4:04.02 35.40	
	100m: 1:07.11 34.80	200m: 2:17.64 35.09	300m: 3:28.62 35.63	400m: 4:37.40 33.38	
9.	BURA Dominika	01	CSiR MOS D browa Górnicza	<b>4:38.28</b>	598
	50m: 32.77 32.77	150m: 1:43.78 35.67	250m: 2:55.03 35.40	350m: 4:05.16 34.48	
	100m: 1:08.11 35.34	200m: 2:19.63 35.85	300m: 3:30.68 35.65	400m: 4:38.28 33.12	
10.	MA DOK Klaudia	01	Nowy KP Bielsko-Biała	<b>4:39.51</b>	590
	50m: 31.64 31.64	150m: 1:42.16 35.87	250m: 2:53.21 35.67	350m: 4:05.38 36.39	
	100m: 1:06.29 34.65	200m: 2:17.54 35.38	300m: 3:28.99 35.78	400m: 4:39.51 34.13	
11.	IVANOUSKAYA Hanna	02	Gtsor	<b>4:41.35</b>	579
	50m: 31.87 31.87	150m: 1:42.36 35.65	250m: 2:53.91 35.52	350m: 4:06.35 35.84	
	100m: 1:06.71 34.84	200m: 2:18.39 36.03	300m: 3:30.51 36.60	400m: 4:41.35 35.00	
12.	WOJTKOWIAK Alicja	03	MKS Park Wodny Tarnowskie Góry	<b>4:42.01</b>	575
	50m: 30.77 30.77	150m: 1:40.50 35.41	250m: 2:54.03 36.97	350m: 4:07.54 36.46	
	100m: 1:05.09 34.32	200m: 2:17.06 36.56	300m: 3:31.08 37.05	400m: 4:42.01 34.47	
13.	POGO Milena	03	CSiR MOS D browa Górnicza	<b>4:44.01</b>	563
	50m: 32.75 32.75	150m: 1:43.83 35.86	250m: 2:56.57 36.71	350m: 4:09.58 36.33	
	100m: 1:07.97 35.22	200m: 2:19.86 36.03	300m: 3:33.25 36.68	400m: 4:44.01 34.43	
14.	FUKS Emilia	02	UKS WODNIK Siemianowice laski	<b>4:44.97</b>	557
	50m: 32.83 32.83	150m: 1:45.18 36.54	250m: 2:59.15 36.95	350m: 4:11.53 35.82	
	100m: 1:08.64 35.81	200m: 2:22.20 37.02	300m: 3:35.71 36.56	400m: 4:44.97 33.44	
15.	KROSTA Emilia	02	UKS WODNIK Siemianowice laski	<b>4:46.72</b>	547
	50m: 32.87 32.87	150m: 1:45.25 36.45	250m: 2:59.08 37.09	350m: 4:11.71 36.18	
	100m: 1:08.80 35.93	200m: 2:21.99 36.74	300m: 3:35.53 36.45	400m: 4:46.72 35.01	
16.	GAZDA Zuzanna	01	CSiR MOS D browa Górnicza	<b>4:47.13</b>	544
	50m: 32.90 32.90	150m: 1:45.40 36.64	250m: 2:58.54 36.41	350m: 4:11.30 36.42	
	100m: 1:08.76 35.86	200m: 2:22.13 36.73	300m: 3:34.88 36.34	400m: 4:47.13 35.83	
17.	CIOCH-GRADZIK Wiktoria	03	MKS Pałac Katowice	<b>4:47.53</b>	542
	50m: 33.32 33.32	150m: 1:46.30 36.94	250m: 2:59.71 36.29	350m: 4:12.71 36.37	
	100m: 1:09.36 36.04	200m: 2:23.42 37.12	300m: 3:36.34 36.63	400m: 4:47.53 34.82	



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Konkurencja 1, Kobiet, 400m dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.	
18.	SZYMCZAK Patrycja				02	UKS MANTA Kochłowice Ruda I s				<b>4:47.78</b>	541	
	50m:	31.59	31.59	150m:	1:42.73	36.18	250m:	2:56.31	36.82	350m:	4:11.01	37.03
	100m:	1:06.55	34.96	200m:	2:19.49	36.76	300m:	3:33.98	37.67	400m:	4:47.78	36.77
19.	MAZIAR Alicja				02	Ks Rekin wiebodzice				<b>4:47.88</b>	540	
	50m:	31.54	31.54	150m:	1:44.69	37.13	250m:	2:59.70	37.44	350m:	4:13.65	36.71
	100m:	1:07.56	36.02	200m:	2:22.26	37.57	300m:	3:36.94	37.24	400m:	4:47.88	34.23
20.	RZADEK Natalia				01	Nowy KP Bielsko-Biała				<b>4:48.56</b>	536	
	50m:	33.26	33.26	150m:	1:46.74	37.00	250m:	3:01.75	37.54	350m:	4:14.14	36.40
	100m:	1:09.74	36.48	200m:	2:24.21	37.47	300m:	3:37.74	35.99	400m:	4:48.56	34.42
21.	SKÓRKA Julia				01	CSiR MOS D browa Górnicza				<b>4:48.76</b>	535	
	50m:	32.70	32.70	150m:	1:44.51	36.26	250m:	2:58.11	36.63	350m:	4:12.82	37.47
	100m:	1:08.25	35.55	200m:	2:21.48	36.97	300m:	3:35.35	37.24	400m:	4:48.76	35.94
22.	KUSTRA Julita				00	SiKReT Gliwice				<b>4:48.96</b>	534	
	50m:	32.36	32.36	150m:	1:45.91	37.52	250m:	2:59.60	37.02	350m:	4:13.23	36.72
	100m:	1:08.39	36.03	200m:	2:22.58	36.67	300m:	3:36.51	36.91	400m:	4:48.96	35.73
23.	TOMASIAK Agnieszka				01	UKS Salmo ory				<b>4:49.71</b>	530	
	50m:	32.80	32.80	150m:	1:46.40	37.08	250m:	3:00.95	37.22	350m:	4:15.13	37.00
	100m:	1:09.32	36.52	200m:	2:23.73	37.33	300m:	3:38.13	37.18	400m:	4:49.71	34.58
24.	KOKOT Angelika				00	SiKReT Gliwice				<b>4:49.82</b>	529	
	50m:	32.20	32.20	150m:	1:44.14	36.03	250m:	2:57.88	36.93	350m:	4:13.80	38.29
	100m:	1:08.11	35.91	200m:	2:20.95	36.81	300m:	3:35.51	37.63	400m:	4:49.82	36.02
25.	NIEMCZYK Wiktoria				02	MOSM Tychy				<b>4:50.03</b>	528	
	50m:	32.50	32.50	150m:	1:44.41	36.79	250m:	2:59.57	37.51	350m:	4:14.52	37.61
	100m:	1:07.62	35.12	200m:	2:22.06	37.65	300m:	3:36.91	37.34	400m:	4:50.03	35.51
26.	CZORNIK Julia				01	AZS AWF Katowice				<b>4:50.10</b>	528	
	50m:	33.41	33.41	150m:	1:45.98	36.54	250m:	2:59.34	36.59	350m:	4:13.09	36.91
	100m:	1:09.44	36.03	200m:	2:22.75	36.77	300m:	3:36.18	36.84	400m:	4:50.10	37.01
27.	ZIOBER Wiktoria				05	Uks Sp 8 Chrzanów				<b>4:50.34</b>	527	
	50m:	32.19	32.19	150m:	1:45.01	36.91	250m:	3:00.18	37.50	350m:	4:15.53	36.95
	100m:	1:08.10	35.91	200m:	2:22.68	37.67	300m:	3:38.58	38.40	400m:	4:50.34	34.81
28.	CHYRA Julia				03	UKS WODNIK Siemianowice laski				<b>4:50.48</b>	526	
	50m:	32.54	32.54	150m:	1:45.42	36.35	250m:	2:59.37	36.98	350m:	4:14.84	37.72
	100m:	1:09.07	36.53	200m:	2:22.39	36.97	300m:	3:37.12	37.75	400m:	4:50.48	35.64
29.	GRYCHTOŁ Weronika				01	Uks Wodnik 29				<b>4:50.58</b>	525	
	50m:	33.15	33.15	150m:	1:45.75	36.56	250m:	2:59.87	37.05	350m:	4:13.88	36.92
	100m:	1:09.19	36.04	200m:	2:22.82	37.07	300m:	3:36.96	37.09	400m:	4:50.58	36.70
30.	PYRLIK Paulina SO				99	UKP Unia O wi cim				<b>4:51.04</b>	523	
	50m:	33.23	33.23	150m:	1:46.56	36.98	250m:	3:00.23	36.82	350m:	4:15.46	37.52
	100m:	1:09.58	36.35	200m:	2:23.41	36.85	300m:	3:37.94	37.71	400m:	4:51.04	35.58
31.	KINDRAT Julia				03	SiKReT Gliwice				<b>4:51.13</b>	522	
	50m:	33.56	33.56	150m:	1:47.00	37.16	250m:	3:01.99	37.51	350m:	4:16.72	37.05
	100m:	1:09.84	36.28	200m:	2:24.48	37.48	300m:	3:39.67	37.68	400m:	4:51.13	34.41
32.	BOCIAN Roksana				04	LKS Jedno 32 Przyszowice				<b>4:51.25</b>	522	
	50m:	32.52	32.52	150m:	1:45.81	37.33	250m:	3:00.63	37.32	350m:	4:15.84	37.31
	100m:	1:08.48	35.96	200m:	2:23.31	37.50	300m:	3:38.53	37.90	400m:	4:51.25	35.41
33.	CYGAN Julia				04	MUKS "Pi tnatka" Bydgoszcz				<b>4:51.30</b>	521	
	50m:	33.07	33.07	150m:	1:47.29	37.71	250m:	3:01.53	37.02	350m:	4:16.10	36.91
	100m:	1:09.58	36.51	200m:	2:24.51	37.22	300m:	3:39.19	37.66	400m:	4:51.30	35.20
34.	JAMRÓZ Sara				03	SiKReT Gliwice				<b>4:52.30</b>	516	
	50m:	33.77	33.77	150m:	1:47.20	37.19	250m:	3:02.78	37.93	350m:	4:17.73	37.04
	100m:	1:10.01	36.24	200m:	2:24.85	37.65	300m:	3:40.69	37.91	400m:	4:52.30	34.57



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Pozycja					Rok ur.					Czas	Pkt.
35.	KRUSI SKA Wiktoria				03	MKS Park Wodny Tarnowskie Góry				<b>4:52.59</b>	514
	50m: 32.58 32.58	150m: 2:21.99 37.32	250m: 350m:								
	100m: 1:44.67 1:12.09	200m: 4:15.94 1:53.95	300m: 400m:								
36.	NIEMIEC Aleksandra				97	AZS AWF Katowice				<b>4:52.84</b>	513
	50m: 33.26 33.26	150m: 1:47.09 37.43	250m: 3:01.95 37.48	350m: 4:16.80 37.13							
	100m: 1:09.66 36.40	200m: 2:24.47 37.38	300m: 3:39.67 37.72	400m: 4:52.84 36.04							
37.	KOZIK Anna				98	AZS AWF Katowice				<b>4:58.51</b>	484
	50m: 32.48 32.48	150m: 1:45.94 37.01	250m: 3:01.38 37.73	350m: 4:19.64 39.53							
	100m: 1:08.93 36.45	200m: 2:23.65 37.71	300m: 3:40.11 38.73	400m: 4:58.51 38.87							
38.	BROWARSKA Emilia				04	LKS Jedno 32 Przyszowice				<b>4:58.80</b>	483
	50m: 32.62 32.62	150m: 1:46.67 37.49	250m: 3:03.86 38.66	350m: 4:21.56 39.14							
	100m: 1:09.18 36.56	200m: 2:25.20 38.53	300m: 3:42.42 38.56	400m: 4:58.80 37.24							
39.	SIKORA Balbina				04	UKS Aquatica Pawłowice				<b>4:59.53</b>	479
	50m: 32.94 32.94	150m: 1:47.99 38.02	250m: 3:05.02 38.59	350m: 4:23.34 39.35							
	100m: 1:09.97 37.03	200m: 2:26.43 38.44	300m: 3:43.99 38.97	400m: 4:59.53 36.19							
40.	KRÓL Julia				04	Uks Wodnik 29				<b>5:00.02</b>	477
	50m: 32.86 32.86	150m: 1:47.52 37.70	250m: 3:04.74 38.86	350m: 4:22.73 39.02							
	100m: 1:09.82 36.96	200m: 2:25.88 38.36	300m: 3:43.71 38.97	400m: 5:00.02 37.29							
41.	WOLNY Natalia				04	LKS Jedno 32 Przyszowice				<b>5:00.19</b>	476
	50m: 31.89 31.89	150m: 1:44.80 37.22	250m: 3:02.44 39.13	350m: 4:22.54 40.04							
	100m: 1:07.58 35.69	200m: 2:23.31 38.51	300m: 3:42.50 40.06	400m: 5:00.19 37.65							
42.	FIRA Weronika				04	UKS Salmo ory				<b>5:02.77</b>	464
	50m: 33.18 33.18	150m: 1:48.98 38.59	250m: 3:06.62 39.05	350m: 4:25.10 38.73							
	100m: 1:10.39 37.21	200m: 2:27.57 38.59	300m: 3:46.37 39.75	400m: 5:02.77 37.67							
43.	SKÓRKA Maja				01	CSiR MOS D browa Górnicza				<b>5:03.81</b>	459
	50m: 33.91 33.91	150m: 1:49.80 38.57	250m: 3:07.43 38.89	350m: 4:26.34 39.40							
	100m: 1:11.23 37.32	200m: 2:28.54 38.74	300m: 3:46.94 39.51	400m: 5:03.81 37.47							
44.	ROKITA Hanna				03	MKS Park Wodny Tarnowskie Góry				<b>5:03.92</b>	459
	50m: 33.27 33.27	150m: 1:49.13 38.50	250m: 3:07.31 38.98	350m: 4:25.68 38.97							
	100m: 1:10.63 37.36	200m: 2:28.33 39.20	300m: 3:46.71 39.40	400m: 5:03.92 38.24							
45.	SOBOLEWSKA Magdalena				04	MKS Pałac Katowice				<b>5:04.13</b>	458
	50m: 33.89 33.89	150m: 1:49.96 38.64	250m: 3:07.64 38.83	350m: 4:25.91 39.21							
	100m: 1:11.32 37.43	200m: 2:28.81 38.85	300m: 3:46.70 39.06	400m: 5:04.13 38.22							
46.	KABA SKA Nicol				01	CSiR MOS D browa Górnicza				<b>5:04.18</b>	458
	50m: 34.70 34.70	150m: 1:50.90 38.37	250m: 3:08.34 38.61	350m: 4:26.35 38.93							
	100m: 1:12.53 37.83	200m: 2:29.73 38.83	300m: 3:47.42 39.08	400m: 5:04.18 37.83							
47.	BIGOS Dominika				01	AZS AWF Katowice				<b>5:07.11</b>	445
	50m: 35.12 35.12	150m: 1:53.50 39.41	250m: 3:12.13 39.01	350m: 4:30.09 38.51							
	100m: 1:14.09 38.97	200m: 2:33.12 39.62	300m: 3:51.58 39.45	400m: 5:07.11 37.02							
48.	SKUDLIK Marta				01	UKS MANTA Kochłowice Ruda I s				<b>5:07.39</b>	444
	50m: 35.03 35.03	150m: 1:51.31 39.00	250m: 3:09.50 39.35	350m: 4:28.74 39.44							
	100m: 1:12.31 37.28	200m: 2:30.15 38.84	300m: 3:49.30 39.80	400m: 5:07.39 38.65							
49.	SMOLAREK Alina				04	LKS Jedno 32 Przyszowice				<b>5:08.16</b>	440
	50m: 33.18 33.18	150m: 1:50.36 39.53	250m: 3:08.86 38.70	350m: 4:28.57 39.86							
	100m: 1:10.83 37.65	200m: 2:30.16 39.80	300m: 3:48.71 39.85	400m: 5:08.16 39.59							
50.	KOTSESHAVA Lizaveta				03	Neptun				<b>5:08.95</b>	437
	50m: 33.47 33.47	150m: 1:50.77 39.23	250m: 3:11.11 40.18	350m: 4:30.45 39.73							
	100m: 1:11.54 38.07	200m: 2:30.93 40.16	300m: 3:50.72 39.61	400m: 5:08.95 38.50							
51.	MORCISZEK Weronika				04	SiKReT Gliwice				<b>5:09.80</b>	433
	50m: 35.36 35.36	150m: 1:53.50 39.82	250m: 3:13.08 40.08	350m: 4:32.03 39.50							
	100m: 1:13.68 38.32	200m: 2:33.00 39.50	300m: 3:52.53 39.45	400m: 5:09.80 37.77							





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Pozycja					Rok ur.					Czas	Pkt.	
52.	MICHALAK Laura				02	MOSM Tychy				<b>5:11.10</b>	428	
	50m:	35.14	35.14	150m:	1:52.04	40.03	250m:	3:14.01	42.54	350m:	4:34.29	41.44
	100m:	1:12.01	36.87	200m:	2:31.47	39.43	300m:	3:52.85	38.84	400m:	5:11.10	36.81
53.	LEPCZY SKA Natalia				01	Nowy KP Bielsko-Biała				<b>5:11.48</b>	426	
	50m:	34.59	34.59	150m:	1:53.23	39.96	250m:	3:13.25	39.86	350m:	4:32.94	39.44
	100m:	1:13.27	38.68	200m:	2:33.39	40.16	300m:	3:53.50	40.25	400m:	5:11.48	38.54
54.	MISZCZYK Alicja				04	Uks Wodnik 29				<b>5:14.28</b>	415	
	50m:	33.91	33.91	150m:	1:52.31	39.89	250m:	3:13.36	40.75	350m:	4:36.04	41.59
	100m:	1:12.42	38.51	200m:	2:32.61	40.30	300m:	3:54.45	41.09	400m:	5:14.28	38.24
55.	WNUK Sylwia				94	AZS AWF Katowice				<b>5:14.87</b>	413	
	50m:	32.16	32.16	150m:	1:48.52	39.85	250m:	3:12.76	43.33	350m:	4:36.37	39.21
	100m:	1:08.67	36.51	200m:	2:29.43	40.91	300m:	3:57.16	44.40	400m:	5:14.87	38.50
56.	OSTROWSKA Kamila				01	CSiR MOS D browa Górnicza				<b>5:14.90</b>	413	
	50m:	32.64	32.64	150m:	1:49.61	38.95	250m:	3:13.10	45.05	350m:	4:37.86	39.41
	100m:	1:10.66	38.02	200m:	2:28.05	38.44	300m:	3:58.45	45.35	400m:	5:14.90	37.04
57.	ADAMCZYK Daria				01	CSiR MOS D browa Górnicza				<b>5:15.01</b>	412	
	50m:	35.23	35.23	150m:	1:53.96	40.00	250m:	3:15.18	40.68	350m:	4:36.49	40.63
	100m:	1:13.96	38.73	200m:	2:34.50	40.54	300m:	3:55.86	40.68	400m:	5:15.01	38.52
58.	IDZIKOWSKA Iga				05	KS Pi tka Chorzów				<b>5:15.48</b>	410	
	50m:	34.04	34.04	150m:	1:51.04	39.42	250m:	3:12.73	41.17	350m:	4:35.65	41.67
	100m:	1:11.62	37.58	200m:	2:31.56	40.52	300m:	3:53.98	41.25	400m:	5:15.48	39.83
59.	SALAMON Zuzanna				03	UKS Aquatica Pawłowice				<b>5:16.96</b>	405	
	50m:	34.03	34.03	150m:	1:53.84	40.98	250m:	3:15.95	41.42	350m:	4:38.32	41.04
	100m:	1:12.86	38.83	200m:	2:34.53	40.69	300m:	3:57.28	41.33	400m:	5:16.96	38.64
60.	MLECZEK Natalia				05	LKS Jedno 32 Przyszowice				<b>5:17.42</b>	403	
	50m:	34.72	34.72	150m:	1:52.78	39.73	250m:	3:13.49	40.53	350m:	4:35.80	41.21
	100m:	1:13.05	38.33	200m:	2:32.96	40.18	300m:	3:54.59	41.10	400m:	5:17.42	41.62
61.	ZORINA Daria				05	Dolphin-KIEV				<b>5:18.63</b>	398	
	50m:	33.37	33.37	150m:	1:54.77	42.02	250m:	3:18.47	42.23	350m:	4:40.79	40.59
	100m:	1:12.75	39.38	200m:	2:36.24	41.47	300m:	4:00.20	41.73	400m:	5:18.63	37.84
62.	KUDALA Justyna				01	Uks Wodnik 29				<b>5:20.24</b>	392	
	50m:	34.06	34.06	150m:	1:54.06	40.77	250m:	3:16.37	41.59	350m:	4:39.25	41.03
	100m:	1:13.29	39.23	200m:	2:34.78	40.72	300m:	3:58.22	41.85	400m:	5:20.24	40.99
63.	GOJ Aleksandra				05	K.S. Górnik Sosnowiec				<b>5:21.50</b>	388	
	50m:	34.55	34.55	150m:	1:54.75	40.99	250m:	3:18.72	42.11	350m:	4:43.04	42.80
	100m:	1:13.76	39.21	200m:	2:36.61	41.86	300m:	4:00.24	41.52	400m:	5:21.50	38.46
64.	OLMA Julia				04	UKS Salmo ory				<b>5:22.38</b>	384	
	50m:	34.88	34.88	150m:	1:54.16	40.33	250m:	3:17.34	41.95	350m:	4:41.14	41.99
	100m:	1:13.83	38.95	200m:	2:35.39	41.23	300m:	3:59.15	41.81	400m:	5:22.38	41.24
65.	SŁABOSZ Emilia				05	MOSM Tychy				<b>5:23.39</b>	381	
	50m:	35.26	35.26	150m:	1:55.85	41.25	250m:	3:19.45	42.33	350m:		
	100m:	1:14.60	39.34	200m:	2:37.12	41.27	300m:	4:43.13	1:23.68	400m:	5:23.39	
66.	SURMIAK Klara				04	Ukp Ruda l ska				<b>5:23.66</b>	380	
	50m:	34.97	34.97	150m:	1:54.93	40.99	250m:	3:19.23	42.30	350m:	4:43.83	42.58
	100m:	1:13.94	38.97	200m:	2:36.93	42.00	300m:	4:01.25	42.02	400m:	5:23.66	39.83
67.	YERMISHYNA Yelyzaveta				07	Dolphin-KIEV				<b>5:24.10</b>	378	
	50m:	34.12	34.12	150m:	1:54.34	40.39	250m:	3:17.94	42.36	350m:	4:42.93	42.99
	100m:	1:13.95	39.83	200m:	2:35.58	41.24	300m:	3:59.94	42.00	400m:	5:24.10	41.17
68.	SMANTSAR Maryia				05	Neptun				<b>5:24.12</b>	378	
	50m:	34.64	34.64	150m:	1:56.48	42.38	250m:	3:21.26	42.17	350m:	4:44.07	41.48
	100m:	1:14.10	39.46	200m:	2:39.09	42.61	300m:	4:02.59	41.33	400m:	5:24.12	40.05



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Pozycja					Rok ur.					Czas	Pkt.	
69.	GORSZANÓW Jagoda				05	LKS Jedno 32 Przyszowice				<b>5:25.06</b>	375	
	50m:	35.09	35.09	150m:	1:56.26	41.26	250m:	3:19.54	41.94	350m:	4:44.59	42.77
	100m:	1:15.00	39.91	200m:	2:37.60	41.34	300m:	4:01.82	42.28	400m:	5:25.06	40.47
70.	PIECZUL Inga				05	UKS MANTA Kochłowice Ruda I s				<b>5:27.39</b>	367	
	50m:	36.06	36.06	150m:	1:58.88	42.03	250m:	3:23.52	42.25	350m:	4:48.28	41.93
	100m:	1:16.85	40.79	200m:	2:41.27	42.39	300m:	4:06.35	42.83	400m:	5:27.39	39.11
71.	BYWALEC Karolina				04	Uks Wodnik 29				<b>5:31.30</b>	354	
	50m:	36.23	36.23	150m:	1:59.75	42.50	250m:	3:26.06	43.03	350m:		
	100m:	1:17.25	41.02	200m:	2:43.03	43.28	300m:			400m:	5:31.30	
72.	RADEK Wiktoria				05	Muks Gilus Gilowice				<b>5:33.82</b>	346	
	50m:	36.01	36.01	150m:	2:00.83	43.07	250m:	3:26.74	43.35	350m:	4:52.42	42.34
	100m:	1:17.76	41.75	200m:	2:43.39	42.56	300m:	4:10.08	43.34	400m:	5:33.82	41.40
73.	SHELEG Anna				03	Neptun				<b>5:36.62</b>	338	
	50m:	36.23	36.23	150m:	2:01.84	43.61	250m:	3:28.22	42.17	350m:	4:55.58	43.22
	100m:	1:18.23	42.00	200m:	2:46.05	44.21	300m:	4:12.36	44.14	400m:	5:36.62	41.04
74.	TUSZY SKA Matylda				05	SiKReT Gliwice				<b>5:37.58</b>	335	
	50m:	36.05	36.05	150m:	2:02.34	43.67	250m:	3:29.94	43.62	350m:	4:56.65	42.36
	100m:	1:18.67	42.62	200m:	2:46.32	43.98	300m:	4:14.29	44.35	400m:	5:37.58	40.93
75.	KOWALSKA Julia				04	Ukp Ruda I ska				<b>5:43.53</b>	318	
	50m:	36.12	36.12	150m:	2:02.26	43.76	250m:	3:31.96	45.01	350m:	5:00.54	44.84
	100m:	1:18.50	42.38	200m:	2:46.95	44.69	300m:	4:15.70	43.74	400m:	5:43.53	42.99
76.	YERMISHYNA Anastasiya				06	Dolphin-KIEV				<b>5:47.95</b>	306	
	50m:	38.28	38.28	150m:	2:07.43	44.55	250m:	3:37.17	45.12	350m:	5:06.49	44.24
	100m:	1:22.88	44.60	200m:	2:52.05	44.62	300m:	4:22.25	45.08	400m:	5:47.95	41.46
77.	CAŁUS Barbara				04	Cz stochowski Klub Pływacki Pi				<b>5:49.19</b>	302	
	50m:	38.78	38.78	150m:	2:06.09	44.09	250m:	3:36.54	45.13	350m:	5:06.27	44.55
	100m:	1:22.00	43.22	200m:	2:51.41	45.32	300m:	4:21.72	45.18	400m:	5:49.19	42.92
78.	WIDNICKA Kamila				06	Ks Rekin wiebodzice				<b>5:52.26</b>	295	
	50m:	38.51	38.51	150m:	2:08.73	45.55	250m:	3:39.94	45.62	350m:	5:12.95	45.66
	100m:	1:23.18	44.67	200m:	2:54.32	45.59	300m:	4:27.29	47.35	400m:	5:52.26	39.31
79.	GIERACH Oliwia				05	Uks Wodnik 29				<b>6:01.21</b>	273	
	50m:	39.57	39.57	150m:	2:10.50	46.23	250m:	3:43.36	46.11	350m:	5:15.98	47.03
	100m:	1:24.27	44.70	200m:	2:57.25	46.75	300m:	4:28.95	45.59	400m:	6:01.21	45.23
80.	OPIELKA Marta				05	Uks Wodnik 29				<b>6:08.68</b>	257	
	50m:	40.56	40.56	150m:	2:15.13	47.28	250m:	3:50.37	47.79	350m:	5:25.77	47.79
	100m:	1:27.85	47.29	200m:	3:02.58	47.45	300m:	4:37.98	47.61	400m:	6:08.68	42.91
81.	PIETRUSZKA Klaudia				04	Klub Pływacki "SUKCES" Chorzów				<b>6:14.39</b>	245	
	50m:	40.22	40.22	150m:	2:12.92	47.54	250m:	3:49.38	48.45	350m:	5:27.39	49.01
	100m:	1:25.38	45.16	200m:	3:00.93	48.01	300m:	4:38.38	49.00	400m:	6:14.39	47.00
82.	TSITOVA Darya				04	Neptun				<b>6:14.77</b>	245	
	50m:	39.71	39.71	150m:	2:13.29	47.34	250m:	3:49.62	49.29	350m:	5:28.07	49.53
	100m:	1:25.95	46.24	200m:	3:00.33	47.04	300m:	4:38.54	48.92	400m:	6:14.77	46.70
83.	SKUDLIK Michalina				07	UKS MANTA Kochłowice Ruda I s				<b>6:15.33</b>	243	
	50m:	42.15	42.15	150m:	2:16.89	48.15	250m:	3:54.09	48.41	350m:	5:32.73	49.22
	100m:	1:28.74	46.59	200m:	3:05.68	48.79	300m:	4:43.51	49.42	400m:	6:15.33	42.60
84.	BADURA Natalia				06	UKS MANTA Kochłowice Ruda I s				<b>6:27.40</b>	221	
	50m:	43.61	43.61	150m:	2:20.55	48.75	250m:	4:02.33	50.67	350m:	5:42.02	49.31
	100m:	1:31.80	48.19	200m:	3:11.66	51.11	300m:	4:52.71	50.38	400m:	6:27.40	45.38
85.	SMYKOWSKA Kinga				05	UKS MANTA Kochłowice Ruda I s				<b>6:28.11</b>	220	
	50m:	42.03	42.03	150m:	2:20.07	50.39	250m:	4:00.91	50.10	350m:	5:41.51	49.58
	100m:	1:29.68	47.65	200m:	3:10.81	50.74	300m:	4:51.93	51.02	400m:	6:28.11	46.60



Puchar Silesia 2017  
Katowice, 3- - 5-2-2017



Konkurencja 1, Kobiet, 400m dowolny, Open

Pozycja				Rok ur.					Czas	Pkt.		
86.	GORAJEK Julia			05	Uks Wodnik 29				<b>6:29.93</b>	217		
	50m:	40.47	40.47	150m:	2:19.37	51.36	250m:	4:02.89	52.56	350m:	5:43.66	50.18
	100m:	1:28.01	47.54	200m:	3:10.33	50.96	300m:	4:53.48	50.59	400m:	6:29.93	46.27
87.	LISOWSKA Daria			05	MOSM Tychy				<b>6:43.72</b>	196		
	50m:	41.48	41.48	150m:	3:13.98	1:43.98	250m:	5:00.66	53.38	350m:		
	100m:	1:30.00	48.52	200m:	4:07.28	53.30	300m:	5:52.42	51.76	400m:	6:43.72	