

Mistrzostwa Polski Juniorów 16 lat w pływaniu
Gliwice, 8-10.3.2013

Konkurencja 20
2013-03-09 - 9:55

Chłopców, 400m dowolny

16 lat
Wyniki Eliminacje

Rekordy Polski 16 lat 3:47.70 Wojdak Wojciech BOSiR SP Brzesko SO 2012-12-19

Punkty: FINA 2012

Pozycja			Rok ur.						Czas	Pkt.	
1.	Jaszczak Wiktor		97	WKS I sk					4:03.06	670	A
	50m:	27.39 27.39	150m:	1:29.65 31.29	250m:	2:32.16 30.93	350m:	3:33.38 30.51			
	100m:	58.36 30.97	200m:	2:01.23 31.58	300m:	3:02.87 30.71	400m:	4:03.06 29.68			
2.	Staniszewski Adam		97	Mks Trójka Łód					4:05.12	654	A
	50m:	28.03 28.03	150m:	1:30.08 31.09	250m:	2:32.24 31.41	350m:	3:36.12 31.67			
	100m:	58.99 30.96	200m:	2:00.83 30.75	300m:	3:04.45 32.21	400m:	4:05.12 29.00			
3.	Pietrzak Dawid		97	MUKS Pi tnastrka Bydgoszcz					4:05.29	652	A
	50m:	27.85 27.85	150m:	1:29.61 31.11	250m:	2:32.56 31.52	350m:	3:34.81 30.97			
	100m:	58.50 30.65	200m:	2:01.04 31.43	300m:	3:03.84 31.28	400m:	4:05.29 30.48			
4.	Oliwa Michał		97	MKP Szczecin					4:05.35	652	A
	50m:	28.04 28.04	150m:	1:30.48 31.58	250m:	2:32.93 31.22	350m:	3:35.47 31.24			
	100m:	58.90 30.86	200m:	2:01.71 31.23	300m:	3:04.23 31.30	400m:	4:05.35 29.88			
5.	Grabczak Dawid		97	Klub Sportowy Wisła					4:05.51	650	A
	50m:	28.34 28.34	150m:	1:30.02 31.06	250m:	2:32.74 31.66	350m:	3:35.45 31.14			
	100m:	58.96 30.62	200m:	2:01.08 31.06	300m:	3:04.31 31.57	400m:	4:05.51 30.06			
6.	Goleniec Łukasz SO		97	Ukp Unia O wi cim					4:05.85	648	A
	50m:	27.86 27.86	150m:	1:30.33 31.33	250m:	2:32.73 31.20	350m:	3:36.08 31.71			
	100m:	59.00 31.14	200m:	2:01.53 31.20	300m:	3:04.37 31.64	400m:	4:05.85 29.77			
7.	Dytkowski Jan		97	KSZO Ostrowiec					4:07.34	636	A
	50m:	27.99 27.99	150m:	1:30.24 31.36	250m:	2:33.19 31.37	350m:	3:36.46 31.67			
	100m:	58.88 30.89	200m:	2:01.82 31.58	300m:	3:04.79 31.60	400m:	4:07.34 30.88			
8.	Bruchajzer Dominik		97	KP MZOS Płock					4:08.23	629	A
	50m:	28.44 28.44	150m:	1:30.94 31.67	250m:	2:34.02 31.55	350m:	3:37.70 31.74			
	100m:	59.27 30.83	200m:	2:02.47 31.53	300m:	3:05.96 31.94	400m:	4:08.23 30.53			
9.	Zuchowski Ernest		97	KS Delfin Gdynia					4:08.32	629	B
	50m:	28.61 28.61	150m:	1:30.42 30.88	250m:	2:33.35 31.35	350m:	3:36.80 31.37			
	100m:	59.54 30.93	200m:	2:02.00 31.58	300m:	3:05.43 32.08	400m:	4:08.32 31.52			
10.	Hahn Jakub		97	Mks Jedyńka Łód					4:08.63	626	B
	50m:	28.26 28.26	150m:	1:30.87 31.39	250m:	2:33.95 31.56	350m:	3:37.61 31.50			
	100m:	59.48 31.22	200m:	2:02.39 31.52	300m:	3:06.11 32.16	400m:	4:08.63 31.02			
11.	Pie niak Jakub		97	Ukp Unia O wi cim					4:09.10	623	B
	50m:	27.57 27.57	150m:	1:30.62 31.62	250m:	2:34.55 31.98	350m:	3:38.48 32.14			
	100m:	59.00 31.43	200m:	2:02.57 31.95	300m:	3:06.34 31.79	400m:	4:09.10 30.62			
12.	Konopka Mateusz		97	KS Delfin Gdynia					4:10.00	616	B
	50m:	28.68 28.68	150m:	1:31.66 31.34	250m:	2:34.25 31.92	350m:	3:38.12 31.94			
	100m:	1:00.32 31.64	200m:	2:02.33 30.67	300m:	3:06.18 31.93	400m:	4:10.00 31.88			
13.	Szulgo Filip		97	MKP Szczecin					4:12.42	598	B
	50m:	29.42 29.42	150m:	1:33.15 32.14	250m:	2:37.71 32.29	350m:	3:42.20 32.13			
	100m:	1:01.01 31.59	200m:	2:05.42 32.27	300m:	3:10.07 32.36	400m:	4:12.42 30.22			
14.	Ruszkowski Kacper		97	Ukp Unia O wi cim					4:12.47	598	B
	50m:	29.53 29.53	150m:	1:33.24 32.21	250m:	2:37.82 32.08	350m:	3:41.44 31.80			
	100m:	1:01.03 31.50	200m:	2:05.74 32.50	300m:	3:09.64 31.82	400m:	4:12.47 31.03			
15.	Sokołowski Ziemowit		97	Ks Warta Pozna					4:13.72	589	B
	50m:	28.99 28.99	150m:	1:32.78 32.26	250m:	2:37.01 32.20	350m:	3:42.05 32.69			
	100m:	1:00.52 31.53	200m:	2:04.81 32.03	300m:	3:09.36 32.35	400m:	4:13.72 31.67			
16.	Katolik Bartosz		97	Csir Mos D browa Górnicza					4:14.15	586	B
	50m:	28.81 28.81	150m:	1:32.63 32.44	250m:	2:37.90 32.67	350m:	3:42.71 32.14			
	100m:	1:00.19 31.38	200m:	2:05.23 32.60	300m:	3:10.57 32.67	400m:	4:14.15 31.44			
17.	Stefanko Piotr		97	WKS I sk					4:14.61	583	R
	50m:	29.01 29.01	150m:	1:32.28 32.02	250m:	2:37.13 32.26	350m:	3:41.63 32.16			
	100m:	1:00.26 31.25	200m:	2:04.87 32.59	300m:	3:09.47 32.34	400m:	4:14.61 32.98			

Mistrzostwa Polski Juniorów 16 lat w pływaniu
Gliwice, 8-10.3.2013

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 16 lat

Pozycja	Rok ur.				Czas	Pkt.
18. Wajda Tomasz	97	KS Korona Kraków	4:14.93	581	R	
50m: 29.11 29.11	150m: 1:34.19 32.62	250m: 2:39.15 32.55	350m: 3:44.23 32.51			
100m: 1:01.57 32.46	200m: 2:06.60 32.41	300m: 3:11.72 32.57	400m: 4:14.93 30.70			
19. urawicz Mateusz	97	MUKS Pi tnastka Bydgoszcz	4:15.06	580		
50m: 28.22 28.22	150m: 1:32.18 32.57	250m: 2:38.47 33.14	350m: 3:44.23 32.51			
100m: 59.61 31.39	200m: 2:05.33 33.15	300m: 3:11.72 33.25	400m: 4:15.06 30.83			
20. Zwoli ski Marcin	97	Csir Mos D browa Górnicza	4:15.07	580		
50m: 29.29 29.29	150m: 1:33.34 32.45	250m: 2:38.47 32.32	350m: 3:44.02 32.94			
100m: 1:00.89 31.60	200m: 2:06.15 32.81	300m: 3:11.08 32.61	400m: 4:15.07 31.05			
21. Kowalski Patryk	97	Muks Unia Busko-Zdrój	4:16.49	570		
50m: 28.34 28.34	150m: 1:32.44 32.52	250m: 2:38.55 33.07	350m: 3:44.47 32.85			
100m: 59.92 31.58	200m: 2:05.48 33.04	300m: 3:11.62 33.07	400m: 4:16.49 32.02			
22. Hodur Filip	97	KS 1 O arów Mazowiecki	4:16.80	568		
50m: 29.15 29.15	150m: 1:32.73 32.21	250m: 2:38.46 33.11	350m: 3:44.05 32.96			
100m: 1:00.52 31.37	200m: 2:05.35 32.62	300m: 3:11.09 32.63	400m: 4:16.80 32.75			
23. Zieli ski Cezary	97	MKS Medyk Gi ycko	4:16.82	568		
50m: 28.83 28.83	150m: 1:33.32 32.64	250m: 2:38.88 32.77	350m: 3:45.03 33.13			
100m: 1:00.68 31.85	200m: 2:06.11 32.79	300m: 3:11.90 33.02	400m: 4:16.82 31.79			
24. Brodowski Jakub	97	MKP Słowianka Gorzów	4:16.93	567		
50m: 28.50 28.50	150m: 1:31.62 31.96	250m: 2:37.02 32.91	350m: 3:44.22 33.72			
100m: 59.66 31.16	200m: 2:04.11 32.49	300m: 3:10.50 33.48	400m: 4:16.93 32.71			
25. Grzywa Karol	97	Fala Kra nik	4:17.42	564		
50m: 28.38 28.38	150m: 1:33.48 32.83	250m: 2:39.75 33.28	350m: 3:45.35 32.79			
100m: 1:00.65 32.27	200m: 2:06.47 32.99	300m: 3:12.56 32.81	400m: 4:17.42 32.07			
26. Szpyra Łukasz	97	MKP Słowianka Gorzów	4:18.70	556		
50m: 28.65 28.65	150m: 1:33.19 32.58	250m: 2:40.11 33.35	350m: 3:46.54 32.63			
100m: 1:00.61 31.96	200m: 2:06.76 33.57	300m: 3:13.91 33.80	400m: 4:18.70 32.16			
27. Sola Kornel	97	Fala Kra nik	4:20.13	547		
50m: 29.44 29.44	150m: 1:34.82 32.97	250m: 2:40.59 32.66	350m: 3:47.81 33.51			
100m: 1:01.85 32.41	200m: 2:07.93 33.11	300m: 3:14.30 33.71	400m: 4:20.13 32.32			
28. Bujak Piotr	97	SALOS CORTILE Kielce	4:20.82	542		
50m: 29.73 29.73	150m: 1:35.31 32.91	250m: 2:42.35 33.42	350m: 3:48.55 32.97			
100m: 1:02.40 32.67	200m: 2:08.93 33.62	300m: 3:15.58 33.23	400m: 4:20.82 32.27			
29. Skrzypczak Filip	97	MKP Słowianka Gorzów	4:21.08	541		
50m: 28.85 28.85	150m: 1:34.27 33.58	250m: 2:42.01 33.89	350m: 3:49.18 33.54			
100m: 1:00.69 31.84	200m: 2:08.12 33.85	300m: 3:15.64 33.63	400m: 4:21.08 31.90			
30. Górski Marcin	97	MKP Szczecin	4:21.58	538		
50m: 28.99 28.99	150m: 1:33.39 32.47	250m: 2:39.51 32.77	350m: 3:47.91 34.14			
100m: 1:00.92 31.93	200m: 2:06.74 33.35	300m: 3:13.77 34.26	400m: 4:21.58 33.67			
31. B czkowski Bartosz	97	MUKP Warszawianka Wodny Park	4:24.12	522		
50m: 29.11 29.11	150m: 1:32.63 32.41	250m: 2:40.15 33.91	350m: 3:49.78 35.06			
100m: 1:00.22 31.11	200m: 2:06.24 33.61	300m: 3:14.72 34.57	400m: 4:24.12 34.34			
32. Tuczko Jan	97	KS Delfin Gdynia	4:25.94	512		
50m: 29.28 29.28	150m: 1:34.78 33.17	250m: 2:41.93 33.82	350m: 3:51.73 35.17			
100m: 1:01.61 32.33	200m: 2:08.11 33.33	300m: 3:16.56 34.63	400m: 4:25.94 34.21			
33. Kaczorowski Jakub	97	Uks,, oliborz" Warszawa	4:26.12	511		
50m: 29.47 29.47	150m: 1:35.86 33.28	250m: 2:43.70 34.00	350m: 3:53.15 34.30			
100m: 1:02.58 33.11	200m: 2:09.70 33.84	300m: 3:18.85 35.15	400m: 4:26.12 32.97			
34. liwi ski Marcin	97	Wodnik rem	4:26.30	510		
50m: 28.25 28.25	150m:	250m:	350m:			
100m: 1:00.23 31.98	200m:	300m:	400m: 4:26.30			
35. Stec Adam	97	MKP Szczecin	4:26.45	509		
50m: 27.61 27.61	150m: 1:32.53 33.53	250m: 2:41.80 34.86	350m: 3:52.40 35.49			
100m: 59.00 31.39	200m: 2:06.94 34.41	300m: 3:16.91 35.11	400m: 4:26.45 34.05			

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Gliwice, 8-10.3.2013

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
36.	Kondrasiuk Jan		97	UKS "GIM 92 Ursynów"				4:26.74	507
	50m: 27.95	27.95	150m: 1:32.19	32.55	250m: 2:39.58	34.12	350m: 3:50.74	36.88	
	100m: 59.64	31.69	200m: 2:05.46	33.27	300m: 3:13.86	34.28	400m: 4:26.74	36.00	
37.	Osses Filip		97	Ks Warta Pozna				4:26.98	506
	50m: 29.57	29.57	150m: 1:35.57	33.24	250m: 2:44.57	34.56	350m: 3:53.70	34.63	
	100m: 1:02.33	32.76	200m: 2:10.01	34.44	300m: 3:19.07	34.50	400m: 4:26.98	33.28	
38.	Lechowicz Filip		97	MKS Jordan Kraków				4:28.36	498
	50m: 30.69	30.69	150m: 1:38.71	34.35	250m: 2:47.05	34.22	350m: 3:55.42	34.02	
	100m: 1:04.36	33.67	200m: 2:12.83	34.12	300m: 3:21.40	34.35	400m: 4:28.36	32.94	
39.	Bonik Mikołaj		97	Uks,, oliborz" Warszawa				4:31.32	482
	50m: 29.28	29.28	150m: 1:36.45	34.30	250m: 2:46.21	35.05	350m: 3:57.15	35.73	
	100m: 1:02.15	32.87	200m: 2:11.16	34.71	300m: 3:21.42	35.21	400m: 4:31.32	34.17	
40.	Zimnicki Patryk		97	Foka Sandomierz				4:32.62	475
	50m: 29.45	29.45	150m: 1:36.38	34.13	250m: 2:47.92	35.93	350m: 3:59.01	35.28	
	100m: 1:02.25	32.80	200m: 2:11.99	35.61	300m: 3:23.73	35.81	400m: 4:32.62	33.61	
41.	Skuza Krzysztof		97	KS 1 O arów Mazowiecki				4:32.70	474
	50m: 29.82	29.82	150m: 1:37.54	34.88	250m: 2:48.83	35.80	350m: 3:59.26	35.21	
	100m: 1:02.66	32.84	200m: 2:13.03	35.49	300m: 3:24.05	35.22	400m: 4:32.70	33.44	
42.	K pi ski Michał		97	Mks Trójka Łód				4:34.42	466
	50m: 30.96	30.96	150m: 1:39.95	34.76	250m: 2:49.55	34.35	350m: 4:00.46	35.14	
	100m: 1:05.19	34.23	200m: 2:15.20	35.25	300m: 3:25.32	35.77	400m: 4:34.42	33.96	
43.	Maciejewski Pawel		97	MTP KORMORAN Olsztyn				4:35.06	462
	50m: 29.85	29.85	150m: 1:36.52	33.74	250m: 2:46.45	35.36	350m: 3:58.73	36.43	
	100m: 1:02.78	32.93	200m: 2:11.09	34.57	300m: 3:22.30	35.85	400m: 4:35.06	36.33	
44.	Cicho Maciej		97	Mks Trójka Łód				4:37.04	453
	50m: 30.57	30.57	150m: 1:39.95	35.30	250m: 2:51.23	35.69	350m: 4:03.13	35.46	
	100m: 1:04.65	34.08	200m: 2:15.54	35.59	300m: 3:27.67	36.44	400m: 4:37.04	33.91	
45.	Grotek Łukasz		97	MOSiR Mysłowice				4:37.29	451
	50m: 30.70	30.70	150m: 1:41.05	35.42	250m: 2:53.21	35.91	350m: 4:04.92	35.67	
	100m: 1:05.63	34.93	200m: 2:17.30	36.25	300m: 3:29.25	36.04	400m: 4:37.29	32.37	
46.	Lipka Łukasz		97	SALOS CORTILE Kielce				4:43.24	423
	50m: 32.14	32.14	150m: 1:43.85	36.53	250m: 2:56.82	36.37	350m: 4:08.22	35.38	
	100m: 1:07.32	35.18	200m: 2:20.45	36.60	300m: 3:32.84	36.02	400m: 4:43.24	35.02	
47.	Anysz Michał		97	MKS Piaseczno				4:44.33	419
	50m: 30.15	30.15	150m: 1:41.00	36.02	250m: 2:54.15	36.75	350m: 4:07.69	36.72	
	100m: 1:04.98	34.83	200m: 2:17.40	36.40	300m: 3:30.97	36.82	400m: 4:44.33	36.64	
48.	Kami ski Marcin		97	UKP Marlin Gryfino				4:46.45	409
	50m: 31.66	31.66	150m: 1:42.01	35.61	250m: 2:56.71	37.48	350m: 4:11.37	37.37	
	100m: 1:06.40	34.74	200m: 2:19.23	37.22	300m: 3:34.00	37.29	400m: 4:46.45	35.08	
49.	Iwaniak Krzysztof		97	KS OLIMPIA Lublin				4:47.74	404
	50m: 31.37	31.37	150m: 1:44.85	36.84	250m: 2:58.16	36.38	350m: 4:12.14	36.98	
	100m: 1:08.01	36.64	200m: 2:21.78	36.93	300m: 3:35.16	37.00	400m: 4:47.74	35.60	
50.	Skorulski Jakub		97	MMKS K dzierzyn Ko le				4:50.16	394
	50m: 30.51	30.51	150m: 1:41.78	36.17	250m: 2:56.05	37.25	350m: 4:11.61	37.59	
	100m: 1:05.61	35.10	200m: 2:18.80	37.02	300m: 3:34.02	37.97	400m: 4:50.16	38.55	