

Mistrzostwa Polski Juniorów 16 lat w Pływaniu.
Gliwice, 13-15.07.2012

Event 20 Boys, 400m Freestyle 16 years
2012-07-14 - 9:55 Results Prelim

RP Senior 3:45.71 Sta czyk Przemysław MKP Szczecin 2007-08-21
RP 16 lat 3:57.20 Pielowski Krzysztof MTP Kormoran Olsztyn 2007-12-01

Points: FINA 2012

Rank			YB					Time	Pts
1.	WOJDAK WOJCIECH SO		96	BOSiR BRZESKO				4:08.10	697 A
	50m:	28.54 28.54	150m:	1:32.07	31.76	250m:	2:34.63 31.10	350m:	3:37.27 31.30
	100m:	1:00.31 31.77	200m:	2:03.53	31.46	300m:	3:05.97 31.34	400m:	4:08.10 30.83
2.	Jura Maciej		96	UKS Jagiellonka Warszawa				4:10.79	675 A
	50m:	28.93 28.93	150m:	1:32.21	31.57	250m:	2:36.07 31.97	350m:	3:40.95 32.41
	100m:	1:00.64 31.71	200m:	2:04.10	31.89	300m:	3:08.54 32.47	400m:	4:10.79 29.84
3.	Domanski Kacper		96	KORNER Zielona Gora				4:10.81	675 A
	50m:	28.21 28.21	150m:	1:30.57	31.58	250m:	2:34.43 31.74	350m:	3:38.93 32.14
	100m:	58.99 30.78	200m:	2:02.69	32.12	300m:	3:06.79 32.36	400m:	4:10.81 31.88
4.	Olender Karol		96	Dwojka Morena Gdansk				4:11.70	668 A
	50m:	29.41 29.41	150m:	1:33.57	32.06	250m:	2:37.24 31.43	350m:	3:40.86 31.75
	100m:	1:01.51 32.10	200m:	2:05.81	32.24	300m:	3:09.11 31.87	400m:	4:11.70 30.84
5.	Szymula Kamil		96	KP AVIA Swidnik				4:13.79	652 A
	50m:	28.63 28.63	150m:	1:32.47	31.93	250m:	2:36.37 31.94	350m:	3:41.49 32.29
	100m:	1:00.54 31.91	200m:	2:04.43	31.96	300m:	3:09.20 32.83	400m:	4:13.79 32.30
6.	Ciesielski Filip		96	MUKS Pietnastka Bydgoszcz				4:14.06	649 A
	50m:	28.97 28.97	150m:	1:33.99	32.87	250m:	2:39.66 32.59	350m:	3:43.39 30.87
	100m:	1:01.12 32.15	200m:	2:07.07	33.08	300m:	3:12.52 32.86	400m:	4:14.06 30.67
7.	Skrzypiec Wojciech		96	AZS AWF Katowice				4:14.57	646 A
	50m:	30.03 30.03	150m:	1:34.76	32.51	250m:	2:39.11 31.67	350m:	3:43.63 32.73
	100m:	1:02.25 32.22	200m:	2:07.44	32.68	300m:	3:10.90 31.79	400m:	4:14.57 30.94
8.	STANKIEWICZ DOMINIK SO		96	Ukp „Unia” Oswiecim				4:15.18	641 A
	50m:	28.36 28.36	150m:	1:33.42	32.33	250m:	2:39.25 32.61	350m:	3:45.18 32.95
	100m:	1:01.09 32.73	200m:	2:06.64	33.22	300m:	3:12.23 32.98	400m:	4:15.18 30.00
9.	Krycia Mateusz		96	KS KSZO Otwoiec Swietokrzyski				4:15.26	640 B
	50m:	29.21 29.21	150m:	1:33.06	32.34	250m:	2:39.13 33.20	350m:	3:44.28 32.38
	100m:	1:00.72 31.51	200m:	2:05.93	32.87	300m:	3:11.90 32.77	400m:	4:15.26 30.98
10.	KOSCIELAK Adam		96	K.S.Warta Poznan				4:15.67	637 B
	50m:	29.06 29.06	150m:	1:34.43	33.00	250m:	2:40.23 32.81	350m:	3:45.11 32.39
	100m:	1:01.43 32.37	200m:	2:07.42	32.99	300m:	3:12.72 32.49	400m:	4:15.67 30.56
11.	Ksiazek Sebastian		96	KS KSZO Otwoiec Swietokrzyski				4:16.15	634 B
	50m:	28.79 28.79	150m:	1:33.15	32.58	250m:	2:39.09 32.96	350m:	3:45.02 32.46
	100m:	1:00.57 31.78	200m:	2:06.13	32.98	300m:	3:12.56 33.47	400m:	4:16.15 31.13
12.	Majewski Lukasz		96	MKP Slowianka Gorzow Wilkp.				4:17.21	626 B
	50m:	29.29 29.29	150m:	1:33.50	32.33	250m:	2:38.97 32.85	350m:	3:45.04 33.19
	100m:	1:01.17 31.88	200m:	2:06.12	32.62	300m:	3:11.85 32.88	400m:	4:17.21 32.17
13.	HORALA Damian		96	K.S.Warta Poznan				4:18.93	613 B
	50m:	29.00 29.00	150m:	1:36.18	33.73	250m:	2:42.27 33.00	350m:	3:47.98 32.89
	100m:	1:02.45 33.45	200m:	2:09.27	33.09	300m:	3:15.09 32.82	400m:	4:18.93 30.95
14.	Szamotulski Krzysztof		96	MKP Slowianka Gorzow Wilkp.				4:20.32	604 B
	50m:	29.64 29.64	150m:	1:35.04	32.88	250m:	2:41.85 33.27	350m:	3:48.16 32.93
	100m:	1:02.16 32.52	200m:	2:08.58	33.54	300m:	3:15.23 33.38	400m:	4:20.32 32.16
15.	Bagrowski Karol		96	MTPK Delfin Torun				4:20.94	599 B
	50m:	30.33 30.33	150m:	1:35.82	32.61	250m:	2:42.81 32.72	350m:	3:49.26 33.17
	100m:	1:03.21 32.88	200m:	2:10.09	34.27	300m:	3:16.09 33.28	400m:	4:20.94 31.68
16.	BUCHOLC BARTOSZ		96	Tp Olimpijczyk Aleksandrow Lodzki				4:21.66	594 B
	50m:	29.30 29.30	150m:	1:34.58	32.95	250m:	2:41.80 33.59	350m:	3:49.40 33.75
	100m:	1:01.63 32.33	200m:	2:08.21	33.63	300m:	3:15.65 33.85	400m:	4:21.66 32.26

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Rank			YB							Time	Pts	
17.	Perzankowski Kacper		96	UKS NAWA Skierniewice						4:22.35	590	R
	50m:	29.78	29.78	150m:	1:35.70	32.95	250m:	2:42.87	33.22	350m:	3:50.13	33.20
	100m:	1:02.75	32.97	200m:	2:09.65	33.95	300m:	3:16.93	34.06	400m:	4:22.35	32.22
18.	MALINOWSKI MICHAL		96	Slask Wroclaw						4:24.89	573	R
	50m:	30.19	30.19	150m:	1:35.86	33.06	250m:	2:42.90	33.42	350m:	3:50.78	33.98
	100m:	1:02.80	32.61	200m:	2:09.48	33.62	300m:	3:16.80	33.90	400m:	4:24.89	34.11
19.	PERYDZENSKI DAMIAN		96	Tp Olimpijczyk Aleksandrow Lodzki						4:25.23	571	
	50m:	29.49	29.49	150m:	1:34.67	33.35	250m:	2:42.45	34.24	350m:	3:51.36	34.54
	100m:	1:01.32	31.83	200m:	2:08.21	33.54	300m:	3:16.82	34.37	400m:	4:25.23	33.87
20.	WIATROWSKI Remigiusz		96	K.S.Warta Poznan						4:27.35	557	
	50m:	30.25	30.25	150m:	1:38.25	33.92	250m:	2:47.15	34.31	350m:	3:55.83	33.34
	100m:	1:04.33	34.08	200m:	2:12.84	34.59	300m:	3:22.49	35.34	400m:	4:27.35	31.52
21.	Musztafaga Piotr		96	MKP Szczecin						4:27.58	556	
	50m:	30.54	30.54	150m:	1:38.60	34.22	250m:	2:47.32	34.47	350m:	3:56.04	33.91
	100m:	1:04.38	33.84	200m:	2:12.85	34.25	300m:	3:22.13	34.81	400m:	4:27.58	31.54
22.	MOTYCZYNSKI JAKUB		96	Mks Polonia Warszawa						4:27.71	555	
	50m:	29.81	29.81	150m:	1:36.60	33.43	250m:	2:44.84	34.20	350m:	3:53.92	34.60
	100m:	1:03.17	33.36	200m:	2:10.64	34.04	300m:	3:19.32	34.48	400m:	4:27.71	33.79
23.	Pietrzak Krzysztof		96	Dwojka Morena Gdansk						4:28.89	548	
	50m:	30.99	30.99	150m:	1:38.67	33.67	250m:	2:47.54	34.20	350m:	3:56.08	33.65
	100m:	1:05.00	34.01	200m:	2:13.34	34.67	300m:	3:22.43	34.89	400m:	4:28.89	32.81
24.	Holysz Krzysztof		96	TKKF Szczyglowice Knurow						4:29.34	545	
	50m:	29.14	29.14	150m:	1:35.07	33.58	250m:	2:44.30	35.14	350m:	3:55.96	35.40
	100m:	1:01.49	32.35	200m:	2:09.16	34.09	300m:	3:20.56	36.26	400m:	4:29.34	33.38
25.	Pawlisiak Karol		96	Astromal Akwawit Leszno						4:30.38	539	
	50m:	30.08	30.08	150m:	1:37.01	34.14	250m:	2:46.08	34.71	350m:	3:56.22	34.94
	100m:	1:02.87	32.79	200m:	2:11.37	34.36	300m:	3:21.28	35.20	400m:	4:30.38	34.16
26.	LELEK MATEUSZ		96	Mks Polonia Warszawa						4:33.19	522	
	50m:	30.12	30.12	150m:	1:39.52	35.72	250m:	2:50.49	35.60	350m:	4:01.22	34.91
	100m:	1:03.80	33.68	200m:	2:14.89	35.37	300m:	3:26.31	35.82	400m:	4:33.19	31.97
27.	Balicki Lucjan		96	MKP Szczecin						4:33.40	521	
	50m:	30.90	30.90	150m:	1:38.64	33.77	250m:	2:47.34	34.30	350m:	3:58.37	35.03
	100m:	1:04.87	33.97	200m:	2:13.04	34.40	300m:	3:23.34	36.00	400m:	4:33.40	35.03
28.	Dulski Piotr		96	KS Posenania Poznan						4:33.83	519	
	50m:	31.24	31.24	150m:	1:40.67	34.85	250m:	2:51.21	34.66	350m:	4:00.28	33.91
	100m:	1:05.82	34.58	200m:	2:16.55	35.88	300m:	3:26.37	35.16	400m:	4:33.83	33.55
29.	Rutkowski Krzysztof		96	MTP Lublinianka						4:34.83	513	
	50m:	30.62	30.62	150m:	1:40.32	35.15	250m:	2:52.08	35.97	350m:	4:03.69	36.00
	100m:	1:05.17	34.55	200m:	2:16.11	35.79	300m:	3:27.69	35.61	400m:	4:34.83	31.14
30.	Sienkiewicz Jakub		96	Siodemka Sopot						4:35.02	512	
	50m:	30.15	30.15	150m:	1:39.64	35.52	250m:	2:50.81	35.50	350m:	4:02.17	35.60
	100m:	1:04.12	33.97	200m:	2:15.31	35.67	300m:	3:26.57	35.76	400m:	4:35.02	32.85
31.	Jachowicz Mateusz		96	SKS Start Lodz						4:35.85	507	
	50m:	30.16	30.16	150m:	1:38.80	34.69	250m:	2:49.55	35.42	350m:	4:00.76	35.45
	100m:	1:04.11	33.95	200m:	2:14.13	35.33	300m:	3:25.31	35.76	400m:	4:35.85	35.09
32.	DALECKI LUKASZ		96	Slask Wroclaw						4:36.10	506	
	50m:	29.98	29.98	150m:	1:37.32	34.01	250m:	2:47.40	35.56	350m:	4:00.22	36.84
	100m:	1:03.31	33.33	200m:	2:11.84	34.52	300m:	3:23.38	35.98	400m:	4:36.10	35.88
33.	Juruc Bartlomiej		96	MKP Slowianka Gorzow Wilkp.						4:37.17	500	
	50m:	29.97	29.97	150m:	1:38.70	35.26	250m:	2:49.79	35.05	350m:	4:02.03	35.52
	100m:	1:03.44	33.47	200m:	2:14.74	36.04	300m:	3:26.51	36.72	400m:	4:37.17	35.14

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Rank			YB					Time	Pts		
34.	Pietrzak Sebastian		96	MKP Słowianka Gorzów Wlkp.				4:37.88	496		
	50m:	30.70 30.70	150m:	1:40.05	34.93	250m:	2:52.46	36.29	350m:	4:04.70	36.00
	100m:	1:05.12 34.42	200m:	2:16.17	36.12	300m:	3:28.70	36.24	400m:	4:37.88	33.18
35.	Wiatrowski Filip		96	Uks Delfin Tarnobrzeg				4:39.39	488		
	50m:	29.73 29.73	150m:	1:38.53	35.05	250m:	2:51.27	36.30	350m:	4:04.46	36.45
	100m:	1:03.48 33.75	200m:	2:14.97	36.44	300m:	3:28.01	36.74	400m:	4:39.39	34.93
36.	Stolarczyk Kamil		96	UKS WODNIK Siemianowice Śląskie				4:40.55	482		
	50m:	30.70 30.70	150m:	1:41.04	35.71	250m:	2:54.40	36.62	350m:	4:06.93	35.06
	100m:	1:05.33 34.63	200m:	2:17.78	36.74	300m:	3:31.87	37.47	400m:	4:40.55	33.62
37.	Paluszkiewicz Patryk		96	Mks Jedynka Łódź				4:42.36	473		
	50m:	29.81 29.81	150m:	1:40.39	35.68	250m:	2:52.84	35.95	350m:	4:06.54	36.67
	100m:	1:04.71 34.90	200m:	2:16.89	36.50	300m:	3:29.87	37.03	400m:	4:42.36	35.82
38.	Besaraba Kamil		96	MKP Szczecin				4:42.88	470		
	50m:	31.67 31.67	150m:	1:42.41	35.84	250m:	2:54.65	36.36	350m:	4:07.99	36.57
	100m:	1:06.57 34.90	200m:	2:18.29	35.88	300m:	3:31.42	36.77	400m:	4:42.88	34.89
39.	Gniazdowski Jerzy		96	UPKS Wodnik Rawicz				4:43.35	468		
	50m:	30.03 30.03	150m:	1:39.22	35.26	250m:	2:51.92	36.70	350m:	4:06.56	37.55
	100m:	1:03.96 33.93	200m:	2:15.22	36.00	300m:	3:29.01	37.09	400m:	4:43.35	36.79
40.	Czapski Michał		96	MKP Słowianka Gorzów Wlkp.				4:56.06	410		
	50m:	32.28 32.28	150m:	1:46.32	37.42	250m:	3:02.21	38.01	350m:	4:18.76	37.96
	100m:	1:08.90 36.62	200m:	2:24.20	37.88	300m:	3:40.80	38.59	400m:	4:56.06	37.30