

Mistrzostwa Polski Juniorów 16 lat w Pływaniu.
Gliwice, 13-15.07.2012

Event 11
2012-07-13 - 18:30

Girls, 400m Medley

16 years
Results Final

RP Senior	4:36.95	Baranowska Katarzyna	MKP Szczecin	2008-08-09
RP 16 lat	4:48.17	Czopek Agnieszka	MKS Jordan Kraków	1980-07-26

Points: FINA 2012

Rank			YB							Time	Pts	
Final												
1.	SZPUCHA KATARZYNA		96	Tp Olimpijczyk Aleksandrow Lodzki						5:03.27	701	
	50m:	31.47	31.47	150m:	1:45.23	38.42	250m:	3:06.08	42.73	350m:	4:26.58	37.03
	100m:	1:06.81	35.34	200m:	2:23.35	38.12	300m:	3:49.55	43.47	400m:	5:03.27	36.69
2.	NIENALTOWSKA NATALIA		96	Mks Polonia Warszawa						5:04.77	691	
	50m:	31.05	31.05	150m:	1:45.33	38.37	250m:	3:08.40	44.67	350m:	4:30.24	36.21
	100m:	1:06.96	35.91	200m:	2:23.73	38.40	300m:	3:54.03	45.63	400m:	5:04.77	34.53
3.	ZYGO Karolina		96	KS OLIMPIA Lublin						5:05.16	688	
	50m:	33.59	33.59	150m:	1:49.42	39.38	250m:	3:12.29	45.21	350m:	4:32.59	34.43
	100m:	1:10.04	36.45	200m:	2:27.08	37.66	300m:	3:58.16	45.87	400m:	5:05.16	32.57
4.	Bakies Gabriela		96	UKS "Piatka" Konstanynow Lodzki						5:05.86	683	
	50m:	32.07	32.07	150m:	1:46.53	38.90	250m:	3:10.41	45.10	350m:	4:31.81	35.91
	100m:	1:07.63	35.56	200m:	2:25.31	38.78	300m:	3:55.90	45.49	400m:	5:05.86	34.05
5.	Zbrojewska Michalina		96	UKS "Piatka" Konstanynow Lodzki						5:11.28	648	
	50m:	33.06	33.06	150m:	1:52.44	40.98	250m:	3:15.22	42.72	350m:	4:34.57	36.75
	100m:	1:11.46	38.40	200m:	2:32.50	40.06	300m:	3:57.82	42.60	400m:	5:11.28	36.71
6.	Rogacz Katarzyna SR		96	MKS-SMS Victoria Raciborz						5:14.13	631	
	50m:	32.63	32.63	150m:	1:50.20	39.50	250m:	3:14.83	44.85	350m:	4:38.12	36.88
	100m:	1:10.70	38.07	200m:	2:29.98	39.78	300m:	4:01.24	46.41	400m:	5:14.13	36.01
7.	Halagiera Joanna		96	MKP Slowianka Gorzow Wlkp.						5:19.71	598	
	50m:	33.20	33.20	150m:	1:53.33	42.15	250m:	3:21.17	46.80	350m:	4:44.62	35.60
	100m:	1:11.18	37.98	200m:	2:34.37	41.04	300m:	4:09.02	47.85	400m:	5:19.71	35.09
8.	Popiel Joanna		96	UKS G - 8 Bielany						5:25.58	566	
	50m:	34.81	34.81	150m:	1:58.15	42.86	250m:	3:27.47	48.58	350m:	4:53.06	37.40
	100m:	1:15.29	40.48	200m:	2:38.89	40.74	300m:	4:15.66	48.19	400m:	5:25.58	32.52