



Konkurencja 5

Kobiet, 400m dowolny

10 lat i starsi

2017-06-10 - 11:06

Wyniki

Rekord zawodów 10 - 11	5:17.01	SWACZYNA Magdalena	POL	LKS Jedno	32 Przyszowice	2014-05-31
Rekord zawodów 12 - 13	5:01.40	KUSTRA Julita	POL	MTP Delfin Cieszyn		2013-05-18
Rekord zawodów 14 - 15	4:48.16	MA DOK Klaudia	POL	Nowy KP Bielsko-Biała		2016-05-21
Rekord zawodów 16 +	4:41.94	ZAWADZKA Anna	POL	UKS Wodnik 29 Katowice		2016-05-21

Punkty: FINA 2016

Pozycja	Rok ur.	Czas	Pkt.Pkt.
10 - 11 lat			
1. MACURA Kinga	06 Delfin Cieszyn	5:43.19	319
50m: 36.33 36.33	150m: 2:00.55 42.86	250m: 3:29.71 45.11	350m: 5:02.30 46.51
100m: 1:17.69 41.36	200m: 2:44.60 44.05	300m: 4:15.79 46.08	400m: 5:43.19 40.89
2. KOBYLKA Magdalena	06 UKS MANTA Kochłowice Ruda I s	5:52.07	295
50m: 37.92 37.92	150m: 2:04.86 44.00	250m: 3:36.53 45.92	350m: 5:05.08 43.05
100m: 1:20.86 42.94	200m: 2:50.61 45.75	300m: 4:22.03 45.50	400m: 5:52.07 46.99
3. POPPE Marta	07 UKS MANTA Kochłowice Ruda I s	5:53.01	293
50m: 38.24 38.24	150m: 2:07.79 45.68	250m: 3:38.81 45.03	350m: 5:10.21 45.77
100m: 1:22.11 43.87	200m: 2:53.78 45.99	300m: 4:24.44 45.63	400m: 5:53.01 42.80
4. BADURA Natalia	06 UKS MANTA Kochłowice Ruda I s	6:16.09	242
50m: 40.88 40.88	150m: 2:17.57 49.80	250m: 3:57.15 50.59	350m: 5:31.70 46.80
100m: 1:27.77 46.89	200m: 3:06.56 48.99	300m: 4:44.90 47.75	400m: 6:16.09 44.39
5. B CZEK Rokszana	06 Ks Mariosport	6:21.31	232
50m: 42.21 42.21	150m: 2:21.66 50.70	250m: 4:01.63 49.55	350m: 5:37.76 48.07
100m: 1:30.96 48.75	200m: 3:12.08 50.42	300m: 4:49.69 48.06	400m: 6:21.31 43.55
6. DROBNA Angelika	07 Nowy KP Bielsko-Biała	6:44.12	195
50m: 43.81 43.81	150m: 2:27.10 51.58	250m: 4:11.55 51.98	350m: 5:54.77 52.13
100m: 1:35.52 51.71	200m: 3:19.57 52.47	300m: 5:02.64 51.09	400m: 6:44.12 49.35
7. PŁONKA Oliwia	06 UKS MANTA Kochłowice Ruda I s	6:55.99	179
50m: 45.97 45.97	150m: 2:32.95 54.88	250m: 4:20.82 52.74	350m: 6:05.68 52.04
100m: 1:38.07 52.10	200m: 3:28.08 55.13	300m: 5:13.64 52.82	400m: 6:55.99 50.31
8. FUKOVÁ Apolena	07 Plavecký oddíl Frýdek - Místek	6:57.67	177
50m: 45.49 45.49	150m: 2:31.16 53.50	250m: 4:20.92 55.38	350m: 6:05.80 50.10
100m: 1:37.66 52.17	200m: 3:25.54 54.38	300m: 5:15.70 54.78	400m: 6:57.67 51.87
9. SITKIEWICZ Anna	06 Ks Mariosport	7:28.45	143
50m: 46.56 46.56	150m: 2:41.33 58.71	250m: 4:38.55 57.13	350m: 6:34.56 57.66
100m: 1:42.62 56.06	200m: 3:41.42 1:00.09	300m: 5:36.90 58.35	400m: 7:28.45 53.89
10. KARPI SKA Marta	06 Ks Mariosport	7:44.17	128
50m: 49.13 49.13	150m: 2:43.67 59.31	250m: 3:44.08 38.19	350m: 5:47.26 1:01.48
100m: 1:44.36 55.23	200m: 3:05.89 22.22	300m: 4:45.78 1:01.70	400m: 7:44.17 1:56.91
11. CHOCHLI SKA Aleksandra	06 Ks Mariosport	7:51.06	123
50m: 54.56 54.56	150m: 2:52.37 59.42	250m: 4:53.53 1:00.86	350m: 6:55.04 1:01.50
100m: 1:52.95 58.39	200m: 3:52.67 1:00.30	300m: 5:53.54 1:00.01	400m: 7:51.06 56.02
12 - 13 lat			
1. MALARZ Maja	04 UKS Victoria Kozy	4:56.76	493
<i>Rekord zawodów.</i>			
50m: 34.16 34.16	150m: 1:48.93 37.47	250m: 3:06.51 38.29	350m: 4:21.28 36.45
100m: 1:11.46 37.30	200m: 2:28.22 39.29	300m: 3:44.83 38.32	400m: 4:56.76 35.48
2. PIECZUL Inga	05 UKS MANTA Kochłowice Ruda I s	5:09.14	436
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:09.14
3. LALA Nadia	04 UKS Salmo Zory	5:10.32	431
50m: 34.00 34.00	150m: 1:51.18 39.67	250m: 3:11.70 39.96	350m: 4:32.58 40.55
100m: 1:11.51 37.51	200m: 2:31.74 40.56	300m: 3:52.03 40.33	400m: 5:10.32 37.74

ISM Sobota w Cieszynie - RUNDA IV FINAŁ
Cieszyn, 10-6-2017



Konkurencja 5, Dziewcz t, 400m dowolny, 12 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.Pkt.		
4.	JANECKA Weronika		04	UKS Aquatica Pawłowice				5:11.14	428		
	50m:	35.84 35.84	150m:	1:53.91	39.71	250m:	3:13.93	39.77	350m:	4:34.50	40.10
	100m:	1:14.20 38.36	200m:	2:34.16	40.25	300m:	3:54.40	40.47	400m:	5:11.14	36.64
5.	GACH Magdalena		05	UKS Ondraszek Bielsko - Biała				5:15.02	412		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:15.02	
6.	PAULINY Zuzanna		04	Delfin Cieszyn				5:24.66	376		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:24.66	
7.	PYTKA Katarzyna		04	Nowy KP Bielsko-Biała				5:25.94	372		
	50m:	36.47 36.47	150m:	1:57.75	41.04	250m:	3:21.39	41.94	350m:	4:45.68	41.61
	100m:	1:16.71 40.24	200m:	2:39.45	41.70	300m:	4:04.07	42.68	400m:	5:25.94	40.26
8.	NIEDZIOLKA Julia		04	Delfin Cieszyn				5:35.48	341		
	50m:	36.46 36.46	150m:	2:01.46	43.61	250m:	3:28.66	43.94	350m:	4:54.35	41.97
	100m:	1:17.85 41.39	200m:	2:44.72	43.26	300m:	4:12.38	43.72	400m:	5:35.48	41.13
9.	WISEŁKA Magdalena		05	Ks Mariosport				5:41.44	324		
	50m:	38.58 38.58	150m:	2:04.56	43.30	250m:	3:31.63	43.37	350m:	4:58.43	43.52
	100m:	1:21.26 42.68	200m:	2:48.26	43.70	300m:	4:14.91	43.28	400m:	5:41.44	43.01
10.	PŁOSKONKA Natalia		04	Ks Mariosport				5:47.04	308		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:47.04	
11.	KRAUZE Paulina		05	Nowy KP Bielsko-Biała				5:47.05	308		
	50m:	37.32 37.32	150m:	2:04.58	44.95	250m:	3:36.97	46.65	350m:	5:04.70	43.79
	100m:	1:19.63 42.31	200m:	2:50.32	45.74	300m:	4:20.91	43.94	400m:	5:47.05	42.35
12.	GRUCHEL Kamila		05	UKS MANTA Kochłowice Ruda I s				5:47.94	306		
	50m:	37.26 37.26	150m:	2:05.52	45.00	250m:	3:34.42	45.04	350m:	5:05.13	45.80
	100m:	1:20.52 43.26	200m:	2:49.38	43.86	300m:	4:19.33	44.91	400m:	5:47.94	42.81
13.	JU ICOVÁ Regina		05	TJ ALCEDO Vsetín z.s.				5:52.06	295		
	50m:	39.28 39.28	150m:	2:06.52	44.10	250m:	3:37.51	45.91	350m:	5:09.68	45.92
	100m:	1:22.42 43.14	200m:	2:51.60	45.08	300m:	4:23.76	46.25	400m:	5:52.06	42.38
14.	SALAMONOVÁ Alexandra		04	TJ ALCEDO Vsetín z.s.				5:53.64	291		
	50m:	37.37 37.37	150m:	2:05.70	44.84	250m:	3:36.84	45.47	350m:	5:10.77	47.00
	100m:	1:20.86 43.49	200m:	2:51.37	45.67	300m:	4:23.77	46.93	400m:	5:53.64	42.87
15.	FIC Bo ena		04	UKS MANTA Kochłowice Ruda I s				5:58.82	279		
	50m:	39.06 39.06	150m:	2:09.58	46.32	250m:	3:41.87	46.48	350m:	5:13.54	45.34
	100m:	1:23.26 44.20	200m:	2:55.39	45.81	300m:	4:28.20	46.33	400m:	5:58.82	45.28
16.	SMYKOWSKA Kinga		05	UKS MANTA Kochłowice Ruda I s				6:03.01	269		
	50m:	39.81 39.81	150m:	2:12.15	47.38	250m:	3:45.76	47.42	350m:	5:19.63	47.24
	100m:	1:24.77 44.96	200m:	2:58.34	46.19	300m:	4:32.39	46.63	400m:	6:03.01	43.38
17.	WI CEK Weronika		05	UKS Victoria Kozy				6:04.95	265		
	50m:	41.97 41.97	150m:	2:13.90	46.62	250m:	3:47.20	46.83	350m:	5:19.07	44.37
	100m:	1:27.28 45.31	200m:	3:00.37	46.47	300m:	4:34.70	47.50	400m:	6:04.95	45.88

14 - 15 lat

1.	KLI Oliwia		03	Nowy KP Bielsko-Biała				5:14.19	415		
	50m:	33.45 33.45	150m:	1:52.40	39.94	250m:	3:14.34	41.32	350m:	4:36.78	41.18
	100m:	1:12.46 39.01	200m:	2:33.02	40.62	300m:	3:55.60	41.26	400m:	5:14.19	37.41
2.	JANÁ KOVÁ Vendula		02	Plavecký oddíl Frýdek - Místek				5:28.12	365		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:28.12	
3.	MANISZEWSKA Agata		02	Delfin Cieszyn				6:02.98	269		
	50m:	40.12 40.12	150m:	2:11.74	46.25	250m:	3:45.27	46.71	350m:	5:19.53	47.58
	100m:	1:25.49 45.37	200m:	2:58.56	46.82	300m:	4:31.95	46.68	400m:	6:02.98	43.45



Konkurencja 5, Dziewcz t, 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.Pkt.			
4.	PRZEWO NIK Hanna		02	UKS MANTA Kochłowice Ruda I s				6:11.57	251			
	50m:	39.43 39.43	150m:	2:10.83	46.86	250m:	3:47.33	48.53	350m:	5:25.96	49.80	
	100m:	1:23.97	44.54	200m:	2:58.80	47.97	300m:	4:36.16	48.83	400m:	6:11.57	45.61

16 lat i starsi

1.	ADAMCZYK Agata		99	UKS Aligator Gorzyce				4:39.06	593			
	<i>Rekord zawodów.</i>											
	50m:	33.09 33.09	150m:	1:43.84	35.51	250m:	2:55.28	35.68	350m:	4:05.67	34.61	
	100m:	1:08.33	35.24	200m:	2:19.60	35.76	300m:	3:31.06	35.78	400m:	4:39.06	33.39
2.	MA DOK Klaudia		01	Nowy KP Bielsko-Biała				4:39.58	590			
	50m:	32.71 32.71	150m:	1:43.78	35.68	250m:	2:54.94	35.42	350m:	4:05.57	35.27	
	100m:	1:08.10	35.39	200m:	2:19.52	35.74	300m:	3:30.30	35.36	400m:	4:39.58	34.01
3.	ADAMCZYK Wiktoria		00	Uks Shark Rudna				4:50.06	528			
	50m:	33.22 33.22	150m:	1:45.68	36.53	250m:	2:59.67	36.96	350m:	4:14.22	37.38	
	100m:	1:09.15	35.93	200m:	2:22.71	37.03	300m:	3:36.84	37.17	400m:	4:50.06	35.84
4.	LEPCZY SKA Natalia		01	Nowy KP Bielsko-Biała				5:18.64	398			
	50m:	36.00 36.00	150m:	250m:				350m:				
	100m:	1:15.06	39.06	200m:	2:36.24	300m:		3:56.96	400m:	5:18.64		
5.	SEDLÁ KOVÁ Anna-Pavčina		01	TJ ALCEDO Vsetín z.s.				6:03.21	269			
	50m:	39.34 39.34	150m:	2:09.25	45.48	250m:	3:43.97	47.97	350m:	5:18.41	47.32	
	100m:	1:23.77	44.43	200m:	2:56.00	46.75	300m:	4:31.09	47.12	400m:	6:03.21	44.80
6.	RASZEWSKA Patrycja		00	Szkoła Pływania SwimSport				6:07.16	260			
	50m:	39.28 39.28	150m:	2:08.89	45.36	250m:	3:43.01	47.50	350m:	5:19.59	48.52	
	100m:	1:23.53	44.25	200m:	2:55.51	46.62	300m:	4:31.07	48.06	400m:	6:07.16	47.57