

Mistrzostwa I liga 12 lat  
Gliwice, 15-16-11-2013

Konkurencja 11  
2013-11-16 - 10:00

Dziewczyna, 400m dowolny

12 lat  
Wyniki

Rekord Świata 12 lat	4:50.09	Sulewska Joanna	Górnik Zabrze	1989-01-01
Rekord Polski 12 lat	4:35.20	Kwiatkowska Agnieszka	Stal Stocznia Szczecin	1982-11-20

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.			
1.	Wisniewska Oliwia		01	KS"Górnik"Sosnowiec				<b>4:50.71</b>	527			
	<i>Mistrz I liga</i>											
	50m:	32.55	32.55	150m:	1:45.40	36.92	250m:	3:00.34	37.46	350m:	4:15.39	37.41
	100m:	1:08.48	35.93	200m:	2:22.88	37.48	300m:	3:37.98	37.64	400m:	4:50.71	35.32
2.	Kossakowska Dominika		01	SiKReT Gliwice				<b>4:55.24</b>	503			
	50m:	32.70	32.70	150m:	1:47.17	37.68	250m:	3:03.07	38.00	350m:	4:19.21	37.83
	100m:	1:09.49	36.79	200m:	2:25.07	37.90	300m:	3:41.38	38.31	400m:	4:55.24	36.03
3.	Musioł Natalia		01	UKS Aligator Gorzyce				<b>4:55.98</b>	500			
	50m:	33.10	33.10	150m:	1:47.89	37.95	250m:	3:04.62	38.21	350m:	4:20.86	37.78
	100m:	1:09.94	36.84	200m:	2:26.41	38.52	300m:	3:43.08	38.46	400m:	4:55.98	35.12
4.	Pacak Agnieszka		01	Muks Gilus Gilowice				<b>5:20.02</b>	395			
	50m:	34.70	34.70	150m:	1:56.56	41.91	250m:	3:19.16	40.63	350m:	4:41.19	40.50
	100m:	1:14.65	39.95	200m:	2:38.53	41.97	300m:	4:00.69	41.53	400m:	5:20.02	38.83
5.	Czypionka Anna		01	MOSM Tychy				<b>5:27.22</b>	370			
	50m:	36.40	36.40	150m:	1:59.15	42.05	250m:	3:24.08	43.46	350m:	4:46.81	40.99
	100m:	1:17.10	40.70	200m:	2:40.62	41.47	300m:	4:05.82	41.74	400m:	5:27.22	40.41
6.	Kokot Wiktoria		01	UMKS "Jedynka Zabrze"				<b>5:33.64</b>	349			
	50m:	36.99	36.99	150m:	2:01.78	42.92	250m:	3:28.02	42.98	350m:	4:54.63	42.77
	100m:	1:18.86	41.87	200m:	2:45.04	43.26	300m:	4:11.86	43.84	400m:	5:33.64	39.01
7.	Grychtol Weronika		01	Ks Piłkarska Chorzów				<b>5:40.15</b>	329			
	50m:	36.50	36.50	150m:	2:01.22	43.78	250m:	3:30.30	45.03	350m:	4:58.16	43.95
	100m:	1:17.44	40.94	200m:	2:45.27	44.05	300m:	4:14.21	43.91	400m:	5:40.15	41.99
8.	Majewska Weronika		01	UKS MANTA Kochłowice Ruda Śląska				<b>5:40.27</b>	329			
	50m:	37.69	37.69	150m:	2:04.28	43.89	250m:	3:29.92	43.13	350m:	4:57.61	43.39
	100m:	1:20.39	42.70	200m:	2:46.79	42.51	300m:	4:14.22	44.30	400m:	5:40.27	42.66
9.	Wojcicka Michalina		01	UKS 54 Delfinek Bytom				<b>5:46.50</b>	311			
	50m:	36.97	36.97	150m:	2:05.88	45.12	250m:	3:35.23	44.69	350m:	5:03.93	44.30
	100m:	1:20.76	43.79	200m:	2:50.54	44.66	300m:	4:19.63	44.40	400m:	5:46.50	42.57
10.	Miler Maria		01	UKS Aquatica Pawłowice				<b>5:49.07</b>	304			
	50m:	38.05	38.05	150m:	2:05.06	44.31	250m:	3:34.79	44.81	350m:	5:06.40	45.77
	100m:	1:20.75	42.70	200m:	2:49.98	44.92	300m:	4:20.63	45.84	400m:	5:49.07	42.67
11.	Kosińska Dominika		01	Ks Piłkarska Chorzów				<b>5:51.71</b>	297			
	50m:	37.74	37.74	150m:	2:06.70	45.06	250m:	3:38.37	46.25	350m:	5:09.75	45.29
	100m:	1:21.64	43.90	200m:	2:52.12	45.42	300m:	4:24.46	46.09	400m:	5:51.71	41.96
12.	Santura Julia		01	Klub Pływacki Sukces Chorzów				<b>5:53.39</b>	293			
	50m:	38.61	38.61	150m:	2:06.50	44.38	250m:	3:38.36	45.87	350m:	5:10.35	46.03
	100m:	1:22.12	43.51	200m:	2:52.49	45.99	300m:	4:24.32	45.96	400m:	5:53.39	43.04
13.	Olek Wiktoria		01	Ks Piłkarska Chorzów				<b>6:07.26</b>	261			
	50m:	36.97	36.97	150m:	2:05.13	45.89	250m:	3:40.28	48.45	350m:	5:20.26	50.20
	100m:	1:19.24	42.27	200m:	2:51.83	46.70	300m:	4:30.06	49.78	400m:	6:07.26	47.00
14.	Sosnowska Milena		01	SiKReT Gliwice				<b>6:08.62</b>	258			
	50m:	37.10	37.10	150m:	2:05.59	45.73	250m:	3:41.10	48.19	350m:	5:19.43	49.74
	100m:	1:19.86	42.76	200m:	2:52.91	47.32	300m:	4:29.69	48.59	400m:	6:08.62	49.19
15.	Garcorz Wiktoria		01	MOSM Tychy				<b>6:09.13</b>	257			
	50m:	39.80	39.80	150m:	2:12.12	47.49	250m:	3:48.42	48.42	350m:	5:23.07	47.20
	100m:	1:24.63	44.83	200m:	3:00.00	47.88	300m:	4:35.87	47.45	400m:	6:09.13	46.06
16.	Jackowska Justyna		01	Muks Gilus Gilowice				<b>6:25.10</b>	227			
	50m:	43.63	43.63	150m:	2:20.68	49.31	250m:	3:59.90	49.52	350m:	5:40.14	49.77
	100m:	1:31.37	47.74	200m:	3:10.38	49.70	300m:	4:50.37	50.47	400m:	6:25.10	44.96

Mistrzostwa I ska 12 lat  
Gliwice, 15- - 16-11-2013

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Konkurencja 11, Dziewcz t, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
17.	Czy Vanessa			01	Klub Pływacki Sukces Chorzów				<b>6:25.89</b>	225		
	50m:	44.40	44.40	150m:	2:22.57	49.59	250m:	4:01.27	49.21	350m:	5:42.63	50.98
	100m:	1:32.98	48.58	200m:	3:12.06	49.49	300m:	4:51.65	50.38	400m:	6:25.89	43.26
18.	Sitko Natalia			01	UKS HURAGAN Sosnowiec				<b>6:30.07</b>	218		
	50m:	42.08	42.08	150m:	2:19.37	49.34	250m:	4:00.35	50.22	350m:	5:41.83	50.58
	100m:	1:30.03	47.95	200m:	3:10.13	50.76	300m:	4:51.25	50.90	400m:	6:30.07	48.24
19.	Ra kos Agnieszka			01	KS Delfin Gliwice				<b>7:19.70</b>	152		
	50m:	46.13	46.13	150m:	2:35.35	56.44	250m:	4:29.51	57.34	350m:	6:24.59	57.13
	100m:	1:38.91	52.78	200m:	3:32.17	56.82	300m:	5:27.46	57.95	400m:	7:19.70	55.11