

Mistrzostwa Polski Juniorów 16 lat w pływaniu
Gliwice, 8-10.3.2013

Event 12
2013-03-08 - 11:10

Boys, 400m Medley

16 years
Results Prelim

Rekordy Polski 16 lat 4:12.87 Cie lak Marcin MUKP Warszawianka Wodny F2008-11-28

Points: FINA 2012

Rank	YB				Time	Pts
1.	97 MUKS Pietnastka Bydgoszcz				4:30.89	657 A
	50m: 28.42	28.42	150m: 1:35.15	34.51	250m: 2:48.65	39.42
	100m: 1:00.64	32.22	200m: 2:09.23	34.08	300m: 3:27.83	39.18
					350m: 4:00.08	32.25
					400m: 4:30.89	30.81
2.	97 Ks Warta Poznan				4:35.61	623 A
	50m: 29.50	29.50	150m: 1:39.24	35.36	250m: 2:53.08	39.29
	100m: 1:03.88	34.38	200m: 2:13.79	34.55	300m: 3:32.73	39.65
					350m: 4:04.57	31.84
					400m: 4:35.61	31.04
3.	97 Mks Trojka Lodz				4:37.40	611 A
	50m: 29.20	29.20	150m: 1:39.44	36.24	250m: 2:52.75	38.21
	100m: 1:03.20	34.00	200m: 2:14.54	35.10	300m: 3:32.28	39.53
					350m: 4:05.33	33.05
					400m: 4:37.40	32.07
4.	97 Ukp Unia Oswiecim				4:39.57	597 A
	50m: 28.96	28.96	150m: 1:40.68	37.66	250m: 2:56.94	40.14
	100m: 1:03.02	34.06	200m: 2:16.80	36.12	300m: 3:38.06	41.12
					350m: 4:09.18	31.12
					400m: 4:39.57	30.39
5.	97 Klub Sportowy Wisla				4:40.05	594 A
	50m: 29.20	29.20	150m: 1:39.55	36.31	250m: 2:54.49	39.73
	100m: 1:03.24	34.04	200m: 2:14.76	35.21	300m: 3:34.52	40.03
					350m: 4:07.65	33.13
					400m: 4:40.05	32.40
6.	97 KS Korona Krakow				4:41.25	587 A
	50m: 29.56	29.56	150m: 1:40.78	36.51	250m: 2:57.05	40.66
	100m: 1:04.27	34.71	200m: 2:16.39	35.61	300m: 3:37.76	40.71
					350m: 4:09.59	31.83
					400m: 4:41.25	31.66
7.	97 Ukp Unia Oswiecim				4:41.77	583 A
	50m: 29.46	29.46	150m: 1:40.33	37.46	250m: 2:58.38	41.66
	100m: 1:02.87	33.41	200m: 2:16.72	36.39	300m: 3:39.16	40.78
					350m: 4:10.95	31.79
					400m: 4:41.77	30.82
8.	97 MKP Szczecin				4:41.87	583 A
	50m: 28.57	28.57	150m: 1:39.10	37.15	250m: 2:57.50	41.78
	100m: 1:01.95	33.38	200m: 2:15.72	36.62	300m: 3:39.21	41.71
					350m: 4:11.84	32.63
					400m: 4:41.87	30.03
9.	97 KS Krotosz Krotoszyn				4:42.31	580 B
	50m: 30.10	30.10	150m: 1:40.36	36.67	250m: 2:55.29	38.87
	100m: 1:03.69	33.59	200m: 2:16.42	36.06	300m: 3:35.87	40.58
					350m: 4:09.48	33.61
					400m: 4:42.31	32.83
10.	97 KSZO Ostrowiec				4:42.63	578 B
	50m: 29.96	29.96	150m: 1:40.23	35.35	250m: 2:56.31	41.67
	100m: 1:04.88	34.92	200m: 2:14.64	34.41	300m: 3:38.07	41.76
					350m: 4:10.94	32.87
					400m: 4:42.63	31.69
11.	97 Mks Jedynka Lodz				4:42.64	578 B
	50m: 29.17	29.17	150m: 1:39.56	35.92	250m: 2:57.31	41.49
	100m: 1:03.64	34.47	200m: 2:15.82	36.26	300m: 3:39.47	42.16
					350m: 4:11.60	32.13
					400m: 4:42.64	31.04
12.	97 KP AVIA Swidnik				4:42.74	577 B
	50m: 29.50	29.50	150m: 1:42.03	37.21	250m: 2:57.42	39.31
	100m: 1:04.82	35.32	200m: 2:18.11	36.08	300m: 3:37.85	40.43
					350m: 4:11.94	34.09
					400m: 4:42.74	30.80
13.	97 Ukp Unia Oswiecim				4:42.90	576 B
	50m: 30.21	30.21	150m: 1:41.97	37.23	250m: 2:57.23	39.35
	100m: 1:04.74	34.53	200m: 2:17.88	35.91	300m: 3:37.79	40.56
					350m: 4:11.49	33.70
					400m: 4:42.90	31.41
14.	97 Uks,,Zoliborz" Warszawa				4:43.12	575 B
	50m: 30.18	30.18	150m: 1:41.66	37.05	250m: 2:58.31	39.23
	100m: 1:04.61	34.43	200m: 2:19.08	37.42	300m: 3:38.19	39.88
					350m: 4:11.52	33.33
					400m: 4:43.12	31.60
15.	97 MKP Slowianka Gorzow				4:45.47	561 B
	50m: 29.78	29.78	150m: 1:42.29	37.99	250m: 2:58.29	38.64
	100m: 1:04.30	34.52	200m: 2:19.65	37.36	300m: 3:38.97	40.68
					350m: 4:13.04	34.07
					400m: 4:45.47	32.43
16.	97 MUKS Pietnastka Bydgoszcz				4:45.63	560 B
	50m: 30.17	30.17	150m: 1:43.90	37.63	250m: 2:59.75	38.42
	100m: 1:06.27	36.10	200m: 2:21.33	37.43	300m: 3:39.43	39.68
					350m: 4:13.69	34.26
					400m: 4:45.63	31.94
17.	97 UKS "TROJKA" Czestochowa				4:46.57	554 R
	50m: 30.38	30.38	150m: 1:42.46	37.15	250m: 2:57.85	38.64
	100m: 1:05.31	34.93	200m: 2:19.21	36.75	300m: 3:37.32	39.47
					350m: 4:12.46	35.14
					400m: 4:46.57	34.11

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Gliwice, 8-10.3.2013

Event 12, Boys, 400m Medley, Prelim, 16 years

Rank					YB					Time	Pts	
18.	Zwolinski Marcin				97	Csir Mos Dabrowa Gornicza				4:51.80	525 R	
	50m:	30.10	30.10	150m:	1:42.69	38.22	250m:	3:01.44	41.92	350m:	4:18.15	34.25
	100m:	1:04.47	34.37	200m:	2:19.52	36.83	300m:	3:43.90	42.46	400m:	4:51.80	33.65
19.	Lechowicz Filip				97	MKS Jordan Krakow				4:56.58	500	
	50m:	33.40	33.40	150m:	1:49.49	37.52	250m:	3:07.77	41.77	350m:	4:24.52	35.03
	100m:	1:11.97	38.57	200m:	2:26.00	36.51	300m:	3:49.49	41.72	400m:	4:56.58	32.06
20.	Romanowski Kamil				97	Mtkp Delfin Torun				4:57.19	497	
	50m:	30.82	30.82	150m:	1:47.49	40.02	250m:	3:05.76	38.23	350m:	4:23.05	36.50
	100m:	1:07.47	36.65	200m:	2:27.53	40.04	300m:	3:46.55	40.79	400m:	4:57.19	34.14
21.	Zielinski Cezary				97	MKS Medyk Gizycko				4:57.22	497	
	50m:	31.33	31.33	150m:	1:49.16	39.50	250m:	3:11.42	43.10	350m:	4:27.01	31.88
	100m:	1:09.66	38.33	200m:	2:28.32	39.16	300m:	3:55.13	43.71	400m:	4:57.22	30.21
22.	Baczkowski Bartosz				97	MUKP Warszawianka Wodny Park				4:57.86	494	
	50m:	31.85	31.85	150m:	1:44.85	36.53	250m:	3:05.51	43.69	350m:	4:25.63	35.71
	100m:	1:08.32	36.47	200m:	2:21.82	36.97	300m:	3:49.92	44.41	400m:	4:57.86	32.23
23.	Kaczorowski Jakub				97	Uks,,Zoliborz" Warszawa				4:58.21	492	
	50m:	32.47	32.47	150m:	1:48.16	37.28	250m:	3:07.69	42.95	350m:	4:25.17	33.94
	100m:	1:10.88	38.41	200m:	2:24.74	36.58	300m:	3:51.23	43.54	400m:	4:58.21	33.04
24.	Machowski Filip				97	IKAR Mielec				4:59.42	486	
	50m:	30.81	30.81	150m:	1:43.84	37.44	250m:	3:05.01	44.13	350m:	4:24.70	35.18
	100m:	1:06.40	35.59	200m:	2:20.88	37.04	300m:	3:49.52	44.51	400m:	4:59.42	34.72
25.	Szmit Kacper				97	MTP KORMORAN Olsztyn				4:59.64	485	
	50m:	32.03	32.03	150m:	1:50.06	39.86	250m:	3:08.59	40.02	350m:	4:25.55	35.86
	100m:	1:10.20	38.17	200m:	2:28.57	38.51	300m:	3:49.69	41.10	400m:	4:59.64	34.09
26.	Sola Kornel				97	Fala Krasnik				5:00.09	483	
	50m:	32.20	32.20	150m:	1:49.39	39.24	250m:	3:10.88	42.86	350m:	4:28.32	33.96
	100m:	1:10.15	37.95	200m:	2:28.02	38.63	300m:	3:54.36	43.48	400m:	5:00.09	31.77
27.	Szutko Mateusz				97	MKS "ZAK" Biala Podlaska				5:04.23	463	
	50m:	30.69	30.69	150m:	1:47.21	38.58	250m:	3:09.41	44.60	350m:	4:30.22	35.66
	100m:	1:08.63	37.94	200m:	2:24.81	37.60	300m:	3:54.56	45.15	400m:	5:04.23	34.01
28.	Tchorzewski Krzysztof				97	KS Poznania Poznan				5:10.27	437	
	50m:	31.15	31.15	150m:	1:47.47	40.58	250m:	3:14.60	47.52	350m:	4:36.20	34.82
	100m:	1:06.89	35.74	200m:	2:27.08	39.61	300m:	4:01.38	46.78	400m:	5:10.27	34.07
DSQ	Adamczyk Michal				97	MKP Slowianka Gorzow						
	<i>K-14 - Dotkniecie ciany jedn r ka przy nawrocie (Time: 11:42)</i>											
DSQ	Batko Daniel				97	MKS Jordan Krakow						
	<i>M-12 - Dotkniecie jedn rek sciany nawrotowej w czasie zakonczenia wy cigu (Time: 11:37)</i>											