

Mistrzostwa Polski Juniorów 16 lat w pływaniu  
Gliwice, 8-10.3.2013

Konkurencja 19 Dziewcz t, 400m dowolny 16 lat  
2013-03-09 - 9:30 Wyniki Eliminacje

Rekordy Polski 16 lat 4:08.04 Kilija ska Donata KSZO Ostrowiec w. SSz 2011-12-17

Punkty: FINA 2012

Pozycja			Rok ur.							Czas	Pkt.	
1.	Karpisz Milena		97	UKS "Pi tka" Konstantynów Lodz						<b>4:26.62</b>	684	A
	50m:	31.00 31.00	150m:	1:37.82 33.61	250m:	2:45.17 33.73	350m:	3:53.04 33.86				
	100m:	1:04.21 33.21	200m:	2:11.44 33.62	300m:	3:19.18 34.01	400m:	4:26.62 33.58				
2.	Magner Agata SO		97	MKS Jordan Kraków						<b>4:27.75</b>	675	A
	50m:	31.19 31.19	150m:	1:38.41 33.57	250m:	2:46.39 34.07	350m:	3:54.50 33.99				
	100m:	1:04.84 33.65	200m:	2:12.32 33.91	300m:	3:20.51 34.12	400m:	4:27.75 33.25				
3.	Borkowska Lucyna		97	MKS Sambor Tczew						<b>4:28.41</b>	670	A
	50m:	30.65 30.65	150m:	1:37.78 33.96	250m:	2:46.06 34.32	350m:	3:54.95 34.04				
	100m:	1:03.82 33.17	200m:	2:11.74 33.96	300m:	3:20.91 34.85	400m:	4:28.41 33.46				
4.	Orczykowska Wioletta		97	K.S.Limanowa-Swim						<b>4:29.90</b>	659	A
	50m:	31.10 31.10	150m:	1:39.12 34.35	250m:	2:48.15 34.46	350m:	3:57.44 34.25				
	100m:	1:04.77 33.67	200m:	2:13.69 34.57	300m:	3:23.19 35.04	400m:	4:29.90 32.46				
5.	Loranty Patrycja		97	KSZO Ostrowiec						<b>4:30.48</b>	655	A
	50m:	31.41 31.41	150m:	1:40.62 34.57	250m:	2:49.65 34.38	350m:	3:58.47 34.17				
	100m:	1:06.05 34.64	200m:	2:15.27 34.65	300m:	3:24.30 34.65	400m:	4:30.48 32.01				
6.	Wójcik Claudia		97	Ks Warta Pozna						<b>4:31.04</b>	651	A
	50m:	31.42 31.42	150m:	1:39.61 34.43	250m:	2:49.18 34.67	350m:	3:58.31 34.57				
	100m:	1:05.18 33.76	200m:	2:14.51 34.90	300m:	3:23.74 34.56	400m:	4:31.04 32.73				
7.	Wójcik Magdalena		97	1 Solex L bork						<b>4:31.23</b>	649	A
	50m:	31.33 31.33	150m:	1:40.00 34.41	250m:	2:48.99 34.48	350m:	3:58.16 34.40				
	100m:	1:05.59 34.26	200m:	2:14.51 34.51	300m:	3:23.76 34.77	400m:	4:31.23 33.07				
8.	Nita Anna		97	UKS "Pi tka" Konstantynów Lodz						<b>4:32.34</b>	641	A
	50m:	31.24 31.24	150m:	1:38.74 34.04	250m:	2:48.15 34.47	350m:	3:57.93 34.90				
	100m:	1:04.70 33.46	200m:	2:13.68 34.94	300m:	3:23.03 34.88	400m:	4:32.34 34.41				
9.	Kubacka Magda SO		97	Ukp Unia O wi cim						<b>4:32.77</b>	638	B
	50m:	30.99 30.99	150m:	1:39.26 34.41	250m:	2:49.10 34.59	350m:	3:58.92 35.24				
	100m:	1:04.85 33.86	200m:	2:14.51 35.25	300m:	3:23.68 34.58	400m:	4:32.77 33.85				
10.	Dyrda Karolina		97	Skarpa Lublin						<b>4:35.27</b>	621	B
	50m:	31.71 31.71	150m:	1:41.02 35.08	250m:	2:50.72 34.70	350m:	4:00.69 34.89				
	100m:	1:05.94 34.23	200m:	2:16.02 35.00	300m:	3:25.80 35.08	400m:	4:35.27 34.58				
11.	Zi ba Katarzyna		97	KORNER Zielona Góra						<b>4:35.43</b>	620	B
	50m:	31.68 31.68	150m:	1:41.32 35.18	250m:	2:52.25 35.43	350m:	4:02.21 35.18				
	100m:	1:06.14 34.46	200m:	2:16.82 35.50	300m:	3:27.03 34.78	400m:	4:35.43 33.22				
12.	Podlewska Miriam		97	KS Posenania Pozna						<b>4:36.00</b>	616	B
	50m:	30.91 30.91	150m:	1:39.37 34.65	250m:	2:50.46 35.77	350m:	4:02.06 35.78				
	100m:	1:04.72 33.81	200m:	2:14.69 35.32	300m:	3:26.28 35.82	400m:	4:36.00 33.94				
13.	Zawolik Wiktoria		97	KSZO Ostrowiec						<b>4:36.12</b>	615	B
	50m:	31.66 31.66	150m:	1:40.72 34.64	250m:	2:51.00 34.93	350m:	4:01.22 35.22				
	100m:	1:06.08 34.42	200m:	2:16.07 35.35	300m:	3:26.00 35.00	400m:	4:36.12 34.90				
14.	Jasek Alicja		97	WKS I sk						<b>4:36.45</b>	613	B
	50m:	31.38 31.38	150m:	1:41.01 35.26	250m:	2:52.15 35.65	350m:	4:02.89 35.57				
	100m:	1:05.75 34.37	200m:	2:16.50 35.49	300m:	3:27.32 35.17	400m:	4:36.45 33.56				
15.	Wysocka Klaudia		97	Siódemka Sopot						<b>4:38.28</b>	601	B
	50m:	33.15 33.15	150m:	1:42.64 34.75	250m:	2:52.83 35.15	350m:	4:03.36 35.29				
	100m:	1:07.89 34.74	200m:	2:17.68 35.04	300m:	3:28.07 35.24	400m:	4:38.28 34.92				
16.	Haczkiewicz Paulina		97	KORNER Zielona Góra						<b>4:41.48</b>	581	B
	50m:	30.67 30.67	150m:	1:40.52 35.30	250m:	2:52.26 35.76	350m:	4:06.56 36.83				
	100m:	1:05.22 34.55	200m:	2:16.50 35.98	300m:	3:29.73 37.47	400m:	4:41.48 34.92				
17.	Olejniczak Zuzanna		97	Mks Jedyńka Łód						<b>4:41.67</b>	580	R
	50m:	32.00 32.00	150m:	1:43.02 36.18	250m:	2:54.86 35.74	350m:	4:06.60 35.91				
	100m:	1:06.84 34.84	200m:	2:19.12 36.10	300m:	3:30.69 35.83	400m:	4:41.67 35.07				

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Pozycja			Rok ur.				Czas		Pkt.
18.	Misterka Kamila		97	Mks Trójka Łód			<b>4:43.06</b>	571	R
	50m:	33.47	33.47	150m:	1:44.71	35.78	250m:	2:56.16	35.97
	100m:	1:08.93	35.46	200m:	2:20.19	35.48	300m:	3:32.03	35.87
				350m:	4:07.86		400m:	4:43.06	35.20
19.	Buda Karolina		97	Csir Mos D browa Górnicza			<b>4:43.37</b>	569	
	50m:	32.24	32.24	150m:	1:43.67	36.30	250m:	2:56.29	36.16
	100m:	1:07.37	35.13	200m:	2:20.13	36.46	300m:	3:32.80	36.51
				350m:	4:08.91		400m:	4:43.37	34.46
20.	Cekała Aleksandra		97	Mks "Juvenia" Wrocław			<b>4:43.60</b>	568	
	50m:	32.46	32.46	150m:	1:43.89	35.95	250m:	2:55.84	36.24
	100m:	1:07.94	35.48	200m:	2:19.60	35.71	300m:	3:32.57	36.73
				350m:	4:08.87		400m:	4:43.60	34.73
21.	Rostowska Wiktoria		97	Csir Mos D browa Górnicza			<b>4:43.81</b>	567	
	50m:	32.01	32.01	150m:	1:42.48	35.96	250m:	2:55.60	36.45
	100m:	1:06.52	34.51	200m:	2:19.15	36.67	300m:	3:32.52	36.92
				350m:	4:08.86		400m:	4:43.81	34.95
22.	Walczak Katarzyna		97	Ks Warta Pozna			<b>4:46.69</b>	550	
	50m:	32.18	32.18	150m:	1:43.83	36.49	250m:	2:56.34	36.27
	100m:	1:07.34	35.16	200m:	2:20.07	36.24	300m:	3:33.17	36.83
				350m:	4:10.13		400m:	4:46.69	36.56
23.	Ciszewska Sandra		97	UKS 9 Kalisz			<b>4:47.37</b>	546	
	50m:	30.87	30.87	150m:	1:41.04	35.80	250m:	2:54.84	37.12
	100m:	1:05.24	34.37	200m:	2:17.72	36.68	300m:	3:32.36	37.52
				350m:	4:10.53		400m:	4:47.37	36.84
24.	Borowska Beata		97	UKS Wilanowia			<b>4:48.10</b>	542	
	50m:	32.24	32.24	150m:	1:44.07	36.19	250m:	2:57.48	36.81
	100m:	1:07.88	35.64	200m:	2:20.67	36.60	300m:	3:34.31	36.83
				350m:	4:11.15		400m:	4:48.10	36.95
25.	Olczyk Martyna SO		97	Ukp Unia O wi cim			<b>4:49.39</b>	534	
	50m:	32.37	32.37	150m:	1:44.07	36.29	250m:	2:58.22	37.24
	100m:	1:07.78	35.41	200m:	2:20.98	36.91	300m:	3:36.17	37.95
				350m:	4:13.87		400m:	4:49.39	35.52
26.	Koto ska Dominika		97	Iukp Wodnik Police			<b>4:54.50</b>	507	
	50m:	33.53	33.53	150m:	1:48.34	37.63	250m:	3:03.65	37.36
	100m:	1:10.71	37.18	200m:	2:26.29	37.95	300m:	3:41.21	37.56
				350m:	4:18.30		400m:	4:54.50	36.20
27.	Machnik Monika		97	DOKiS SP "Vega" Dobrodzie			<b>5:02.15</b>	469	
	50m:	36.21	36.21	150m:	1:53.20	38.21	250m:	3:09.41	37.85
	100m:	1:14.99	38.78	200m:	2:31.56	38.36	300m:	3:48.08	38.67
				350m:	4:26.07		400m:	5:02.15	36.08
28.	Dymna Olimpia		97	UKS 9 Kalisz			<b>5:03.63</b>	463	
	50m:	31.92	31.92	150m:	1:46.75	38.37	250m:	3:04.93	39.16
	100m:	1:08.38	36.46	200m:	2:25.77	39.02	300m:	3:44.23	39.30
				350m:	4:24.03		400m:	5:03.63	39.60
29.	Stradomska Natalia		97	MKS Neptun			<b>5:06.52</b>	450	
	50m:	33.00	33.00	150m:	1:49.65	39.71	250m:	3:09.43	39.51
	100m:	1:09.94	36.94	200m:	2:29.92	40.27	300m:	3:49.50	40.07
				350m:	4:29.11		400m:	5:06.52	37.41
30.	Golus Karolina		97	Iukp Wodnik Police			<b>5:08.88</b>	439	
	50m:	34.10	34.10	150m:	1:51.05	39.16	250m:	3:11.04	40.05
	100m:	1:11.89	37.79	200m:	2:30.99	39.94	300m:	3:50.72	39.68
				350m:	4:30.41		400m:	5:08.88	38.47
31.	Ro niewska Agata		97	MKS Park Wodny Tarnowskie Góry			<b>5:35.52</b>	343	
	50m:	36.26	36.26	150m:	2:00.00	42.86	250m:	3:27.70	43.78
	100m:	1:17.14	40.88	200m:	2:43.92	43.92	300m:	4:10.89	43.19
				350m:	4:53.60		400m:	5:35.52	41.92