

ISM "Sobota w Cieszynie" Runda IV FINAŁ
Karviná, 30-5-2015

Konkurencja 4 M czyzn, 400m dowolny 10 lat i starsi
2015-05-30 - 10:58 Wyniki

Rekord zawodów 10 - 11	5:19.41	MOSO Piotr	POL	H2O Jastrz bie-Zdrój	2012-05-12
Rekord zawodów 12 - 13	5:01.16	MOSO Piotr	POL	Klub Pływacki H2O Jastrz bie-	2014-05-31
Rekord zawodów 14 - 15	4:29.46	STOSZEK Kacper	POL	MTP Delfin Cieszyn (POL)	2014-05-31
Rekord zawodów 16 +	4:21.11	SKOCZYLAS Adam	POL	UKS Wodnik 29 Katowice (POL)	2014-05-31

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.
10 - 11 lat			
1. TRZCIONKA Michal	05	6:27.82	165
50m: 43.58 43.58	150m: 250m: 350m:	100m: 200m: 300m: 400m:	6:27.82
2. JURASZEK Kacper	04	6:43.77	146
50m: 42.32 42.32	150m: 2:18.70 50.42	250m: 4:03.04 52.72	350m: 5:52.04 55.09
100m: 1:28.28 45.96	200m: 3:10.32 51.62	300m: 4:56.95 53.91	400m: 6:43.77 51.73
3. LOTER Bartosz	05	7:18.55	114
50m:	150m: 2:41.36 56.97	250m: 4:35.19 56.76	350m: 6:27.45 55.70
100m: 1:44.39	200m: 3:38.43 57.07	300m: 5:31.75 56.56	400m: 7:18.55 51.10
12 - 13 lat			
1. SYNOWIEC Mikołaj	02	4:40.51	436
<i>Rekord zawodów.</i>			
50m: 31.18 31.18	150m: 1:41.67 35.74	250m: 2:54.47 36.38	350m: 4:06.28 36.09
100m: 1:05.93 34.75	200m: 2:18.09 36.42	300m: 3:30.19 35.72	400m: 4:40.51 34.23
2. KIJEK Wiktor	02	4:56.79	368
50m:	150m: 250m: 350m:	100m: 200m: 300m: 400m:	4:56.79
3. SZOJDA Paweł	02	5:01.73	350
50m: 34.55 34.55	150m: 1:52.61 39.29	250m: 3:10.62 38.90	350m: 4:27.43 38.03
100m: 1:13.32 38.77	200m: 2:31.72 39.11	300m: 3:49.40 38.78	400m: 5:01.73 34.30
4. MRZYGŁÓD Michał	02	5:14.67	309
50m: 35.44 35.44	150m: 1:53.88 39.27	250m: 3:14.17 39.76	350m: 4:35.41 41.24
100m: 1:14.61 39.17	200m: 2:34.41 40.53	300m: 3:54.17 40.00	400m: 5:14.67 39.26
5. D BEK Filip	02	5:18.35	298
50m: 34.88 34.88	150m: 1:54.48 39.60	250m: 3:16.12 41.09	350m: 4:38.80 41.00
100m: 1:14.88 40.00	200m: 2:35.03 40.55	300m: 3:57.80 41.68	400m: 5:18.35 39.55
6. WIEKIERA Dawid	02	5:18.59	297
50m: 35.86 35.86	150m: 1:57.39 41.48	250m: 3:20.60 41.69	350m: 4:40.44 39.77
100m: 1:15.91 40.05	200m: 2:38.91 41.52	300m: 4:00.67 40.07	400m: 5:18.59 38.15
7. WOJNAR Kamil	02	5:24.00	283
50m: 35.02 35.02	150m: 1:58.38 42.27	250m: 3:21.03 41.60	350m: 4:44.89 41.82
100m: 1:16.11 41.09	200m: 2:39.43 41.05	300m: 4:03.07 42.04	400m: 5:24.00 39.11
8. NOREK Mateusz	02	5:34.12	258
50m: 36.48 36.48	150m: 2:00.38 42.53	250m: 3:26.68 42.87	350m: 4:53.20 43.36
100m: 1:17.85 41.37	200m: 2:43.81 43.43	300m: 4:09.84 43.16	400m: 5:34.12 40.92
9. WALTER Alan	02	5:57.69	210
50m: 41.42 41.42	150m: 2:16.95 47.10	250m: 3:51.63 46.55	350m: 5:19.37 43.90
100m: 1:29.85 48.43	200m: 3:05.08 48.13	300m: 4:35.47 43.84	400m: 5:57.69 38.32
10. WALCZAK Dawid	03	5:57.79	210
50m: 39.13 39.13	150m: 2:12.54 47.86	250m: 3:48.92 48.17	350m: 5:12.37 38.47
100m: 1:24.68 45.55	200m: 3:00.75 48.21	300m: 4:33.90 44.98	400m: 5:57.79 45.42
11. SKOCZYLAS Michał	03	6:09.18	191
50m: 42.93 42.93	150m: 2:19.52 47.81	250m: 3:53.95 47.59	350m: 5:27.25 45.95
100m: 1:31.71 48.78	200m: 3:06.36 46.84	300m: 4:41.30 47.35	400m: 6:09.18 41.93

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Konkurencja 4, Chłopców, 400m dowolny, 12 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.
12.	LANÍK Jakub		03	Plavecký oddíl Frýdek-Místek				6:13.11	185
	50m:	43.25 43.25	150m:	2:19.93 47.89	250m:	3:57.89 48.80	350m:	5:32.90 47.82	
	100m:	1:32.04 48.79	200m:	3:09.09 49.16	300m:	4:45.08 47.19	400m:	6:13.11 40.21	
13.	SZELIGA Łukasz		02	MTP Delfin Cieszyn				6:14.73	183
	50m:	36.92 36.92	150m:	2:06.86 45.71	250m:	3:45.53 49.16	350m:	5:26.74 51.04	
	100m:	1:21.15 44.23	200m:	2:56.37 49.51	300m:	4:35.70 50.17	400m:	6:14.73 47.99	
14 - 15 lat									
1.	STOSZEK Kacper		00	MTP Delfin Cieszyn				4:16.64	569
	<i>Rekord zawodów.</i>								
	50m:	29.17 29.17	150m:	1:34.03 32.94	250m:	2:39.98 32.29	350m:	3:45.44 32.33	
	100m:	1:01.09 31.92	200m:	2:07.69 33.66	300m:	3:13.11 33.13	400m:	4:16.64 31.20	
2.	SKIERSKI Radosław		00	UKS Wodnik 29 Katowice				4:30.96	484
	50m:	30.77 30.77	150m:	1:39.02 34.69	250m:	2:48.05 34.66	350m:	3:58.70 35.46	
	100m:	1:04.33 33.56	200m:	2:13.39 34.37	300m:	3:23.24 35.19	400m:	4:30.96 32.26	
3.	BIEG Oskar		00	UKS Wodnik 29 Katowice				4:33.07	473
	50m:	31.20 31.20	150m:	1:38.75 34.17	250m:	2:48.47 35.29	350m:	3:59.18 35.52	
	100m:	1:04.58 33.38	200m:	2:13.18 34.43	300m:	3:23.66 35.19	400m:	4:33.07 33.89	
4.	WALESSA Kamil		00	Ukp Ruda I ska				4:34.13	467
	50m:	29.68 29.68	150m:	1:37.05 34.62	250m:	2:49.05 36.32	350m:	4:00.49 36.11	
	100m:	1:02.43 32.75	200m:	2:12.73 35.68	300m:	3:24.38 35.33	400m:	4:34.13 33.64	
5.	JANÍK Michal		00	Kosatky Karvina				4:40.90	434
	50m:	31.22 31.22	150m:	1:41.15 35.46	250m:	2:53.79 36.56	350m:	4:07.84 36.75	
	100m:	1:05.69 34.47	200m:	2:17.23 36.08	300m:	3:31.09 37.30	400m:	4:40.90 33.06	
6.	D BROWSKI Daniel		00	Ukp Ruda I ska				4:41.16	433
	50m:	31.53 31.53	150m:	1:42.17 35.89	250m:	2:54.72 36.18	350m:	4:07.07 35.88	
	100m:	1:06.28 34.75	200m:	2:18.54 36.37	300m:	3:31.19 36.47	400m:	4:41.16 34.09	
7.	CYZA Oskar		00	Ukp Ruda I ska				4:41.87	430
	50m:	32.41 32.41	150m:	1:42.43 35.50	250m:	2:54.88 36.06	350m:	4:07.31 36.24	
	100m:	1:06.93 34.52	200m:	2:18.82 36.39	300m:	3:31.07 36.19	400m:	4:41.87 34.56	
8.	MANISZEWSKI Michal		00	MTP Delfin Cieszyn				4:43.54	422
	50m:	32.40 32.40	150m:	1:43.69 35.88	250m:	2:56.36 36.19	350m:	4:08.81 36.18	
	100m:	1:07.81 35.41	200m:	2:20.17 36.48	300m:	3:32.63 36.27	400m:	4:43.54 34.73	
9.	SKABRAT Jakub		01	UMKS Goczałkowice-Zdrój				4:44.89	416
	50m:	31.59 31.59	150m:	1:44.36 37.25	250m:	2:59.75 37.35	350m:	4:12.65	
	100m:	1:07.11 35.52	200m:	2:22.40 38.04	300m:		400m:	4:44.89 32.24	
10.	WI NIEWSKI Paweł		01	UKS Wodnik 29 Katowice				4:44.92	416
	50m:	31.66 31.66	150m:	1:43.97 36.55	250m:	2:57.53 36.92	350m:	4:09.83 36.34	
	100m:	1:07.42 35.76	200m:	2:20.61 36.64	300m:	3:33.49 35.96	400m:	4:44.92 35.09	
11.	KUBARSKI Kamil		01	UKS Wodnik 29 Katowice				4:58.40	362
	50m:	34.34 34.34	150m:	1:50.10 38.37	250m:		350m:		
	100m:	1:11.73 37.39	200m:	3:07.21 1:17.11	300m:		400m:	4:58.40	
12.	DUDZINSKI Jakub		01	UKS MANTA Kochlowice Ruda Slas				5:01.53	351
	50m:	35.81 35.81	150m:	1:53.22 38.31	250m:	3:09.84 38.55	350m:	4:26.19 37.91	
	100m:	1:14.91 39.10	200m:	2:31.29 38.07	300m:	3:48.28 38.44	400m:	5:01.53 35.34	
13.	KARZEŁEK Kamil		01	Klub Pływacki H2O Jastrz bie-Z				5:09.90	323
	50m:	35.30 35.30	150m:	1:54.22 40.17	250m:	3:13.44 39.62	350m:	4:32.88 38.76	
	100m:	1:14.05 38.75	200m:	2:33.82 39.60	300m:	3:54.12 40.68	400m:	5:09.90 37.02	
14.	KU Artur		01	UKS Wodnik 29 Katowice				5:19.85	294
	50m:	34.18 34.18	150m:	1:54.73 41.14	250m:		350m:	4:38.54 40.80	
	100m:	1:13.59 39.41	200m:	2:35.86 41.13	300m:	3:57.74	400m:	5:19.85 41.31	
15.	PARCHA SKI Kamil		01	MTP Delfin Cieszyn				5:21.15	290
	50m:	35.97 35.97	150m:	1:56.18 40.23	250m:	3:18.40 41.02	350m:	4:41.29 41.82	
	100m:	1:15.95 39.98	200m:	2:37.38 41.20	300m:	3:59.47 41.07	400m:	5:21.15 39.86	

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Konkurencja 4, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.						Czas	Pkt.
16.	TANZOLA Sebastian		00				KS MarioSport		5:22.96	285
	50m:	35.44 35.44	150m:	1:55.37	40.73	250m:	3:18.67	41.95	350m:	4:43.84 42.35
	100m:	1:14.64 39.20	200m:	2:36.72	41.35	300m:	4:01.49	42.82	400m:	5:22.96 39.12
16 lat i starsi										
1.	KOLAWA Remigiusz		97				UKS Salmo ory		4:14.74	582
	<i>Rekord zawodów.</i>									
	50m:	28.86 28.86	150m:	1:34.09	32.71	250m:	2:40.09	32.69	350m:	3:44.02 30.80
	100m:	1:01.38 32.52	200m:	2:07.40	33.31	300m:	3:13.22	33.13	400m:	4:14.74 30.72
2.	CHRAPEK Marcin		98				MTP Delfin Cieszyn		4:18.83	555
	50m:	29.43 29.43	150m:	1:34.18	32.65	250m:	2:40.25	32.58	350m:	3:45.60 32.55
	100m:	1:01.53 32.10	200m:	2:07.67	33.49	300m:	3:13.05	32.80	400m:	4:18.83 33.23
3.	PAWLINIAK Mariusz		99				UKS Wodnik 29 Katowice		4:25.89	512
	50m:	29.70 29.70	150m:	1:35.65	33.49	250m:	2:43.35	34.02	350m:	3:52.02 34.59
	100m:	1:02.16 32.46	200m:	2:09.33	33.68	300m:	3:17.43	34.08	400m:	4:25.89 33.87
4.	SORDYŁ Mateusz		99				ULKS VICTORIA Kozy		4:29.01	494
	50m:	31.12 31.12	150m:	1:39.35	34.36	250m:	2:48.28	34.29	350m:	3:57.00 34.23
	100m:	1:04.99 33.87	200m:	2:13.99	34.64	300m:	3:22.77	34.49	400m:	4:29.01 32.01
5.	GÓRNY Mikołaj		99				UMKS Goczałkowice-Zdrój		4:49.63	396
	50m:	32.04 32.04	150m:	1:44.85	37.64	250m:	2:59.70	37.36	350m:	4:14.73 37.35
	100m:	1:07.21 35.17	200m:	2:22.34	37.49	300m:	3:37.38	37.68	400m:	4:49.63 34.90
6.	APOSTEL Dawid		99				Ukp Ruda I ska		4:52.78	383
	50m:	31.44 31.44	150m:	1:45.37	38.05	250m:	3:02.90	38.62	350m:	4:21.00 38.50
	100m:	1:07.32 35.88	200m:	2:24.28	38.91	300m:	3:42.50	39.60	400m:	4:52.78 31.78
7.	DUDA Michał		98				Ukp Ruda I ska		5:05.34	338
	50m:		150m:	1:51.29	39.53	250m:	3:10.34	39.26	350m:	4:28.98 38.74
	100m:	1:11.76	200m:	2:31.08	39.79	300m:	3:50.24	39.90	400m:	5:05.34 36.36
8.	CZYŻAK Arkadiusz		99				UKS MANTA Kochlowice Ruda Slas		5:12.54	315
	50m:	28.31 28.31	150m:	1:45.96	44.80	250m:	3:15.01	46.57	350m:	4:39.38 35.35
	100m:	1:01.16 32.85	200m:	2:28.44	42.48	300m:	4:04.03	49.02	400m:	5:12.54 33.16