

ISM "Sobota w Cieszynie" Runda IV FINAŁ
Cieszyn, 31-5-2014

Konkurencja 3

Kobiet, 400m dowolny

10 lat i starsi

2014-05-31 - 10:31

Wyniki

Rekord zawodów 10 - 11	5:26.17	BURA Dominika	POL	UKS Aligator Gorzyce	2012-05-12
Rekord zawodów 12 - 13	5:01.40	KUSTRA Julita	POL	MTP Delfin Cieszyn	2013-05-18
Rekord zawodów 14 - 15	4:56.63	KORAL Julia	POL	KS. Górnik Radlin	2013-05-18
Rekord zawodów 16 +	4:47.81	SZKROBOCZ Martyna	POL	UKP Ruda I ska	2013-05-18

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.
10 - 11 lat			
1. SWACZYNA Magdalena	03 LKS Jedno 32 Przyszowice	5:17.01	406
<i>Rekord zawodów.</i>			
50m: 36.23 36.23	150m: 1:54.90 40.03	250m: 3:15.93 40.40	350m: 4:34.99 38.59
100m: 1:14.87 38.64	200m: 2:35.53 40.63	300m: 3:56.40 40.47	400m: 5:17.01 42.02
2. KOCUR Sandra	03 LKS Jedno 32 Przyszowice	5:23.60	382
50m: 35.26 35.26	150m: 1:54.92 40.22	250m: 3:17.11 41.08	350m: 4:42.95 42.60
100m: 1:14.70 39.44	200m: 2:36.03 41.11	300m: 4:00.35 43.24	400m: 5:23.60 40.65
3. DRZAZGA Emilia	03 ULKS VICTORIA Kozy	5:43.58	319
50m: 38.50 38.50	150m: 2:05.67 43.92	250m: 3:33.62 44.12	350m: 5:01.63 43.68
100m: 1:21.75 43.25	200m: 2:49.50 43.83	300m: 4:17.95 44.33	400m: 5:43.58 41.95
4. FAMULOK Zuzanna	03 MUKS Gilus Gilowice	5:46.37	311
50m: 38.79 38.79	150m: 2:07.34 45.91	250m: 3:37.28 44.83	350m: 5:07.16 44.29
100m: 1:21.43 42.64	200m: 2:52.45 45.11	300m: 4:22.87 45.59	400m: 5:46.37 39.21
5. SOBOLEWSKA Magdalena	04 UKS Wodnik 29 Katowice	5:55.75	287
50m: 40.44 40.44	150m: 2:11.11 43.92	250m: 3:44.12 44.12	350m: 5:01.63 43.68
100m: 1:25.55 45.11	200m: 2:56.85 43.83	300m: 4:17.95 44.33	400m: 5:43.58 41.95
6. WR CZYCKA Julia	03 UKP Ruda I ska	6:46.03	193
50m: 42.74 42.74	150m: 2:25.47 52.21	250m: 4:10.22 52.40	350m: 5:57.52 53.38
100m: 1:33.26 50.52	200m: 3:17.82 52.35	300m: 5:04.14 53.92	400m: 6:46.03 48.51
7. BYWALEC Karolina	04 UKS Wodnik 29 Katowice	6:47.17	192
50m: 45.23 45.23	150m: 2:30.85 53.21	250m: 4:17.36 53.59	350m: 5:55.04 50.58
100m: 1:37.64 52.41	200m: 3:23.77 52.92	300m: 5:04.46 47.10	400m: 6:47.17 52.13
8. KLIN Małgorzata	03 KS MarioSport	7:22.14	149
50m: 43.28 43.28	150m: 2:11.11 43.92	250m: 3:44.12 44.12	350m: 5:01.63 43.68
100m: 1:34.80 51.52	200m: 3:29.90 43.83	300m: 4:17.95 44.33	400m: 5:43.58 41.95
9. MACURA Zuzanna	03 KS MarioSport	7:32.37	140
50m: 46.17 46.17	150m: 2:11.11 43.92	250m: 3:44.12 44.12	350m: 5:01.63 43.68
100m: 1:41.01 54.84	200m: 3:38.31 43.83	300m: 4:17.95 44.33	400m: 5:43.58 41.95
10. MACHALICA Aleksandra	04 KS MarioSport	7:48.73	125
50m: 46.45 46.45	150m: 2:41.68 58.79	250m: 4:46.62 1:03.27	350m: 6:50.13 1:01.52
100m: 1:42.89 56.44	200m: 3:43.35 1:01.67	300m: 5:48.61 1:01.99	400m: 7:48.73 58.60
11. PŁOSKONKA Natalia	04 KS MarioSport	8:10.46	109
50m: 47.69 47.69	150m: 2:49.64 1:04.28	250m: 5:02.66 1:08.37	350m: 7:14.41 1:05.10
100m: 1:45.36 57.67	200m: 3:54.29 1:04.65	300m: 6:09.31 1:06.65	400m: 8:10.46 56.05

12 - 13 lat

1. SIEKIERKA Karolina	01 KS MarioSport	6:25.54	226
50m: 42.34 42.34	150m: 2:17.87 48.18	250m: 3:57.15 50.07	350m: 5:36.74 49.76
100m: 1:29.69 47.35	200m: 3:07.08 49.21	300m: 4:46.98 49.83	400m: 6:25.54 48.80
2. KONIECZNY Marta	02 Klub Pływacki H2O Jastrz bie-Zdrój	6:41.59	200
50m: 43.14 43.14	150m: 2:23.39 50.86	250m: 4:06.58 52.20	350m: 5:51.99 52.80
100m: 1:32.53 49.39	200m: 3:14.38 50.99	300m: 4:59.19 52.61	400m: 6:41.59 49.60
3. KOŁECZEK Matylda	02 UKS Ondraszek B-B	6:49.00	189
50m: 44.92 44.92	150m: 2:11.11 43.92	250m: 3:44.12 44.12	350m: 5:01.63 43.68
100m: 1:35.60 50.68	200m: 3:19.67 43.83	300m: 4:17.95 44.33	400m: 5:43.58 41.95

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Konkurencja 3, Dziewcz t, 400m dowolny, 12 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
4.	WANIOŁKI Patrycja		01	SwimSport Skoczów				7:11.88	160		
	50m:	41.83 41.83	150m:	2:27.54	56.16	250m:	4:23.20	58.57	350m:	6:17.76	56.06
	100m:	1:31.38 49.55	200m:	3:24.63	57.09	300m:	5:21.70	58.50	400m:	7:11.88	54.12

14 - 15 lat

1.	ZAWADZKA Anna		00	MOSiR Mysłówice				5:03.97	461		
	50m:	34.54 34.54	150m:	1:49.56	38.07	250m:	3:08.05	39.69	350m:	4:28.30	40.28
	100m:	1:11.49 36.95	200m:	2:28.36	38.80	300m:	3:48.02	39.97	400m:	5:03.97	35.67
2.	M DRELA Marta		00	UKP Ruda I ska				5:04.21	460		
	50m:	33.62 33.62	150m:	1:49.97	38.45	250m:	3:07.97	38.86	350m:	4:26.22	39.09
	100m:	1:11.52 37.90	200m:	2:29.11	39.14	300m:	3:47.13	39.16	400m:	5:04.21	37.99
3.	JARO Wiktoria		00	UKP Ruda I ska				5:24.88	378		
	50m:	36.09 36.09	150m:	2:01.74	43.63	250m:	3:27.12	42.24	350m:	4:50.07	42.05
	100m:	1:18.11 42.02	200m:	2:44.88	43.14	300m:	4:08.02	40.90	400m:	5:24.88	34.81
4.	PAWERA Karolina		00	UKP Ruda I ska				5:26.29	373		
	50m:	36.32 36.32	150m:	1:57.04	41.20	250m:			350m:		
	100m:	1:15.84 39.52	200m:	2:38.35	41.31	300m:	4:03.68		400m:	5:26.29	
5.	KAŁU NY Weroniika		00	MOSiR Mysłówice				5:29.95	360		
	50m:	34.63 34.63	150m:	1:57.44	43.48	250m:	3:23.75	42.75	350m:	4:49.77	42.86
	100m:	1:13.96 39.33	200m:	2:41.00	43.56	300m:	4:06.91	43.16	400m:	5:29.95	40.18
6.	KARKOSZKA Karolina		99	SwimSport Skoczów				6:03.05	270		
	50m:	37.74 37.74	150m:	1:57.30	36.10	250m:	3:41.60	44.60	350m:	5:18.00	49.00
	100m:	1:21.20 43.46	200m:	2:57.00	59.70	300m:	4:29.00	47.40	400m:	6:03.05	45.05
7.	SURMIAK Gabriela		00	UKP Ruda I ska				6:07.54	261		
	50m:	37.96 37.96	150m:	2:09.07	46.72	250m:	3:44.55	47.95	350m:	5:22.11	48.18
	100m:	1:22.35 44.39	200m:	2:56.60	47.53	300m:	4:33.93	49.38	400m:	6:07.54	45.43

16 lat i starsi

1.	KORAL Julia		98	KS Górnik Radlin				4:45.74	555		
	<i>Rekord zawodów.</i>										
	50m:	33.06 33.06	150m:	1:45.47	36.51	250m:	2:58.05	36.34	350m:	4:10.83	36.00
	100m:	1:08.96 35.90	200m:	2:21.71	36.24	300m:	3:34.83	36.78	400m:	4:45.74	34.91
2.	BAJURA Marta		98	UKS Wodnik 29 Katowice				4:49.07	536		
	50m:	34.07 34.07	150m:	1:47.79	36.91	250m:	3:01.27	36.49	350m:	4:13.66	36.13
	100m:	1:10.88 36.81	200m:	2:24.78	36.99	300m:	3:37.53	36.26	400m:	4:49.07	35.41
3.	SZKROBOCZ Martyna		95	UKP Ruda I ska				4:52.03	520		
	50m:	33.65 33.65	150m:	1:47.58	37.34	250m:	3:01.45	36.81	350m:	4:15.86	36.97
	100m:	1:10.24 36.59	200m:	2:24.64	37.06	300m:	3:38.89	37.44	400m:	4:52.03	36.17
4.	BREJZA Natalia SR		98	UKS Aquatica Pawłowice				5:04.71	458		
	50m:	33.24 33.24	150m:	1:49.63	38.94	250m:	3:08.39	39.13	350m:	4:27.61	39.55
	100m:	1:10.69 37.45	200m:	2:29.26	39.63	300m:	3:48.06	39.67	400m:	5:04.71	37.10
5.	OLBRICH Karolina		97	UKS Aquatica Pawłowice				5:09.39	437		
	50m:	33.97 33.97	150m:	1:50.21	39.03	250m:	3:09.59	39.93	350m:	4:30.51	40.78
	100m:	1:11.18 37.21	200m:	2:29.66	39.45	300m:	3:49.73	40.14	400m:	5:09.39	38.88
6.	FARUZEL Matylda		98	MTP Delfin Cieszyn				5:11.57	428		
	50m:	34.34 34.34	150m:	1:52.40	39.83	250m:	3:12.17	39.79	350m:	4:33.07	40.25
	100m:	1:12.57 38.23	200m:	2:32.38	39.98	300m:	3:52.82	40.65	400m:	5:11.57	38.50
7.	SERAFINOWSKA Katarzyna		91	MTP Delfin Cieszyn				5:51.97	297		
	50m:	38.28 38.28	150m:	2:04.56	44.23	250m:	3:35.84	45.14	350m:	5:08.07	46.47
	100m:	1:20.33 42.05	200m:	2:50.70	46.14	300m:	4:21.60	45.76	400m:	5:51.97	43.90

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Konkurencja 3, Kobiet, 400m dowolny, 16 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
8.	COLOSENCO Marta			98	ISSIR WISLA				6:18.65	238		
	50m:	39.93	39.93	150m:	2:17.71	49.62	250m:	3:56.23	49.13	350m:	5:34.05	48.64
	100m:	1:28.09	48.16	200m:	3:07.10	49.39	300m:	4:45.41	49.18	400m:	6:18.65	44.60