

Mistrzostwa Polski Juniorów 16 lat w Pływaniu.  
Gliwice, 13-15.07.2012

Konkurencja 12  
2012-07-13 - 18:35

Chłopców, 400m zmienny

16 lat  
Wyniki Finał

RP Senior	4:12.28	Matczak Mateusz	MKS Trójka Łód	2009-07-11
RP 16 lat	4:27.40	Cie lak Marcin	MUKP Warszawianka SK	2008-12-06

Punkty: FINA 2012

Pozycja			Rok ur.			Czas	Pkt.	
<b>Finał</b>								
1.	<b>WOJDAK WOJCIECH SO</b>		96	<b>BOSiR BRZESKO</b>		<b>4:35.39</b>	694	
	50m: 29.05 29.05	150m: 1:38.89		36.52	250m: 2:51.94	37.87	350m: 4:03.69	31.67
	100m: 1:02.37 33.32	200m: 2:14.07		35.18	300m: 3:32.02	40.08	400m: 4:35.39	31.70
2.	<b>ST PIE KONRAD</b>		96	<b>Mks Polonia Warszawa</b>		<b>4:39.27</b>	665	
	50m: 28.60 28.60	150m: 1:39.49		37.44	250m: 2:55.05	38.69	350m: 4:07.16	32.87
	100m: 1:02.05 33.45	200m: 2:16.36		36.87	300m: 3:34.29	39.24	400m: 4:39.27	32.11
3.	<b>Hulbój Marcin</b>		96	<b>MKP Szczecin</b>		<b>4:43.28</b>	637	
	50m: 30.48 30.48	150m: 1:44.13		38.24	250m: 2:59.54	37.66	350m: 4:10.34	32.78
	100m: 1:05.89 35.41	200m: 2:21.88		37.75	300m: 3:37.56	38.02	400m: 4:43.28	32.94
4.	<b>FREMEL DAWID SO</b>		96	<b>Ukp „Unia” O wi cim</b>		<b>4:46.15</b>	618	
	50m: 30.20 30.20	150m: 1:44.61		39.86	250m: 3:01.15	37.79	350m: 4:13.54	33.61
	100m: 1:04.75 34.55	200m: 2:23.36		38.75	300m: 3:39.93	38.78	400m: 4:46.15	32.61
5.	<b>Salik Jakub</b>		96	<b>MKS Juvenia Wrocław</b>		<b>4:48.63</b>	602	
	50m: 30.07 30.07	150m: 1:43.57		39.49	250m: 3:00.58	38.83	350m: 4:15.23	34.81
	100m: 1:04.08 34.01	200m: 2:21.75		38.18	300m: 3:40.42	39.84	400m: 4:48.63	33.40
6.	<b>Wertepny Damian</b>		96	<b>UKS Shark Rudna</b>		<b>4:49.35</b>	598	
	50m: 30.93 30.93	150m: 1:44.14		36.04	250m: 3:00.90	40.69	350m: 4:16.40	33.03
	100m: 1:08.10 37.17	200m: 2:20.21		36.07	300m: 3:43.37	42.47	400m: 4:49.35	32.95
7.	<b>Falis Dawid</b>		96	<b>MOS D browa Górnicza</b>		<b>4:52.60</b>	578	
	50m: 28.99 28.99	150m: 1:40.03		37.40	250m: 2:58.80	40.76	350m: 4:16.60	35.74
	100m: 1:02.63 33.64	200m: 2:18.04		38.01	300m: 3:40.86	42.06	400m: 4:52.60	36.00
8.	<b>Rutkowski Krzysztof</b>		96	<b>MTP Lublinianka</b>		<b>4:53.10</b>	575	
	50m: 29.21 29.21	150m: 1:43.18		39.08	250m: 3:02.75	39.75	350m: 4:19.30	33.97
	100m: 1:04.10 34.89	200m: 2:23.00		39.82	300m: 3:45.33	42.58	400m: 4:53.10	33.80