

LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

Event 12
18.05.2024 - 12:25

Men, 400m Medley

Open
Results

Points: FINA 2024

Rank	YB		Time	Pts	100m	200m	300m	400m				
12 - 13 years												
1.	Szram Pawel	12	KS Rekin Swiebodzice	6:35.61	230	1:36.68	1:42.80	1:48.24	1:27.89			
	<i>MISTRZ OPOLSZCZYZNY</i>											
	50m:	42.09	42.09	150m:	2:29.22	52.54	250m:	4:12.31	52.83	350m:	5:54.00	46.28
	100m:	1:36.68	54.59	200m:	3:19.48	50.26	300m:	5:07.72	55.41	400m:	6:35.61	41.61
DSQ	Wrobel Filip	11	Swim Team MOSiR Kedzierzy	5:45.47	:-(1:18.47	1:25.96	1:44.39	1:16.65			
	<i>K 1 - Pływak wykonał więcej niż jedno kopni cie delfinowe przed pierwszym kopni ciem do stylu klasycznego. (Time: 12:42)</i>											
	50m:	36.96	36.96	150m:	2:00.83	42.36	250m:	3:37.04	52.61	350m:	5:08.63	39.81
	100m:	1:18.47	41.51	200m:	2:44.43	43.60	300m:	4:28.82	51.78	400m:	5:45.47	36.84
12-13 lat OZP												
DSQ	Wrobel Filip	11	Swim Team MOSiR Kedzierzy	5:45.47	:-(1:18.47	1:25.96	1:44.39	1:16.65			
	<i>K 1 - Pływak wykonał więcej niż jedno kopni cie delfinowe przed pierwszym kopni ciem do stylu klasycznego. (Time: 12:42)</i>											
	50m:	36.96	36.96	150m:	2:00.83	42.36	250m:	3:37.04	52.61	350m:	5:08.63	39.81
	100m:	1:18.47	41.51	200m:	2:44.43	43.60	300m:	4:28.82	51.78	400m:	5:45.47	36.84
14 years												
1.	Stelmach Jędrzej	10	UKS Junior Kluczbork	5:18.03	443	1:15.31	1:27.08	1:24.05	1:11.59			
	<i>MISTRZ OPOLSZCZYZNY</i>											
	50m:	33.39	33.39	150m:	1:58.91	43.60	250m:	3:23.66	41.27	350m:	4:43.42	36.98
	100m:	1:15.31	41.92	200m:	2:42.39	43.48	300m:	4:06.44	42.78	400m:	5:18.03	34.61
2.	Mazik Franciszek	10	"Sikret" Gliwice	5:20.20	434	1:12.02	1:26.64	1:27.59	1:13.95			
	50m:	32.59	32.59	150m:	1:56.08	44.06	250m:	3:21.30	42.64	350m:	4:44.15	37.90
	100m:	1:12.02	39.43	200m:	2:38.66	42.58	300m:	4:06.25	44.95	400m:	5:20.20	36.05
3.	Wereszczynski Igor	10	WKS Slask Wroclaw	5:22.00	427	1:19.69	1:18.46	1:31.93	1:11.92			
	50m:	36.88	36.88	150m:	1:59.13	39.44	250m:	3:23.89	45.74	350m:	4:46.91	36.83
	100m:	1:19.69	42.81	200m:	2:38.15	39.02	300m:	4:10.08	46.19	400m:	5:22.00	35.09
4.	Tupko Jakub	10	UKS DELFIN Krapkowice	5:26.92	408	1:16.51	1:25.39	1:30.04	1:14.98			
	50m:	33.92	33.92	150m:	1:59.41	42.90	250m:	3:26.66	44.76	350m:	4:50.48	38.54
	100m:	1:16.51	42.59	200m:	2:41.90	42.49	300m:	4:11.94	45.28	400m:	5:26.92	36.44
5.	Popielski Aleksander	10	MKP Szczecin	5:28.36	402	1:11.19	1:32.06	1:32.13	1:12.98			
	50m:	32.48	32.48	150m:	1:57.91	46.72	250m:	3:28.10	44.85	350m:	4:53.43	38.05
	100m:	1:11.19	38.71	200m:	2:43.25	45.34	300m:	4:15.38	47.28	400m:	5:28.36	34.93
6.	Steier Michal	10	Swim Team MOSiR Kedzierzy	5:30.46	395	1:19.02	1:25.93	1:35.99	1:09.52			
	50m:	36.35	36.35	150m:	2:01.98	42.96	250m:	3:33.50	48.55	350m:	4:58.15	37.21
	100m:	1:19.02	42.67	200m:	2:44.95	42.97	300m:	4:20.94	47.44	400m:	5:30.46	32.31
7.	Izycki Mateusz	10	MKS Juvenia Wroclaw	5:46.75	342	1:25.04	1:29.14	1:33.09	1:19.48			
	50m:	38.13	38.13	150m:	2:09.17	44.13	250m:	3:39.48	45.30	350m:	5:07.67	40.40
	100m:	1:25.04	46.91	200m:	2:54.18	45.01	300m:	4:27.27	47.79	400m:	5:46.75	39.08
8.	Kumar Ryan	10	Stowarzyszenie Hobby Sport	6:05.73	291	1:27.74	1:30.59	1:47.66	1:19.74			
	50m:	38.46	38.46	150m:	2:14.20	46.46	250m:	3:52.40	54.07	350m:	5:26.46	40.47
	100m:	1:27.74	49.28	200m:	2:58.33	44.13	300m:	4:45.99	53.59	400m:	6:05.73	39.27
9.	Kosa Wojciech	10	Stowarzyszenie Hobby Sport	6:11.95	277	1:29.24	1:38.07	1:39.57	1:25.07			
	50m:	40.00	40.00	150m:	2:18.63	49.39	250m:	3:54.37	47.06	350m:	5:30.88	44.00
	100m:	1:29.24	49.24	200m:	3:07.31	48.68	300m:	4:46.88	52.51	400m:	6:11.95	41.07

LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

Event 12, Men, 400m Medley

14 lat OZP

1. Stelmach Jędrzej	10	UKS Junior Kluczbork	5:18.03	443	1:15.31	1:27.08	1:24.05	1:11.59
<i>MISTRZ OZP</i>								
50m:	33.39	33.39	150m:	1:58.91	43.60	250m:	3:23.66	41.27
100m:	1:15.31	41.92	200m:	2:42.39	43.48	300m:	4:06.44	42.78
						350m:	4:43.42	36.98
						400m:	5:18.03	34.61
2. Tupko Jakub	10	UKS DELFIN Krapkowice	5:26.92	408	1:16.51	1:25.39	1:30.04	1:14.98
50m:	33.92	33.92	150m:	1:59.41	42.90	250m:	3:26.66	44.76
100m:	1:16.51	42.59	200m:	2:41.90	42.49	300m:	4:11.94	45.28
						350m:	4:50.48	38.54
						400m:	5:26.92	36.44
3. Steier Michał	10	Swim Team MOSiR Kedzierzy	5:30.46	395	1:19.02	1:25.93	1:35.99	1:09.52
50m:	36.35	36.35	150m:	2:01.98	42.96	250m:	3:33.50	48.55
100m:	1:19.02	42.67	200m:	2:44.95	42.97	300m:	4:20.94	47.44
						350m:	4:58.15	37.21
						400m:	5:30.46	32.31
4. Kumar Ryan	10	Stowarzyszenie Hobby Sport	6:05.73	291	1:27.74	1:30.59	1:47.66	1:19.74
50m:	38.46	38.46	150m:	2:14.20	46.46	250m:	3:52.40	54.07
100m:	1:27.74	49.28	200m:	2:58.33	44.13	300m:	4:45.99	53.59
						350m:	5:26.46	40.47
						400m:	6:05.73	39.27
5. Kosa Wojciech	10	Stowarzyszenie Hobby Sport	6:11.95	277	1:29.24	1:38.07	1:39.57	1:25.07
50m:	40.00	40.00	150m:	2:18.63	49.39	250m:	3:54.37	47.06
100m:	1:29.24	49.24	200m:	3:07.31	48.68	300m:	4:46.88	52.51
						350m:	5:30.88	44.00
						400m:	6:11.95	41.07

15 - 16 years

1. Sadek Franciszek	09	MKS Juvenia Wrocław	5:33.22	385	1:14.54	1:26.01	1:37.31	1:15.36
<i>MISTRZ OPOLSZCZYZNY</i>								
50m:	33.39	33.39	150m:	1:57.97	43.43	250m:	3:28.10	47.55
100m:	1:14.54	41.15	200m:	2:40.55	42.58	300m:	4:17.86	49.76
						350m:	4:56.01	38.15
						400m:	5:33.22	37.21

17 - 18 years

1. Jablonski Bartłomiej	07	Stowarzyszenie Hobby Sport	4:54.65	557	1:04.86	1:21.21	1:23.69	1:04.89
<i>MISTRZ OPOLSZCZYZNY</i>								
50m:	29.96	29.96	150m:	1:46.01	41.15	250m:	3:07.87	41.80
100m:	1:04.86	34.90	200m:	2:26.07	40.06	300m:	3:49.76	41.89
						350m:	4:23.17	33.41
						400m:	4:54.65	31.48

17-18 lat OZP

1. Jablonski Bartłomiej	07	Stowarzyszenie Hobby Sport	4:54.65	557	1:04.86	1:21.21	1:23.69	1:04.89
<i>MISTRZ OZP</i>								
50m:	29.96	29.96	150m:	1:46.01	41.15	250m:	3:07.87	41.80
100m:	1:04.86	34.90	200m:	2:26.07	40.06	300m:	3:49.76	41.89
						350m:	4:23.17	33.41
						400m:	4:54.65	31.48

Open

1. Jablonski Bartłomiej	07	Stowarzyszenie Hobby Sport	4:54.65	557	1:04.86	1:21.21	1:23.69	1:04.89
<i>MISTRZ OPOLSZCZYZNY</i>								
50m:	29.96	29.96	150m:	1:46.01	41.15	250m:	3:07.87	41.80
100m:	1:04.86	34.90	200m:	2:26.07	40.06	300m:	3:49.76	41.89
						350m:	4:23.17	33.41
						400m:	4:54.65	31.48
2. Stelmach Jędrzej	10	UKS Junior Kluczbork	5:18.03	443	1:15.31	1:27.08	1:24.05	1:11.59
50m:	33.39	33.39	150m:	1:58.91	43.60	250m:	3:23.66	41.27
100m:	1:15.31	41.92	200m:	2:42.39	43.48	300m:	4:06.44	42.78
						350m:	4:43.42	36.98
						400m:	5:18.03	34.61
3. Mazik Franciszek	10	"Sikret" Gliwice	5:20.20	434	1:12.02	1:26.64	1:27.59	1:13.95
50m:	32.59	32.59	150m:	1:56.08	44.06	250m:	3:21.30	42.64
100m:	1:12.02	39.43	200m:	2:38.66	42.58	300m:	4:06.25	44.95
						350m:	4:44.15	37.90
						400m:	5:20.20	36.05
4. Wereszczynski Igor	10	WKS Śląsk Wrocław	5:22.00	427	1:19.69	1:18.46	1:31.93	1:11.92
50m:	36.88	36.88	150m:	1:59.13	39.44	250m:	3:23.89	45.74
100m:	1:19.69	42.81	200m:	2:38.15	39.02	300m:	4:10.08	46.19
						350m:	4:46.91	36.83
						400m:	5:22.00	35.09

LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

Event 12, Men, 400m Medley, Open

Rank	YB		Time		Pts	100m	200m	300m	400m
5.	Tupko Jakub	10	UKS DELFIN Krapkowice	5:26.92	408	1:16.51	1:25.39	1:30.04	1:14.98
	50m: 33.92	33.92	150m: 1:59.41	42.90	250m: 3:26.66	44.76	350m: 4:50.48	38.54	
	100m: 1:16.51	42.59	200m: 2:41.90	42.49	300m: 4:11.94	45.28	400m: 5:26.92	36.44	
6.	Popielski Aleksander	10	MKP Szczecin	5:28.36	402	1:11.19	1:32.06	1:32.13	1:12.98
	50m: 32.48	32.48	150m: 1:57.91	46.72	250m: 3:28.10	44.85	350m: 4:53.43	38.05	
	100m: 1:11.19	38.71	200m: 2:43.25	45.34	300m: 4:15.38	47.28	400m: 5:28.36	34.93	
7.	Steier Michał	10	Swim Team MOSiR Kedzierzy	5:30.46	395	1:19.02	1:25.93	1:35.99	1:09.52
	50m: 36.35	36.35	150m: 2:01.98	42.96	250m: 3:33.50	48.55	350m: 4:58.15	37.21	
	100m: 1:19.02	42.67	200m: 2:44.95	42.97	300m: 4:20.94	47.44	400m: 5:30.46	32.31	
8.	Sadek Franciszek	09	MKS Juvenia Wrocław	5:33.22	385	1:14.54	1:26.01	1:37.31	1:15.36
	50m: 33.39	33.39	150m: 1:57.97	43.43	250m: 3:28.10	47.55	350m: 4:56.01	38.15	
	100m: 1:14.54	41.15	200m: 2:40.55	42.58	300m: 4:17.86	49.76	400m: 5:33.22	37.21	
9.	Izycki Mateusz	10	MKS Juvenia Wrocław	5:46.75	342	1:25.04	1:29.14	1:33.09	1:19.48
	50m: 38.13	38.13	150m: 2:09.17	44.13	250m: 3:39.48	45.30	350m: 5:07.67	40.40	
	100m: 1:25.04	46.91	200m: 2:54.18	45.01	300m: 4:27.27	47.79	400m: 5:46.75	39.08	
10.	Kumar Ryan	10	Stowarzyszenie Hobby Sport	6:05.73	291	1:27.74	1:30.59	1:47.66	1:19.74
	50m: 38.46	38.46	150m: 2:14.20	46.46	250m: 3:52.40	54.07	350m: 5:26.46	40.47	
	100m: 1:27.74	49.28	200m: 2:58.33	44.13	300m: 4:45.99	53.59	400m: 6:05.73	39.27	
11.	Kosa Wojciech	10	Stowarzyszenie Hobby Sport	6:11.95	277	1:29.24	1:38.07	1:39.57	1:25.07
	50m: 40.00	40.00	150m: 2:18.63	49.39	250m: 3:54.37	47.06	350m: 5:30.88	44.00	
	100m: 1:29.24	49.24	200m: 3:07.31	48.68	300m: 4:46.88	52.51	400m: 6:11.95	41.07	
12.	Szram Paweł	12	KS Rekin Świebodzice	6:35.61	230	1:36.68	1:42.80	1:48.24	1:27.89
	50m: 42.09	42.09	150m: 2:29.22	52.54	250m: 4:12.31	52.83	350m: 5:54.00	46.28	
	100m: 1:36.68	54.59	200m: 3:19.48	50.26	300m: 5:07.72	55.41	400m: 6:35.61	41.61	
DSQ	Wrobel Filip	11	Swim Team MOSiR Kedzierzy	5:45.47	-(1:18.47	1:25.96	1:44.39	1:16.65
	<i>K 1 - Pływak wykonał wiccej niż jedno kopnięcie delfinowe przed pierwszym kopnięciem do stylu klasycznego. (Time: 12:42)</i>								
	50m: 36.96	36.96	150m: 2:00.83	42.36	250m: 3:37.04	52.61	350m: 5:08.63	39.81	
	100m: 1:18.47	41.51	200m: 2:44.43	43.60	300m: 4:28.82	51.78	400m: 5:45.47	36.84	

Open OZP

1.	Jablonski Bartłomiej	07	Stowarzyszenie Hobby Sport	4:54.65	557	1:04.86	1:21.21	1:23.69	1:04.89
	MISTRZ OZP								
	50m: 29.96	29.96	150m: 1:46.01	41.15	250m: 3:07.87	41.80	350m: 4:23.17	33.41	
	100m: 1:04.86	34.90	200m: 2:26.07	40.06	300m: 3:49.76	41.89	400m: 4:54.65	31.48	
2.	Stelmach Jędrzej	10	UKS Junior Kluczbork	5:18.03	443	1:15.31	1:27.08	1:24.05	1:11.59
	50m: 33.39	33.39	150m: 1:58.91	43.60	250m: 3:23.66	41.27	350m: 4:43.42	36.98	
	100m: 1:15.31	41.92	200m: 2:42.39	43.48	300m: 4:06.44	42.78	400m: 5:18.03	34.61	
3.	Tupko Jakub	10	UKS DELFIN Krapkowice	5:26.92	408	1:16.51	1:25.39	1:30.04	1:14.98
	50m: 33.92	33.92	150m: 1:59.41	42.90	250m: 3:26.66	44.76	350m: 4:50.48	38.54	
	100m: 1:16.51	42.59	200m: 2:41.90	42.49	300m: 4:11.94	45.28	400m: 5:26.92	36.44	
4.	Steier Michał	10	Swim Team MOSiR Kedzierzy	5:30.46	395	1:19.02	1:25.93	1:35.99	1:09.52
	50m: 36.35	36.35	150m: 2:01.98	42.96	250m: 3:33.50	48.55	350m: 4:58.15	37.21	
	100m: 1:19.02	42.67	200m: 2:44.95	42.97	300m: 4:20.94	47.44	400m: 5:30.46	32.31	
5.	Kumar Ryan	10	Stowarzyszenie Hobby Sport	6:05.73	291	1:27.74	1:30.59	1:47.66	1:19.74
	50m: 38.46	38.46	150m: 2:14.20	46.46	250m: 3:52.40	54.07	350m: 5:26.46	40.47	
	100m: 1:27.74	49.28	200m: 2:58.33	44.13	300m: 4:45.99	53.59	400m: 6:05.73	39.27	
6.	Kosa Wojciech	10	Stowarzyszenie Hobby Sport	6:11.95	277	1:29.24	1:38.07	1:39.57	1:25.07
	50m: 40.00	40.00	150m: 2:18.63	49.39	250m: 3:54.37	47.06	350m: 5:30.88	44.00	
	100m: 1:29.24	49.24	200m: 3:07.31	48.68	300m: 4:46.88	52.51	400m: 6:11.95	41.07	

LETNIE MISTRZOSTWA OKRĘGU OPOLSKIEGO W PŁYWANIU 2024

Event 12, Men, 400m Medley, Open OZP

Rank	YB	Time	Pts	100m	200m	300m	400m				
DSQ	Wrobel Filip	11	Swim Team MOSiR Kedzierzy	5:45.47	:(1:18.47	1:25.96	1:44.39	1:16.65		
<i>K 1 - Pływak wykonał wi cej ni jedno kopni cie delfinowe przed pierwszym kopni ciem do stylu klasycznego. (Time: 12:42)</i>											
50m:	36.96	36.96	150m:	2:00.83	42.36	250m:	3:37.04	52.61	350m:	5:08.63	39.81
100m:	1:18.47	41.51	200m:	2:44.43	43.60	300m:	4:28.82	51.78	400m:	5:45.47	36.84