

ZIMOWE MISTRZOSTWA POLSKI W PŁYWANIU W PŁETWACH
Jastrzębie Zdrój, 26. - 27.11.2022

Konkurencja 17
26.11.2022

Kobiet, 400m Surface

Open
Wyniki

Pozycja			Rok ur.					Czas	
11 lat i młodszy									
1.	ZARACH	Monika	11	KS Aqua Sport Ko	cierzyna			5:07.96	
	50m:	34.46	34.46	150m:	1:51.04	38.96	250m:	3:11.44	40.25
	100m:	1:12.08	37.62	200m:	2:30.95	39.91	300m:	3:51.59	40.15
				350m:	4:31.84	40.25	400m:	5:07.96	36.12
2.	KUCHARSKA	Nina	11	Uks Wodniacy	Garczyn			5:20.74	
	50m:	34.53	34.53	150m:	1:54.94	41.30	250m:	3:18.99	42.00
	100m:	1:13.64	39.11	200m:	2:36.99	42.05	300m:	4:01.65	42.66
				350m:	4:45.38	43.73	400m:	5:20.74	35.36
3.	LELLEK	Kaja	12	Uks Wodniacy	Garczyn			5:22.79	
	50m:	35.07	35.07	150m:	1:57.38	41.33	250m:	3:23.15	43.09
	100m:	1:16.05	40.98	200m:	2:40.06	42.68	300m:	4:07.03	43.88
				350m:	4:48.08	41.05	400m:	5:22.79	34.71
4.	WITKOWSKA	Amelia	12	Laguna 24	Toru			5:40.44	
	50m:	36.19	36.19	150m:			250m:		350m:
	100m:	1:17.26	41.07	200m:			300m:		400m:
									5:40.44
12 - 13 lat									
1.	BIELECKA	Kornelia	10	UKS Delfinek	Chodzie			4:16.18	
	50m:	28.65	28.65	150m:	1:32.38	32.54	250m:	2:39.46	33.57
	100m:	59.84	31.19	200m:	2:05.89	33.51	300m:	3:12.61	33.15
				350m:	3:45.91	33.30	400m:	4:16.18	30.27
2.	PANUSZKO	Lidia	10	OSN Amfiprion	Olecko			4:25.40	
	50m:	28.87	28.87	150m:	1:36.24	34.49	250m:	2:46.39	34.81
	100m:	1:01.75	32.88	200m:	2:11.58	35.34	300m:	3:20.45	34.06
				350m:	3:55.00	34.55	400m:	4:25.40	30.40
3.	BACZY	SKA Amelia	09	UKS Delfinek	Chodzie			4:32.18	
	50m:	28.67	28.67	150m:	1:36.06	34.57	250m:	2:47.96	36.07
	100m:	1:01.49	32.82	200m:	2:11.89	35.83	300m:	3:24.17	36.21
				350m:	4:00.30	36.13	400m:	4:32.18	31.88
4.	OSTROWSKA	Marta	10	Uks Wodniacy	Garczyn			4:45.15	
	50m:	32.30	32.30	150m:	1:42.53	35.65	250m:	2:56.59	37.32
	100m:	1:06.88	34.58	200m:	2:19.27	36.74	300m:	3:34.03	37.44
				350m:	4:11.13	37.10	400m:	4:45.15	34.02
5.	PEEK	Dominika	10	Uks Wodniacy	Garczyn			4:54.01	
	50m:	33.71	33.71	150m:	2:24.33	1:14.38	250m:	3:39.32	37.37
	100m:	1:09.95	36.24	200m:	3:01.95	37.62	300m:	4:16.41	37.09
				350m:	4:54.01		400m:	4:54.01	
6.	PALUSIAK	Natalia	10	Laguna 24	Toru			5:03.96	
	50m:	32.30	32.30	150m:	1:49.28	39.67	250m:	3:10.48	40.82
	100m:	1:09.61	37.31	200m:	2:29.66	40.38	300m:	3:51.54	41.06
				350m:	4:29.48	37.94	400m:	5:03.96	34.48

SZULC WOJCIECH

Obsługa Zawodów Pływackich SYSTEM Colorado Time Systems
Pomiar czasu elektronicznego / SPLASH Meet Manager
Rejestracja VIDEO Live

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Konkurencja 17, Kobiet, 400m Surface

14 - 15 lat

1. STRZ PKA Olga	07	UKS Delfinek Chodzie	4:08.27
50m: 26.98 26.98	150m: 1:27.40 30.99	250m: 2:31.68 32.41	350m: 3:36.80 32.68
100m: 56.41 29.43	200m: 1:59.27 31.87	300m: 3:04.12 32.44	400m: 4:08.27 31.47
2. KOHNKE Nicole	07	Uks Delfin Jastarnia	4:11.25
50m: 27.69 27.69	150m: 1:29.64 31.59	250m: 2:34.49 32.50	350m: 3:40.09 32.52
100m: 58.05 30.36	200m: 2:01.99 32.35	300m: 3:07.57 33.08	400m: 4:11.25 31.16
3. BESTRY Olivia	08	Laguna 24 Toru	4:11.31
50m: 27.64 27.64	150m: 1:29.39 31.40	250m: 2:34.76 33.16	350m: 3:40.48 32.87
100m: 57.99 30.35	200m: 2:01.60 32.21	300m: 3:07.61 32.85	400m: 4:11.31 30.83
4. NARKOWICZ Iga	08	Uks Delfin Jastarnia	4:15.04
50m: 28.27 28.27	150m: 1:32.42 32.81	250m: 2:39.09 33.33	350m: 3:45.35 32.96
100m: 59.61 31.34	200m: 2:05.76 33.34	300m: 3:12.39 33.30	400m: 4:15.04 29.69
5. SZYBALSKA Anna	08	KS Aqua Sport Ko cierzyna	4:24.32
50m: 28.71 28.71	150m: 1:33.66 33.38	250m: 2:42.04 34.61	350m: 3:51.68 34.77
100m: 1:00.28 31.57	200m: 2:07.43 33.77	300m: 3:16.91 34.87	400m: 4:24.32 32.64
6. STRUCK Anna	08	Uks Delfin Jastarnia	4:36.42
50m: 28.76 28.76	150m: 1:37.34 35.66	250m: 2:51.20 36.80	350m: 4:02.96 36.41
100m: 1:01.68 32.92	200m: 2:14.40 37.06	300m: 3:26.55 35.35	400m: 4:36.42 33.46

16 - 17 lat

1. TUSK Weronika	05	UKS Tri-Sea Mewa Władysławowo	3:56.30
50m: 25.88 25.88	150m: 1:24.37 29.82	250m: 2:24.64 30.28	350m: 3:26.40 30.92
100m: 54.55 28.67	200m: 1:54.36 29.99	300m: 2:55.48 30.84	400m: 3:56.30 29.90
2. GUZI SKA Olga	06	UKS Manta Ko cierzyna	4:04.69
50m:	150m: 1:25.39	250m: 2:28.30 31.90	350m: 3:32.86 32.24
100m:	200m: 1:56.40	31.01 300m: 3:00.62 32.32	400m: 4:04.69 31.83
3. RANISZEWSKA Maja	05	Laguna 24 Toru	4:44.26
50m: 30.61 30.61	150m: 1:36.57 34.04	250m: 2:47.80 36.05	350m: 4:06.05 39.23
100m: 1:02.53 31.92	200m: 2:11.75 35.18	300m: 3:26.82 39.02	400m: 4:44.26 38.21

18 lat i starsi

1. JOPP Matylda	99	Laguna 24 Toru	4:04.03
50m: 26.61 26.61	150m: 1:28.40 32.21	250m: 2:32.67 31.90	350m: 3:35.65 31.00
100m: 56.19 29.58	200m: 2:00.77 32.37	300m: 3:04.65 31.98	400m: 4:04.03 28.38
PK TYMOSHENKO Anastasiia	09	UKS Delfinek Chodzie	4:14.97
50m:	150m: 1:32.12 32.91	250m: 2:39.20 33.55	350m: 3:43.90 31.59
100m: 59.21	200m: 2:05.65 33.53	300m: 3:12.31 33.11	400m: 4:14.97 31.07