

Mistrzostwa I skia 14,15,16-18 lat  
Gliwice, 25- - 26-2-2011

Konkurencja 19  
2011-02-26 - 10:40

Kobiet, 400m dowolny

14 - 18 lat  
Wyniki

Punkty: FINA 2010

| Pozycja       |                         |         | Rok ur. |                                    |         |       |       | Czas           | Pkt.  |       |         |       |
|---------------|-------------------------|---------|---------|------------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| <b>14 lat</b> |                         |         |         |                                    |         |       |       |                |       |       |         |       |
| 1.            | KUBACKA Magda           |         | 97      | Ks Piatka Chorzów                  |         |       |       | <b>4:46.51</b> | 551   |       |         |       |
|               | 50m:                    | 32.99   | 32.99   | 150m:                              | 1:44.60 | 36.10 | 250m: | 2:57.75        | 36.58 | 350m: | 4:11.35 | 37.03 |
|               | 100m:                   | 1:08.50 | 35.51   | 200m:                              | 2:21.17 | 36.57 | 300m: | 3:34.32        | 36.57 | 400m: | 4:46.51 | 35.16 |
| 2.            | WATOŁA Martyna          |         | 97      | CSIR MOS D browa Górnicza          |         |       |       | <b>5:03.81</b> | 462   |       |         |       |
|               | 50m:                    | 35.19   | 35.19   | 150m:                              | 1:51.30 | 38.41 | 250m: | 3:08.43        | 38.59 | 350m: | 4:25.36 | 38.41 |
|               | 100m:                   | 1:12.89 | 37.70   | 200m:                              | 2:29.84 | 38.54 | 300m: | 3:46.95        | 38.52 | 400m: | 5:03.81 | 38.45 |
| 3.            | OLSZEWSKA Zuzanna       |         | 97      | CSIR MOS D browa Górnicza          |         |       |       | <b>5:06.50</b> | 450   |       |         |       |
|               | 50m:                    | 34.95   | 34.95   | 150m:                              | 1:51.76 | 38.95 | 250m: | 3:09.91        | 39.07 | 350m: | 4:27.84 | 39.32 |
|               | 100m:                   | 1:12.81 | 37.86   | 200m:                              | 2:30.84 | 39.08 | 300m: | 3:48.52        | 38.61 | 400m: | 5:06.50 | 38.66 |
| 4.            | JASIK Angelika          |         | 97      | MOSiR Mysłowice                    |         |       |       | <b>5:15.41</b> | 413   |       |         |       |
|               | 50m:                    | 33.82   | 33.82   | 150m:                              | 1:52.21 | 39.98 | 250m: | 3:14.02        | 40.68 | 350m: | 4:37.49 | 41.70 |
|               | 100m:                   | 1:12.23 | 38.41   | 200m:                              | 2:33.34 | 41.13 | 300m: | 3:55.79        | 41.77 | 400m: | 5:15.41 | 37.92 |
| 5.            | OCKO Paulina            |         | 97      | CSIR MOS D browa Górnicza          |         |       |       | <b>5:16.25</b> | 409   |       |         |       |
|               | 50m:                    | 35.29   | 35.29   | 150m:                              | 1:54.48 | 40.03 | 250m: | 3:15.23        | 40.36 | 350m: | 4:36.24 | 40.69 |
|               | 100m:                   | 1:14.45 | 39.16   | 200m:                              | 2:34.87 | 40.39 | 300m: | 3:55.55        | 40.32 | 400m: | 5:16.25 | 40.01 |
| 6.            | GAD AŁA Agnieszka SR    |         | 97      | MKS-SMS Victoria Racibórz          |         |       |       | <b>5:23.07</b> | 384   |       |         |       |
|               | 50m:                    | 35.34   | 35.34   | 150m:                              | 1:57.04 | 41.26 | 250m: | 3:21.19        | 41.37 | 350m: | 4:44.79 | 41.28 |
|               | 100m:                   | 1:15.78 | 40.44   | 200m:                              | 2:39.82 | 42.78 | 300m: | 4:03.51        | 42.32 | 400m: | 5:23.07 | 38.28 |
| <b>15 lat</b> |                         |         |         |                                    |         |       |       |                |       |       |         |       |
| 1.            | OKAJ Oliwia             |         | 96      | Mks - Mos Katowice                 |         |       |       | <b>4:35.94</b> | 617   |       |         |       |
|               | 50m:                    | 31.62   | 31.62   | 150m:                              | 1:40.95 | 34.93 | 250m: | 2:51.77        | 35.96 | 350m: | 4:02.24 | 34.81 |
|               | 100m:                   | 1:06.02 | 34.40   | 200m:                              | 2:15.81 | 34.86 | 300m: | 3:27.43        | 35.66 | 400m: | 4:35.94 | 33.70 |
| 2.            | ZWICK Vanessa SR        |         | 96      | MKS-SMS Victoria Racibórz          |         |       |       | <b>4:44.63</b> | 562   |       |         |       |
|               | 50m:                    | 32.39   | 32.39   | 150m:                              | 1:43.09 | 35.83 | 250m: | 2:56.02        | 36.66 | 350m: | 4:09.70 | 37.11 |
|               | 100m:                   | 1:07.26 | 34.87   | 200m:                              | 2:19.36 | 36.27 | 300m: | 3:32.59        | 36.57 | 400m: | 4:44.63 | 34.93 |
| 3.            | NOWAK Sonia             |         | 96      | Ks Piatka Chorzów                  |         |       |       | <b>4:46.13</b> | 553   |       |         |       |
|               | 50m:                    | 34.40   | 34.40   | 150m:                              | 1:46.57 | 36.16 | 250m: | 2:58.99        | 36.24 | 350m: | 4:11.11 | 36.06 |
|               | 100m:                   | 1:10.41 | 36.01   | 200m:                              | 2:22.75 | 36.18 | 300m: | 3:35.05        | 36.06 | 400m: | 4:46.13 | 35.02 |
| 4.            | BARTOSZEK JOANNA        |         | 96      | Muks Gilus Gilowice                |         |       |       | <b>4:47.78</b> | 543   |       |         |       |
|               | 50m:                    | 32.66   | 32.66   | 150m:                              | 1:45.27 | 37.03 | 250m: | 2:58.83        | 36.30 | 350m: | 4:12.44 | 36.49 |
|               | 100m:                   | 1:08.24 | 35.58   | 200m:                              | 2:22.53 | 37.26 | 300m: | 3:35.95        | 37.12 | 400m: | 4:47.78 | 35.34 |
| 5.            | MILEWSKA Marta          |         | 96      | Ks Piatka Chorzów                  |         |       |       | <b>4:47.94</b> | 543   |       |         |       |
|               | 50m:                    | 33.45   | 33.45   | 150m:                              | 1:46.90 | 37.07 | 250m: | 3:00.79        | 36.87 | 350m: | 4:13.76 | 36.13 |
|               | 100m:                   | 1:09.83 | 36.38   | 200m:                              | 2:23.92 | 37.02 | 300m: | 3:37.63        | 36.84 | 400m: | 4:47.94 | 34.18 |
| 6.            | BOHDANOWICZ Michalina   |         | 96      | CSIR MOS D browa Górnicza          |         |       |       | <b>4:48.49</b> | 539   |       |         |       |
|               | 50m:                    | 33.58   | 33.58   | 150m:                              | 1:46.90 | 36.72 | 250m: | 3:00.25        | 36.61 | 350m: | 4:13.49 | 36.40 |
|               | 100m:                   | 1:10.18 | 36.60   | 200m:                              | 2:23.64 | 36.74 | 300m: | 3:37.09        | 36.84 | 400m: | 4:48.49 | 35.00 |
| 7.            | NAWARY SKA Katarzyna SR |         | 96      | MKS-SMS Victoria Racibórz          |         |       |       | <b>5:03.86</b> | 462   |       |         |       |
|               | 50m:                    | 32.71   | 32.71   | 150m:                              | 1:45.83 | 37.41 | 250m: | 3:04.58        | 40.19 | 350m: | 4:25.33 | 40.57 |
|               | 100m:                   | 1:08.42 | 35.71   | 200m:                              | 2:24.39 | 38.56 | 300m: | 3:44.76        | 40.18 | 400m: | 5:03.86 | 38.53 |
| 8.            | WI NIEWSKA Kamila SR    |         | 96      | MKS-SMS Victoria Racibórz          |         |       |       | <b>5:11.92</b> | 427   |       |         |       |
|               | 50m:                    | 33.93   | 33.93   | 150m:                              | 1:51.63 | 39.45 | 250m: | 3:11.40        | 40.10 | 350m: | 4:32.69 | 41.07 |
|               | 100m:                   | 1:12.18 | 38.25   | 200m:                              | 2:31.30 | 39.67 | 300m: | 3:51.62        | 40.22 | 400m: | 5:11.92 | 39.23 |
| 9.            | SZNABEL Karolina        |         | 96      | Rybnicki Młodzieżowy Klub Sportowy |         |       |       | <b>5:26.66</b> | 371   |       |         |       |
|               | 50m:                    | 35.45   | 35.45   | 150m:                              | 1:56.08 | 41.15 | 250m: | 3:20.71        | 42.10 | 350m: | 4:46.25 | 42.54 |
|               | 100m:                   | 1:14.93 | 39.48   | 200m:                              | 2:38.61 | 42.53 | 300m: | 4:03.71        | 43.00 | 400m: | 5:26.66 | 40.41 |

Mistrzostwa I ska 14,15,16-18 lat  
Gliwice, 25- - 26-2-2011

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Konkurencja 19, Kobiet, 400m dowolny

16 - 18 lat

|    |                     |                     |                     |                     |     |
|----|---------------------|---------------------|---------------------|---------------------|-----|
| 1. | WAKUŁA Karolina     | 93                  | Azs Awf Katowice    | <b>4:35.05</b>      | 623 |
|    | 50m: 31.96 31.96    | 150m: 1:40.29 34.33 | 250m: 2:50.18 35.12 | 350m: 4:00.35 35.17 |     |
|    | 100m: 1:05.96 34.00 | 200m: 2:15.06 34.77 | 300m: 3:25.18 35.00 | 400m: 4:35.05 34.70 |     |
| 2. | SZKROBOCZ Martyna   | 95                  | UKS Ruda I ska      | <b>4:44.72</b>      | 561 |
|    | 50m: 32.62 32.62    | 150m: 1:44.08 35.56 | 250m: 2:56.55 36.27 | 350m: 4:08.93 35.98 |     |
|    | 100m: 1:08.52 35.90 | 200m: 2:20.28 36.20 | 300m: 3:32.95 36.40 | 400m: 4:44.72 35.79 |     |
| PK | KURKIEWICZ Kamila   | 97                  | Ukp Unia            | <b>5:10.64</b>      | 432 |
|    | 50m: 34.12 34.12    | 150m: 1:51.39 39.31 | 250m: 3:11.11 39.84 | 350m: 4:30.88 40.17 |     |
|    | 100m: 1:12.08 37.96 | 200m: 2:31.27 39.88 | 300m: 3:50.71 39.60 | 400m: 5:10.64 39.76 |     |
| PK | CHOROMA SKA Natalia | 97                  | Ukp Unia            | <b>5:28.94</b>      | 364 |
|    | 50m: 37.23 37.23    | 150m: 2:00.26 41.80 | 250m: 3:23.58 41.62 | 350m: 4:46.79 41.41 |     |
|    | 100m: 1:18.46 41.23 | 200m: 2:41.96 41.70 | 300m: 4:05.38 41.80 | 400m: 5:28.94 42.15 |     |