

REGISTRATION INSTRUCTION International Polish Masters Cup 2012

ORGANISER: UKS Wodnik 29 Katowice
IN COOPERATION WITH: AWF Katowice
Department City of Katowice



; Masters Committee Polish Swimming Federation;

SPONSORS:

KOLOR

**GALAXY
TRANSPORT**

**Frostex
sport**

**TEL
GAZ**

**viscardi
STOMATOLOGIA**

ELMAX
CENTRUM ELEKTRYCZNE
I ZABEZPIECZEN OBIEKTOW

maxCom

mikea

DATE: 21-22.04.2012r

VENUE: AWF Katowice Pool, Mikołowska Street 72

Short course: 25 metres

Lines: 6

second training swimming pool

Water temperatur: 27°

ELECTRONIC TIMING: OMEGA Second training swimming pool

PARTICIPATION

Competitors allowed : 20 years of age & older (borns 1992 and later)

Every competitor is allowed to start a maximum (4) events (two (2) in one session) +relay (included in registration fees)

Competitors must fold declaration about healty and they are compit for own responsibly.

REGISTRATION INSTRUCTION

1. Submissions in LENEX FILE form, submit using „Splash Entry Editor” All entry submissions must be sent to: robertbrus@poczta.onet.pl do 15.04.2012 Polish Masters Website: 18.04.2012

<http://www.masters.kania.opole.pl/>

Changes to events entered can be made until the day of competition but not ON the day of competition.



2. Using EXCELL create the following table: must have list of competitors, date of birth, age category, club name, choose events with actual or best times. All in annex

The deadline for entry submissions necessary sent on adress of organizator & must be received no later than 15.04.2012 Start list and program can be found on 18.04.2011 <http://www.masters.kania.opole.pl/>

AGE CATEGORY

20-24 - 0 the youngest group

Masters category

A: 25-29 **G:** 55-59 **D:** 40-44 **J:** 70-74

B: 30-34 **H:** 60-64 **E:** 45-49 **K:** 75-79

C: 35-39 **I:** 65-69 **F:** 50-54 **L:** 80-84 and older

TEAM RELAY

Participants can be only from the same club. Combined age categories (4 swimmers) Contestants from cat. „0” are restricted to events specific to this category.

TECHNIC

On the competition obligate FINA and PZP rules. Competitors starts in age categories from Masters Competition rules.

COMPETITION ORDER

Competition part 1

21.04.2012 Saturday

12:00 – 14:00 – register of competitors

14:15 – 14:45 – warm up

14:50 – open ceremony competition

15:00 – begin of competition – first session

1.	50 m butterfly female	2.	50 m butterfly male
3.	100 m backstroke female	4.	100 m backstroke male
5.	50 m breaststroke female	6.	50 m breaststroke male
7.	100 m freestyle female	8.	100 m freestyle male
9.	200 medley female	10.	200 medley male
11.	100 m butterfly female	12.	100 m butterfly male
13.	200 m breaststroke female	14.	200 m breaststroke male
15.	Relay 4 x 50 medley female	16.	Relay 4 x 50 medley male

Competition part 2

22.04.2012 Sunday

10.00 – 10.50 warm up

11.00 – begin of competition

1.	50 m freestyle female	2.	50 m freestyle male
3.	200 m butterfly female	4.	200 m butterfly male
5.	200 m backstroke female	6.	200 m backstroke male
7.	100 m breaststroke female	8.	100 m breaststroke male
9.	100 m medley female	10.	100 m medley male
11.	200 m freestyle female	12.	200 m freestyle male
13.	50 m backstroke female	14.	50 m backstroke male
15.	Relay 4 x 50 freestyle female	16.	Relay 4 x 50 freestyle male

PRIZES

for the 1st-3rd place in all age categories. DIPLOMAS in individual events and relay races

Every swimmer receives an energy drink. For the best 10 female and male players special prizes are provided.

FINANCIAL TERMS

Entry fee is 50 pln or 13 euro from each player.

Payment to be done on the bank account or at the tournament office in the day of the start

Bank account: 86 1050 1214 1000 0023 2183 4307 UKS WODNIK 29 Katowice Lepszego street 2
40-750 Katowice

Meeting Party

Disco (DJ, buffet lunch, drinks) in the AWF restaurant.

Disco entry – 40 pln or 10 euro

ACCOMODATION:

1. HOTEL CAMPANILE KATOWICE

Sowińskiego str. 48, 40-018 Katowice

tel. +48 32 205 50 50, fax +48 32 209 06 06

single room with breakfast

double room with breakfast

E-mail : katowice@campanile.com.pl

2. MARYSIN DWÓR

Pukowca str. 17a, 40-816 Katowice

tel. +48 32 254 40 89, tel. +48 32 254 44 28

cell phone +48 609 533 157

single room

double room

extra bed

3. HOTEL AWF KATOWICE

Mikołowska str. 72c, 40-065 Katowice

tel. +48 32 207 54 00, +48 32 207 54 01, fax +48 32 251 02 26

e-mail: hotel@awf.katowice.pl

double room with breakfast

3 person room with breakfast

Rooms with lower standard are also available on request

FINAL INFORMATION

In the matters not determined by the regulations, announcements, or other rules, the decisions are taken according to the qualifications by the Chairman of the Organizational Committee or by the Prime Referee

If you need some more information send by guz166@wp.pl