



Konkurencja 9  
2023-10-14 - 17:37

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2016

Pozycja		Rok ur.						Czas	Pkt.
12 lat i młodszy									
1.	R CZKOWSKA Lena	12	LKS Jedno	32 Przyszowice				<b>5:11.03</b>	428
	50m: 34.97 34.97	150m: 1:54.11	39.93	250m: 3:14.01	40.24	350m: 4:32.82	39.61		
	100m: 1:14.18 39.21	200m: 2:33.77	39.66	300m: 3:53.21	39.20	400m: 5:11.03	38.21		
2.	JASTRZEMBSKA Aneta	12	UKS Aqua Team Mikołów					<b>5:23.14</b>	382
	50m: 35.80 35.80	150m: 1:57.09	40.59	250m: 3:19.97	41.04	350m: 4:43.72	40.87		
	100m: 1:16.50 40.70	200m: 2:38.93	41.84	300m: 4:02.85	42.88	400m: 5:23.14	39.42		

13 - 15 lat

1.	OKO Anna	09	LKS Jedno	32 Przyszowice				<b>4:46.89</b>	546
	50m: 32.60 32.60	150m: 1:44.06	36.28	250m: 2:56.97	36.49	350m: 4:11.00	37.15		
	100m: 1:07.78 35.18	200m: 2:20.48	36.42	300m: 3:33.85	36.88	400m: 4:46.89	35.89		
2.	RAJCA Matylda	10	LKS Jedno	32 Przyszowice				<b>4:57.65</b>	489
	50m: 31.93 31.93	150m: 1:45.01	37.12	250m: 3:01.79	38.64	350m: 4:20.16	39.16		
	100m: 1:07.89 35.96	200m: 2:23.15	38.14	300m: 3:41.00	39.21	400m: 4:57.65	37.49		
3.	ZAWADA Milena	10	Delfin Cieszyń					<b>5:30.15</b>	358
	50m: 37.62 37.62	150m: 2:00.47	42.13	250m: 3:26.29	42.81	350m: 4:50.97	42.14		
	100m: 1:18.34 40.72	200m: 2:43.48	43.01	300m: 4:08.83	42.54	400m: 5:30.15	39.18		
4.	WÓJCIK Alicja	09	START Tamów					<b>6:47.62</b>	190
	50m: 48.94 48.94	150m: 2:32.76	52.67	250m: 4:16.40	51.00	350m: 6:00.10	51.42		
	100m: 1:40.09 51.15	200m: 3:25.40	52.64	300m: 5:08.68	52.28	400m: 6:47.62	47.52		
5.	NOSZCZYK Marika	10	START Katowice – Tychy					<b>8:04.03</b>	113
	50m: 56.83 56.83	150m: 3:00.81	1:02.23	250m: 5:04.70	1:01.13	350m: 7:08.73	1:02.00		
	100m: 1:58.58 1:01.75	200m: 4:03.57	1:02.76	300m: 6:06.73	1:02.03	400m: 8:04.03	55.30		

16 lat i starsi

1.	R CZKOWSKA Maja	07	LKS Jedno	32 Przyszowice				<b>4:39.04</b>	593
	50m: 31.30 31.30	150m: 1:40.20	34.79	250m: 2:51.10	35.54	350m: 4:03.48	36.42		
	100m: 1:05.41 34.11	200m: 2:15.56	35.36	300m: 3:27.06	35.96	400m: 4:39.04	35.56		
2.	W GRZYCKA Małgorzata	07	MKS Trójka Łód					<b>4:41.37</b>	579
	50m: 30.93 30.93	150m: 1:39.90	34.86	250m: 2:51.68	36.04	350m: 4:05.23	37.06		
	100m: 1:05.04 34.11	200m: 2:15.64	35.74	300m: 3:28.17	36.49	400m: 4:41.37	36.14		
3.	MIERNIK Hanna	07	MKP „Wodnik 29” Tychy					<b>4:51.84</b>	518
	50m: 32.15 32.15	150m: 1:42.36	35.61	250m: 2:56.45	37.42	350m: 4:13.15	38.69		
	100m: 1:06.75 34.60	200m: 2:19.03	36.67	300m: 3:34.46	38.01	400m: 4:51.84	38.69		
4.	COVEY Alyshia	07	START Katowice – Tychy					<b>6:47.48</b>	190
	50m: 45.26 45.26	150m: 2:29.30	52.36	250m: 4:16.18	52.44	350m: 5:59.46	50.38		
	100m: 1:36.94 51.68	200m: 3:23.74	54.44	300m: 5:09.08	52.90	400m: 6:47.48	48.02		
5.	JAWORSKA Natasza	00	PARASPORTOWI					<b>8:40.92</b>	91
	50m: 48.91 48.91	150m: 3:04.27	1:13.39	250m: 5:23.40	1:10.35	350m: 7:36.64	1:06.21		
	100m: 1:50.88 1:01.97	200m: 4:13.05	1:08.78	300m: 6:30.43	1:07.03	400m: 8:40.92	1:04.28		

Grupa OPEN

1.	SOŁTYSIK Julia		START Katowice – Tychy					<b>6:11.09</b>	252
	50m: 42.47 42.47	150m: 2:17.25	47.42	250m: 3:53.36	47.58	350m: 5:28.67	47.31		
	100m: 1:29.83 47.36	200m: 3:05.78	48.53	300m: 4:41.36	48.00	400m: 6:11.09	42.42		
2.	WÓJCIK Alicja	09	START Tamów					<b>6:47.62</b>	190
	50m: 48.94 48.94	150m: 2:32.76	52.67	250m: 4:16.40	51.00	350m: 6:00.10	51.42		
	100m: 1:40.09 51.15	200m: 3:25.40	52.64	300m: 5:08.68	52.28	400m: 6:47.62	47.52		



Konkurencja 9, Kobiety, 400m dowolny, Grupa OPEN

Pozycja			Rok ur.						Czas	Pkt.
3.	COVEY Alyshia		07	START Katowice – Tychy					<b>6:47.48</b>	190
	50m: 45.26	45.26	150m: 2:29.30	52.36	250m: 4:16.18	52.44	350m: 5:59.46	50.38		
	100m: 1:36.94	51.68	200m: 3:23.74	54.44	300m: 5:09.08	52.90	400m: 6:47.48	48.02		
4.	NOSZCZYK Marika		10	START Katowice – Tychy					<b>8:04.03</b>	113
	50m: 56.83	56.83	150m: 3:00.81	1:02.23	250m: 5:04.70	1:01.13	350m: 7:08.73	1:02.00		
	100m: 1:58.58	1:01.75	200m: 4:03.57	1:02.76	300m: 6:06.73	1:02.03	400m: 8:04.03	55.30		
5.	JAWORSKA Natasza		00	PARASPORTOWI					<b>8:40.92</b>	91
	50m: 48.91	48.91	150m: 3:04.27	1:13.39	250m: 5:23.40	1:10.35	350m: 7:36.64	1:06.21		
	100m: 1:50.88	1:01.97	200m: 4:13.05	1:08.78	300m: 6:30.43	1:07.03	400m: 8:40.92	1:04.28		

Grupa S6

1.	NOSZCZYK Marika		10	START Katowice – Tychy					<b>8:04.03</b>	113
	50m: 56.83	56.83	150m: 3:00.81	1:02.23	250m: 5:04.70	1:01.13	350m: 7:08.73	1:02.00		
	100m: 1:58.58	1:01.75	200m: 4:03.57	1:02.76	300m: 6:06.73	1:02.03	400m: 8:04.03	55.30		

Grupa S8

1.	WÓJCIK Alicja		09	START Tamów					<b>6:47.62</b>	190
	50m: 48.94	48.94	150m: 2:32.76	52.67	250m: 4:16.40	51.00	350m: 6:00.10	51.42		
	100m: 1:40.09	51.15	200m: 3:25.40	52.64	300m: 5:08.68	52.28	400m: 6:47.62	47.52		

Grupa S9

1.	COVEY Alyshia		07	START Katowice – Tychy					<b>6:47.48</b>	190
	50m: 45.26	45.26	150m: 2:29.30	52.36	250m: 4:16.18	52.44	350m: 5:59.46	50.38		
	100m: 1:36.94	51.68	200m: 3:23.74	54.44	300m: 5:09.08	52.90	400m: 6:47.48	48.02		

Grupa S10

1.	SOŁTYSIK Julia			START Katowice – Tychy					<b>6:11.09</b>	252
	50m: 42.47	42.47	150m: 2:17.25	47.42	250m: 3:53.36	47.58	350m: 5:28.67	47.31		
	100m: 1:29.83	47.36	200m: 3:05.78	48.53	300m: 4:41.36	48.00	400m: 6:11.09	42.42		

Grupa S14

1.	JAWORSKA Natasza		00	PARASPORTOWI					<b>8:40.92</b>	91
	50m: 48.91	48.91	150m: 3:04.27	1:13.39	250m: 5:23.40	1:10.35	350m: 7:36.64	1:06.21		
	100m: 1:50.88	1:01.97	200m: 4:13.05	1:08.78	300m: 6:30.43	1:07.03	400m: 8:40.92	1:04.28		