

Mistrzostwa I liga 14.15.16-18 i Open
Gliwice, 7- - 8-12-2012

Konkurencja 12
2012-12-07 - 18:05

Mężczyzn, 400m zmienny

Open
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.			
14 lat												
1.	Popis Emil SR		98	MKS-SMS Victoria Racibórz				4:56.35	501			
	50m:	30.60	30.60	150m:	1:45.80	39.44	250m:	3:05.51	42.50	350m:	4:23.45	35.00
	100m:	1:06.36	35.76	200m:	2:23.01	37.21	300m:	3:48.45	42.94	400m:	4:56.35	32.90
2.	Trela Karol		98	Muks Gilus Gilowice				5:09.17	441			
	50m:	32.27	32.27	150m:	1:50.44	41.56	250m:	3:12.51	41.55	350m:	4:32.97	37.65
	100m:	1:08.88	36.61	200m:	2:30.96	40.52	300m:	3:55.32	42.81	400m:	5:09.17	36.20
3.	Ellgoth Piotr		98	Ks Piatka Chorzów				5:15.26	416			
	50m:	32.33	32.33	150m:	1:50.59	40.44	250m:	3:16.61	46.25	350m:	4:40.24	37.35
	100m:	1:10.15	37.82	200m:	2:30.36	39.77	300m:	4:02.89	46.28	400m:	5:15.26	35.02
4.	Brauntsch Marek		98	Muks Gilus Gilowice				5:17.78	406			
	50m:	32.77	32.77	150m:	1:54.51	42.43	250m:	3:20.81	44.61	350m:	4:43.16	36.72
	100m:	1:12.08	39.31	200m:	2:36.20	41.69	300m:	4:06.44	45.63	400m:	5:17.78	34.62
5.	Sikora Tomasz		98	MOSiR Mysłowice				5:37.16	340			
	50m:	33.56	33.56	150m:	1:58.33	43.05	250m:	3:29.85	48.48	350m:	4:58.18	38.94
	100m:	1:15.28	41.72	200m:	2:41.37	43.04	300m:	4:19.24	49.39	400m:	5:37.16	38.98
6.	Kielewski Michał		98	Mosm Tychy				5:41.56	327			
	50m:	32.81	32.81	150m:	1:58.55	42.43	250m:	3:33.37	51.25	350m:	5:02.98	38.04
	100m:	1:16.12	43.31	200m:	2:42.12	43.57	300m:	4:24.94	51.57	400m:	5:41.56	38.58
15 lat												
1.	Karpeta Michał		97	UKS "TRÓJKA" Cz stochowa				4:46.86	553			
	50m:	29.59	29.59	150m:	1:42.34	38.38	250m:	2:58.93	38.71	350m:	4:13.20	34.50
	100m:	1:03.96	34.37	200m:	2:20.22	37.88	300m:	3:38.70	39.77	400m:	4:46.86	33.66
2.	Zwoliński Marcin		97	CSIR MOS D browa Górnicza				4:54.07	513			
	50m:	29.94	29.94	150m:	1:43.69	38.98	250m:	3:02.60	41.56	350m:	4:20.26	35.35
	100m:	1:04.71	34.77	200m:	2:21.04	37.35	300m:	3:44.91	42.31	400m:	4:54.07	33.81
16 - 18 lat												
1.	Jankowski Paweł		95	CSIR MOS D browa Górnicza				4:26.00	693			
	50m:	28.02	28.02	150m:	1:34.24	34.40	250m:	2:45.91	37.98	350m:	3:55.75	31.53
	100m:	59.84	31.82	200m:	2:07.93	33.69	300m:	3:24.22	38.31	400m:	4:26.00	30.25
2.	Kłós Grzegorz		95	AZS AWF Katowice				4:44.40	567			
	50m:	29.40	29.40	150m:	1:41.43	37.88	250m:	2:57.86	39.59	350m:	4:11.22	33.96
	100m:	1:03.55	34.15	200m:	2:18.27	36.84	300m:	3:37.26	39.40	400m:	4:44.40	33.18
3.	Pacan Jan		96	Uks Wodnik 29 Katowice				5:10.57	436			
	50m:	32.97	32.97	150m:	1:56.50	42.90	250m:	3:18.59	40.76	350m:	4:36.99	36.59
	100m:	1:13.60	40.63	200m:	2:37.83	41.33	300m:	4:00.40	41.81	400m:	5:10.57	33.58
4.	Niestrój Robert SR		96	MKS-SMS Victoria Racibórz				5:17.71	407			
	50m:	33.78	33.78	150m:	1:57.02	43.95	250m:	3:21.64	43.02	350m:	4:43.30	38.11
	100m:	1:13.07	39.29	200m:	2:38.62	41.60	300m:	4:05.19	43.55	400m:	5:17.71	34.41
Open												
1.	Jankowski Paweł		95	CSIR MOS D browa Górnicza				4:26.00	693			
	50m:	28.02	28.02	150m:	1:34.24	34.40	250m:	2:45.91	37.98	350m:	3:55.75	31.53
	100m:	59.84	31.82	200m:	2:07.93	33.69	300m:	3:24.22	38.31	400m:	4:26.00	30.25
2.	Kłós Grzegorz		95	AZS AWF Katowice				4:44.40	567			
	50m:	29.40	29.40	150m:	1:41.43	37.88	250m:	2:57.86	39.59	350m:	4:11.22	33.96
	100m:	1:03.55	34.15	200m:	2:18.27	36.84	300m:	3:37.26	39.40	400m:	4:44.40	33.18

Mistrzostwa I ska 14.15.16-18 i Open
Gliwice, 7- - 8-12-2012

Konkurencja 12, M czyzn, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.			
3.	Karpeta Michał		97	UKS "TRÓJKA" Cz stochowa				4:46.86	553			
	50m:	29.59	29.59	150m:	1:42.34	38.38	250m:	2:58.93	38.71	350m:	4:13.20	34.50
	100m:	1:03.96	34.37	200m:	2:20.22	37.88	300m:	3:38.70	39.77	400m:	4:46.86	33.66
4.	Zwoli ski Marcin		97	CSIR MOS D browa Górnicza				4:54.07	513			
	50m:	29.94	29.94	150m:	1:43.69	38.98	250m:	3:02.60	41.56	350m:	4:20.26	35.35
	100m:	1:04.71	34.77	200m:	2:21.04	37.35	300m:	3:44.91	42.31	400m:	4:54.07	33.81
5.	Popis Emil SR		98	MKS-SMS Victoria Racibórz				4:56.35	501			
	50m:	30.60	30.60	150m:	1:45.80	39.44	250m:	3:05.51	42.50	350m:	4:23.45	35.00
	100m:	1:06.36	35.76	200m:	2:23.01	37.21	300m:	3:48.45	42.94	400m:	4:56.35	32.90
6.	Trela Karol		98	Muks Gilus Gilowice				5:09.17	441			
	50m:	32.27	32.27	150m:	1:50.44	41.56	250m:	3:12.51	41.55	350m:	4:32.97	37.65
	100m:	1:08.88	36.61	200m:	2:30.96	40.52	300m:	3:55.32	42.81	400m:	5:09.17	36.20
7.	Pacan Jan		96	Uks Wodnik 29 Katowice				5:10.57	436			
	50m:	32.97	32.97	150m:	1:56.50	42.90	250m:	3:18.59	40.76	350m:	4:36.99	36.59
	100m:	1:13.60	40.63	200m:	2:37.83	41.33	300m:	4:00.40	41.81	400m:	5:10.57	33.58
8.	Ellgoth Piotr		98	Ks Piatka Chorzów				5:15.26	416			
	50m:	32.33	32.33	150m:	1:50.59	40.44	250m:	3:16.61	46.25	350m:	4:40.24	37.35
	100m:	1:10.15	37.82	200m:	2:30.36	39.77	300m:	4:02.89	46.28	400m:	5:15.26	35.02
9.	Mura ski Kacper		99	Muks Gilus Gilowice				5:15.92	414			
	50m:	31.21	31.21	150m:	1:49.20	41.19	250m:	3:16.95	45.88	350m:	4:40.53	36.71
	100m:	1:08.01	36.80	200m:	2:31.07	41.87	300m:	4:03.82	46.87	400m:	5:15.92	35.39
10.	Niestrój Robert SR		96	MKS-SMS Victoria Racibórz				5:17.71	407			
	50m:	33.78	33.78	150m:	1:57.02	43.95	250m:	3:21.64	43.02	350m:	4:43.30	38.11
	100m:	1:13.07	39.29	200m:	2:38.62	41.60	300m:	4:05.19	43.55	400m:	5:17.71	34.41
11.	Brauntsch Marek		98	Muks Gilus Gilowice				5:17.78	406			
	50m:	32.77	32.77	150m:	1:54.51	42.43	250m:	3:20.81	44.61	350m:	4:43.16	36.72
	100m:	1:12.08	39.31	200m:	2:36.20	41.69	300m:	4:06.44	45.63	400m:	5:17.78	34.62
12.	Sumara Benjamin		99	CSIR MOS D browa Górnicza				5:20.32	397			
	50m:	32.33	32.33	150m:	1:52.05	41.15	250m:	3:20.92	48.02	350m:	4:45.31	36.50
	100m:	1:10.90	38.57	200m:	2:32.90	40.85	300m:	4:08.81	47.89	400m:	5:20.32	35.01
13.	Sikora Tomasz		98	MOSiR Mysłówice				5:37.16	340			
	50m:	33.56	33.56	150m:	1:58.33	43.05	250m:	3:29.85	48.48	350m:	4:58.18	38.94
	100m:	1:15.28	41.72	200m:	2:41.37	43.04	300m:	4:19.24	49.39	400m:	5:37.16	38.98
14.	Kielewski Michał		98	Mosm Tychy				5:41.56	327			
	50m:	32.81	32.81	150m:	1:58.55	42.43	250m:	3:33.37	51.25	350m:	5:02.98	38.04
	100m:	1:16.12	43.31	200m:	2:42.12	43.57	300m:	4:24.94	51.57	400m:	5:41.56	38.58