

Liga Klubów I skich rocznik 2000
Gliwice, 7-10-2011

Konkurencja 6
2011-10-07 - 11:30

Dziewcz ę t, 400m dowolny

11 lat
Wyniki

Rekord Polski 11 lat 4:46.69 KARPISZ, Milena TP Olimpijczyk Aleksandrów Ł. 2008-11-18

Pozycja			Rok ur.			Czas		Pkt.
1.	SOBIK, Oliwia		00			5:34.72		24
	50m:	37.79 37.79	150m:	2:03.26 43.31	250m:	3:30.01 43.41	350m:	4:55.40 42.44
	100m:	1:19.95 42.16	200m:	2:46.60 43.34	300m:	4:12.96 42.95	400m:	5:34.72 39.32
2.	JE OWSKA, Kamila		00			5:40.31		24
	50m:	38.26 38.26	150m:	2:05.17 43.78	250m:	4:16.35 1:26.87	350m:	
	100m:	1:21.39 43.13	200m:	2:49.48 44.31	300m:	4:59.62 43.27	400m:	5:40.31
3.	KOKOT, Angelika		00			5:58.92		20
	50m:	40.62 40.62	150m:	2:11.26 45.64	250m:	3:43.99 46.18	350m:	5:16.19 46.07
	100m:	1:25.62 45.00	200m:	2:57.81 46.55	300m:	4:30.12 46.13	400m:	5:58.92 42.73
4.	WISTU , Julia		00			6:05.61		18
	50m:	40.65 40.65	150m:	2:11.57 45.75	250m:	3:46.48 48.14	350m:	5:22.24 47.52
	100m:	1:25.82 45.17	200m:	2:58.34 46.77	300m:	4:34.72 48.24	400m:	6:05.61 43.37
5.	BARTOSZ, Kamila		00			6:12.88		16
	50m:	41.10 41.10	150m:	2:15.98 47.96	250m:	3:52.00 48.05	350m:	5:28.20 48.14
	100m:	1:28.02 46.92	200m:	3:03.95 47.97	300m:	4:40.06 48.06	400m:	6:12.88 44.68
6.	MARCZAK, Natalia		00			6:15.20		14
	50m:	39.61 39.61	150m:	2:14.01 48.18	250m:	3:53.79 50.30	350m:	5:30.20 47.73
	100m:	1:25.83 46.22	200m:	3:03.49 49.48	300m:	4:42.47 48.68	400m:	6:15.20 45.00
7.	BUGAJSKA, Natalia		00			6:15.30		12
	50m:	38.50 38.50	150m:	2:07.15 45.79	250m:	3:44.45 49.73	350m:	5:26.10 50.91
	100m:	1:21.36 42.86	200m:	2:54.72 47.57	300m:	4:35.19 50.74	400m:	6:15.30 49.20
8.	GAJTKOWSKA, ZUZANNA		00			6:15.47		10
	50m:	40.81 40.81	150m:	2:15.48 47.98	250m:	3:53.00 48.75	350m:	5:30.94 49.02
	100m:	1:27.50 46.69	200m:	3:04.25 48.77	300m:	4:41.92 48.92	400m:	6:15.47 44.53
9.	BILI SKA, Dominika		00			6:15.81		8
	50m:	40.82 40.82	150m:	2:15.84 48.60	250m:	3:51.76 48.39	350m:	5:29.34 48.88
	100m:	1:27.24 46.42	200m:	3:03.37 47.53	300m:	4:40.46 48.70	400m:	6:15.81 46.47
10.	BOHDANOWICZ, Emilia		00			6:18.40		6
	50m:	42.50 42.50	150m:	2:20.62 49.53	250m:	3:58.97 48.93	350m:	5:35.58 47.89
	100m:	1:31.09 48.59	200m:	3:10.04 49.42	300m:	4:47.69 48.72	400m:	6:18.40 42.82
11.	PIECZKA, MARTYNA		00			6:18.47		4
	50m:	42.07 42.07	150m:	2:19.30 49.55	250m:	3:56.60 48.32	350m:	5:32.95 47.70
	100m:	1:29.75 47.68	200m:	3:08.28 48.98	300m:	4:45.25 48.65	400m:	6:18.47 45.52
12.	WALUDA, Justyna		00			6:19.90		2
	50m:	43.05 43.05	150m:	2:24.21 50.48	250m:	4:02.96 49.70	350m:	5:39.46 47.79
	100m:	1:33.73 50.68	200m:	3:13.26 49.05	300m:	4:51.67 48.71	400m:	6:19.90 40.44
13.	AK, Klaudia		00			6:22.50		1
	50m:	42.04 42.04	150m:	2:21.37 51.27	250m:	4:51.03 48.41	350m:	5:39.04
	100m:	1:30.10 48.06	200m:	4:02.62 1:41.25	300m:		400m:	6:22.50 43.46
14.	DŁUGOSZ, Dominika		00			6:30.43		1
	50m:	41.66 41.66	150m:	2:18.26 49.20	250m:	3:58.94 50.40	350m:	5:41.54 51.60
	100m:	1:29.06 47.40	200m:	3:08.54 50.28	300m:	4:49.94 51.00	400m:	6:30.43 48.89
15.	PAPSZUN, Patrycja		00			6:32.36		1
	50m:	44.25 44.25	150m:	2:21.10 48.32	250m:	3:54.72 46.90	350m:	5:28.42 45.43
	100m:	1:32.78 48.53	200m:	3:07.82 46.72	300m:	4:42.99 48.27	400m:	6:32.36 1:03.94
16.	NIELABA, EWA		00			6:34.64		1
	50m:		150m:		250m:	4:07.24 50.66	350m:	5:46.83 48.88
	100m:		200m:	3:16.58	300m:	4:57.95 50.71	400m:	6:34.64 47.81
17.	KOZIOŁ, Adrianna		00			6:34.97		1
	50m:	44.88 44.88	150m:	2:25.45 50.87	250m:	4:08.10 51.44	350m:	5:47.70 49.63
	100m:	1:34.58 49.70	200m:	3:16.66 51.21	300m:	4:58.07 49.97	400m:	6:34.97 47.27

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Pozycja			Rok ur.		Czas				Pkt.
18.	TOMASIUK, Natalia		00		6:36.11				1
	50m:	42.72 42.72	150m:	2:22.41 50.94	250m:	4:05.32 51.10	350m:	5:47.70 50.73	
	100m:	1:31.47 48.75	200m:	3:14.22 51.81	300m:	4:56.97 51.65	400m:	6:36.11 48.41	
19.	WEISER, Maja		00		6:37.71				1
	50m:	42.60 42.60	150m:	2:26.61 52.73	250m:	4:09.34 51.11	350m:	5:51.67 51.42	
	100m:	1:33.88 51.28	200m:	3:18.23 51.62	300m:	5:00.25 50.91	400m:	6:37.71 46.04	
20.	M DRELA, Marta		00		6:40.84				1
	50m:	44.41 44.41	150m:		250m:		350m:	5:46.71	
	100m:		200m:	3:17.76	300m:		400m:	6:40.84 54.13	
21.	KAŁU A, Alicja		00		6:42.71				
	50m:	44.14 44.14	150m:	2:25.14 50.79	250m:	4:08.85 51.90	350m:	5:52.04 50.67	
	100m:	1:34.35 50.21	200m:	3:16.95 51.81	300m:	5:01.37 52.52	400m:	6:42.71 50.67	
22.	I YCKA, Marta		00		6:42.75				
	50m:	41.59 41.59	150m:	2:23.55 52.47	250m:	4:09.74 53.30	350m:	5:54.67 50.06	
	100m:	1:31.08 49.49	200m:	3:16.44 52.89	300m:	5:04.61 54.87	400m:	6:42.75 48.08	
23.	PRZEGENZA, Agata		00		6:44.86				
	50m:	43.14 43.14	150m:	2:26.44 52.33	250m:	4:09.36 52.17	350m:	5:55.25 52.63	
	100m:	1:34.11 50.97	200m:	3:17.19 50.75	300m:	5:02.62 53.26	400m:	6:44.86 49.61	
24.	GOŁ BIEWSKA, Zuzanna		00		6:45.38				
	50m:	45.15 45.15	150m:	2:27.22 51.94	250m:	4:12.65 52.88	350m:	5:57.35 52.19	
	100m:	1:35.28 50.13	200m:	3:19.77 52.55	300m:	5:05.16 52.51	400m:	6:45.38 48.03	
25.	ZUCHOWICZ, Martyna		00		6:45.90				
	50m:	46.55 46.55	150m:	2:31.55 53.18	250m:	5:10.50 52.86	350m:		
	100m:	1:38.37 51.82	200m:	4:17.64 1:46.09	300m:		400m:	6:45.90	
26.	KRZEMIE , Agnieszka		00		6:47.29				
	50m:	42.99 42.99	150m:	2:25.89 52.47	250m:	4:11.28 52.60	350m:	5:56.10 52.46	
	100m:	1:33.42 50.43	200m:	3:18.68 52.79	300m:	5:03.64 52.36	400m:	6:47.29 51.19	
27.	KRO NICKA, Wiktoria		00		6:48.90				
	50m:	41.88 41.88	150m:	2:22.48 51.10	250m:		350m:		
	100m:	1:31.38 49.50	200m:		300m:		400m:	6:48.90	
28.	KLEMCZAK, Anna		00		6:51.07				
	50m:	45.12 45.12	150m:	2:31.78 53.79	250m:	4:17.78 52.71	350m:	6:02.74 52.16	
	100m:	1:37.99 52.87	200m:	3:25.07 53.29	300m:	5:10.58 52.80	400m:	6:51.07 48.33	
29.	KNAP, Zuzanna		00		6:58.09				
	50m:	46.41 46.41	150m:	2:33.24 53.67	250m:		350m:		
	100m:	1:39.57 53.16	200m:		300m:	6:07.30	400m:	6:58.09	
30.	STRYJECKA, Natalia		00		6:59.04				
	50m:	46.01 46.01	150m:	2:33.96 54.43	250m:	4:22.23 53.74	350m:	6:09.52 53.56	
	100m:	1:39.53 53.52	200m:	3:28.49 54.53	300m:	5:15.96 53.73	400m:	6:59.04 49.52	
31.	KNAPIK, Katarzyna		00		7:03.04				
	50m:	45.57 45.57	150m:	2:32.83 54.59	250m:	4:22.68 55.73	350m:	6:11.48 53.78	
	100m:	1:38.24 52.67	200m:	3:26.95 54.12	300m:	5:17.70 55.02	400m:	7:03.04 51.56	
32.	STACHOWIAK, Julia		00		7:03.18				
	50m:	41.45 41.45	150m:	2:28.03 53.90	250m:	4:20.29 56.46	350m:		
	100m:	1:34.13 52.68	200m:	3:23.83 55.80	300m:	5:17.56 57.27	400m:	7:03.18	
33.	MALARZ, El bieta		00		7:06.23				
	50m:	47.83 47.83	150m:	2:37.03 54.83	250m:	4:26.38 54.38	350m:	6:12.01 53.30	
	100m:	1:42.20 54.37	200m:	3:32.00 54.97	300m:	5:18.71 52.33	400m:	7:06.23 54.22	
34.	SZUST, Patrycja		00		7:08.40				
	50m:	48.85 48.85	150m:	2:40.17 55.60	250m:	4:31.08 55.63	350m:	6:20.85 54.32	
	100m:	1:44.57 55.72	200m:	3:35.45 55.28	300m:	5:26.53 55.45	400m:	7:08.40 47.55	
35.	BRZozowska, Daria		00		7:25.27				
	50m:	47.68 47.68	150m:	2:41.16 58.33	250m:	4:35.70 57.05	350m:	6:32.93 58.66	
	100m:	1:42.83 55.15	200m:	3:38.65 57.49	300m:	5:34.27 58.57	400m:	7:25.27 52.34	

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Pozycja			Rok ur.			Czas		Pkt.		
36.	BANASZAK, Patrycja		00			7:26.24				
	50m:	46.55 46.55	150m:	2:40.65	58.18	250m:	4:37.29	58.24	350m:	6:34.04 57.82
	100m:	1:42.47 55.92	200m:	3:39.05	58.40	300m:	5:36.22	58.93	400m:	7:26.24 52.20
37.	BIEDRO , Wiktoria		00			7:28.51				
	50m:	49.82 49.82	150m:	2:43.19	56.87	250m:	4:40.21	58.67	350m:	6:36.67 58.39
	100m:	1:46.32 56.50	200m:	3:41.54	58.35	300m:	5:38.28	58.07	400m:	7:28.51 51.84
38.	MARSZCZYK, Beata		00			7:28.98				
	50m:	48.80 48.80	150m:	2:39.56	55.85	250m:	4:34.48	58.96	350m:	6:29.01 55.93
	100m:	1:43.71 54.91	200m:	3:35.52	55.96	300m:	5:33.08	58.60	400m:	7:28.98 59.97
39.	DECKERT, Hanna		00			7:34.29				
	50m:	49.25 49.25	150m:	2:44.10	58.33	250m:	4:43.80	59.78	350m:	6:42.41 58.42
	100m:	1:45.77 56.52	200m:	3:44.02	59.92	300m:	5:43.99	1:00.19	400m:	7:34.29 51.88
40.	PÓLKOWSK, Agnieszka		00			7:45.06				
	50m:	48.03 48.03	150m:	2:46.35	1:00.04	250m:	4:46.22	1:00.92	350m:	6:48.39 1:02.05
	100m:	1:46.31 58.28	200m:	3:45.30	58.95	300m:	5:46.34	1:00.12	400m:	7:45.06 56.67
41.	SZAFORZ, Weronika		00			7:52.73				
	50m:	48.52 48.52	150m:	2:48.42	1:02.30	250m:	4:50.54	1:02.02	350m:	6:54.88 1:01.72
	100m:	1:46.12 57.60	200m:	3:48.52	1:00.10	300m:	5:53.16	1:02.62	400m:	7:52.73 57.85
42.	GRZYBOWSKA, Agata		00			8:11.21				
	50m:	47.76 47.76	150m:	2:52.32	1:05.06	250m:	5:03.14	1:05.88	350m:	7:15.62 1:06.40
	100m:	1:47.26 59.50	200m:	3:57.26	1:04.94	300m:	6:09.22	1:06.08	400m:	8:11.21 55.59
43.	KRZYWDA, Sara		00			8:19.94				
	50m:	49.70 49.70	150m:	2:50.65	1:01.61	250m:	5:02.77	1:07.43	350m:	7:15.83 1:07.46
	100m:	1:49.04 59.34	200m:	3:55.34	1:04.69	300m:	6:08.37	1:05.60	400m:	8:19.94 1:04.11
44.	KIRYŁOWICZ, Julia		00			8:23.65				
	50m:	47.23 47.23	150m:	2:53.33	1:04.37	250m:	5:03.26	1:05.25	350m:	7:17.54 1:08.28
	100m:	1:48.96 1:01.73	200m:	3:58.01	1:04.68	300m:	6:09.26	1:06.00	400m:	8:23.65 1:06.11
45.	SZL K, Katarzyna		00			8:34.60				
	50m:	54.38 54.38	150m:	3:04.17	1:05.62	250m:			350m:	
	100m:	1:58.55 1:04.17	200m:	4:11.14	1:06.97	300m:	7:33.44		400m:	8:34.60
46.	CHMIEL, Karolina		00			8:45.42				
	50m:	51.68 51.68	150m:	3:05.85	1:08.03	250m:	5:22.56	1:08.19	350m:	7:40.79 1:10.81
	100m:	1:57.82 1:06.14	200m:	4:14.37	1:08.52	300m:	6:29.98	1:07.42	400m:	8:45.42 1:04.63
DYSKW.	ŁYSAKOWSKA, Wiktoria		00			8:09.59				
	<i>D-2 - Brak kontaktu fizycznego ze scian nawrotow</i>									
	50m:	51.79 51.79	150m:			250m:	5:03.57	1:03.83	350m:	7:13.56 1:05.42
	100m:	1:53.66 1:01.87	200m:	3:59.74		300m:	6:08.14	1:04.57	400m:	8:09.59 56.03
NIE UK.	SZŁAPA, Beata		00							
	50m:		150m:			250m:			350m:	
	100m:		200m:			300m:			400m:	