

ISM "Sobota w Cieszynie" Runda IV FINAŁ
Cieszyn, 31-5-2014

Konkurencja 4 M czyzn, 400m dowolny 10 lat i starsi
2014-05-31 - 11:12 Wyniki

Rekord zawodów 10 - 11	5:19.41	MOSO Piotr	POL	H2O Jastrz bie-Zdrój	2012-05-12
Rekord zawodów 12 - 13	5:09.63	GRZ DZIEL Arkadiusz	POL	MOSiR Myslowice	2011-05-21
Rekord zawodów 14 - 15	4:38.91	CHRAPEK Marcin	POL	MTP Delfin Cieszyn	2013-05-18
Rekord zawodów 16 +	4:32.58	SKOCZYLAS Adam	POL	UKS Wodnik 29 Katowice	2013-05-18

Punkty: FINA 2012

Pozycja Rok ur. Czas Pkt.

10 - 11 lat

1. BARTNIK Dariusz	03	LKS Jedno 32 Przyszowice	5:33.03	260
50m: 36.50 36.50	150m: 2:02.60 43.24	250m: 3:29.42 43.58	350m: 4:55.22 42.51	
100m: 1:19.36 42.86	200m: 2:45.84 43.24	300m: 4:12.71 43.29	400m: 5:33.03 37.81	
2. HUDZIKOWSKI Mateusz	03	LKS Jedno 32 Przyszowice	5:36.69	252
50m: 38.47 38.47	150m: 2:04.90 43.28	250m: 3:31.28 43.33	350m: 4:57.61 43.32	
100m: 1:21.62 43.15	200m: 2:47.95 43.05	300m: 4:14.29 43.01	400m: 5:36.69 39.08	
3. WOJTYNEK Marek	03	SwimSport Skoczów	5:54.31	216
50m: 46.64 46.64	150m: 2:31.13 52.02	250m: 4:14.46 51.30	350m: 5:54.17 46.17	
100m: 1:39.11 52.47	200m: 3:23.16 52.03	300m: 5:08.00 53.54	400m: 5:54.31 0.14	
4. MALARZ Marcin	03	ULKS VICTORIA Kozy	6:06.67	195
50m: 42.32 42.32	150m: 2:14.97 46.75	250m: 3:48.57 46.49	350m: 5:21.75 46.50	
100m: 1:28.22 45.90	200m: 3:02.08 47.11	300m: 4:35.25 46.68	400m: 6:06.67 44.92	
5. WALCZAK Dawid	03	Klub Pływacki H2O Jastrz bie-Zdrój	6:10.71	189
50m: 39.13 39.13	150m: 2:10.32 45.63	250m: 3:47.93 51.51	350m: 5:24.42 47.19	
100m: 1:24.69 45.56	200m: 2:56.42 46.10	300m: 4:37.23 49.30	400m: 6:10.71 46.29	
6. WI ZIK Jan	03	UKS Ondraszek B-B	6:11.99	187
50m: 40.11 40.11	150m: 2:15.04 46.87	250m: 3:52.48 47.98	350m: 5:29.11 47.39	
100m: 1:28.17 48.06	200m: 3:04.50 49.46	300m: 4:41.72 49.24	400m: 6:11.99 42.88	
7. LANÍK Jakub	03	Plavecký Oddíl Frýdek-Místek	6:12.64	186
50m: 42.53 42.53	150m: 2:19.06 48.87	250m: 3:56.31 48.41	350m: 5:31.73 47.32	
100m: 1:30.19 47.66	200m: 3:07.90 48.84	300m: 4:44.41 48.10	400m: 6:12.64 40.91	
8. BRZOSTOWSKI Andrzej	03	UKS Ondraszek B-B	7:00.03	129
50m: 44.35 44.35	150m: 2:31.34 55.22	250m: 4:19.74 54.52	350m: 6:09.88 54.30	
100m: 1:36.12 51.77	200m: 3:25.22 53.88	300m: 5:15.58 55.84	400m: 7:00.03 50.15	
9. J DRZEJEK Adam	04	SwimSport Skoczów	7:33.63	103
50m: 47.17 47.17	150m: 2:41.69 59.37	250m: 4:39.92 59.77	350m: 6:37.13 57.32	
100m: 1:42.32 55.15	200m: 3:40.15 58.46	300m: 5:39.81 59.89	400m: 7:33.63 56.50	

12 - 13 lat

1. MOSO Piotr	01	Klub Pływacki H2O Jastrz bie-Zdrój	5:01.16	352
<i>Rekord zawodów.</i>				
50m: 34.25 34.25	150m: 1:48.77 37.86	250m: 3:06.51 39.71	350m: 4:23.72 38.54	
100m: 1:10.91 36.66	200m: 2:26.80 38.03	300m: 3:45.18 38.67	400m: 5:01.16 37.44	
2. MOSO Samuel	01	Klub Pływacki H2O Jastrz bie-Zdrój	5:33.24	260
50m: 34.70 34.70	150m: 1:54.88 41.66	250m: 3:22.48 44.32	350m: 4:50.29 44.07	
100m: 1:13.22 38.52	200m: 2:38.16 43.28	300m: 4:06.22 43.74	400m: 5:33.24 42.95	
3. PIOTROWSKI Natan	01	Klub Pływacki H2O Jastrz bie-Zdrój	5:46.75	231
50m: 35.52 35.52	150m: 2:01.66 44.00	250m: 3:30.11 44.68	350m: 5:03.62 46.96	
100m: 1:17.66 42.14	200m: 2:45.43 43.77	300m: 4:16.66 46.55	400m: 5:46.75 43.13	
4. WOJNAR Kamil	02	MTP Delfin Cieszyn	6:16.97	179
50m: 37.01 37.01	150m: 2:06.16 45.44	250m: 3:46.04 50.52	350m: 5:28.65 51.74	
100m: 1:20.72 43.71	200m: 2:55.52 49.36	300m: 4:36.91 50.87	400m: 6:16.97 48.32	

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Konkurencja 4, M cyczn, 400m dowolny

14 - 15 lat

1.	STOSZEK Kacper	00	MTP Delfin Cieszyn	4:29.46	492
	<i>Rekord zawodów.</i>				
	50m: 31.19 31.19	150m: 1:38.18 34.20	250m: 2:48.36 35.12	350m: 3:57.22 34.45	
	100m: 1:03.98 32.79	200m: 2:13.24 35.06	300m: 3:22.77 34.41	400m: 4:29.46 32.24	
2.	BLACHURA Patryk SO	99	ULKS VICTORIA Kozy	4:30.36	487
	50m: 29.96 29.96	150m: 1:36.59 33.79	250m: 2:44.84 34.31	350m: 3:55.23 35.50	
	100m: 1:02.80 32.84	200m: 2:10.53 33.94	300m: 3:19.73 34.89	400m: 4:30.36 35.13	
3.	PAWLINIAK Mariusz	99	UKS Wodnik 29 Katowice	4:32.29	477
	50m: 30.20 30.20	150m: 1:38.47 34.22	250m: 2:47.79 34.97	350m: 3:57.79 35.01	
	100m: 1:04.25 34.05	200m: 2:12.82 34.35	300m: 3:22.78 34.99	400m: 4:32.29 34.50	
4.	SORDYL Mateusz SO	99	ULKS VICTORIA Kozy	4:39.94	439
	50m: 31.61 31.61	150m: 1:41.82 35.61	250m: 2:54.20 36.21	350m: 4:05.52 35.13	
	100m: 1:06.21 34.60	200m: 2:17.99 36.17	300m: 3:30.39 36.19	400m: 4:39.94 34.42	
5.	SKIERSKI Radosław	00	UKS Wodnik 29 Katowice	4:48.57	400
	50m: 31.77 31.77	150m: 1:43.75 36.61	250m: 2:58.54 37.56	350m: 4:14.04 37.87	
	100m: 1:07.14 35.37	200m: 2:20.98 37.23	300m: 3:36.17 37.63	400m: 4:48.57 34.53	
6.	CYZA Oskar	00	UKP Ruda I ska	4:55.23	374
	50m: 33.47 33.47	150m: 1:46.70 37.43	250m: 3:02.37 37.90	350m: 4:17.76 37.88	
	100m: 1:09.27 35.80	200m: 2:24.47 37.77	300m: 3:39.88 37.51	400m: 4:55.23 37.47	
7.	GÓRNY Mikołaj	99	Nowy KP Bielsko-Biała	5:09.52	324
	50m: 34.95 34.95	150m: 1:53.20 39.68	250m: 3:13.71 40.33	350m: 4:32.77 38.50	
	100m: 1:13.52 38.57	200m: 2:33.38 40.18	300m: 3:54.27 40.56	400m: 5:09.52 36.75	
8.	ANTONIK Adam	00	UKS Ondraszek B-B	5:41.44	241
	50m: 37.83 37.83	150m: 2:04.13 43.32	250m: 3:31.09 43.39	350m: 4:59.08 44.13	
	100m: 1:20.81 42.98	200m: 2:47.70 43.57	300m: 4:14.95 43.86	400m: 5:41.44 42.36	
9.	SERAFINOWSKI Bartek	99	MTP Delfin Cieszyn	5:45.56	233
	50m: 36.26 36.26	150m: 2:03.45 44.83	250m: 3:33.11 45.11	350m: 5:03.62 43.99	
	100m: 1:18.62 42.36	200m: 2:48.00 44.55	300m: 4:19.63 46.52	400m: 5:45.56 41.94	

16 lat i starsi

1.	SKOCZYLAS Adam	96	UKS Wodnik 29 Katowice	4:21.11	541
	<i>Rekord zawodów.</i>				
	50m: 29.97 29.97	150m: 1:38.49 34.49	250m: 2:45.68 33.36	350m: 3:49.98 31.31	
	100m: 1:04.00 34.03	200m: 2:12.32 33.83	300m: 3:18.67 32.99	400m: 4:21.11 31.13	
2.	CHRAPEK Marcin	98	MTP Delfin Cieszyn	4:21.63	537
	50m: 30.33 30.33	150m: 1:36.85 33.35	250m: 2:43.22 33.09	350m: 3:49.26 33.18	
	100m: 1:03.50 33.17	200m: 2:10.13 33.28	300m: 3:16.08 32.86	400m: 4:21.63 32.37	
3.	OTRZ SEK Damian	98	ULKS VICTORIA Kozy	4:37.72	449
	50m: 31.07 31.07	150m: 1:40.51 35.05	250m: 2:51.92 35.74	350m: 4:03.80 35.94	
	100m: 1:05.46 34.39	200m: 2:16.18 35.67	300m: 3:27.86 35.94	400m: 4:37.72 33.92	
4.	BA CZYK Paweł	96	UKS Aquatica Pawłowice	4:39.55	440
	50m: 31.10 31.10	150m: 1:38.56 34.32	250m: 2:50.06 36.02	350m: 4:03.60 36.90	
	100m: 1:04.24 33.14	200m: 2:14.04 35.48	300m: 3:26.70 36.64	400m: 4:39.55 35.95	
5.	ANTONIK Jakub	96	UKS Ondraszek B-B	5:16.90	302
	50m: 35.88 35.88	150m: 1:57.62 41.20	250m: 3:19.12 40.31	350m: 4:38.35 39.69	
	100m: 1:16.42 40.54	200m: 2:38.81 41.19	300m: 3:58.66 39.54	400m: 5:16.90 38.55	