

Mistrzostwa Polski Juniorów 16 lat w pływaniu
Gliwice, 8-10.3.2013

Konkurencja 12
2013-03-08 - 18:35

Chłopców, 400m zmienny

16 lat
Wyniki Finał

Rekordy Polski 16 lat 4:12.87 Cie lak Marcin MUKP Warszawianka Wodny F2008-11-28

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	Pietrzak Dawid		97	MUKS Pi tnaстка Bydgoszcz				4:26.01	693
	50m:	27.55 27.55	150m:	1:33.04 33.99	250m:	2:45.13 39.52	350m:	3:56.07 31.66	
	100m:	59.05 31.50	200m:	2:05.61 32.57	300m:	3:24.41 39.28	400m:	4:26.01 29.94	
2.	Pierzy ski Michał		97	Mks Trójka Łód				4:34.10	634
	50m:	28.95 28.95	150m:	1:38.63 36.17	250m:	2:51.65 38.00	350m:	4:03.24 32.59	
	100m:	1:02.46 33.51	200m:	2:13.65 35.02	300m:	3:30.65 39.00	400m:	4:34.10 30.86	
3.	Adamczyk Patryk		97	MKP Szczecin				4:34.48	631
	50m:	28.63 28.63	150m:	1:38.64 36.11	250m:	2:53.97 39.68	350m:	4:05.92 32.08	
	100m:	1:02.53 33.90	200m:	2:14.29 35.65	300m:	3:33.84 39.87	400m:	4:34.48 28.56	
4.	Raducki Arkadiusz		97	Ks Warta Pozna				4:35.00	628
	50m:	29.37 29.37	150m:	1:39.28 35.73	250m:	2:54.01 39.62	350m:	4:05.37 31.56	
	100m:	1:03.55 34.18	200m:	2:14.39 35.11	300m:	3:33.81 39.80	400m:	4:35.00 29.63	
5.	Wajda Tomasz		97	KS Korona Kraków				4:41.79	583
	50m:	30.05 30.05	150m:	1:42.13 36.87	250m:	2:59.06 40.90	350m:	4:11.90 31.90	
	100m:	1:05.26 35.21	200m:	2:18.16 36.03	300m:	3:40.00 40.94	400m:	4:41.79 29.89	
6.	Goleniec Łukasz SO		97	Ukp Unia O wi cim				4:42.01	582
	50m:	29.85 29.85	150m:	1:42.76 37.86	250m:	2:59.43 40.64	350m:	4:12.11 31.41	
	100m:	1:04.90 35.05	200m:	2:18.79 36.03	300m:	3:40.70 41.27	400m:	4:42.01 29.90	
7.	Ruszkowski Kacper		97	Ukp Unia O wi cim				4:45.33	562
	50m:	29.35 29.35	150m:	1:40.50 37.45	250m:	2:58.40 41.12	350m:	4:13.07 32.81	
	100m:	1:03.05 33.70	200m:	2:17.28 36.78	300m:	3:40.26 41.86	400m:	4:45.33 32.26	

DYSKW. Grabczak Dawid 97 Klub Sportowy Wisła
K-12 - Niejednoczesne dotknięcie ciany dło mi przy nawrocie (Czas: 18:45), K-13

Finał B									
9.	Fr tczak Mateusz		97	Mks Jedynka Łód				4:37.85	608
	50m:	29.11 29.11	150m:	1:38.25 35.01	250m:	2:54.04 40.42	350m:	4:06.92 31.36	
	100m:	1:03.24 34.13	200m:	2:13.62 35.37	300m:	3:35.56 41.52	400m:	4:37.85 30.93	
10.	Powro nik Konrad		97	KS Krotosz Krotoszyn				4:39.60	597
	50m:	29.83 29.83	150m:	1:41.02 36.82	250m:	2:56.32 39.47	350m:	4:08.24 32.34	
	100m:	1:04.20 34.37	200m:	2:16.85 35.83	300m:	3:35.90 39.58	400m:	4:39.60 31.36	
11.	Kopczy ski Franciszek		97	KP AVIA widnik				4:40.65	590
	50m:	30.06 30.06	150m:	1:42.19 37.15	250m:	2:57.56 39.80	350m:	4:11.41 33.41	
	100m:	1:05.04 34.98	200m:	2:17.76 35.57	300m:	3:38.00 40.44	400m:	4:40.65 29.24	
12.	Szel g Ernest		97	KSZO Ostrowiec				4:41.99	582
	50m:	30.09 30.09	150m:	1:40.85 35.58	250m:	2:57.10 41.46	350m:	4:11.23 32.98	
	100m:	1:05.27 35.18	200m:	2:15.64 34.79	300m:	3:38.25 41.15	400m:	4:41.99 30.76	
13.	Korek Jakub		97	Uks,, oliborz" Warszawa				4:43.60	572
	50m:	30.36 30.36	150m:	1:43.02 37.79	250m:	3:00.51 39.74	350m:	4:12.55 32.77	
	100m:	1:05.23 34.87	200m:	2:20.77 37.75	300m:	3:39.78 39.27	400m:	4:43.60 31.05	
14.	Nagi Mateusz SO		97	Ukp Unia O wi cim				4:45.77	559
	50m:	29.60 29.60	150m:	1:41.73 37.21	250m:	2:58.16 39.68	350m:	4:13.27 34.07	
	100m:	1:04.52 34.92	200m:	2:18.48 36.75	300m:	3:39.20 41.04	400m:	4:45.77 32.50	
15.	Urba ski Michał		97	MUKS Pi tnaстка Bydgoszcz				4:50.55	532
	50m:	29.00 29.00	150m:	1:42.89 39.31	250m:	3:00.45 38.75	350m:	4:16.18 35.80	
	100m:	1:03.58 34.58	200m:	2:21.70 38.81	300m:	3:40.38 39.93	400m:	4:50.55 34.37	