

Liga Klubów łaskich rocznika 2000
Gliwice, 5-10-2012 - 1-1-2013

Konkurencja 6
2012-10-05 - 11:25

Dziewcz t, 400m dowolny

12 lat
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.							Czas	Pkt.	
1.	JE OWSKA, Kamila		00	CSiR MOS D browa Górnicza						5:16.40	409	24
	50m:	38.10 38.10	150m:	2:00.35	41.16	250m:	3:22.05	40.98	350m:	4:41.22	39.33	
	100m:	1:19.19 41.09	200m:	2:41.07	40.72	300m:	4:01.89	39.84	400m:	5:16.40	35.18	
2.	I YCKA, Marta		00	UKS WODNIK Siemianowice I skie						5:17.56	404	22
	50m:	35.28 35.28	150m:	1:55.69	41.14	250m:	3:17.48	41.19	350m:	4:39.41	40.52	
	100m:	1:14.55 39.27	200m:	2:36.29	40.60	300m:	3:58.89	41.41	400m:	5:17.56	38.15	
3.	SOBIK, Oliwia		00	Uks 54 Delfinek Bytom						5:18.16	402	20
	50m:	36.41 36.41	150m:	1:58.45	41.18	250m:	3:20.73	40.79	350m:	4:40.42	38.85	
	100m:	1:17.27 40.86	200m:	2:39.94	41.49	300m:	4:01.57	40.84	400m:	5:18.16	37.74	
4.	KOŁODZIEJ, Katarzyna		00	Nowy KP Bielsko-Biała						5:30.96	357	18
	50m:	35.60 35.60	150m:	1:57.68	41.95	250m:	3:24.27	43.73	350m:	4:49.65	42.23	
	100m:	1:15.73 40.13	200m:	2:40.54	42.86	300m:	4:07.42	43.15	400m:	5:30.96	41.31	
5.	GLUZI SKA, Paulina		00	Uczniowski Klub Pływacki Ruda I ska						5:36.43	340	16
	50m:	37.17 37.17	150m:	2:02.70	43.36	250m:	3:29.58	43.03	350m:	4:56.41	43.35	
	100m:	1:19.34 42.17	200m:	2:46.55	43.85	300m:	4:13.06	43.48	400m:	5:36.43	40.02	
6.	MARCZAK, Natalia		00	Ks Piatka Chorzów						5:42.73	322	14
	50m:	39.04 39.04	150m:	2:07.88	45.03	250m:	3:36.85	44.40	350m:	5:02.73	42.19	
	100m:	1:22.85 43.81	200m:	2:52.45	44.57	300m:	4:20.54	43.69	400m:	5:42.73	40.00	
7.	BILI SKA, Dominika		00	Uks Hajduki Chorzów						5:46.94	310	12
	50m:	35.64 35.64	150m:	2:03.65	44.99	250m:	3:35.00	45.58	350m:	5:09.74	3.96	
	100m:	1:18.66 43.02	200m:	2:49.42	45.77	300m:	5:05.78	1:30.78	400m:	5:46.94	37.20	
8.	DUSZY SKA, Magdalena		00	MKS Park Wodny Tarnopwskie Góry						5:50.24	301	10
	50m:	39.01 39.01	150m:	2:07.54	45.25	250m:	3:37.36	45.00	350m:	5:06.97	44.97	
	100m:	1:22.29 43.28	200m:	2:52.36	44.82	300m:	4:22.00	44.64	400m:	5:50.24	43.27	
9.	BOHDANOWICZ, Emilia		00	CSiR MOS D browa Górnicza						5:52.57	295	8
	50m:	39.68 39.68	150m:	2:08.27	44.88	250m:	3:39.06	45.46	350m:	5:07.49	42.63	
	100m:	1:23.39 43.71	200m:	2:53.60	45.33	300m:	4:24.86	45.80	400m:	5:52.57	45.08	
10.	WALUDA, Justyna		00	UKS WODNIK Siemianowice I skie						5:52.88	295	6
	50m:	38.59 38.59	150m:	2:08.88	46.00	250m:	3:40.15	45.66	350m:	5:11.33	44.74	
	100m:	1:22.88 44.29	200m:	2:54.49	45.61	300m:	4:26.59	46.44	400m:	5:52.88	41.55	
11.	KOKOT, Angelika		00	UMKS "Jedynka Zabrze"						5:53.88	292	4
	50m:	39.46 39.46	150m:	2:10.00	45.40	250m:	3:39.77	45.02	350m:	5:11.78	46.42	
	100m:	1:24.60 45.14	200m:	2:54.75	44.75	300m:	4:25.36	45.59	400m:	5:53.88	42.10	
12.	TROJNIAK, Alina		00	Ttkf Szczygłowice Knurów						5:55.03	289	2
	50m:	38.72 38.72	150m:	2:08.05	45.54	250m:	3:40.72	46.19	350m:	5:13.52	46.61	
	100m:	1:22.51 43.79	200m:	2:54.53	46.48	300m:	4:26.91	46.19	400m:	5:55.03	41.51	
13.	M DRELA, Marta		00	Uczniowski Klub Pływacki Ruda I ska						5:55.80	287	1
	50m:	38.85 38.85	150m:	2:08.69	45.41	250m:	3:41.52	47.31	350m:	5:13.03	46.12	
	100m:	1:23.28 44.43	200m:	2:54.21	45.52	300m:	4:26.91	45.39	400m:	5:55.80	42.77	
14.	AK, Klaudia		00	MOSM Tychy						5:56.07	287	1
	50m:	39.67 39.67	150m:	2:10.97	45.83	250m:	3:43.10	46.13	350m:	5:14.30	45.14	
	100m:	1:25.14 45.47	200m:	2:56.97	46.00	300m:	4:29.16	46.06	400m:	5:56.07	41.77	
15.	RZEMIENIAK, Weronika		00	KS. Górnik Radlin						5:59.54	278	1
	50m:	41.42 41.42	150m:	2:15.08	47.18	250m:	3:48.63	46.43	350m:	5:17.85	43.24	
	100m:	1:27.90 46.48	200m:	3:02.20	47.12	300m:	4:34.61	45.98	400m:	5:59.54	41.69	
16.	PRZEG DZA, Agata		00	Uczniowski Klub Pływacki Ruda I ska						5:59.70	278	1
	50m:	41.13 41.13	150m:	2:10.65	45.12	250m:	3:43.34	46.20	350m:	5:17.00	46.02	
	100m:	1:25.53 44.40	200m:	2:57.14	46.49	300m:	4:30.98	47.64	400m:	5:59.70	42.70	

SiKReT Gliwice ogłasza nabór do klasy sportowej o profilu pływanie
w roku szkolnym 2013/2014 zawodników z rocznika 2000.
Inf. Mirasław Witkowski tel. 502043577 e-mail plywanie@sikret.org.pl

Liga Klubów łaskich rocznika 2000
Gliwice, 5-10-2012 - 1-1-2013

Konkurencja 6, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.	
17.	BARTOSZ, Kamila		00	Ks Piatka Chorzów				5:59.94	278	1
	50m:	40.87 40.87	150m:	2:11.97	45.76	250m:	3:44.29	46.22	350m:	5:16.62 45.98
	100m:	1:26.21 45.34	200m:	2:58.07	46.10	300m:	4:30.64	46.35	400m:	5:59.94 43.32
18.	SZUSTER, Aleksandra		00	Uks Hajduki Chorzów				6:00.27	277	1
	50m:	37.50 37.50	150m:	2:07.75	46.20	250m:	3:41.42	46.85	350m:	5:14.28 45.52
	100m:	1:21.55 44.05	200m:	2:54.57	46.82	300m:	4:28.76	47.34	400m:	6:00.27 45.99
19.	CICHOWSKA, Weronika		00	MOSM Tychy				6:08.59	258	1
	50m:	41.26 41.26	150m:	2:14.57	47.02	250m:	3:48.90	47.03	350m:	5:22.70 46.88
	100m:	1:27.55 46.29	200m:	3:01.87	47.30	300m:	4:35.82	46.92	400m:	6:08.59 45.89
20.	UREK, Martyna		00	MKS Park Wodny Tarnopwskie Góry				6:09.41	257	1
	50m:	41.00 41.00	150m:	2:15.29	47.97	250m:	3:52.04	48.77	350m:	5:27.76 47.41
	100m:	1:27.32 46.32	200m:	3:03.27	47.98	300m:	4:40.35	48.31	400m:	6:09.41 41.65
21.	CZUBAK, Martyna		00	MKS Park Wodny Tarnopwskie Góry				6:11.01	253	
	50m:	39.81 39.81	150m:	2:13.00	47.20	250m:	3:48.97	48.23	350m:	5:25.78 48.47
	100m:	1:25.80 45.99	200m:	3:00.74	47.74	300m:	4:37.31	48.34	400m:	6:11.01 45.23
22.	JANKOWSKA, Barbara		00	Klub Pływacki H2O Jastrz bie Zdrój				6:12.28	251	
	50m:	42.43 42.43	150m:	2:16.69	47.87	250m:	3:52.20	48.01	350m:	5:27.98 48.07
	100m:	1:28.82 46.39	200m:	3:04.19	47.50	300m:	4:39.91	47.71	400m:	6:12.28 44.30
23.	TOMASIUK, Natalia		00	UKS "Salmo" ory				6:13.24	249	
	50m:	40.83 40.83	150m:	2:14.10	47.30	250m:	3:50.49	47.97	350m:	5:27.13 47.84
	100m:	1:26.80 45.97	200m:	3:02.52	48.42	300m:	4:39.29	48.80	400m:	6:13.24 46.11
24.	KRO NICKA, Wiktoria		00	MKS Park Wodny Tarnopwskie Góry				6:20.67	235	
	50m:	39.61 39.61	150m:	2:16.41	49.17	250m:	3:55.74	49.75	350m:	5:34.81 49.60
	100m:	1:27.24 47.63	200m:	3:05.99	49.58	300m:	4:45.21	49.47	400m:	6:20.67 45.86
25.	SZCZELASZCZYK, Natalia		00	UKS MANTA Kochłowice Ruda l ska				6:22.13	232	
	50m:	39.26 39.26	150m:	2:13.57	48.43	250m:	3:50.17	48.91	350m:	5:30.11 51.09
	100m:	1:25.14 45.88	200m:	3:01.26	47.69	300m:	4:39.02	48.85	400m:	6:22.13 52.02
26.	MARUSZCZYK, Beata		00	MOSM Tychy				6:23.70	229	
	50m:	41.05 41.05	150m:	2:19.88	50.79	250m:	3:59.03	49.39	350m:	5:37.47 49.28
	100m:	1:29.09 48.04	200m:	3:09.64	49.76	300m:	4:48.19	49.16	400m:	6:23.70 46.23
27.	MALCHAREK, Karolina		00	MOSM Tychy				6:24.13	228	
	50m:	45.28 45.28	150m:	2:23.69	49.33	250m:	4:01.19	49.00	350m:	5:39.35 49.17
	100m:	1:34.36 49.08	200m:	3:12.19	48.50	300m:	4:50.18	48.99	400m:	6:24.13 44.78
28.	KOZIOŁ, Adrianna		00	CSiR MOS D browa Górnicza				6:25.45	226	
	50m:	45.63 45.63	150m:	2:26.19	50.33	250m:	4:06.01	49.70	350m:	5:41.17 45.87
	100m:	1:35.86 50.23	200m:	3:16.31	50.12	300m:	4:55.30	49.29	400m:	6:25.45 44.28
29.	WEISER, Maja		00	Ks Piatka Chorzów				6:26.67	224	
	50m:	41.47 41.47	150m:	2:18.84	49.67	250m:	3:57.64	49.40	350m:	5:37.48 49.94
	100m:	1:29.17 47.70	200m:	3:08.24	49.40	300m:	4:47.54	49.90	400m:	6:26.67 49.19
30.	SZULC, Anna		00	KS. Górnik Radlin				6:27.33	223	
	50m:	42.62 42.62	150m:	2:18.80	49.17	250m:	3:59.00	50.21	350m:	5:40.27 50.44
	100m:	1:29.63 47.01	200m:	3:08.79	49.99	300m:	4:49.83	50.83	400m:	6:27.33 47.06
31.	SZUST, Patrycja		00	MOSM Tychy				6:28.51	221	
	50m:	46.22 46.22	150m:	2:25.77	49.66	250m:	4:05.00	50.09	350m:	5:42.76 48.78
	100m:	1:36.11 49.89	200m:	3:14.91	49.14	300m:	4:53.98	48.98	400m:	6:28.51 45.75
32.	GOŁ BIEWSKA, Zuzanna		00	CSiR MOS D browa Górnicza				6:28.57	220	
	50m:	40.82 40.82	150m:	2:17.31	49.39	250m:	3:58.72	50.76	350m:	5:39.37 48.78
	100m:	1:27.92 47.10	200m:	3:07.96	50.65	300m:	4:50.59	51.87	400m:	6:28.57 49.20
33.	KNAP, Zuzanna		00	UKS WODNIK Siemianowice lskie				6:32.62	214	
	50m:	44.04 44.04	150m:	2:22.25	49.56	250m:	4:05.06	51.70	350m:	5:47.33 50.56
	100m:	1:32.69 48.65	200m:	3:13.36	51.11	300m:	4:56.77	51.71	400m:	6:32.62 45.29

SiKReT Gliwice ogłasza nabór do klasy sportowej o profilu pływanie
w roku szkolnym 2013/2014 zawodników z rocznika 2000.
Inf. Mirasław Witkowski tel. 502043577 e-mail plywanie@sikret.org.pl

Liga Klubów łaskich rocznika 2000
Gliwice, 5-10-2012 - 1-1-2013

Konkurencja 6, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
34.	KNAPIK, Agata		00	Ks Piatka Chorzów				6:34.65	210
	50m: 39.58	39.58	150m: 2:18.58	50.93	250m: 4:02.02	52.56	350m: 5:45.47	51.53	
	100m: 1:27.65	48.07	200m: 3:09.46	50.88	300m: 4:53.94	51.92	400m: 6:34.65	49.18	
35.	BIEDRO, Wiktoria		00	Mks Mos Katowice				6:43.22	197
	50m: 43.35	43.35	150m: 2:25.18	52.42	250m: 4:10.32	52.75	350m: 5:54.27	51.36	
	100m: 1:32.76	49.41	200m: 3:17.57	52.39	300m: 5:02.91	52.59	400m: 6:43.22	48.95	
36.	KWAPI SKA, Alicja		00	Klub Pływacki H20 Jastrz bie Zdrój				6:44.43	195
	50m: 44.31	44.31	150m: 2:27.79	41.46	250m: 4:13.06	52.65	350m: 5:55.22	50.67	
	100m: 1:46.33	1:02.02	200m: 3:20.41	52.62	300m: 5:04.55	51.49	400m: 6:44.43	49.21	
37.	TOKARZ, Paulina		00	MOSM Tychy				6:47.30	191
	50m: 48.00	48.00	150m: 2:29.39	51.53	250m: 4:12.90	52.34	350m: 5:56.90	52.61	
	100m: 1:37.86	49.86	200m: 3:20.56	51.17	300m: 5:04.29	51.39	400m: 6:47.30	50.40	
38.	GURAL, Wiktoria		00	SiKReT				6:51.31	186
	50m: 40.75	40.75	150m: 2:22.48	52.33	250m: 4:08.52	53.32	350m: 5:57.15	54.98	
	100m: 1:30.15	49.40	200m: 3:15.20	52.72	300m: 5:02.17	53.65	400m: 6:51.31	54.16	
39.	ZAR BA, Anna		00	UKS "Salmo" ory				6:52.59	184
	50m: 45.61	45.61	150m: 2:30.68	53.52	250m: 4:18.99	54.40	350m: 6:03.65	52.75	
	100m: 1:37.16	51.55	200m: 3:24.59	53.91	300m: 5:10.90	51.91	400m: 6:52.59	48.94	
40.	GAUDYN, Aleksandra		00	MOSM Tychy				7:00.66	174
	50m: 43.49	43.49	150m: 2:28.99	53.96	250m: 4:17.81	54.37	350m: 6:08.39	55.04	
	100m: 1:35.03	51.54	200m: 3:23.44	54.45	300m: 5:13.35	55.54	400m: 7:00.66	52.27	
41.	GO CINIĄK, Iga		00	UKS WODNIK Siemianowice lskie				7:02.04	172
	50m: 44.94	44.94	150m: 2:31.30	54.08	250m: 4:20.53	55.10	350m: 6:09.27	54.59	
	100m: 1:37.22	52.28	200m: 3:25.43	54.13	300m: 5:14.68	54.15	400m: 7:02.04	52.77	
42.	K PINSKA, Katarzyna		00	Uks Hajduki Chorzów				7:09.93	163
	50m: 42.93	42.93	150m: 2:28.57	54.79	250m: 4:20.60	56.22	350m: 6:16.17	57.76	
	100m: 1:33.78	50.85	200m: 3:24.38	55.81	300m: 5:18.41	57.81	400m: 7:09.93	53.76	
43.	LOSKA, Paulina		00	Mks Mos Katowice				7:12.36	160
	50m: 43.94	43.94	150m: 2:29.49	54.03	250m: 4:21.18	56.56	350m: 6:15.98	57.58	
	100m: 1:35.46	51.52	200m: 3:24.62	55.13	300m: 5:18.40	57.22	400m: 7:12.36	56.38	
44.	CISŁO, Klaudia		00	UMKS "Jedynka Zabrze"				7:12.38	160
	50m: 46.20	46.20	150m: 2:36.15	56.98	250m: 4:30.63	57.29	350m: 6:21.57	54.22	
	100m: 1:39.17	52.97	200m: 3:33.34	57.19	300m: 5:27.35	56.72	400m: 7:12.38	50.81	
45.	PRADELA, Wiktoria		00	Uks Hajduki Chorzów				10:05.04	58
	50m: 47.93	47.93	150m: 2:39.41	56.38	250m: 7:31.63	1:54.83	350m: 9:41.00	1:16.82	
	100m: 1:43.03	55.10	200m: 5:36.80	2:57.39	300m: 8:24.18	52.55	400m: 10:05.04	24.04	
46.	ZEMANEK, Gabriela		00	UKS Ondraszek Bielsko-Biała				10:11.59	56
	50m: 46.41	46.41	150m: 3:40.72	1:57.42	250m: 5:41.12	1:00.82	350m: 7:34.68	54.26	
	100m: 1:43.30	56.89	200m: 4:40.30	59.58	300m: 6:40.42	59.30	400m: 10:11.59	2:36.91	

SiKReT Gliwice ogłasza nabór do klasy sportowej o profilu pływanie
w roku szkolnym 2013/2014 zawodników z rocznika 2000.
Inf. Mirasław Witkowski tel. 502043577 e-mail plywanie@sikret.org.pl