



Konkurencja 10
2023-10-14 - 18:01

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	
12 lat i młodsi										
1.	RASZKA Olaf		12	Delfin Cieszyn				6:27.34	164	
	50m:	42.84 42.84	150m:	2:24.82	51.90	250m:	4:07.11	50.60	350m:	5:46.66 48.18
	100m:	1:32.92 50.08	200m:	3:16.51	51.69	300m:	4:58.48	51.37	400m:	6:27.34 40.68
2.	PIETRUSZEK Piotr		11	Delfin Cieszyn				6:27.76	164	
	50m:	42.29 42.29	150m:	2:25.86	52.12	250m:	4:09.12	51.54	350m:	5:47.61 47.59
	100m:	1:33.74 51.45	200m:	3:17.58	51.72	300m:	5:00.02	50.90	400m:	6:27.76 40.15
3.	BUŁAT Bartosz		12	Iks Dss Kraków				6:47.13	141	
	50m:	48.60 48.60	150m:	2:31.41	52.57	250m:	4:17.08	53.98	350m:	5:59.33 50.70
	100m:	1:38.84 50.24	200m:	3:23.10	51.69	300m:	5:08.63	51.55	400m:	6:47.13 47.80
4.	MACURA Wojciech		11	Delfin Cieszyn				6:55.37	133	
	50m:	46.51 46.51	150m:	2:32.59	53.97	250m:	4:20.84	53.89	350m:	5:59.54 49.85
	100m:	1:38.62 52.11	200m:	3:26.95	54.36	300m:	5:09.69	48.85	400m:	6:55.37 55.83
5.	KWIECIE Tymoteusz		12	START Tamów				7:55.68	88	
	50m:	1:00.35 1:00.35	150m:	3:02.46	1:01.59	250m:	5:02.25	1:00.75	350m:	6:58.03 56.61
	100m:	2:00.87 1:00.52	200m:	4:01.50	59.04	300m:	6:01.42	59.17	400m:	7:55.68 57.65

13 - 15 lat

1.	WISZNIOWSKI Tymoteusz		10	LKS Jedno 32 Przyszowice				4:16.98	563	
	50m:	29.28 29.28	150m:	1:33.65	32.36	250m:	2:39.59	33.21	350m:	3:45.22 32.81
	100m:	1:01.29 32.01	200m:	2:06.38	32.73	300m:	3:12.41	32.82	400m:	4:16.98 31.76
2.	LIPKA Piotr		10	MKS Trójka Łód				4:59.68	355	
	50m:	35.33 35.33	150m:	1:52.79	38.82	250m:	3:08.87	37.97	350m:	4:24.38 37.60
	100m:	1:13.97 38.64	200m:	2:30.90	38.11	300m:	3:46.78	37.91	400m:	4:59.68 35.30
3.	RADEK Paweł		09	MOSM Tychy				5:00.92	350	
	50m:	34.00 34.00	150m:	1:49.53	38.07	250m:	3:05.81	38.22	350m:	4:23.36 38.57
	100m:	1:11.46 37.46	200m:	2:27.59	38.06	300m:	3:44.79	38.98	400m:	5:00.92 37.56
4.	MYSZKIEWICZ Paweł		10	LKS Jedno 32 Przyszowice				5:04.02	340	
	50m:	34.10 34.10	150m:	1:51.95	39.38	250m:	3:08.56	38.47	350m:	4:26.07 39.14
	100m:	1:12.57 38.47	200m:	2:30.09	38.14	300m:	3:46.93	38.37	400m:	5:04.02 37.95
5.	KOZIK Kacper		09	MOSM Tychy				5:12.95	311	
	50m:	33.23 33.23	150m:	1:52.30	40.66	250m:	3:15.11	41.36	350m:	4:36.61 40.06
	100m:	1:11.64 38.41	200m:	2:33.75	41.45	300m:	3:56.55	41.44	400m:	5:12.95 36.34
6.	PYRSZ Józef		10	MOSM Tychy				5:57.92	208	
	50m:	38.66 38.66	150m:	2:08.54	45.79	250m:	3:40.66	46.06	350m:	5:13.87 46.67
	100m:	1:22.75 44.09	200m:	2:54.60	46.06	300m:	4:27.20	46.54	400m:	5:57.92 44.05
7.	HABEL Andrzej		09	START Tamów				6:36.05	153	
	50m:	44.68 44.68	150m:	2:25.10	50.52	250m:	4:06.16	50.76	350m:	5:46.38 49.35
	100m:	1:34.58 49.90	200m:	3:15.40	50.30	300m:	4:57.03	50.87	400m:	6:36.05 49.67

16 lat i starsi

1.	GAJDA Jan		07	MKS Trójka Łód				4:09.72	614	
	50m:	28.71 28.71	150m:	1:31.97	31.64	250m:	2:36.84	32.57	350m:	3:40.69 31.02
	100m:	1:00.33 31.62	200m:	2:04.27	32.30	300m:	3:09.67	32.83	400m:	4:09.72 29.03
2.	ZINKOVSKYI Nestor		05	MKS Trójka Łód				4:10.50	608	
	50m:	28.41 28.41	150m:	1:30.79	30.82	250m:	2:34.57	32.25	350m:	3:39.77 32.72
	100m:	59.97 31.56	200m:	2:02.32	31.53	300m:	3:07.05	32.48	400m:	4:10.50 30.73
3.	ŁAWNICZAK Aleksander		06	MKP „Wodnik 29” Tychy				4:11.34	602	
	50m:	28.64 28.64	150m:	1:31.15	31.66	250m:	2:35.28	32.33	350m:	3:40.53 32.56
	100m:	59.49 30.85	200m:	2:02.95	31.80	300m:	3:07.97	32.69	400m:	4:11.34 30.81



Konkurencja 10, M czyzn, 400m dowolny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
4.	URBANIAK Olivier		07	MKS Trójka Łód				4:15.70	571
	50m:	28.15 28.15	150m:	1:31.68	32.54	250m:	2:37.53 33.05	350m:	3:43.88 33.18
	100m:	59.14 30.99	200m:	2:04.48	32.80	300m:	3:10.70 33.17	400m:	4:15.70 31.82
5.	SELDER Krystian		07	MKS Trójka Łód				4:16.64	565
	50m:	28.47 28.47	150m:	1:31.81	32.05	250m:	2:37.25 33.16	350m:	3:44.31 33.68
	100m:	59.76 31.29	200m:	2:04.09	32.28	300m:	3:10.63 33.38	400m:	4:16.64 32.33
6.	PI TKIEWICZ Piotr		07	MKS Trójka Łód				4:16.68	565
	50m:	28.72 28.72	150m:	1:33.50	32.72	250m:	2:39.70 33.03	350m:	3:45.61 32.96
	100m:	1:00.78 32.06	200m:	2:06.67	33.17	300m:	3:12.65 32.95	400m:	4:16.68 31.07
7.	SONDEJ Sebastian		06	MKP „Wodnik 29” Tychy				4:37.60	446
	50m:	30.27 30.27	150m:	1:38.49	34.80	250m:	2:50.10 36.27	350m:	4:02.76 36.42
	100m:	1:03.69 33.42	200m:	2:13.83	35.34	300m:	3:26.34 36.24	400m:	4:37.60 34.84
8.	KOWALIK Andrzej		06	START Katowice – Tychy				4:51.28	386
	50m:	30.86 30.86	150m:	1:40.64	35.54	250m:	2:54.47 37.30	350m:	4:13.39 39.90
	100m:	1:05.10 34.24	200m:	2:17.17	36.53	300m:	3:33.49 39.02	400m:	4:51.28 37.89
9.	KONIECZNY Jakub		01	START Tarnów				5:06.85	330
	50m:	32.83 32.83	150m:	1:47.61	37.55	250m:	3:06.45 39.77	350m:	4:27.28 40.47
	100m:	1:10.06 37.23	200m:	2:26.68	39.07	300m:	3:46.81 40.36	400m:	5:06.85 39.57
10.	URBA SKI Michał		02	PARASPORTOWI				5:44.26	234
	50m:	34.81 34.81	150m:	1:57.59	42.78	250m:	3:28.60 46.13	350m:	5:04.54 47.57
	100m:	1:14.81 40.00	200m:	2:42.47	44.88	300m:	4:16.97 48.37	400m:	5:44.26 39.72
11.	PODGÓRSKI Hubert		06	START Tarnów				6:30.95	160
	50m:	45.59 45.59	150m:	2:22.57	49.47	250m:	4:01.99 50.14	350m:	5:42.71 50.81
	100m:	1:33.10 47.51	200m:	3:11.85	49.28	300m:	4:51.90 49.91	400m:	6:30.95 48.24
12.	LÓSARCZYK Sebastian		98	START Katowice – Chorzów				6:59.74	129
	50m:	44.52 44.52	150m:	2:30.69	54.05	250m:	4:18.97 54.25	350m:	6:03.20 51.37
	100m:	1:36.64 52.12	200m:	3:24.72	54.03	300m:	5:11.83 52.86	400m:	6:59.74 56.54

Grupa OPEN

1.	PODGÓRSKI Hubert		06	START Tarnów				6:30.95	160
	50m:	45.59 45.59	150m:	2:22.57	49.47	250m:	4:01.99 50.14	350m:	5:42.71 50.81
	100m:	1:33.10 47.51	200m:	3:11.85	49.28	300m:	4:51.90 49.91	400m:	6:30.95 48.24
2.	HABEL Andrzej		09	START Tarnów				6:36.05	153
	50m:	44.68 44.68	150m:	2:25.10	50.52	250m:	4:06.16 50.76	350m:	5:46.38 49.35
	100m:	1:34.58 49.90	200m:	3:15.40	50.30	300m:	4:57.03 50.87	400m:	6:36.05 49.67
3.	BUŁAT Bartosz		12	Iks Dss Kraków				6:47.13	141
	50m:	48.60 48.60	150m:	2:31.41	52.57	250m:	4:17.08 53.98	350m:	5:59.33 50.70
	100m:	1:38.84 50.24	200m:	3:23.10	51.69	300m:	5:08.63 51.55	400m:	6:47.13 47.80
4.	KWIECIE Tymoteusz		12	START Tarnów				7:55.68	88
	50m:	1:00.35 1:00.35	150m:	3:02.46	1:01.59	250m:	5:02.25 1:00.75	350m:	6:58.03 56.61
	100m:	2:00.87 1:00.52	200m:	4:01.50	59.04	300m:	6:01.42 59.17	400m:	7:55.68 57.65
5.	KOWALIK Andrzej		06	START Katowice – Tychy				4:51.28	386
	50m:	30.86 30.86	150m:	1:40.64	35.54	250m:	2:54.47 37.30	350m:	4:13.39 39.90
	100m:	1:05.10 34.24	200m:	2:17.17	36.53	300m:	3:33.49 39.02	400m:	4:51.28 37.89
	KONIECZNY Jakub		01	START Tarnów				5:06.85	330
	50m:	32.83 32.83	150m:	1:47.61	37.55	250m:	3:06.45 39.77	350m:	4:27.28 40.47
	100m:	1:10.06 37.23	200m:	2:26.68	39.07	300m:	3:46.81 40.36	400m:	5:06.85 39.57
	URBA SKI Michał		02	PARASPORTOWI				5:44.26	234
	50m:	34.81 34.81	150m:	1:57.59	42.78	250m:	3:28.60 46.13	350m:	5:04.54 47.57
	100m:	1:14.81 40.00	200m:	2:42.47	44.88	300m:	4:16.97 48.37	400m:	5:44.26 39.72
	LÓSARCZYK Sebastian		98	START Katowice – Chorzów				6:59.74	129
	50m:	44.52 44.52	150m:	2:30.69	54.05	250m:	4:18.97 54.25	350m:	6:03.20 51.37
	100m:	1:36.64 52.12	200m:	3:24.72	54.03	300m:	5:11.83 52.86	400m:	6:59.74 56.54



Konkurencja 10, M czyzn, 400m dowolny

Grupa S6

1. PODGÓRSKI Hubert	06	START Tamów	6:30.95	160
50m: 45.59 45.59	150m: 2:22.57	49.47 250m: 4:01.99	50.14	350m: 5:42.71 50.81
100m: 1:33.10 47.51	200m: 3:11.85	49.28 300m: 4:51.90	49.91	400m: 6:30.95 48.24
2. KWIECIE Tymoteusz	12	START Tamów	7:55.68	88
50m: 1:00.35 1:00.35	150m: 3:02.46	1:01.59 250m: 5:02.25	1:00.75	350m: 6:58.03 56.61
100m: 2:00.87 1:00.52	200m: 4:01.50	59.04 300m: 6:01.42	59.17	400m: 7:55.68 57.65

Grupa S8

1. HABEL Andrzej	09	START Tamów	6:36.05	153
50m: 44.68 44.68	150m: 2:25.10	50.52 250m: 4:06.16	50.76	350m: 5:46.38 49.35
100m: 1:34.58 49.90	200m: 3:15.40	50.30 300m: 4:57.03	50.87	400m: 6:36.05 49.67
2. BUŁAT Bartosz	12	Iks Dss Kraków	6:47.13	141
50m: 48.60 48.60	150m: 2:31.41	52.57 250m: 4:17.08	53.98	350m: 5:59.33 50.70
100m: 1:38.84 50.24	200m: 3:23.10	51.69 300m: 5:08.63	51.55	400m: 6:47.13 47.80

Grupa S14

1. KOWALIK Andrzej	06	START Katowice – Tychy	4:51.28	386
50m: 30.86 30.86	150m: 1:40.64	35.54 250m: 2:54.47	37.30	350m: 4:13.39 39.90
100m: 1:05.10 34.24	200m: 2:17.17	36.53 300m: 3:33.49	39.02	400m: 4:51.28 37.89
2. KONIECZNY Jakub	01	START Tamów	5:06.85	330
50m: 32.83 32.83	150m: 1:47.61	37.55 250m: 3:06.45	39.77	350m: 4:27.28 40.47
100m: 1:10.06 37.23	200m: 2:26.68	39.07 300m: 3:46.81	40.36	400m: 5:06.85 39.57
3. URBA SKI Michał	02	PARASPORTOWI	5:44.26	234
50m: 34.81 34.81	150m: 1:57.59	42.78 250m: 3:28.60	46.13	350m: 5:04.54 47.57
100m: 1:14.81 40.00	200m: 2:42.47	44.88 300m: 4:16.97	48.37	400m: 5:44.26 39.72
4. LÓSARCZYK Sebastian	98	START Katowice – Chorzów	6:59.74	129
50m: 44.52 44.52	150m: 2:30.69	54.05 250m: 4:18.97	54.25	350m: 6:03.20 51.37
100m: 1:36.64 52.12	200m: 3:24.72	54.03 300m: 5:11.83	52.86	400m: 6:59.74 56.54