

Mistrzostwa I skia 14.15.16-18 i Open
Gliwice, 7- - 8-12-2012

Konkurencja 20
2012-12-08 - 10:50

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
14 lat									
1.	Popis Emil SR		98	MKS-SMS Victoria Racibórz				4:23.25	527
	50m:	29.73	29.73	150m:	1:36.28	33.61	250m:	2:44.05	33.77
	100m:	1:02.67	32.94	200m:	2:10.28	34.00	300m:	3:18.19	34.14
							350m:	3:51.62	33.43
							400m:	4:23.25	31.63
2.	Kurowski Szymon		98	Ks Piatka Chorzów				4:38.65	445
	50m:	31.24	31.24	150m:	1:41.99	35.79	250m:	2:54.47	36.25
	100m:	1:06.20	34.96	200m:	2:18.22	36.23	300m:	3:30.16	35.69
							350m:	4:05.53	35.37
							400m:	4:38.65	33.12
3.	Brauntsch Marek		98	Muks Gilus Gilowice				4:38.71	444
	50m:	30.36	30.36	150m:	1:40.23	35.20	250m:	2:51.63	35.94
	100m:	1:05.03	34.67	200m:	2:15.69	35.46	300m:	3:27.41	35.78
							350m:	4:03.60	36.19
							400m:	4:38.71	35.11
4.	Gros Paweł		98	Ks Piatka Chorzów				4:44.69	417
	50m:	31.06	31.06	150m:	1:42.67	36.20	250m:	2:55.25	36.32
	100m:	1:06.47	35.41	200m:	2:18.93	36.26	300m:	3:31.48	36.23
							350m:	4:08.19	36.71
							400m:	4:44.69	36.50
5.	Grz dzieł Arkadiusz		98	MOSiR Mysłówice				4:47.34	406
	50m:	31.31	31.31	150m:	1:43.53	36.46	250m:	2:57.71	36.80
	100m:	1:07.07	35.76	200m:	2:20.91	37.38	300m:	3:34.58	36.87
							350m:	4:11.37	36.79
							400m:	4:47.34	35.97
6.	Jacek Bartłomiej		98	Mosm Tychy				4:49.90	395
	50m:	32.31	32.31	150m:	1:43.37	36.11	250m:	2:56.75	36.91
	100m:	1:07.26	34.95	200m:	2:19.84	36.47	300m:	3:34.20	37.45
							350m:	4:12.24	38.04
							400m:	4:49.90	37.66
7.	Kielewski Michał		98	Mosm Tychy				5:03.39	344
	50m:	32.77	32.77	150m:	1:49.78	38.93	250m:	3:07.24	37.92
	100m:	1:10.85	38.08	200m:	2:29.32	39.54	300m:	3:46.03	38.79
							350m:	4:25.51	39.48
							400m:	5:03.39	37.88
8.	Pownuk Piotr		98	Ks Piatka Chorzów				5:09.40	325
	50m:	34.13	34.13	150m:	1:52.20	39.73	250m:	3:11.98	39.92
	100m:	1:12.47	38.34	200m:	2:32.06	39.86	300m:	3:51.37	39.39
							350m:	4:30.99	39.62
							400m:	5:09.40	38.41
15 lat									
1.	Zwoli ski Marcin		97	CSIR MOS D browa Górnicza				4:22.93	529
	50m:	29.52	29.52	150m:	1:34.95	33.16	250m:	2:43.04	34.21
	100m:	1:01.79	32.27	200m:	2:08.83	33.88	300m:	3:16.95	33.91
							350m:	3:50.71	33.76
							400m:	4:22.93	32.22
2.	Grotek Łukasz		97	MOSiR Mysłówice				4:35.23	462
	50m:	31.42	31.42	150m:	1:41.50	34.76	250m:	2:51.97	34.76
	100m:	1:06.74	35.32	200m:	2:17.21	35.71	300m:	3:27.13	35.16
							350m:	4:02.58	35.45
							400m:	4:35.23	32.65
3.	Krawczyk Bartłomiej		97	Muks Gilus Gilowice				4:52.83	383
	50m:	31.68	31.68	150m:	1:43.23	36.79	250m:	2:59.27	38.13
	100m:	1:06.44	34.76	200m:	2:21.14	37.91	300m:	3:37.77	38.50
							350m:	4:16.16	38.39
							400m:	4:52.83	36.67
16 - 18 lat									
1.	Kudła Łukasz SO		95	AZS AWF Katowice				3:59.67	699
	50m:	27.97	27.97	150m:	1:30.48	31.67	250m:	2:31.87	29.87
	100m:	58.81	30.84	200m:	2:02.00	31.52	300m:	3:01.83	29.96
							350m:	3:31.93	30.10
							400m:	3:59.67	27.74
2.	Burzawa Mateusz		96	CSIR MOS D browa Górnicza				4:09.45	620
	50m:	28.82	28.82	150m:	1:32.65	32.11	250m:	2:36.61	31.83
	100m:	1:00.54	31.72	200m:	2:04.78	32.13	300m:	3:08.40	31.79
							350m:	3:39.47	31.07
							400m:	4:09.45	29.98
3.	Tokarski Krzysztof SR		96	MKS-SMS Victoria Racibórz				4:11.30	606
	50m:	28.17	28.17	150m:	1:30.71	31.60	250m:	2:34.80	31.99
	100m:	59.11	30.94	200m:	2:02.81	32.10	300m:	3:07.16	32.36
							350m:	3:39.54	32.38
							400m:	4:11.30	31.76
4.	Brembor Tomasz		94	AZS AWF Katowice				4:14.93	581
	50m:	29.37	29.37	150m:	1:33.63	32.45	250m:	2:38.29	31.92
	100m:	1:01.18	31.81	200m:	2:06.37	32.74	300m:	3:10.47	32.18
							350m:	3:42.68	32.21
							400m:	4:14.93	32.25

Mistrzostwa I liga 14.15.16-18 i Open
Gliwice, 7- - 8-12-2012

Konkurencja 20, Chłopców, 400m dowolny, 16 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.			
5.	Chrobok Szymon		96	Muks Gilus Gilowice				4:24.31	521			
	50m:	29.95	29.95	150m:	1:36.53	33.62	250m:	2:44.05	33.91	350m:	3:51.76	33.62
	100m:	1:02.91	32.96	200m:	2:10.14	33.61	300m:	3:18.14	34.09	400m:	4:24.31	32.55
6.	Stolarczyk Kamil		96	MKS Park Wodny Tarnowskie Góry				4:26.95	506			
	50m:	29.51	29.51	150m:	1:36.95	34.50	250m:	2:46.47	34.91	350m:	3:55.24	33.58
	100m:	1:02.45	32.94	200m:	2:11.56	34.61	300m:	3:21.66	35.19	400m:	4:26.95	31.71
7.	Hołysz Krzysztof		96	TKKF Szczygłowice Knurów				4:34.94	463			
	50m:	29.64	29.64	150m:	1:37.16	34.42	250m:	2:47.64	34.75	350m:	3:59.81	36.31
	100m:	1:02.74	33.10	200m:	2:12.89	35.73	300m:	3:23.50	35.86	400m:	4:34.94	35.13
8.	Pacan Jan		96	Uks Wodnik 29 Katowice				4:37.09	452			
	50m:	30.72	30.72	150m:	1:41.62	35.81	250m:	2:53.02	35.25	350m:	4:04.17	35.42
	100m:	1:05.81	35.09	200m:	2:17.77	36.15	300m:	3:28.75	35.73	400m:	4:37.09	32.92
9.	Ba czyk Paweł		96	UKS Aquatica Pawłowice				4:40.98	434			
	50m:	31.16	31.16	150m:	1:41.27	35.15	250m:	2:53.99	36.38	350m:	4:06.63	36.51
	100m:	1:06.12	34.96	200m:	2:17.61	36.34	300m:	3:30.12	36.13	400m:	4:40.98	34.35
10.	Niestrój Robert SR		96	MKS-SMS Victoria Racibórz				4:47.96	403			
	50m:	33.52	33.52	150m:	1:48.14	37.32	250m:	3:02.43	36.76	350m:	4:14.70	35.76
	100m:	1:10.82	37.30	200m:	2:25.67	37.53	300m:	3:38.94	36.51	400m:	4:47.96	33.26
Open												
1.	Głyk Wojciech		92	AZS AWF Katowice				3:59.23	703			
	50m:	27.82	27.82	150m:	1:27.71	29.99	250m:	2:27.55	29.83	350m:	3:28.78	30.75
	100m:	57.72	29.90	200m:	1:57.72	30.01	300m:	2:58.03	30.48	400m:	3:59.23	30.45
2.	Kudła Łukasz SO		95	AZS AWF Katowice				3:59.67	699			
	50m:	27.97	27.97	150m:	1:30.48	31.67	250m:	2:31.87	29.87	350m:	3:31.93	30.10
	100m:	58.81	30.84	200m:	2:02.00	31.52	300m:	3:01.83	29.96	400m:	3:59.67	27.74
3.	Pi tkowski Mateusz		90	AZS AWF Katowice				4:04.12	662			
	50m:	28.30	28.30	150m:	1:29.69	30.82	250m:	2:31.41	30.83	350m:	3:33.35	31.16
	100m:	58.87	30.57	200m:	2:00.58	30.89	300m:	3:02.19	30.78	400m:	4:04.12	30.77
4.	Burzawa Mateusz		96	CSIR MOS D browa Górnicza				4:09.45	620			
	50m:	28.82	28.82	150m:	1:32.65	32.11	250m:	2:36.61	31.83	350m:	3:39.47	31.07
	100m:	1:00.54	31.72	200m:	2:04.78	32.13	300m:	3:08.40	31.79	400m:	4:09.45	29.98
5.	Tokarski Krzysztof SR		96	MKS-SMS Victoria Racibórz				4:11.30	606			
	50m:	28.17	28.17	150m:	1:30.71	31.60	250m:	2:34.80	31.99	350m:	3:39.54	32.38
	100m:	59.11	30.94	200m:	2:02.81	32.10	300m:	3:07.16	32.36	400m:	4:11.30	31.76
6.	Brembor Tomasz		94	AZS AWF Katowice				4:14.93	581			
	50m:	29.37	29.37	150m:	1:33.63	32.45	250m:	2:38.29	31.92	350m:	3:42.68	32.21
	100m:	1:01.18	31.81	200m:	2:06.37	32.74	300m:	3:10.47	32.18	400m:	4:14.93	32.25
7.	Zwoli ski Marcin		97	CSIR MOS D browa Górnicza				4:22.93	529			
	50m:	29.52	29.52	150m:	1:34.95	33.16	250m:	2:43.04	34.21	350m:	3:50.71	33.76
	100m:	1:01.79	32.27	200m:	2:08.83	33.88	300m:	3:16.95	33.91	400m:	4:22.93	32.22
8.	Popis Emil SR		98	MKS-SMS Victoria Racibórz				4:23.25	527			
	50m:	29.73	29.73	150m:	1:36.28	33.61	250m:	2:44.05	33.77	350m:	3:51.62	33.43
	100m:	1:02.67	32.94	200m:	2:10.28	34.00	300m:	3:18.19	34.14	400m:	4:23.25	31.63
9.	Chrobok Szymon		96	Muks Gilus Gilowice				4:24.31	521			
	50m:	29.95	29.95	150m:	1:36.53	33.62	250m:	2:44.05	33.91	350m:	3:51.76	33.62
	100m:	1:02.91	32.96	200m:	2:10.14	33.61	300m:	3:18.14	34.09	400m:	4:24.31	32.55
10.	Stolarczyk Kamil		96	MKS Park Wodny Tarnowskie Góry				4:26.95	506			
	50m:	29.51	29.51	150m:	1:36.95	34.50	250m:	2:46.47	34.91	350m:	3:55.24	33.58
	100m:	1:02.45	32.94	200m:	2:11.56	34.61	300m:	3:21.66	35.19	400m:	4:26.95	31.71
11.	Kuster Sylwester		85	CSIR MOS D browa Górnicza				4:28.62	496			
	50m:	31.15	31.15	150m:	1:38.77	34.07	250m:	2:47.06	34.02	350m:	3:55.62	33.72
	100m:	1:04.70	33.55	200m:	2:13.04	34.27	300m:	3:21.90	34.84	400m:	4:28.62	33.00

Mistrzostwa I liga 14.15.16-18 i Open
Gliwice, 7- - 8-12-2012

Konkurencja 20, M czynn, 400m dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.	
12.	Hołysz Krzysztof				96	TKKF Szczygłowice Knurów				4:34.94	463	
	50m:	29.64	29.64	150m:	1:37.16	34.42	250m:	2:47.64	34.75	350m:	3:59.81	36.31
	100m:	1:02.74	33.10	200m:	2:12.89	35.73	300m:	3:23.50	35.86	400m:	4:34.94	35.13
13.	Grotek Łukasz				97	MOSiR Mysłówice				4:35.23	462	
	50m:	31.42	31.42	150m:	1:41.50	34.76	250m:	2:51.97	34.76	350m:	4:02.58	35.45
	100m:	1:06.74	35.32	200m:	2:17.21	35.71	300m:	3:27.13	35.16	400m:	4:35.23	32.65
14.	Pacan Jan				96	Uks Wodnik 29 Katowice				4:37.09	452	
	50m:	30.72	30.72	150m:	1:41.62	35.81	250m:	2:53.02	35.25	350m:	4:04.17	35.42
	100m:	1:05.81	35.09	200m:	2:17.77	36.15	300m:	3:28.75	35.73	400m:	4:37.09	32.92
15.	Kurowski Szymon				98	Ks Piatka Chorzów				4:38.65	445	
	50m:	31.24	31.24	150m:	1:41.99	35.79	250m:	2:54.47	36.25	350m:	4:05.53	35.37
	100m:	1:06.20	34.96	200m:	2:18.22	36.23	300m:	3:30.16	35.69	400m:	4:38.65	33.12
16.	Sumara Beniamin				99	CSIR MOS D browa Górnicza				4:38.67	445	
	50m:	31.26	31.26	150m:	1:40.92	35.15	250m:	2:52.00	35.22	350m:	4:03.40	35.58
	100m:	1:05.77	34.51	200m:	2:16.78	35.86	300m:	3:27.82	35.82	400m:	4:38.67	35.27
17.	Brauntsch Marek				98	Muks Gilus Gilowice				4:38.71	444	
	50m:	30.36	30.36	150m:	1:40.23	35.20	250m:	2:51.63	35.94	350m:	4:03.60	36.19
	100m:	1:05.03	34.67	200m:	2:15.69	35.46	300m:	3:27.41	35.78	400m:	4:38.71	35.11
18.	Ba czyk Paweł				96	UKS Aquatica Pawłowice				4:40.98	434	
	50m:	31.16	31.16	150m:	1:41.27	35.15	250m:	2:53.99	36.38	350m:	4:06.63	36.51
	100m:	1:06.12	34.96	200m:	2:17.61	36.34	300m:	3:30.12	36.13	400m:	4:40.98	34.35
19.	Gros Paweł				98	Ks Piatka Chorzów				4:44.69	417	
	50m:	31.06	31.06	150m:	1:42.67	36.20	250m:	2:55.25	36.32	350m:	4:08.19	36.71
	100m:	1:06.47	35.41	200m:	2:18.93	36.26	300m:	3:31.48	36.23	400m:	4:44.69	36.50
20.	Grz dzieł Arkadiusz				98	MOSiR Mysłówice				4:47.34	406	
	50m:	31.31	31.31	150m:	1:43.53	36.46	250m:	2:57.71	36.80	350m:	4:11.37	36.79
	100m:	1:07.07	35.76	200m:	2:20.91	37.38	300m:	3:34.58	36.87	400m:	4:47.34	35.97
21.	Niestrój Robert SR				96	MKS-SMS Victoria Racibórz				4:47.96	403	
	50m:	33.52	33.52	150m:	1:48.14	37.32	250m:	3:02.43	36.76	350m:	4:14.70	35.76
	100m:	1:10.82	37.30	200m:	2:25.67	37.53	300m:	3:38.94	36.51	400m:	4:47.96	33.26
22.	Jacek Bartłomiej				98	Mosm Tychy				4:49.90	395	
	50m:	32.31	32.31	150m:	1:43.37	36.11	250m:	2:56.75	36.91	350m:	4:12.24	38.04
	100m:	1:07.26	34.95	200m:	2:19.84	36.47	300m:	3:34.20	37.45	400m:	4:49.90	37.66
23.	Krawczyk Bartłomiej				97	Muks Gilus Gilowice				4:52.83	383	
	50m:	31.68	31.68	150m:	1:43.23	36.79	250m:	2:59.27	38.13	350m:	4:16.16	38.39
	100m:	1:06.44	34.76	200m:	2:21.14	37.91	300m:	3:37.77	38.50	400m:	4:52.83	36.67
24.	Pawliniak Mariusz				99	Uks Wodnik 29 Katowice				5:01.70	350	
	50m:	33.40	33.40	150m:	1:49.47	38.69	250m:	3:08.24	39.51	350m:	4:26.27	38.81
	100m:	1:10.78	37.38	200m:	2:28.73	39.26	300m:	3:47.46	39.22	400m:	5:01.70	35.43
25.	Kielewski Michał				98	Mosm Tychy				5:03.39	344	
	50m:	32.77	32.77	150m:	1:49.78	38.93	250m:	3:07.24	37.92	350m:	4:25.51	39.48
	100m:	1:10.85	38.08	200m:	2:29.32	39.54	300m:	3:46.03	38.79	400m:	5:03.39	37.88
26.	Pownuk Piotr				98	Ks Piatka Chorzów				5:09.40	325	
	50m:	34.13	34.13	150m:	1:52.20	39.73	250m:	3:11.98	39.92	350m:	4:30.99	39.62
	100m:	1:12.47	38.34	200m:	2:32.06	39.86	300m:	3:51.37	39.39	400m:	5:09.40	38.41
27.	Terczy ski Szymon				99	Uks Wodnik 29 Katowice				5:12.45	315	
	50m:	34.62	34.62	150m:	1:53.02	39.66	250m:	3:13.94	40.81	350m:	4:34.39	40.50
	100m:	1:13.36	38.74	200m:	2:33.13	40.11	300m:	3:53.89	39.95	400m:	5:12.45	38.06