

ISM "Sobota w Cieszynie" Runda IV FINAŁ
Karviná, 30-5-2015

Konkurencja 3

Kobiet, 400m dowolny

10 lat i starsi

2015-05-30 - 10:24

Wyniki

Rekord zawodów 10 - 11	5:17.01	SWACZYNA Magdalena	POL	LKS Jedno	32 Przyszowice (I2014-05-31
Rekord zawodów 12 - 13	5:01.40	KUSTRA Julita	POL	MTP Delfin Cieszyn (POL)	2013-05-18
Rekord zawodów 14 - 15	4:56.63	KORAL Julia	POL	KS. Górnik Radlin (POL)	2013-05-18
Rekord zawodów 16 +	4:45.74	KORAL Julia	POL	KS Górnik Radlin (POL)	2014-05-31

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.
10 - 11 lat			
1. MISZCZYK Alicja	04	6:09.85	256
50m: 41.47 41.47	150m: 2:16.29 47.99	250m: 3:54.02 49.38	350m: 5:27.18 46.23
100m: 1:28.30 46.83	200m: 3:04.64 48.35	300m: 4:40.95 46.93	400m: 6:09.85 42.67
2. GIBIEC Pola	05	6:15.28	245
50m: 41.02 41.02	150m: 2:14.30 48.46	250m: 3:51.04 48.75	350m: 5:26.85 46.07
100m: 1:25.84 44.82	200m: 3:02.29 47.99	300m: 4:40.78 49.74	400m: 6:15.28 48.43
3. NIEDZIOŁKA Julia	04	6:24.72	227
50m: 40.87 40.87	150m: 2:16.20 48.75	250m: 3:54.63 49.95	350m: 5:35.88 50.24
100m: 1:27.45 46.58	200m: 3:04.68 48.48	300m: 4:45.64 51.01	400m: 6:24.72 48.84
4. GOJ Aleksandra	05	6:25.69	225
50m: 43.22 43.22	150m: 2:22.45 50.11	250m: 4:01.13 48.84	350m: 5:40.55 49.69
100m: 1:32.34 49.12	200m: 3:12.29 49.84	300m: 4:50.86 49.73	400m: 6:25.69 45.14
5. PŁOSKONKA Natalia	04	6:39.88	202
50m: 42.04 42.04	150m: 2:22.04 51.07	250m: 4:06.63	350m: 5:51.32 52.20
100m: 1:30.97 48.93	200m:	300m: 4:59.12 52.49	400m: 6:39.88 48.56
6. KROGULEWSKA Magda	04	6:50.78	187
50m: 43.12 43.12	150m: 2:26.02 51.95	250m: 4:11.22 52.37	350m: 5:59.60 54.96
100m: 1:34.07 50.95	200m: 3:18.85 52.83	300m: 5:04.64 53.42	400m: 6:50.78 51.18
7. TYBOR Martyna	04	7:16.74	155
50m: 44.61 44.61	150m: 2:34.75 56.84	250m: 4:28.34 57.22	350m: 6:23.73 57.22
100m: 1:37.91 53.30	200m: 3:31.12 56.37	300m: 5:26.51 58.17	400m: 7:16.74 53.01
8. BADURA Natalia	05	7:31.17	141
50m: 48.09 48.09	150m: 2:43.11 59.13	250m: 4:41.25	350m: 6:38.79
100m: 1:43.98 55.89	200m:	300m:	400m: 7:31.17 52.38
12 - 13 lat			
1. KAPCI SKA Maja	02	5:16.61	408
50m: 35.57 35.57	150m: 1:56.12 41.05	250m: 3:18.91 41.20	350m: 4:39.32 39.46
100m: 1:15.07 39.50	200m: 2:37.71 41.59	300m: 3:59.86 40.95	400m: 5:16.61 37.29
2. SZYMCZAK Patrycja	02	5:19.47	397
50m: 34.57 34.57	150m: 1:53.65 40.79	250m: 3:15.92 41.31	350m: 4:38.51 41.53
100m: 1:12.86 38.29	200m: 2:34.61 40.96	300m: 3:56.98 41.06	400m: 5:19.47 40.96
3. DRAZYK Natalia	02	5:20.91	392
50m: 35.05 35.05	150m: 1:54.43 40.91	250m: 3:17.17 41.98	350m: 4:40.73 41.60
100m: 1:13.52 38.47	200m: 2:35.19 40.76	300m: 3:59.13 41.96	400m: 5:20.91 40.18
4. MICHALAK Laura	02	5:38.61	333
50m: 39.66 39.66	150m: 2:06.94 44.27	250m: 3:34.58 44.10	350m: 5:00.68 42.44
100m: 1:22.67 43.01	200m: 2:50.48 43.54	300m: 4:18.24 43.66	400m: 5:38.61 37.93
5. WR CZYCKA Julia	03	5:54.48	291
50m: 38.38 38.38	150m: 2:07.51 45.45	250m: 3:38.68 45.63	350m: 5:11.72 46.69
100m: 1:22.06 43.68	200m: 2:53.05 45.54	300m: 4:25.03 46.35	400m: 5:54.48 42.76
6. FARUZEL Zuzanna	02	5:55.39	288
50m: 39.10 39.10	150m: 2:10.67 45.68	250m: 3:43.04 46.83	350m: 5:14.11 44.87
100m: 1:24.99 45.89	200m: 2:56.21 45.54	300m: 4:29.24 46.20	400m: 5:55.39 41.28
7. KLIN Małgorzata	03	6:04.02	268
50m: 36.86 36.86	150m: 2:07.51 46.47	250m: 3:43.47 49.42	350m: 5:17.75 47.60
100m: 1:21.04 44.18	200m: 2:54.05 46.54	300m: 4:30.15 46.68	400m: 6:04.02 46.27

ISM "Sobota w Cieszynie" Runda IV FINAŁ
Karviná, 30-5-2015

Konkurencja 3, Dziewcz t, 400m dowolny, 12 - 13 lat

Pozycja	Rok ur.	Czas	Pkt.
8. KOŁECZEK Matylda	02	6:07.48	261
50m: 39.34 39.34	150m: 2:11.08 47.26	250m: 3:45.48 47.21	350m: 5:20.98 48.43
100m: 1:23.82 44.48	200m: 2:58.27 47.19	300m: 4:32.55 47.07	400m: 6:07.48 46.50
9. WRZOSEK Wiktoria	03	6:48.98	189
50m: 42.83 42.83	150m: 2:27.84 53.68	250m: 4:13.92 53.37	350m: 5:54.55 48.39
100m: 1:34.16 51.33	200m: 3:20.55 52.71	300m: 5:06.16 52.24	400m: 6:48.98 54.43

14 - 15 lat

1. ZAWADZKA Anna	00	5:00.45	478
50m: 34.04 34.04	150m: 1:49.03 38.03	250m: 3:06.61 38.75	350m: 4:25.72 40.03
100m: 1:11.00 36.96	200m: 2:27.86 38.83	300m: 3:45.69 39.08	400m: 5:00.45 34.73
2. KUSTRA Julita	00	5:02.37	468
50m: 34.31 34.31	150m: 1:50.84 38.69	250m: 3:07.70 38.43	350m: 4:25.24 38.69
100m: 1:12.15 37.84	200m: 2:29.27 38.43	300m: 3:46.55 38.85	400m: 5:02.37 37.13
3. PAWERA Karolina	00	5:05.96	452
50m: 33.87 33.87	150m: 1:49.28 38.26	250m: 3:07.18 39.22	350m: 4:26.85 40.08
100m: 1:11.02 37.15	200m: 2:27.96 38.68	300m: 3:46.77 39.59	400m: 5:05.96 39.11
4. MAJEWSKA Weronika	01	5:07.37	446
50m: 34.70 34.70	150m: 1:52.15 38.88	250m: 3:09.22 38.85	350m: 4:28.29 39.26
100m: 1:13.27 38.57	200m: 2:30.37 38.22	300m: 3:49.03 39.81	400m: 5:07.37 39.08
5. KOSYDAROVÁ Klára	00	5:15.99	410
50m: 35.03 35.03	150m: 1:53.28 39.59	250m: 3:13.93 40.59	350m: 4:35.46 40.51
100m: 1:13.69 38.66	200m: 2:33.34 40.06	300m: 3:54.95 41.02	400m: 5:15.99 40.53
6. GRYCHTOŁ Weronika	01	5:21.65	389
50m: 36.19 36.19	150m: 1:55.39 40.02	250m: 3:17.16 41.06	350m: 4:40.43 41.84
100m: 1:15.37 39.18	200m: 2:36.10 40.71	300m: 3:58.59 41.43	400m: 5:21.65 41.22
7. FRANKOVÁ Eliška	01	5:29.61	362
50m: 37.65 37.65	150m: 1:59.77 41.07	250m: 3:24.69 42.57	350m: 4:49.16 41.96
100m: 1:18.70 41.05	200m: 2:42.12 42.35	300m: 4:07.20 42.51	400m: 5:29.61 40.45
8. OSTÁŠOVÁ Nikola	01	5:37.00	338
50m: 39.91 39.91	150m: 2:07.03 44.10	250m: 3:34.65 43.83	350m: 4:59.89 41.56
100m: 1:22.93 43.02	200m: 2:50.82 43.79	300m: 4:18.33 43.68	400m: 5:37.00 37.11
9. KRZYSTOLIK Marta	01	5:43.36	320
50m: 39.07 39.07	150m: 2:07.95 44.35	250m: 3:36.80 44.31	350m: 5:03.47 42.97
100m: 1:23.60 44.53	200m: 2:52.49 44.54	300m: 4:20.50 43.70	400m: 5:43.36 39.89
10. SURMIAK Gabrysia	00	5:44.54	316
50m: 39.06 39.06	150m: 2:06.02 44.42	250m: 3:36.04 45.18	350m: 5:03.93 43.87
100m: 1:21.60 42.54	200m: 2:50.86 44.84	300m: 4:20.06 44.02	400m: 5:44.54 40.61

16 lat i starsi

1. KOLBER Rokšana	98	4:57.33	493
50m: 34.36 34.36	150m: 1:49.08 37.71	250m: 3:04.27 37.46	350m: 4:20.87 38.28
100m: 1:11.37 37.01	200m: 2:26.81 37.73	300m: 3:42.59 38.32	400m: 4:57.33 36.46
2. SKUDLIK Magdalena	99	5:01.16	474
50m: 34.11 34.11	150m: 1:49.49 37.89	250m: 3:05.97 38.49	350m: 4:23.29 38.86
100m: 1:11.60 37.49	200m: 2:27.48 37.99	300m: 3:44.43 38.46	400m: 5:01.16 37.87
3. FARUZEL Matylda	98	5:05.43	455
50m: 34.57 34.57	150m: 1:51.60 39.00	250m: 3:09.72 39.24	350m: 4:28.28 39.19
100m: 1:12.60 38.03	200m: 2:30.48 38.88	300m: 3:49.09 39.37	400m: 5:05.43 37.15