

Mistrzostwa Polski Juniorów 16 lat w Pływaniu.
Gliwice, 13-15.07.2012

Event 12 Boys, 400m Medley 16 years
2012-07-13 - 11:05 Results Prelim

RP Senior 4:12.28 Matczak Mateusz MKS Trójka Łód 2009-07-11
RP 16 lat 4:27.40 Cie lak Marcin MUKP Warszawianka SK 2008-12-06

Points: FINA 2012

Rank			YB					Time	Pts	
1.	STEPIEN KONRAD		96	Mks Polonia Warszawa				4:42.40	643	A
	50m:	29.41 29.41	150m:	1:40.63 37.16	250m:	2:57.53 39.87	350m:	4:09.99 33.15		
	100m:	1:03.47 34.06	200m:	2:17.66 37.03	300m:	3:36.84 39.31	400m:	4:42.40 32.41		
2.	WOJDAK WOJCIECH SO		96	BOSiR BRZESKO				4:42.88	640	A
	50m:	29.22 29.22	150m:	1:40.03 37.09	250m:	2:57.26 40.81	350m:	4:11.16 32.58		
	100m:	1:02.94 33.72	200m:	2:16.45 36.42	300m:	3:38.58 41.32	400m:	4:42.88 31.72		
3.	Salik Jakub		96	MKS Juvenia Wroclaw				4:46.05	619	A
	50m:	30.25 30.25	150m:	1:42.32 38.03	250m:	2:58.33 38.51	350m:	4:12.31 33.85		
	100m:	1:04.29 34.04	200m:	2:19.82 37.50	300m:	3:38.46 40.13	400m:	4:46.05 33.74		
4.	Rutkowski Krzysztof		96	MTP Lublinianka				4:47.54	609	A
	50m:	29.51 29.51	150m:	1:42.77 38.66	250m:	3:02.12 40.69	350m:	4:15.81 32.36		
	100m:	1:04.11 34.60	200m:	2:21.43 38.66	300m:	3:43.45 41.33	400m:	4:47.54 31.73		
5.	Falis Dawid		96	MOS Dabrowa Gornicza				4:47.69	608	A
	50m:	29.94 29.94	150m:	1:40.76 36.37	250m:	2:59.77 41.55	350m:	4:15.55 33.80		
	100m:	1:04.39 34.45	200m:	2:18.22 37.46	300m:	3:41.75 41.98	400m:	4:47.69 32.14		
6.	Hulboj Marcin		96	MKP Szczecin				4:50.05	594	A
	50m:	30.92 30.92	150m:	1:45.68 39.06	250m:	3:03.10 39.13	350m:	4:17.60 34.89		
	100m:	1:06.62 35.70	200m:	2:23.97 38.29	300m:	3:42.71 39.61	400m:	4:50.05 32.45		
7.	FREMEL DAWID SO		96	Ukp „Unia" Oswiecim				4:50.21	593	A
	50m:	31.33 31.33	150m:	1:47.05 40.36	250m:	3:04.76 38.82	350m:	4:17.69 33.53		
	100m:	1:06.69 35.36	200m:	2:25.94 38.89	300m:	3:44.16 39.40	400m:	4:50.21 32.52		
8.	Wertepny Damian		96	UKS Shark Rudna				4:51.34	586	A
	50m:	29.53 29.53	150m:	1:40.60 36.86	250m:	2:59.00 41.72	350m:	4:17.00 35.02		
	100m:	1:03.74 34.21	200m:	2:17.28 36.68	300m:	3:41.98 42.98	400m:	4:51.34 34.34		
9.	Majewski Lukasz		96	MKP Slowianka Gorzow Wilkp.				4:53.26	574	R
	50m:	30.02 30.02	150m:	1:44.59 39.08	250m:	3:03.34 41.68	350m:	4:20.13 34.86		
	100m:	1:05.51 35.49	200m:	2:21.66 37.07	300m:	3:45.27 41.93	400m:	4:53.26 33.13		
10.	Wolaneck Szymon		96	SKS Start Lodz				4:54.14	569	R
	50m:	29.80 29.80	150m:	1:42.96 38.97	250m:	3:04.49 43.13	350m:	4:21.44 33.52		
	100m:	1:03.99 34.19	200m:	2:21.36 38.40	300m:	3:47.92 43.43	400m:	4:54.14 32.70		
11.	Biszkont Damian		96	KP AVIA Swidnik				4:57.98	547	
	50m:	30.65 30.65	150m:	1:44.16 38.76	250m:	3:01.70 38.74	350m:	4:25.61 34.55		
	100m:	1:05.40 34.75	200m:	2:22.96 38.80	300m:	3:51.06 49.36	400m:	4:57.98 32.37		
12.	Kaminiarz Jakub		96	Astromal Akwawit Leszno				5:00.25	535	
	50m:	31.80 31.80	150m:	1:47.37 39.49	250m:	3:07.76 41.11	350m:	4:24.98 35.22		
	100m:	1:07.88 36.08	200m:	2:26.65 39.28	300m:	3:49.76 42.00	400m:	5:00.25 35.27		
13.	LESKIEWICZ KONRAD		96	Mks Polonia Warszawa				5:03.41	519	
	50m:	30.52 30.52	150m:	1:45.15 39.42	250m:	3:07.86 44.85	350m:	4:28.81 35.27		
	100m:	1:05.73 35.21	200m:	2:23.01 37.86	300m:	3:53.54 45.68	400m:	5:03.41 34.60		
14.	Stiller Piotr		96	Dwojka Morena Gdansk				5:11.02	481	
	50m:	31.07 31.07	150m:	1:47.05 40.22	250m:	3:12.47 45.54	350m:	4:36.10 36.81		
	100m:	1:06.83 35.76	200m:	2:26.93 39.88	300m:	3:59.29 46.82	400m:	5:11.02 34.92		
15.	Pietrzak Sebastian		96	MKP Slowianka Gorzow Wilkp.				5:22.36	432	
	50m:	32.52 32.52	150m:	1:53.95 43.19	250m:	3:22.07 46.09	350m:	4:46.09 37.89		
	100m:	1:10.76 38.24	200m:	2:35.98 42.03	300m:	4:08.20 46.13	400m:	5:22.36 36.27		