

Puchar 40^{-LECIE}



KLUBU
Nautilus



NAUTILUS
OPEN INTERNATIONAL FINSWIMMING CUP
And 40TH anniversary of KS Nautilus
Jastrzębie - Zdrój 19-20.05.2017

PARTICULAR REGULATION

1. Purpose:

- Popularization of finswimming
- Integration people connected with finswimming
- Celebration the anniversary of club Nautilus

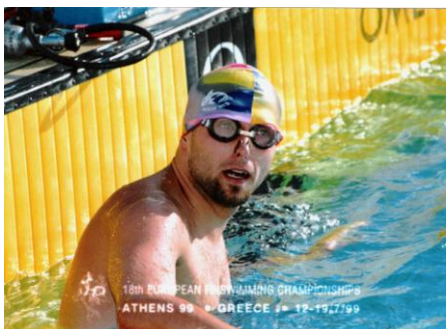
Competitions will be held under honorary patronage:



Minister of sport – Witold Bańka



The president of the Jastrzębie –Zdrój – Anna Hetman



The president of Polish Underwater Federation – Aleksander Polak

2. Place of the competition:

The competition will take place in the „Laguna Swimming Pool” in Jastrzębie-Zdrój

- *length - 25 m*
- *width – 12,5 m*
- *depth - from 0,9 to 3,5 m*
- *6 lanes*

3. Organizers:

- Sport Club Nautilus Jastrzębie – Zdrój
- The municipal council of Jastrzębie – Zdrój
- MOSiR Jastrzębie – Zdrój
- Polish Underwater Federation - PZPn

3. Management:



Krzysztof Radomski – tel.: +48501210370
(email: nautilusik@wp.pl)



Jakub Dyrszka – contact in English,
tel. +48693708228



Andrei Burakov – contact in English
email: band88@mail.ru

4. Participation rules:

The competition is governed by the Finswimming International Rules of CMAS.

Categories are the following:

- CAT. E – 2006 and younger
- CAT. D – 2004 -2005
- CAT. C – 2003 - 2002
- CAT. B – 2001 - 2000
- CAT. A – 1999 and older

Competitors need to have sport licenses adequate for their country and current medical check-ups.

5. Organizers provide:

- Electronic and manual time measurement
- Referee service
- Medical care
- Competitors' insurance

6. Accommodation and food services:

Organizers can provide accommodation and food services. The cost of accommodation and food services will be set directly with interested teams, after registration of the competitors and others. There is a range variety of accommodation facilities.

7. Verification of registered competitors:

- Best 12 competitors in particular category and race will be qualified to eliminations on the grounds of preliminary lists. In case of big amount of applications the limit will be expanded
- Particular competitors will be qualified from the entry list (preliminary results should be given according to official results)
- The competition includes eliminations and finals for every category (A - E). Eliminations consist of two races and one race in final. To be a finalist an athlete needs to be in a group of six best competitors in a particular category after eliminations
- There will also be a general team classification on the basis of points collected in finale (1000 points table)

8. Races

ELIMINATIONS :

- 50 m BI-FINS (cat. A, B, C, D, E, men and women, boys and girls)
- 200 m SURFACE (cat. A, B, C, D, E, men and women, boys and girls)

FINALS :

- 100 m SURFACE (cat. A, B, C, D, E, men and women, boys and girls)

9. Classification and scoring

1. Points collected in particular races are going to be measured in according to CMAS 1000 points table
2. Points included in final classification consist of a sum of points collected in two eliminary races
3. General team classification will be based on points collected in final races

10. Prizes

1. Cups for best three clubs
2. Medals will be given to the first three classified athletes in every individual race
3. Prizes will be given to the first three classified athletes in final races.
Places 4-6 will be rewarded with minor gifts.

11 . Fees

1. The inscription fee: € 10 for each club; € 15 each competitor
Payment can be made by a direct bank transfer until **10.05.2017** to:

STOWARZYSZENIE KLUB SPORTOWY NAUTILUS - JASTRZĘBIE
44-335 JASTRZĘBIE ZDRÓJ
ul. HARCERSKA 14B
Bank account: 05847000012001002656010001

Payment can be also made on the arrival day.

12. Enrollment

List of competitors should be sent **until 01.05.2017** to Krzysztof Radomski –
email: nautilusik@wp.pl

Please send applications using Enclosure 1

On 05.05.2017 the list of registered competitors (after qualifications based on preliminary times) will be presented.

13. Protests

Protests can be filed up to 30 minutes after presenting results on the board.
In order to file the document the deposit needs to be paid. In case of accepting a protest, the deposit will be returned.

14. Special notes

Organizers are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.
Cases, which are not stated above will be discussed on the day of competition.

PROGRAM:

FRIDAY 19.05.2017

12:00-19:00 Arriving of teams (to particular hotels)

18.00-20.00 Training time

20.00 Technical meeting in „Dom Zdrojowy” – adres: ul. Mikołaja Witczaka 5,
44-330 Jastrzębie-Zdrój

SATURDAY 20.05.2017



- 9:00-10:00 Warming-up
- 10:00 Official opening ceremony
- 10:15-13:00 Eliminations

50 m BF (cat. A, B, C, D, E, women and men, girls and boys)

200SF (cat. A, B, C, D, E, women and men, girls and boys)

- **Medal giving, selection of finalists**
- 14:00-15:00 Finals

100 m SURFACE (cat. E, D, C, B, A girls and boys, women and men)

The official closing ceremony and prize giving will take place at the open swimming pool "Zdrój". The ceremony will be combined with celebrating 40th anniversary of Club Nautilus Jastrzębie Zdrój.

Adress: ul. *Witczaka* 1 44-330 *Jastrzębie*



After competition, as a part of celebration 40th anniversary of club Nautilus Jastrzębie, there will be official closing ceremony connected with barbecue party for everyone.

We will organize many attractions:

- *Air show*
- *Artistic performances*
- *Diving and finswimming show*
- *Beach Volleyball Tournament (Teams are welcome)*
- *"Informal" band concert*
- *Miss Nautilus contest*

SUNDAY 21.05.2017

Breakfast and departure of teams

We are looking forward to seeing you in Jastrzębie - Zdrój!

Best regards,

Organizer:

NAUTILUS
OPEN INTERNATIONAL FINSWIMMING
CUP
And 40th anniversary of KS Nautilus

OUR MEDALIANS OF WORLD AND EUROPEAN CHAMPIONSHIPS

Nasi medaliści Mistrzostw Świata

MISTRZOSTWA ŚWIATA – 16 medali
8 indywidualnie i 8 sztafety
1 złoty 4 srebrne, 11 brązowych



Sylwia Madej

- 3 miejsce 100 m pp - Meksyk - 2001 r.
- 3 miejsce 4 x 100 m pp - Francja - 1999 r.
- 3 miejsce 4 x 200 m pp - Francja - 1999 r.



Michał Bińczyński

- 3 miejsce 2 x 200 m pp - Meksyk - 2001 r.



Adam Płatek

- 3 miejsce 4 x 200 m pp - Meksyk - 2001 r.



Paweł Szkudlarek

- 2 miejsce 800 m pp - Korea - 2003 r.



Katarzyna Koc

- 3 miejsce 200 m pp - Polska 2005 r.



Adrian Winiarski

- 2 miejsce 100 m pw - Columbia 2009 r.
- 3 miejsce 400 m pp - Rosja - 2007 r.
- 3 miejsce 4 x 100 m pp - Rosja - 2007 r.
- 3 miejsce 4 x 200 m pp - Rosja - 2007 r.
- 3 miejsce 4 x 200 m pp - Columbia - 2009 r.



Łukasz Czajka

- 2 miejsce 100 m pp - Columbia - 2009 r.
- 3 miejsce 4 x 200 m pp - Columbia - 2009 r.



Amelia Pisarczyk

1 miejsce 50 m BF – Grecja 2014 r.
2 miejsce 100 m BF – Grecja 2014 r.

Nasi medaliści Mistrzostw Europy

MISTRZOSTWA EUROPY - 14 medali
7 indywidualnie i 7 sztafety
2 złote, 1 srebrne, 11 brązowych



Sylwia Madej
- 3 miejsce 100 m pp - Rosja - 2000 r.
- 3 miejsce 4 x 200 m pp - Rosja - 2000 r.



Adrian Winiarski
- 1 miejsce 800 m pp - Polska - 2007 r.
- 3 miejsce 1500 m pp - Polska - 2007 r.
- 1 miejsce 4 x 200 m pp - Polska - 2007 r.
- 3 miejsce 4 x 100 m pp - Polska - 2007 r.



Paweł Szkudlarek
- 2 miejsce 4 x 100 m pp - Polska - 2002 r.
- 3 miejsce 4 x 200 m pp - Polska - 2002 r.



Amelia Pisarczyk
- 3 miejsce 50 m BF - Serbia 2015 r.
- 3 miejsce 100 m BF - Serbia 2015 r.
- 3 miejsce 200 m BF - Serbia 2015 r.
- 3 miejsce 4x100 m PP - Serbia 2015 r.



Lukasz Czajka
- 3 miejsce 100 m pw - Serbia - 2009 r.



Zuzanna Rzepka
- 3 miejsce 4x100 m PP - Serbia 2015 r.

Uczestnicy Mistrzostw Świata i Europy

Ewa Ryś - 1999 r. Francja
Agnieszka Słowińska - 2002 r. Polska Dębica
Wioleta Tobiasz - 2002 r. Polska Dębica
Klaudiusz Trzeciak - 2002 r. Polska Dębica
Jakub Radomski - 2005 r. Polska w Ostrowcu Świętokrzyskim
Monika Górka - 2010 r. Hiszpania
Jakub Dyrzka - 2013 r. Szczecin



- Club Nautilus Jastrzebie comes from the Nautilus Underwater Club, which was Championships, European Championships and medals in World Cups as well.
- Since 2009 it deals only with finswimming. The athletes from Nautilus are very successful, are Polish Championships and Polish record holders.
- The club is currently associated with more than 50 competitors in five age categories.
- created in 1977r. These years were very successful and rich in medals in World

HOTEL DĄBRÓWKA ***

Jastrzębie - Zdrój

25 Euro / 1 person / 1 day (with breakfast)

HOTEL DĄBRÓWKA offers 12 comfortable rooms with restaurant in 3-stars standard, 18 rooms in the Villa and SPA area with sauna and gym. There is also Villa II, which main part is Diamond Hall for banquets, playroom for kids and 22 modern rooms. In general there are rooms for 1,2,3-persons.



We specialize in regional as well as European cuisine. There is possibility to eat meals in the garden. Restaurant is opened from 10 till 22.



Hotel is located in the oldest part of Jastrzębie, named Zdrój. It's 4 km from highway A1, and 3 km from city center.

Hotel Kallon***

Jastrzębie-Zdrój

20 Euro / 1 person / 1 day (with breakfast)

HOTEL KALLON is located in calm area, it's perfect for rest and recovery. We offer European standard of service, very good prizes and great atmosphere.

We offer:

- Apartments with air-conditioning



- Rooms with higher lever named 'Delux'
- Rooms for 1,2,3 persons with the possibility of extra bed



- Breakfast buffet
- Free Wi-Fi
- Large monitored parking
- Possibility to rent a garage
- Conference room for about 90 people
- Additional sauna and gym services are available



Transport information (nearest airport, railway services, highway number...)

- We can organize you transfer from airport or train station for amount fixed with the organizing team. Contact in English - Jakub Dyrszka +48693708228
- Distance from important places: Warsaw 370 km, Katowice 60 km, Katowice - Pyrzowice 95 km, Kraków - Balice 130 km, Ostrava (Czech Republic) 35 km.
- Sponsors :

Patronat Medialny :



CO-FINANCED FUNDS CITY OFFICE JASTRZĘBIE-ZDRÓJ

We are looking forward to seeing you in Jastrzębie - Zdrój!