

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 6- - 7-12-2013

Konkurencja 13  
2013-12-06 - 17:20

Mężczyzn, 400m zmienny

Open  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
<b>14 lat</b>									
1.	Mura ski Kacper		99	Muks Gilus Gilowice				<b>4:53.64</b>	515
	50m:	29.42 29.42	150m:	1:43.19 38.44	250m:	3:03.22 41.98	350m:	4:20.55 34.32	
	100m:	1:04.75 35.33	200m:	2:21.24 38.05	300m:	3:46.23 43.01	400m:	4:53.64 33.09	
2.	Blachura Patryk SO		99	ULKS VICTORIA Kozy				<b>4:56.51</b>	501
	50m:	30.98 30.98	150m:	1:44.25 36.89	250m:	3:04.61 42.46	350m:	4:22.78 34.22	
	100m:	1:07.36 36.38	200m:	2:22.15 37.90	300m:	3:48.56 43.95	400m:	4:56.51 33.73	
3.	Podzimski Wojciech		99	MKS Park Wodny Tarnowskie Góry				<b>5:01.54</b>	476
	50m:	30.32 30.32	150m:	1:47.20 41.27	250m:	3:09.44 42.52	350m:	4:28.12 35.09	
	100m:	1:05.93 35.61	200m:	2:26.92 39.72	300m:	3:53.03 43.59	400m:	5:01.54 33.42	
4.	Łapot Radosław		99	MKS MOS Katowice				<b>5:03.24</b>	468
	50m:	32.46 32.46	150m:	1:50.93 39.72	250m:	3:11.11 42.10	350m:	4:29.49 36.03	
	100m:	1:11.21 38.75	200m:	2:29.01 38.08	300m:	3:53.46 42.35	400m:	5:03.24 33.75	
<b>15 lat</b>									
1.	Marek Marcin		98	KS. Górnik Radlin				<b>4:58.33</b>	491
	50m:	31.48 31.48	150m:	1:49.30 39.76	250m:	3:07.80 39.55	350m:	4:24.49 37.28	
	100m:	1:09.54 38.06	200m:	2:28.25 38.95	300m:	3:47.21 39.41	400m:	4:58.33 33.84	
2.	Brauntsch Marek		98	Muks Gilus Gilowice				<b>5:07.59</b>	448
	50m:	30.95 30.95	150m:	1:49.30 41.01	250m:	3:13.25 44.93	350m:	4:33.60 35.03	
	100m:	1:08.29 37.34	200m:	2:28.32 39.02	300m:	3:58.57 45.32	400m:	5:07.59 33.99	
3.	Sikora Tomasz		98	MOSiR Mysłowice				<b>5:26.21</b>	376
	50m:	33.45 33.45	150m:	1:56.89 41.95	250m:	3:25.08 46.59	350m:	4:50.21 37.60	
	100m:	1:14.94 41.49	200m:	2:38.49 41.60	300m:	4:12.61 47.53	400m:	5:26.21 36.00	
4.	Zgórski Mikołaj		98	UKS WODNIK Siemianowice I ski				<b>5:27.83</b>	370
	50m:	35.22 35.22	150m:	2:01.28 41.18	250m:	3:26.30 45.63	350m:	4:50.44 38.24	
	100m:	1:20.10 44.88	200m:	2:40.67 39.39	300m:	4:12.20 45.90	400m:	5:27.83 37.39	
<b>16 - 18 lat</b>									
1.	Sodel Dominik		97	AZS AWF Katowice				<b>4:48.57</b>	543
	50m:	29.76 29.76	150m:	1:41.77 37.28	250m:	3:00.88 42.30	350m:	4:16.64 33.96	
	100m:	1:04.49 34.73	200m:	2:18.58 36.81	300m:	3:42.68 41.80	400m:	4:48.57 31.93	
<b>Open</b>									
1.	Sodel Dominik		97	AZS AWF Katowice				<b>4:48.57</b>	543
	50m:	29.76 29.76	150m:	1:41.77 37.28	250m:	3:00.88 42.30	350m:	4:16.64 33.96	
	100m:	1:04.49 34.73	200m:	2:18.58 36.81	300m:	3:42.68 41.80	400m:	4:48.57 31.93	
2.	Mura ski Kacper		99	Muks Gilus Gilowice				<b>4:53.64</b>	515
	50m:	29.42 29.42	150m:	1:43.19 38.44	250m:	3:03.22 41.98	350m:	4:20.55 34.32	
	100m:	1:04.75 35.33	200m:	2:21.24 38.05	300m:	3:46.23 43.01	400m:	4:53.64 33.09	
3.	Blachura Patryk SO		99	ULKS VICTORIA Kozy				<b>4:56.51</b>	501
	50m:	30.98 30.98	150m:	1:44.25 36.89	250m:	3:04.61 42.46	350m:	4:22.78 34.22	
	100m:	1:07.36 36.38	200m:	2:22.15 37.90	300m:	3:48.56 43.95	400m:	4:56.51 33.73	
4.	Marek Marcin		98	KS. Górnik Radlin				<b>4:58.33</b>	491
	50m:	31.48 31.48	150m:	1:49.30 39.76	250m:	3:07.80 39.55	350m:	4:24.49 37.28	
	100m:	1:09.54 38.06	200m:	2:28.25 38.95	300m:	3:47.21 39.41	400m:	4:58.33 33.84	
5.	Podzimski Wojciech		99	MKS Park Wodny Tarnowskie Góry				<b>5:01.54</b>	476
	50m:	30.32 30.32	150m:	1:47.20 41.27	250m:	3:09.44 42.52	350m:	4:28.12 35.09	
	100m:	1:05.93 35.61	200m:	2:26.92 39.72	300m:	3:53.03 43.59	400m:	5:01.54 33.42	

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Pozycja			Rok ur.					Czas	Pkt.			
6.	Łopot Radosław		99	MKS MOS Katowice				<b>5:03.24</b>	468			
	50m:	32.46	32.46	150m:	1:50.93	39.72	250m:	3:11.11	42.10	350m:	4:29.49	36.03
	100m:	1:11.21	38.75	200m:	2:29.01	38.08	300m:	3:53.46	42.35	400m:	5:03.24	33.75
7.	Brauntsch Marek		98	Muks Gilus Gilowice				<b>5:07.59</b>	448			
	50m:	30.95	30.95	150m:	1:49.30	41.01	250m:	3:13.25	44.93	350m:	4:33.60	35.03
	100m:	1:08.29	37.34	200m:	2:28.32	39.02	300m:	3:58.57	45.32	400m:	5:07.59	33.99
8.	Twardzik Bartosz		00	SiKReT Gliwice				<b>5:21.11</b>	394			
	50m:	34.06	34.06	150m:	1:57.08	40.26	250m:	3:21.86	45.98	350m:	4:45.83	37.04
	100m:	1:16.82	42.76	200m:	2:35.88	38.80	300m:	4:08.79	46.93	400m:	5:21.11	35.28
9.	Walczysko Jakub		00	CSiR MOS D browa Gónicza				<b>5:24.17</b>	383			
	50m:	33.93	33.93	150m:	1:55.19	41.78	250m:	3:21.35	45.08	350m:	4:47.12	39.19
	100m:	1:13.41	39.48	200m:	2:36.27	41.08	300m:	4:07.93	46.58	400m:	5:24.17	37.05
10.	Sikora Tomasz		98	MOSiR Mysłowice				<b>5:26.21</b>	376			
	50m:	33.45	33.45	150m:	1:56.89	41.95	250m:	3:25.08	46.59	350m:	4:50.21	37.60
	100m:	1:14.94	41.49	200m:	2:38.49	41.60	300m:	4:12.61	47.53	400m:	5:26.21	36.00
11.	Zgórski Mikołaj		98	UKS WODNIK Siemianowice I śki				<b>5:27.83</b>	370			
	50m:	35.22	35.22	150m:	2:01.28	41.18	250m:	3:26.30	45.63	350m:	4:50.44	38.24
	100m:	1:20.10	44.88	200m:	2:40.67	39.39	300m:	4:12.20	45.90	400m:	5:27.83	37.39