



1. Tournament time and place

• 01-03.02.2019 – Swimming pool at the Jerzy Kukuczka Academy of Physical Education in Katowice, Mikołowska 72a Street

2. Organizers:

- AZS AWF Katowice Sport club
- The Jerzy Kukuczka Akademy of Physical Education in Katowice
- AZS AWF Katowice Swimming academy

3. Participation rules:

- Current medical examination is required to take part in the competition!
- During the contest FINA and PZP (Polish Swimming Union) rules are to be obbeyed.
- Each player represents his/her club and additionally for the event purpose either Silesia or rest of the world team. The Silesia team is to be understood as members of all clubs from silesian voivodeship. The rest of the world are the members of all other clubs outside the silesian voivodeship.

4. Competition programm

1st session – Friday 01.02		
	Warm up 8am – Event 9am	
1.	400 m freestyle Women + Men – heats	
2nd session – Friday 01.02		
Warm up 3pm – Event 4pm		
2.	Mixed 8 x 50m freestyle relay (4W+4M) in all categories	
3.	50 m breaststroke W + M - preliminary	
4.	100 m backstroke W + M - preliminary	
5.	50 m butterfly W+M - preliminary	





3th session – Saturday 02.02		
Warm up 8am – Event 9am		
6.	50 m breaststroke W + M - final OPEN	
7.	100 m backstroke W + M - final OPEN	
8.	50 m butterfly W+M - final OPEN	
9.	200 m freestyle W + M - preliminary	
10.	100 m butterfly W+ M - preliminary	
	4th session – Saturday 02.02	
	Warm up 3pm – Event 4pm	
11.	200 m freestyle W+ M - final OPEN	
12.	100 m butterfly W+ M - final OPEN	
13.	50 m freestyle W + M - preliminary	
14.	100 m breaststroke W + M - preliminary	
5th session – Sunday 03.02		
Warm up 8am – Event 9am		
15.	50 m freestyle W + M - final OPEN	
16.	100 m breaststroke W + M - final OPEN	
17.	50 m backstroke W + M – preliminary	
18.	100 m freestyle W + M - preliminary	
19.	100 m individual medley W+ M - preliminary	
20.	50 m backstroke W + M - final OPEN	
21.	100 m freestyle W + M - final OPEN	
22.	100 m individual medley W+ M - final OPEN	

• All preliminary races (also in backstroke) will take place directly one after another (after the race players leave the pool only after next serie is started)





- In Silesia relay four women and four men take part (in optional order)
- 400m freestyle and 8x 50 m relays events will be run in time heats system
- Only six best players will enter the finals in OPEN category
- During the tournament players can use the warm up pool (16 m, 4 lanes)

5. Technical regulations

- 25m swimming pool, 6 lanes, temp. 27°C, 16m warm up pool
- Electronic time measurement

6. Submissions

- The impassable deadline for submitting entries (only in electronic format lxf.) is till <u>29th of February</u>
 <u>2019 r.</u> Entries should be sent to: <u>W.Szulcik@interia.pl</u>. IT Service Wojciech Szulc cell +48 793 252
 566
- Withrawals are free of charge till 31st February 2019 till 12:00 pm
- Invitation can be downloaded at www.megatiming.pl as well as at tournament's website www.pucharsilesia.pl
- Once the list of participants is published online changes can be made only at technical meeting and can only concern:
 - withdrawal of a player from a certain event
 - replacing the withdrawn player with another player from the same club

7. Age categories (ages)

- 1. 10 years and younger (2009 and younger)
- 2. 11-12 years (2008-2007)
- 3. 13-14 years (2006-2005)
- 4. 15-16 years (2004-2003)
- OPEN category

8. Rewards

- Ten best players results will be submitted to the general team classification (regardless the gender) taking into consideration points earned in two best entries according FINA classification
- To be classified as a team minimum ten players must be set out (regardless the gender) also participation in 8 x 50 m freestyle relay is a must.
- The winner of team classification gets the SILESIA CUP a challange cup. The team is entitled to the cup through one year, after this time the cup must be passed to a next edition of a tournament. Currently the cup is in hands of **KS AZS AWF Katowice** winner of Silesia cup 2018. If a certain team wins three times in a row gets the cup on ist own. Previous winners:





- 2011 UKP Unia Oświęcim
- > 2012 WKS Śląsk Wrocław
- 2013 KS AZS AWF Katowice
- 2014 KS AZS AWF Katowice
- 2015 KS AZS AWF Katowice
- 2016 KS AZS AWF Katowice
- 2017 KS AZS AWF Katowice
- 2018 KS AZS AWF Katowice
- In all final races (and 400m freestyle time heat series) in OPEN category places from 1st till 3rd are financially rewarded:

1st place - 150 PLN zl

2nd place - 100 PLN zl

3rd place - 50 PLN zl

ATTENTION!!! Organizors have founded special rewards of 1000 PLN zl for the best players in OPEN category (women and men) who gathered FINA's biggest sum of points in two different individual events

- During the preliminaries only the players in categories 1-4 are rewarded!!! First three players receive
 the diplomas. There is a chance however to be rewarded differently in case the organizers find the
 sponsors.
- the condition for receiving the reward is swimmer's personal presence at the time of decoration

9. The funding rules

- The organizational costs are cover by the organizer of the competition.
- Entry fee is 15 PLN per one event/per one person
- Relay fee Free of charge!!!
- Starting list fee Free of charge!!!

10. Competition office

• The competition office will be at KS AZS AWF Katowice seat (new AWF Katowice hall - 2nd floor). Entry fee should be submitted there latest till the second session is finished.

11. Final provisions

• The object will be open for the players from Friday 07:30 am till Sunday.





- Technical meeting will take place on Friday 1st of February at 8:15 am.
- Opening ceremony will take place on Friday 1st of February at 3:45 pm.
- Accomodation: AWF Katowice Hotel Mikołowska Street 72c reception tel no. +48 32 207 54 00
- Dinners will be served at Olimp Restaurant (Mrs Patrycja Bartoszek cel +48 606 943 233, orders should be sent to: cs@cateringservice.pl
- Invoice data for the entry fee should be sent to: halina Rudnicka tel no. +48 32 2075282
- In all matters not specified in this regulation it's an organizer and main referee who decide.
- For those who will fail to find accomodation in AWF Katowice Hotel due to its limited number of rooms we recommend another place Park Hotel Diament located at Wita Stwosza Street in an approximate distance from the AWF campus. Hotel has prepared a special offer for tournament participants. On password "Silesia cup" single room with breakfast will be available at special price of 140pln / double room with breakfast will be available at 160pln. Contact: katowicepark@hotelediament.pl phone +48 32 720 00 00
- In connection with the General Regulation on Personal Data Protection (RODO), swimmers and trainers taking part in competitions organized by KS AZS AWF Katowice agree to provide personal data necessary to conduct the competition (start lists, results, SEL, decorations) and automatically give the consent through active and passive participation in a sports event, to the publication and sharing the images of the swimmers, trainers and other people participating in the competition.
- Competition coordinator: Michał Skóra cell +48 501 370 222 m.skora@awf.katowice.pl