

# LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

 Event 11  
 18.05.2024 - 12:10

Women, 400m Medley

 Open  
 Results

Points: FINA 2024

Rank	YB		Time	Pts	100m	200m	300m	400m				
<b>11 years and younger</b>												
1.	Kwiatkowska Maria	13	KS OSIR Bielawa	<b>6:58.73</b>	255	1:39.98	1:41.57	1:57.93	1:39.25			
	<i>MISTRZ OPOLSZCZYZNY</i>											
	50m:	42.84	42.84	150m:	2:31.79	51.81	250m:	4:20.60	59.05	350m:	6:10.90	51.42
	100m:	1:39.98	57.14	200m:	3:21.55	49.76	300m:	5:19.48	58.88	400m:	6:58.73	47.83
<b>12 - 13 years</b>												
1.	Bomba Julia	11	CSiR MOS w Dabrowie Gorniej	<b>5:23.59</b>	554	1:11.10	1:24.06	1:35.94	1:12.49			
	<i>MISTRZ OPOLSZCZYZNY</i>											
	50m:	33.03	33.03	150m:	1:53.72	42.62	250m:	3:22.60	47.44	350m:	4:47.94	36.84
	100m:	1:11.10	38.07	200m:	2:35.16	41.44	300m:	4:11.10	48.50	400m:	5:23.59	35.65
2.	Krawczyk Aleksandra	11	UKS „Na Fali Bytom”	<b>5:37.89</b>	487	1:16.86	1:26.49	1:38.89	1:15.65			
	50m:	35.15	35.15	150m:	2:00.74	43.88	250m:	3:32.47	49.12	350m:	5:00.62	38.38
	100m:	1:16.86	41.71	200m:	2:43.35	42.61	300m:	4:22.24	49.77	400m:	5:37.89	37.27
3.	Pajak Agata	11	UKS Aqua Team Mikolow	<b>5:40.95</b>	474	1:18.62	1:26.26	1:38.97	1:17.10			
	50m:	37.39	37.39	150m:	2:02.51	43.89	250m:	3:34.96	50.08	350m:	5:03.66	39.81
	100m:	1:18.62	41.23	200m:	2:44.88	42.37	300m:	4:23.85	48.89	400m:	5:40.95	37.29
4.	Nikiel Emilia	11	MKS Park Wodny Tarnowskie	<b>5:59.05</b>	406	1:26.80	1:30.82	1:43.05	1:18.38			
	50m:	39.90	39.90	150m:	2:12.70	45.90	250m:	3:48.89	51.27	350m:	5:21.13	40.46
	100m:	1:26.80	46.90	200m:	2:57.62	44.92	300m:	4:40.67	51.78	400m:	5:59.05	37.92
5.	Sheptun Anna	11	MKS Juvenia Wroclaw	<b>6:36.91</b>	300	1:41.38	1:40.39	1:46.21	1:28.93			
	50m:	45.05	45.05	150m:	2:32.56	51.18	250m:	4:13.40	51.63	350m:	5:54.12	46.14
	100m:	1:41.38	56.33	200m:	3:21.77	49.21	300m:	5:07.98	54.58	400m:	6:36.91	42.79
6.	Klonowska Julia	11	KS Rekin Swiebodzice	<b>6:40.34</b>	292	1:29.13	1:44.31	1:52.74	1:34.16			
	50m:	39.86	39.86	150m:	2:21.49	52.36	250m:	4:08.37	54.93	350m:	5:54.70	48.52
	100m:	1:29.13	49.27	200m:	3:13.44	51.95	300m:	5:06.18	57.81	400m:	6:40.34	45.64
7.	Breitkopf Karolina	11	Swim Team MOSiR Kedzierzy	<b>7:11.09</b>	234	1:55.06	1:48.97	1:47.60	1:39.46			
	50m:	51.87	51.87	150m:	2:49.83	54.77	250m:	4:36.98	52.95	350m:	6:23.46	51.83
	100m:	1:55.06	1:03.19	200m:	3:44.03	54.20	300m:	5:31.63	54.65	400m:	7:11.09	47.63
<b>12-13 lat OZP</b>												
1.	Breitkopf Karolina	11	Swim Team MOSiR Kedzierzy	<b>7:11.09</b>	234	1:55.06	1:48.97	1:47.60	1:39.46			
	<i>MISTRZ OZP</i>											
	50m:	51.87	51.87	150m:	2:49.83	54.77	250m:	4:36.98	52.95	350m:	6:23.46	51.83
	100m:	1:55.06	1:03.19	200m:	3:44.03	54.20	300m:	5:31.63	54.65	400m:	7:11.09	47.63
<b>14 years</b>												
1.	Matyjasek Olga	10	Swim Team MOSiR Kedzierzy	<b>5:27.04</b>	537	1:13.15	1:24.80	1:34.28	1:14.81			
	<i>MISTRZ OPOLSZCZYZNY</i>											
	50m:	32.58	32.58	150m:	1:55.97	42.82	250m:	3:24.66	46.71	350m:	4:50.92	38.69
	100m:	1:13.15	40.57	200m:	2:37.95	41.98	300m:	4:12.23	47.57	400m:	5:27.04	36.12
2.	Keska Klara	10	WKS Slask Wroclaw	<b>5:54.59</b>	421	1:21.47	1:29.47	1:42.18	1:21.47			
	50m:	36.76	36.76	150m:	2:07.08	45.61	250m:	3:42.01	51.07	350m:	5:14.42	41.30
	100m:	1:21.47	44.71	200m:	2:50.94	43.86	300m:	4:33.12	51.11	400m:	5:54.59	40.17
3.	Morganska Marta	10	UKS „Manta Kochlowice Rud.	<b>6:04.30</b>	388	1:24.63	1:37.63	1:42.53	1:19.51			
	50m:	39.82	39.82	150m:	2:15.07	50.44	250m:	3:52.62	50.36	350m:	5:24.85	40.06
	100m:	1:24.63	44.81	200m:	3:02.26	47.19	300m:	4:44.79	52.17	400m:	6:04.30	39.45

# LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

## Event 11, Girls, 400m Medley, 14 years

Rank	YB		Sport		Time	Pts	100m	200m	300m	400m		
4.	Nielacna Olga		10 Sport Active		<b>6:30.81</b>	314	1:28.83	1:48.16	1:44.99	1:28.83		
	50m:	40.26	40.26	150m:	2:25.91	57.08	250m:	4:08.76	51.77	350m:	5:49.05	47.07
	100m:	1:28.83	48.57	200m:	3:16.99	51.08	300m:	5:01.98	53.22	400m:	6:30.81	41.76
5.	Polec Julia		10 KS OSiR Bielawa		<b>6:52.58</b>	267	1:38.98	1:40.69	1:55.10	1:37.81		
	50m:	43.96	43.96	150m:	2:31.36	52.38	250m:	4:17.24	57.57	350m:	6:05.03	50.26
	100m:	1:38.98	55.02	200m:	3:19.67	48.31	300m:	5:14.77	57.53	400m:	6:52.58	47.55

## 14 lat OZP

1.	Matyjasek Olga		10 Swim Team MOSiR Kedzierzy		<b>5:27.04</b>	537	1:13.15	1:24.80	1:34.28	1:14.81		
	<i>MISTRZ OOZP</i>											
	50m:	32.58	32.58	150m:	1:55.97	42.82	250m:	3:24.66	46.71	350m:	4:50.92	38.69
	100m:	1:13.15	40.57	200m:	2:37.95	41.98	300m:	4:12.23	47.57	400m:	5:27.04	36.12

## 15 - 16 years

1.	Fartuszynska Weronika		08 UKS Junior Kluczbork		<b>5:31.94</b>	513	1:16.86	1:25.00	1:35.11	1:14.97		
	<i>MISTRZ OPOLSZCZYŻNY</i>											
	50m:	35.96	35.96	150m:	1:59.31	42.45	250m:	3:29.13	47.27	350m:	4:55.41	38.44
	100m:	1:16.86	40.90	200m:	2:41.86	42.55	300m:	4:16.97	47.84	400m:	5:31.94	36.53
2.	Kuzaj Lena		09 Swim Team MOSiR Kedzierzy		<b>5:41.14</b>	473	1:15.76	1:30.73	1:39.53	1:15.12		
	50m:	33.90	33.90	150m:	2:00.25	44.49	250m:	3:35.14	48.65	350m:	5:04.51	38.49
	100m:	1:15.76	41.86	200m:	2:46.49	46.24	300m:	4:26.02	50.88	400m:	5:41.14	36.63
3.	Baloz Laura		09 MKS SMS Victoria Raciborz		<b>5:46.25</b>	452	1:22.94	1:25.73	1:38.81	1:18.77		
	50m:	37.78	37.78	150m:	2:06.09	43.15	250m:	3:36.98	48.31	350m:	5:08.27	40.79
	100m:	1:22.94	45.16	200m:	2:48.67	42.58	300m:	4:27.48	50.50	400m:	5:46.25	37.98
4.	Pawlak Jagoda		08 UKS Maratonczyk Ostrow Wilk		<b>6:31.16</b>	314	1:36.58	1:36.35	1:53.13	1:25.10		
	50m:	43.96	43.96	150m:	2:25.33	48.75	250m:	4:08.77	55.84	350m:	5:51.35	45.29
	100m:	1:36.58	52.62	200m:	3:12.93	47.60	300m:	5:06.06	57.29	400m:	6:31.16	39.81

## 15-16 lat OZP

1.	Fartuszynska Weronika		08 UKS Junior Kluczbork		<b>5:31.94</b>	513	1:16.86	1:25.00	1:35.11	1:14.97		
	<i>MISTRZ OOZP</i>											
	50m:	35.96	35.96	150m:	1:59.31	42.45	250m:	3:29.13	47.27	350m:	4:55.41	38.44
	100m:	1:16.86	40.90	200m:	2:41.86	42.55	300m:	4:16.97	47.84	400m:	5:31.94	36.53
2.	Kuzaj Lena		09 Swim Team MOSiR Kedzierzy		<b>5:41.14</b>	473	1:15.76	1:30.73	1:39.53	1:15.12		
	50m:	33.90	33.90	150m:	2:00.25	44.49	250m:	3:35.14	48.65	350m:	5:04.51	38.49
	100m:	1:15.76	41.86	200m:	2:46.49	46.24	300m:	4:26.02	50.88	400m:	5:41.14	36.63

## 17 - 18 years

1.	Skrzypczak Natalia		07 Akademia Sms Raciborz		<b>5:18.75</b>	580	1:12.45	1:23.06	1:29.92	1:13.32		
	<i>MISTRZ OPOLSZCZYŻNY</i>											
	50m:	33.71	33.71	150m:	1:54.54	42.09	250m:	3:20.80	45.29	350m:	4:43.09	37.66
	100m:	1:12.45	38.74	200m:	2:35.51	40.97	300m:	4:05.43	44.63	400m:	5:18.75	35.66
2.	Mielnik Hanna		07 AZS KU Politechniki Opolskie		<b>5:37.13</b>	490	1:14.03	1:31.49	1:31.53	1:20.08		
	50m:	33.62	33.62	150m:	2:00.73	46.70	250m:	3:31.26	45.74	350m:	4:57.60	40.55
	100m:	1:14.03	40.41	200m:	2:45.52	44.79	300m:	4:17.05	45.79	400m:	5:37.13	39.53

# LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

## Event 11, Women, 400m Medley

### 17-18 lat OZP

1. Mielnik Hanna	07	AZS KU Politechniki Opolskie	<b>5:37.13</b>	490	1:14.03	1:31.49	1:31.53	1:20.08			
<i>MISTRZ OZP</i>											
50m:	33.62	33.62	150m:	2:00.73	46.70	250m:	3:31.26	45.74	350m:	4:57.60	40.55
100m:	1:14.03	40.41	200m:	2:45.52	44.79	300m:	4:17.05	45.79	400m:	5:37.13	39.53

### Open

1. Skrzypczak Natalia	07	Akademia Sms Raciborz	<b>5:18.75</b>	580	1:12.45	1:23.06	1:29.92	1:13.32			
<i>MISTRZ OPOLSZCZYZNY</i>											
50m:	33.71	33.71	150m:	1:54.54	42.09	250m:	3:20.80	45.29	350m:	4:43.09	37.66
100m:	1:12.45	38.74	200m:	2:35.51	40.97	300m:	4:05.43	44.63	400m:	5:18.75	35.66
2. Bomba Julia	11	CSiR MOS w Dabrowie Gornia	<b>5:23.59</b>	554	1:11.10	1:24.06	1:35.94	1:12.49			
50m:	33.03	33.03	150m:	1:53.72	42.62	250m:	3:22.60	47.44	350m:	4:47.94	36.84
100m:	1:11.10	38.07	200m:	2:35.16	41.44	300m:	4:11.10	48.50	400m:	5:23.59	35.65
3. Matyjasek Olga	10	Swim Team MOSiR Kedzierzy	<b>5:27.04</b>	537	1:13.15	1:24.80	1:34.28	1:14.81			
50m:	32.58	32.58	150m:	1:55.97	42.82	250m:	3:24.66	46.71	350m:	4:50.92	38.69
100m:	1:13.15	40.57	200m:	2:37.95	41.98	300m:	4:12.23	47.57	400m:	5:27.04	36.12
4. Drabik Aneta	04	KP „Sukces” Chorzow	<b>5:28.83</b>	528	1:14.73	1:27.25	1:34.51	1:12.34			
50m:	34.39	34.39	150m:	1:59.49	44.76	250m:	3:28.88	46.90	350m:	4:53.53	37.04
100m:	1:14.73	40.34	200m:	2:41.98	42.49	300m:	4:16.49	47.61	400m:	5:28.83	35.30
5. Fartuszynska Weronika	08	UKS Junior Kluczbork	<b>5:31.94</b>	513	1:16.86	1:25.00	1:35.11	1:14.97			
50m:	35.96	35.96	150m:	1:59.31	42.45	250m:	3:29.13	47.27	350m:	4:55.41	38.44
100m:	1:16.86	40.90	200m:	2:41.86	42.55	300m:	4:16.97	47.84	400m:	5:31.94	36.53
6. Mielnik Hanna	07	AZS KU Politechniki Opolskie	<b>5:37.13</b>	490	1:14.03	1:31.49	1:31.53	1:20.08			
50m:	33.62	33.62	150m:	2:00.73	46.70	250m:	3:31.26	45.74	350m:	4:57.60	40.55
100m:	1:14.03	40.41	200m:	2:45.52	44.79	300m:	4:17.05	45.79	400m:	5:37.13	39.53
7. Krawczyk Aleksandra	11	UKS „Na Fali Bytom”	<b>5:37.89</b>	487	1:16.86	1:26.49	1:38.89	1:15.65			
50m:	35.15	35.15	150m:	2:00.74	43.88	250m:	3:32.47	49.12	350m:	5:00.62	38.38
100m:	1:16.86	41.71	200m:	2:43.35	42.61	300m:	4:22.24	49.77	400m:	5:37.89	37.27
8. Pajak Agata	11	UKS Aqua Team Mikołow	<b>5:40.95</b>	474	1:18.62	1:26.26	1:38.97	1:17.10			
50m:	37.39	37.39	150m:	2:02.51	43.89	250m:	3:34.96	50.08	350m:	5:03.66	39.81
100m:	1:18.62	41.23	200m:	2:44.88	42.37	300m:	4:23.85	48.89	400m:	5:40.95	37.29
9. Kuzaj Lena	09	Swim Team MOSiR Kedzierzy	<b>5:41.14</b>	473	1:15.76	1:30.73	1:39.53	1:15.12			
50m:	33.90	33.90	150m:	2:00.25	44.49	250m:	3:35.14	48.65	350m:	5:04.51	38.49
100m:	1:15.76	41.86	200m:	2:46.49	46.24	300m:	4:26.02	50.88	400m:	5:41.14	36.63
10. Baloz Laura	09	MKS SMS Victoria Raciborz	<b>5:46.25</b>	452	1:22.94	1:25.73	1:38.81	1:18.77			
50m:	37.78	37.78	150m:	2:06.09	43.15	250m:	3:36.98	48.31	350m:	5:08.27	40.79
100m:	1:22.94	45.16	200m:	2:48.67	42.58	300m:	4:27.48	50.50	400m:	5:46.25	37.98
11. Keska Klara	10	WKS Slask Wroclaw	<b>5:54.59</b>	421	1:21.47	1:29.47	1:42.18	1:21.47			
50m:	36.76	36.76	150m:	2:07.08	45.61	250m:	3:42.01	51.07	350m:	5:14.42	41.30
100m:	1:21.47	44.71	200m:	2:50.94	43.86	300m:	4:33.12	51.11	400m:	5:54.59	40.17
12. Nikiel Emilia	11	MKS Park Wodny Tarnowskie	<b>5:59.05</b>	406	1:26.80	1:30.82	1:43.05	1:18.38			
50m:	39.90	39.90	150m:	2:12.70	45.90	250m:	3:48.89	51.27	350m:	5:21.13	40.46
100m:	1:26.80	46.90	200m:	2:57.62	44.92	300m:	4:40.67	51.78	400m:	5:59.05	37.92
13. Morganska Marta	10	UKS „Manta Kochlowice Rud	<b>6:04.30</b>	388	1:24.63	1:37.63	1:42.53	1:19.51			
50m:	39.82	39.82	150m:	2:15.07	50.44	250m:	3:52.62	50.36	350m:	5:24.85	40.06
100m:	1:24.63	44.81	200m:	3:02.26	47.19	300m:	4:44.79	52.17	400m:	6:04.30	39.45
14. Nielacna Olga	10	Sport Active	<b>6:30.81</b>	314	1:28.83	1:48.16	1:44.99	1:28.83			
50m:	40.26	40.26	150m:	2:25.91	57.08	250m:	4:08.76	51.77	350m:	5:49.05	47.07
100m:	1:28.83	48.57	200m:	3:16.99	51.08	300m:	5:01.98	53.22	400m:	6:30.81	41.76
15. Pawlak Jagoda	08	UKS Maratonczyk Ostrow Wlk	<b>6:31.16</b>	314	1:36.58	1:36.35	1:53.13	1:25.10			
50m:	43.96	43.96	150m:	2:25.33	48.75	250m:	4:08.77	55.84	350m:	5:51.35	45.29
100m:	1:36.58	52.62	200m:	3:12.93	47.60	300m:	5:06.06	57.29	400m:	6:31.16	39.81

# LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

## Event 11, Women, 400m Medley, Open

Rank	YB		Time		Pts	100m	200m	300m	400m			
16.	Sheptun Anna		11		MKS Juvenia Wrocław	<b>6:36.91</b>	300	1:41.38	1:40.39	1:46.21	1:28.93	
	50m:	45.05	45.05	150m:	2:32.56	51.18	250m:	4:13.40	51.63	350m:	5:54.12	46.14
	100m:	1:41.38	56.33	200m:	3:21.77	49.21	300m:	5:07.98	54.58	400m:	6:36.91	42.79
17.	Klonowska Julia		11		KS Rekin Swiebodzice	<b>6:40.34</b>	292	1:29.13	1:44.31	1:52.74	1:34.16	
	50m:	39.86	39.86	150m:	2:21.49	52.36	250m:	4:08.37	54.93	350m:	5:54.70	48.52
	100m:	1:29.13	49.27	200m:	3:13.44	51.95	300m:	5:06.18	57.81	400m:	6:40.34	45.64
18.	Polec Julia		10		KS OSiR Bielawa	<b>6:52.58</b>	267	1:38.98	1:40.69	1:55.10	1:37.81	
	50m:	43.96	43.96	150m:	2:31.36	52.38	250m:	4:17.24	57.57	350m:	6:05.03	50.26
	100m:	1:38.98	55.02	200m:	3:19.67	48.31	300m:	5:14.77	57.53	400m:	6:52.58	47.55
19.	Kwiatkowska Maria		13		KS OSiR Bielawa	<b>6:58.73</b>	255	1:39.98	1:41.57	1:57.93	1:39.25	
	50m:	42.84	42.84	150m:	2:31.79	51.81	250m:	4:20.60	59.05	350m:	6:10.90	51.42
	100m:	1:39.98	57.14	200m:	3:21.55	49.76	300m:	5:19.48	58.88	400m:	6:58.73	47.83
20.	Breitkopf Karolina		11		Swim Team MOSiR Kedzierzy	<b>7:11.09</b>	234	1:55.06	1:48.97	1:47.60	1:39.46	
	50m:	51.87	51.87	150m:	2:49.83	54.77	250m:	4:36.98	52.95	350m:	6:23.46	51.83
	100m:	1:55.06	1:03.19	200m:	3:44.03	54.20	300m:	5:31.63	54.65	400m:	7:11.09	47.63

## Open OZP

1.	Matyjasek Olga		10		Swim Team MOSiR Kedzierzy	<b>5:27.04</b>	537	1:13.15	1:24.80	1:34.28	1:14.81	
	<i>MISTRZ OOZP</i>											
	50m:	32.58	32.58	150m:	1:55.97	42.82	250m:	3:24.66	46.71	350m:	4:50.92	38.69
	100m:	1:13.15	40.57	200m:	2:37.95	41.98	300m:	4:12.23	47.57	400m:	5:27.04	36.12
2.	Fartuszynska Weronika		08		UKS Junior Kluczbork	<b>5:31.94</b>	513	1:16.86	1:25.00	1:35.11	1:14.97	
	50m:	35.96	35.96	150m:	1:59.31	42.45	250m:	3:29.13	47.27	350m:	4:55.41	38.44
	100m:	1:16.86	40.90	200m:	2:41.86	42.55	300m:	4:16.97	47.84	400m:	5:31.94	36.53
3.	Mielnik Hanna		07		AZS KU Politechniki Opolskie	<b>5:37.13</b>	490	1:14.03	1:31.49	1:31.53	1:20.08	
	50m:	33.62	33.62	150m:	2:00.73	46.70	250m:	3:31.26	45.74	350m:	4:57.60	40.55
	100m:	1:14.03	40.41	200m:	2:45.52	44.79	300m:	4:17.05	45.79	400m:	5:37.13	39.53
4.	Kuzaj Lena		09		Swim Team MOSiR Kedzierzy	<b>5:41.14</b>	473	1:15.76	1:30.73	1:39.53	1:15.12	
	50m:	33.90	33.90	150m:	2:00.25	44.49	250m:	3:35.14	48.65	350m:	5:04.51	38.49
	100m:	1:15.76	41.86	200m:	2:46.49	46.24	300m:	4:26.02	50.88	400m:	5:41.14	36.63
5.	Breitkopf Karolina		11		Swim Team MOSiR Kedzierzy	<b>7:11.09</b>	234	1:55.06	1:48.97	1:47.60	1:39.46	
	50m:	51.87	51.87	150m:	2:49.83	54.77	250m:	4:36.98	52.95	350m:	6:23.46	51.83
	100m:	1:55.06	1:03.19	200m:	3:44.03	54.20	300m:	5:31.63	54.65	400m:	7:11.09	47.63