

Mistrzostwa Polski Juniorów 16 lat w Pływaniu.
Gliwice, 13-15.07.2012

Event 11
2012-07-13 - 10:50

Girls, 400m Medley

16 years
Results Prelim

| | | | | |
|-----------|---------|----------------------|-------------------|------------|
| RP Senior | 4:36.95 | Baranowska Katarzyna | MKP Szczecin | 2008-08-09 |
| RP 16 lat | 4:48.17 | Czopek Agnieszka | MKS Jordan Kraków | 1980-07-26 |

Points: FINA 2012

| Rank | | | YB | | | | | | | Time | Pts | |
|------|----------------------|---------|-------|-----------------------------------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. | Zbrojewska Michalina | | 96 | UKS "Piatka" Konstantinow Lodzki | | | | | | 5:07.99 | 669 A | |
| | 50m: | 32.79 | 32.79 | 150m: | 1:52.38 | 41.56 | 250m: | 3:14.72 | 41.87 | 350m: | 4:33.56 | 37.00 |
| | 100m: | 1:10.82 | 38.03 | 200m: | 2:32.85 | 40.47 | 300m: | 3:56.56 | 41.84 | 400m: | 5:07.99 | 34.43 |
| 2. | SZPUCHA KATARZYNA | | 96 | Tp Olimpijczyk Aleksandrow Lodzki | | | | | | 5:08.38 | 667 A | |
| | 50m: | 32.31 | 32.31 | 150m: | 1:48.19 | 39.73 | 250m: | 3:11.00 | 43.88 | 350m: | 4:33.69 | 37.73 |
| | 100m: | 1:08.46 | 36.15 | 200m: | 2:27.12 | 38.93 | 300m: | 3:55.96 | 44.96 | 400m: | 5:08.38 | 34.69 |
| 3. | Bakies Gabriela | | 96 | UKS "Piatka" Konstantinow Lodzki | | | | | | 5:09.63 | 659 A | |
| | 50m: | 32.84 | 32.84 | 150m: | 1:48.40 | 39.32 | 250m: | 3:13.59 | 45.86 | 350m: | 4:35.28 | 35.73 |
| | 100m: | 1:09.08 | 36.24 | 200m: | 2:27.73 | 39.33 | 300m: | 3:59.55 | 45.96 | 400m: | 5:09.63 | 34.35 |
| 4. | ZYGO Karolina | | 96 | KS OLIMPIA Lublin | | | | | | 5:11.03 | 650 A | |
| | 50m: | 34.12 | 34.12 | 150m: | 1:51.57 | 39.36 | 250m: | 3:13.88 | 43.90 | 350m: | 4:35.71 | 35.92 |
| | 100m: | 1:12.21 | 38.09 | 200m: | 2:29.98 | 38.41 | 300m: | 3:59.79 | 45.91 | 400m: | 5:11.03 | 35.32 |
| 5. | NIENALTOWSKA NATALIA | | 96 | Mks Polonia Warszawa | | | | | | 5:15.73 | 621 A | |
| | 50m: | 33.59 | 33.59 | 150m: | 1:50.11 | 38.34 | 250m: | 3:14.44 | 46.13 | 350m: | 4:38.84 | 38.65 |
| | 100m: | 1:11.77 | 38.18 | 200m: | 2:28.31 | 38.20 | 300m: | 4:00.19 | 45.75 | 400m: | 5:15.73 | 36.89 |
| 6. | Rogacz Katarzyna SR | | 96 | MKS-SMS Victoria Raciborz | | | | | | 5:19.16 | 601 A | |
| | 50m: | 33.08 | 33.08 | 150m: | 1:52.87 | 40.35 | 250m: | 3:18.05 | 44.56 | 350m: | 4:42.21 | 37.63 |
| | 100m: | 1:12.52 | 39.44 | 200m: | 2:33.49 | 40.62 | 300m: | 4:04.58 | 46.53 | 400m: | 5:19.16 | 36.95 |
| 7. | Halagiera Joanna | | 96 | MKP Slowianka Gorzow Wlkp. | | | | | | 5:19.19 | 601 A | |
| | 50m: | 33.76 | 33.76 | 150m: | 1:54.37 | 42.14 | 250m: | 3:23.04 | 47.24 | 350m: | 4:45.49 | 35.40 |
| | 100m: | 1:12.23 | 38.47 | 200m: | 2:35.80 | 41.43 | 300m: | 4:10.09 | 47.05 | 400m: | 5:19.19 | 33.70 |
| 8. | Popiel Joanna | | 96 | UKS G - 8 Bielany | | | | | | 5:19.36 | 600 A | |
| | 50m: | 34.37 | 34.37 | 150m: | 1:54.07 | 40.15 | 250m: | 3:22.59 | 48.13 | 350m: | 4:45.95 | 35.99 |
| | 100m: | 1:13.92 | 39.55 | 200m: | 2:34.46 | 40.39 | 300m: | 4:09.96 | 47.37 | 400m: | 5:19.36 | 33.41 |
| 9. | CZLOWIEK ROKSANA SO | | 96 | Ukp „Unia” Oswiecim | | | | | | 5:20.32 | 595 R | |
| | 50m: | 33.85 | 33.85 | 150m: | 1:55.56 | 41.95 | 250m: | 3:20.80 | 44.73 | 350m: | 4:44.32 | 38.12 |
| | 100m: | 1:13.61 | 39.76 | 200m: | 2:36.07 | 40.51 | 300m: | 4:06.20 | 45.40 | 400m: | 5:20.32 | 36.00 |
| 10. | WYDRYSZEK KINGA | | 96 | Mks Polonia Warszawa | | | | | | 5:23.18 | 579 R | |
| | 50m: | 33.55 | 33.55 | 150m: | 1:56.29 | 42.59 | 250m: | 3:23.64 | 45.24 | 350m: | 4:47.39 | 37.30 |
| | 100m: | 1:13.70 | 40.15 | 200m: | 2:38.40 | 42.11 | 300m: | 4:10.09 | 46.45 | 400m: | 5:23.18 | 35.79 |
| 11. | Ciupa Aleksandra | | 96 | MUKS Pietnastka Bydgoszcz | | | | | | 5:26.18 | 563 | |
| | 50m: | 35.04 | 35.04 | 150m: | 1:56.78 | 42.54 | 250m: | 3:24.43 | 46.51 | 350m: | 4:49.11 | 37.50 |
| | 100m: | 1:14.24 | 39.20 | 200m: | 2:37.92 | 41.14 | 300m: | 4:11.61 | 47.18 | 400m: | 5:26.18 | 37.07 |
| 12. | Majos Paulina | | 96 | SL SALOS Cortile Kielce | | | | | | 5:26.93 | 559 | |
| | 50m: | 33.92 | 33.92 | 150m: | 1:56.01 | 42.67 | 250m: | 3:25.45 | 47.69 | 350m: | 4:51.02 | 37.16 |
| | 100m: | 1:13.34 | 39.42 | 200m: | 2:37.76 | 41.75 | 300m: | 4:13.86 | 48.41 | 400m: | 5:26.93 | 35.91 |
| 13. | Kwiatkowska Kaja | | 96 | KS Korona Krakow | | | | | | 5:48.58 | 461 | |
| | 50m: | 36.47 | 36.47 | 150m: | 2:04.38 | 45.48 | 250m: | 3:38.06 | 51.41 | 350m: | 5:10.52 | 41.35 |
| | 100m: | 1:18.90 | 42.43 | 200m: | 2:46.65 | 42.27 | 300m: | 4:29.17 | 51.11 | 400m: | 5:48.58 | 38.06 |