

Mistrzostwa Polski Juniorów 16 lat w pływaniu
Gliwice, 8-10.3.2013

Konkurencja 12
2013-03-08 - 11:10

Chłopców, 400m zmienny

16 lat
Wyniki Eliminacje

Rekordy Polski 16 lat 4:12.87 Cie lak Marcin MUKP Warszawianka Wodny F2008-11-28

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
1.	Pietrzak Dawid		97	MUKS Pi tnastka Bydgoszcz				4:30.89	657 A
	50m:	28.42 28.42	150m:	1:35.15 34.51	250m:	2:48.65 39.42	350m:	4:00.08 32.25	
	100m:	1:00.64 32.22	200m:	2:09.23 34.08	300m:	3:27.83 39.18	400m:	4:30.89 30.81	
2.	Raducki Arkadiusz		97	Ks Warta Pozna				4:35.61	623 A
	50m:	29.50 29.50	150m:	1:39.24 35.36	250m:	2:53.08 39.29	350m:	4:04.57 31.84	
	100m:	1:03.88 34.38	200m:	2:13.79 34.55	300m:	3:32.73 39.65	400m:	4:35.61 31.04	
3.	Pierzy ski Michał		97	Mks Trójka Łód				4:37.40	611 A
	50m:	29.20 29.20	150m:	1:39.44 36.24	250m:	2:52.75 38.21	350m:	4:05.33 33.05	
	100m:	1:03.20 34.00	200m:	2:14.54 35.10	300m:	3:32.28 39.53	400m:	4:37.40 32.07	
4.	Goleniec Łukasz SO		97	Ukp Unia O wi cim				4:39.57	597 A
	50m:	28.96 28.96	150m:	1:40.68 37.66	250m:	2:56.94 40.14	350m:	4:09.18 31.12	
	100m:	1:03.02 34.06	200m:	2:16.80 36.12	300m:	3:38.06 41.12	400m:	4:39.57 30.39	
5.	Grabczak Dawid		97	Klub Sportowy Wisła				4:40.05	594 A
	50m:	29.20 29.20	150m:	1:39.55 36.31	250m:	2:54.49 39.73	350m:	4:07.65 33.13	
	100m:	1:03.24 34.04	200m:	2:14.76 35.21	300m:	3:34.52 40.03	400m:	4:40.05 32.40	
6.	Wajda Tomasz		97	KS Korona Kraków				4:41.25	587 A
	50m:	29.56 29.56	150m:	1:40.78 36.51	250m:	2:57.05 40.66	350m:	4:09.59 31.83	
	100m:	1:04.27 34.71	200m:	2:16.39 35.61	300m:	3:37.76 40.71	400m:	4:41.25 31.66	
7.	Ruszkowski Kacper		97	Ukp Unia O wi cim				4:41.77	583 A
	50m:	29.46 29.46	150m:	1:40.33 37.46	250m:	2:58.38 41.66	350m:	4:10.95 31.79	
	100m:	1:02.87 33.41	200m:	2:16.72 36.39	300m:	3:39.16 40.78	400m:	4:41.77 30.82	
8.	Adamczyk Patryk		97	MKP Szczecin				4:41.87	583 A
	50m:	28.57 28.57	150m:	1:39.10 37.15	250m:	2:57.50 41.78	350m:	4:11.84 32.63	
	100m:	1:01.95 33.38	200m:	2:15.72 36.62	300m:	3:39.21 41.71	400m:	4:41.87 30.03	
9.	Powro nik Konrad		97	KS Krotosz Krotoszyn				4:42.31	580 B
	50m:	30.10 30.10	150m:	1:40.36 36.67	250m:	2:55.29 38.87	350m:	4:09.48 33.61	
	100m:	1:03.69 33.59	200m:	2:16.42 36.06	300m:	3:35.87 40.58	400m:	4:42.31 32.83	
10.	Szel g Ernest		97	KSZO Ostrowiec				4:42.63	578 B
	50m:	29.96 29.96	150m:	1:40.23 35.35	250m:	2:56.31 41.67	350m:	4:10.94 32.87	
	100m:	1:04.88 34.92	200m:	2:14.64 34.41	300m:	3:38.07 41.76	400m:	4:42.63 31.69	
11.	Fr tczak Mateusz		97	Mks Jedynka Łód				4:42.64	578 B
	50m:	29.17 29.17	150m:	1:39.56 35.92	250m:	2:57.31 41.49	350m:	4:11.60 32.13	
	100m:	1:03.64 34.47	200m:	2:15.82 36.26	300m:	3:39.47 42.16	400m:	4:42.64 31.04	
12.	Kopczy ski Franciszek		97	KP AVIA widnik				4:42.74	577 B
	50m:	29.50 29.50	150m:	1:42.03 37.21	250m:	2:57.42 39.31	350m:	4:11.94 34.09	
	100m:	1:04.82 35.32	200m:	2:18.11 36.08	300m:	3:37.85 40.43	400m:	4:42.74 30.80	
13.	Nagi Mateusz SO		97	Ukp Unia O wi cim				4:42.90	576 B
	50m:	30.21 30.21	150m:	1:41.97 37.23	250m:	2:57.23 39.35	350m:	4:11.49 33.70	
	100m:	1:04.74 34.53	200m:	2:17.88 35.91	300m:	3:37.79 40.56	400m:	4:42.90 31.41	
14.	Korek Jakub		97	Uks,, oliborz" Warszawa				4:43.12	575 B
	50m:	30.18 30.18	150m:	1:41.66 37.05	250m:	2:58.31 39.23	350m:	4:11.52 33.33	
	100m:	1:04.61 34.43	200m:	2:19.08 37.42	300m:	3:38.19 39.88	400m:	4:43.12 31.60	
15.	Muller Maksym		97	MKP Słowianka Gorzów				4:45.47	561 B
	50m:	29.78 29.78	150m:	1:42.29 37.99	250m:	2:58.29 38.64	350m:	4:13.04 34.07	
	100m:	1:04.30 34.52	200m:	2:19.65 37.36	300m:	3:38.97 40.68	400m:	4:45.47 32.43	
16.	Urba ski Michał		97	MUKS Pi tnastka Bydgoszcz				4:45.63	560 B
	50m:	30.17 30.17	150m:	1:43.90 37.63	250m:	2:59.75 38.42	350m:	4:13.69 34.26	
	100m:	1:06.27 36.10	200m:	2:21.33 37.43	300m:	3:39.43 39.68	400m:	4:45.63 31.94	
17.	Karpeta Michał		97	UKS "TRÓJKA" Cz stochowa				4:46.57	554 R
	50m:	30.38 30.38	150m:	1:42.46 37.15	250m:	2:57.85 38.64	350m:	4:12.46 35.14	
	100m:	1:05.31 34.93	200m:	2:19.21 36.75	300m:	3:37.32 39.47	400m:	4:46.57 34.11	

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Pozycja			Rok ur.					Czas	Pkt.
18.	Zwoli ski Marcin		97	Csir Mos D browa Górnicza				4:51.80	525 R
	50m: 30.10	30.10	150m: 1:42.69	38.22	250m: 3:01.44	41.92	350m: 4:18.15	34.25	
	100m: 1:04.47	34.37	200m: 2:19.52	36.83	300m: 3:43.90	42.46	400m: 4:51.80	33.65	
19.	Lechowicz Filip		97	MKS Jordan Kraków				4:56.58	500
	50m: 33.40	33.40	150m: 1:49.49	37.52	250m: 3:07.77	41.77	350m: 4:24.52	35.03	
	100m: 1:11.97	38.57	200m: 2:26.00	36.51	300m: 3:49.49	41.72	400m: 4:56.58	32.06	
20.	Romanowski Kamil		97	Mtkp Delfin Torun				4:57.19	497
	50m: 30.82	30.82	150m: 1:47.49	40.02	250m: 3:05.76	38.23	350m: 4:23.05	36.50	
	100m: 1:07.47	36.65	200m: 2:27.53	40.04	300m: 3:46.55	40.79	400m: 4:57.19	34.14	
21.	Zieli ski Cezary		97	MKS Medyk Gi ycko				4:57.22	497
	50m: 31.33	31.33	150m: 1:49.16	39.50	250m: 3:11.42	43.10	350m: 4:27.01	31.88	
	100m: 1:09.66	38.33	200m: 2:28.32	39.16	300m: 3:55.13	43.71	400m: 4:57.22	30.21	
22.	B czkowski Bartosz		97	MUKP Warszawianka Wodny Park				4:57.86	494
	50m: 31.85	31.85	150m: 1:44.85	36.53	250m: 3:05.51	43.69	350m: 4:25.63	35.71	
	100m: 1:08.32	36.47	200m: 2:21.82	36.97	300m: 3:49.92	44.41	400m: 4:57.86	32.23	
23.	Kaczorowski Jakub		97	Uks,, oliborz" Warszawa				4:58.21	492
	50m: 32.47	32.47	150m: 1:48.16	37.28	250m: 3:07.69	42.95	350m: 4:25.17	33.94	
	100m: 1:10.88	38.41	200m: 2:24.74	36.58	300m: 3:51.23	43.54	400m: 4:58.21	33.04	
24.	Machowski Filip		97	IKAR Mielec				4:59.42	486
	50m: 30.81	30.81	150m: 1:43.84	37.44	250m: 3:05.01	44.13	350m: 4:24.70	35.18	
	100m: 1:06.40	35.59	200m: 2:20.88	37.04	300m: 3:49.52	44.51	400m: 4:59.42	34.72	
25.	Szmit Kacper		97	MTP KORMORAN Olsztyn				4:59.64	485
	50m: 32.03	32.03	150m: 1:50.06	39.86	250m: 3:08.59	40.02	350m: 4:25.55	35.86	
	100m: 1:10.20	38.17	200m: 2:28.57	38.51	300m: 3:49.69	41.10	400m: 4:59.64	34.09	
26.	Sola Kornel		97	Fala Kra nik				5:00.09	483
	50m: 32.20	32.20	150m: 1:49.39	39.24	250m: 3:10.88	42.86	350m: 4:28.32	33.96	
	100m: 1:10.15	37.95	200m: 2:28.02	38.63	300m: 3:54.36	43.48	400m: 5:00.09	31.77	
27.	Szutko Mateusz		97	MKS " AK" Biała Podlaska				5:04.23	463
	50m: 30.69	30.69	150m: 1:47.21	38.58	250m: 3:09.41	44.60	350m: 4:30.22	35.66	
	100m: 1:08.63	37.94	200m: 2:24.81	37.60	300m: 3:54.56	45.15	400m: 5:04.23	34.01	
28.	Tchórzewski Krzysztof		97	KS Poznania Pozna				5:10.27	437
	50m: 31.15	31.15	150m: 1:47.47	40.58	250m: 3:14.60	47.52	350m: 4:36.20	34.82	
	100m: 1:06.89	35.74	200m: 2:27.08	39.61	300m: 4:01.38	46.78	400m: 5:10.27	34.07	
DYSKW.	Adamczyk Michał		97	MKP Słowianka Gorzów					
	<i>K-14 - Dotknięcie ciany jedn r ka przy nawrocie (Czas: 11:42)</i>								
DYSKW.	Batko Daniel		97	MKS Jordan Kraków					
	<i>M-12 - Dotknięcie jedn rek sciany nawrotowej w czasie zakonczenia wy cigu (Czas: 11:37)</i>								