

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 6- - 7-12-2013

Konkurencja 21  
2013-12-07 - 10:40

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
<b>14 lat</b>									
1.	wi der Patrycja		99	MKS Park Wodny Tarnowskie Góry				<b>4:41.16</b>	583
	50m:	32.12	32.12	150m:	1:42.32	35.44	250m:	2:53.42	35.88
	100m:	1:06.88	34.76	200m:	2:17.54	35.22	300m:	3:29.56	36.14
							350m:	4:05.42	35.86
							400m:	4:41.16	35.74
2.	Adamczyk Agata		99	UKS Aligator Gorzyce				<b>4:49.44</b>	534
	50m:	32.91	32.91	150m:	1:45.61	36.96	250m:	3:00.01	37.24
	100m:	1:08.65	35.74	200m:	2:22.77	37.16	300m:	3:37.63	37.62
							350m:	4:14.11	36.48
							400m:	4:49.44	35.33
3.	Janecka Zuzanna		99	CSIR MOS D browa Gónicza				<b>4:53.62</b>	512
	50m:	33.29	33.29	150m:	1:48.33	37.76	250m:	3:03.34	37.38
	100m:	1:10.57	37.28	200m:	2:25.96	37.63	300m:	3:40.64	37.30
							350m:	4:17.94	37.30
							400m:	4:53.62	35.68
4.	Wątek Julia		99	MKS ZRYW Opole				<b>4:54.89</b>	505
	50m:	32.61	32.61	150m:	1:46.71	37.47	250m:	3:02.47	37.89
	100m:	1:09.24	36.63	200m:	2:24.58	37.87	300m:	3:40.74	38.27
							350m:	4:18.60	37.86
							400m:	4:54.89	36.29
5.	wi tek Zuzanna		99	Unia Racibórz				<b>4:55.87</b>	500
	50m:	34.36	34.36	150m:	1:49.80	37.85	250m:	3:05.20	37.56
	100m:	1:11.95	37.59	200m:	2:27.64	37.84	300m:	3:42.82	37.62
							350m:	4:20.36	37.54
							400m:	4:55.87	35.51
6.	Noworzyn Wiktoria		99	CSIR MOS D browa Gónicza				<b>4:56.95</b>	495
	50m:	33.62	33.62	150m:	1:48.42	37.57	250m:	3:04.56	38.22
	100m:	1:10.85	37.23	200m:	2:26.34	37.92	300m:	3:42.48	37.92
							350m:	4:20.73	38.25
							400m:	4:56.95	36.22
7.	Fuks Gabriela		99	Muks Gilus Gilowice				<b>5:02.07</b>	470
	50m:	34.53	34.53	150m:	1:49.61	37.57	250m:	3:06.24	38.35
	100m:	1:12.04	37.51	200m:	2:27.89	38.28	300m:	3:45.62	39.38
							350m:	4:24.48	38.86
							400m:	5:02.07	37.59
8.	Skudlik Magdalena		99	UKS Manta Kochłowice Ruda l s				<b>5:29.57</b>	362
	50m:	35.09	35.09	150m:	1:57.01	42.25	250m:	3:22.02	42.53
	100m:	1:14.76	39.67	200m:	2:39.49	42.48	300m:	4:04.38	42.36
							350m:	4:46.82	42.44
							400m:	5:29.57	42.75
<b>15 lat</b>									
1.	Mycak Katarzyna		98	MKS ZRYW Opole				<b>4:38.51</b>	600
	50m:	31.92	31.92	150m:	1:41.53	34.95	250m:	2:52.40	35.47
	100m:	1:06.58	34.66	200m:	2:16.93	35.40	300m:	3:28.11	35.71
							350m:	4:03.91	35.80
							400m:	4:38.51	34.60
2.	Kolber Roksana		98	UKP Unia O wi cim				<b>4:48.45</b>	540
	50m:	32.98	32.98	150m:	1:45.86	36.93	250m:	2:59.48	36.65
	100m:	1:08.93	35.95	200m:	2:22.83	36.97	300m:	3:36.25	36.77
							350m:	4:12.60	36.35
							400m:	4:48.45	35.85
3.	Dziubli ska Maja SR		98	Tkkf Szczygłowice				<b>4:57.20</b>	493
	50m:	33.64	33.64	150m:	1:48.42	37.94	250m:	3:04.35	38.13
	100m:	1:10.48	36.84	200m:	2:26.22	37.80	300m:	3:42.51	38.16
							350m:	4:20.56	38.05
							400m:	4:57.20	36.64
4.	Turza Patrycja		98	KS"Górnik"Sosnowiec				<b>5:08.62</b>	441
	50m:	33.01	33.01	150m:	1:50.28	39.71	250m:	3:10.85	40.47
	100m:	1:10.57	37.56	200m:	2:30.38	40.10	300m:	3:51.55	40.70
							350m:	4:31.37	39.82
							400m:	5:08.62	37.25
5.	Faruzel Matylda		98	MTP Delfin Cieszyn				<b>5:20.28</b>	394
	50m:	35.39	35.39	150m:	1:55.33	40.35	250m:	3:17.46	41.06
	100m:	1:14.98	39.59	200m:	2:36.40	41.07	300m:	3:58.86	41.40
							350m:	4:40.45	41.59
							400m:	5:20.28	39.83
<b>16 - 18 lat</b>									
1.	Lewandowska Paulina SO		96	UKP Unia O wi cim				<b>4:32.33</b>	641
	50m:	31.68	31.68	150m:	1:40.50	34.52	250m:	2:49.54	34.52
	100m:	1:05.98	34.30	200m:	2:15.02	34.52	300m:	3:24.34	34.80
							350m:	3:59.09	34.75
							400m:	4:32.33	33.24
2.	Ba bor Aleksandra		97	Tkkf Szczygłowice				<b>4:48.65</b>	539
	50m:	32.77	32.77	150m:	1:45.45	36.99	250m:	2:59.91	37.33
	100m:	1:08.46	35.69	200m:	2:22.58	37.13	300m:	3:37.32	37.41
							350m:	4:13.20	35.88
							400m:	4:48.65	35.45

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 6-7-12-2013

Konkurencja 21, Kobiet, 400m dowolny, 16 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.		
3.	Szkrobocz Martyna		95	UKP Ruda Śląska				<b>4:52.79</b>	516		
	50m:	32.31 32.31	150m:	1:44.29	36.24	250m:	2:59.19	37.65	350m:	4:15.62	38.42
	100m:	1:08.05 35.74	200m:	2:21.54	37.25	300m:	3:37.20	38.01	400m:	4:52.79	37.17
4.	Bugajewska Karolina		95	MKS Park Wodny Tarnowskie Góry				<b>5:14.47</b>	416		
	50m:	35.84 35.84	150m:	1:54.98	39.97	250m:	3:15.41	40.02	350m:	4:36.22	40.39
	100m:	1:15.01 39.17	200m:	2:35.39	40.41	300m:	3:55.83	40.42	400m:	5:14.47	38.25
5.	Borowiecka Monika		95	Nowy KP Bielsko-Biała				<b>5:14.53</b>	416		
	50m:	35.09 35.09	150m:	1:52.08	39.21	250m:	3:13.90	41.20	350m:	4:36.65	41.13
	100m:	1:12.87 37.78	200m:	2:32.70	40.62	300m:	3:55.52	41.62	400m:	5:14.53	37.88
6.	Ro niewska Agata		97	MKS Park Wodny Tarnowskie Góry				<b>5:27.72</b>	368		
	50m:	36.50 36.50	150m:	1:59.61	41.89	250m:	3:24.40	42.53	350m:	4:48.58	41.62
	100m:	1:17.72 41.22	200m:	2:41.87	42.26	300m:	4:06.96	42.56	400m:	5:27.72	39.14
Open											
1.	Lewandowska Paulina SO		96	UKP Unia Oświęcim				<b>4:32.33</b>	641		
	50m:	31.68 31.68	150m:	1:40.50	34.52	250m:	2:49.54	34.52	350m:	3:59.09	34.75
	100m:	1:05.98 34.30	200m:	2:15.02	34.52	300m:	3:24.34	34.80	400m:	4:32.33	33.24
2.	Mycak Katarzyna		98	MKS ZRYW Opole				<b>4:38.51</b>	600		
	50m:	31.92 31.92	150m:	1:41.53	34.95	250m:	2:52.40	35.47	350m:	4:03.91	35.80
	100m:	1:06.58 34.66	200m:	2:16.93	35.40	300m:	3:28.11	35.71	400m:	4:38.51	34.60
3.	wi der Patrycja		99	MKS Park Wodny Tarnowskie Góry				<b>4:41.16</b>	583		
	50m:	32.12 32.12	150m:	1:42.32	35.44	250m:	2:53.42	35.88	350m:	4:05.42	35.86
	100m:	1:06.88 34.76	200m:	2:17.54	35.22	300m:	3:29.56	36.14	400m:	4:41.16	35.74
4.	Kolber Roksana		98	UKP Unia Oświęcim				<b>4:48.45</b>	540		
	50m:	32.98 32.98	150m:	1:45.86	36.93	250m:	2:59.48	36.65	350m:	4:12.60	36.35
	100m:	1:08.93 35.95	200m:	2:22.83	36.97	300m:	3:36.25	36.77	400m:	4:48.45	35.85
5.	Ba bor Aleksandra		97	Ttkf Szczygłowie				<b>4:48.65</b>	539		
	50m:	32.77 32.77	150m:	1:45.45	36.99	250m:	2:59.91	37.33	350m:	4:13.20	35.88
	100m:	1:08.46 35.69	200m:	2:22.58	37.13	300m:	3:37.32	37.41	400m:	4:48.65	35.45
6.	Adamczyk Agata		99	UKS Aligator Gorzyce				<b>4:49.44</b>	534		
	50m:	32.91 32.91	150m:	1:45.61	36.96	250m:	3:00.01	37.24	350m:	4:14.11	36.48
	100m:	1:08.65 35.74	200m:	2:22.77	37.16	300m:	3:37.63	37.62	400m:	4:49.44	35.33
7.	Szkrobocz Martyna		95	UKP Ruda Śląska				<b>4:52.79</b>	516		
	50m:	32.31 32.31	150m:	1:44.29	36.24	250m:	2:59.19	37.65	350m:	4:15.62	38.42
	100m:	1:08.05 35.74	200m:	2:21.54	37.25	300m:	3:37.20	38.01	400m:	4:52.79	37.17
8.	Janecka Zuzanna		99	CSIR MOS D browa Góńcza				<b>4:53.62</b>	512		
	50m:	33.29 33.29	150m:	1:48.33	37.76	250m:	3:03.34	37.38	350m:	4:17.94	37.30
	100m:	1:10.57 37.28	200m:	2:25.96	37.63	300m:	3:40.64	37.30	400m:	4:53.62	35.68
9.	Wałek Julia		99	MKS ZRYW Opole				<b>4:54.89</b>	505		
	50m:	32.61 32.61	150m:	1:46.71	37.47	250m:	3:02.47	37.89	350m:	4:18.60	37.86
	100m:	1:09.24 36.63	200m:	2:24.58	37.87	300m:	3:40.74	38.27	400m:	4:54.89	36.29
10.	wi tek Zuzanna		99	Unia Racibórz				<b>4:55.87</b>	500		
	50m:	34.36 34.36	150m:	1:49.80	37.85	250m:	3:05.20	37.56	350m:	4:20.36	37.54
	100m:	1:11.95 37.59	200m:	2:27.64	37.84	300m:	3:42.82	37.62	400m:	4:55.87	35.51
11.	Noworzyn Wiktoria		99	CSIR MOS D browa Góńcza				<b>4:56.95</b>	495		
	50m:	33.62 33.62	150m:	1:48.42	37.57	250m:	3:04.56	38.22	350m:	4:20.73	38.25
	100m:	1:10.85 37.23	200m:	2:26.34	37.92	300m:	3:42.48	37.92	400m:	4:56.95	36.22
12.	Dziubli ska Maja SR		98	Ttkf Szczygłowie				<b>4:57.20</b>	493		
	50m:	33.64 33.64	150m:	1:48.42	37.94	250m:	3:04.35	38.13	350m:	4:20.56	38.05
	100m:	1:10.48 36.84	200m:	2:26.22	37.80	300m:	3:42.51	38.16	400m:	4:57.20	36.64
13.	I ycka Marta		00	UKS WODNIK Siemianowice Śląskie				<b>4:59.47</b>	482		
	50m:	33.07 33.07	150m:	1:47.92	37.72	250m:	3:04.42	38.20	350m:	4:22.05	39.03
	100m:	1:10.20 37.13	200m:	2:26.22	38.30	300m:	3:43.02	38.60	400m:	4:59.47	37.42

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 6-7-12-2013

Konkurencja 21, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
14.	Jeowska Kamila		00	CSIR MOS Drowa Gónicza				<b>5:01.43</b>	473
	50m:	33.54 33.54	150m:	1:49.03 38.06	250m:	3:07.03 39.07	350m:	4:24.47 38.71	
	100m:	1:10.97 37.43	200m:	2:27.96 38.93	300m:	3:45.76 38.73	400m:	5:01.43 36.96	
15.	Fuks Gabriela		99	Muks Gilus Gilowice				<b>5:02.07</b>	470
	50m:	34.53 34.53	150m:	1:49.61 37.57	250m:	3:06.24 38.35	350m:	4:24.48 38.86	
	100m:	1:12.04 37.51	200m:	2:27.89 38.28	300m:	3:45.62 39.38	400m:	5:02.07 37.59	
16.	Turza Patrycja		98	KS"Górnik"Sosnowiec				<b>5:08.62</b>	441
	50m:	33.01 33.01	150m:	1:50.28 39.71	250m:	3:10.85 40.47	350m:	4:31.37 39.82	
	100m:	1:10.57 37.56	200m:	2:30.38 40.10	300m:	3:51.55 40.70	400m:	5:08.62 37.25	
17.	Szuster Aleksandra		00	ks Piłka Chorzów				<b>5:10.09</b>	434
	50m:	34.50 34.50	150m:	1:54.82 40.64	250m:	3:14.44 38.73	350m:	4:32.08 38.69	
	100m:	1:14.18 39.68	200m:	2:35.71 40.89	300m:	3:53.39 38.95	400m:	5:10.09 38.01	
18.	Sobik Oliwia		00	ks Piłka Chorzów				<b>5:11.96</b>	427
	50m:	34.88 34.88	150m:	1:53.44 39.67	250m:	3:14.05 40.14	350m:	4:33.88 39.75	
	100m:	1:13.77 38.89	200m:	2:33.91 40.47	300m:	3:54.13 40.08	400m:	5:11.96 38.08	
19.	Bugajewska Karolina		95	MKS Park Wodny Tarnowskie Góry				<b>5:14.47</b>	416
	50m:	35.84 35.84	150m:	1:54.98 39.97	250m:	3:15.41 40.02	350m:	4:36.22 40.39	
	100m:	1:15.01 39.17	200m:	2:35.39 40.41	300m:	3:55.83 40.42	400m:	5:14.47 38.25	
20.	Borowiecka Monika		95	Nowy KP Bielsko-Biała				<b>5:14.53</b>	416
	50m:	35.09 35.09	150m:	1:52.08 39.21	250m:	3:13.90 41.20	350m:	4:36.65 41.13	
	100m:	1:12.87 37.78	200m:	2:32.70 40.62	300m:	3:55.52 41.62	400m:	5:14.53 37.88	
21.	Gajtkowska Zuzanna		00	UKS Aligator Gorzyce				<b>5:15.64</b>	412
	50m:	34.88 34.88	150m:	1:54.82 40.30	250m:	3:15.89 40.20	350m:	4:36.80 40.67	
	100m:	1:14.52 39.64	200m:	2:35.69 40.87	300m:	3:56.13 40.24	400m:	5:15.64 38.84	
22.	Zawadzka Anna		00	MOSiR Mysłowice				<b>5:18.69</b>	400
	50m:	36.17 36.17	150m:	1:55.18 39.72	250m:	3:16.50 40.35	350m:	4:39.90 42.16	
	100m:	1:15.46 39.29	200m:	2:36.15 40.97	300m:	3:57.74 41.24	400m:	5:18.69 38.79	
23.	Faruzel Matylda		98	MTP Delfin Cieszyn				<b>5:20.28</b>	394
	50m:	35.39 35.39	150m:	1:55.33 40.35	250m:	3:17.46 41.06	350m:	4:40.45 41.59	
	100m:	1:14.98 39.59	200m:	2:36.40 41.07	300m:	3:58.86 41.40	400m:	5:20.28 39.83	
24.	Roñewska Agata		97	MKS Park Wodny Tarnowskie Góry				<b>5:27.72</b>	368
	50m:	36.50 36.50	150m:	1:59.61 41.89	250m:	3:24.40 42.53	350m:	4:48.58 41.62	
	100m:	1:17.72 41.22	200m:	2:41.87 42.26	300m:	4:06.96 42.56	400m:	5:27.72 39.14	
25.	Skudlik Magdalena		99	UKS Manta Kochłowice Ruda Śląska				<b>5:29.57</b>	362
	50m:	35.09 35.09	150m:	1:57.01 42.25	250m:	3:22.02 42.53	350m:	4:46.82 42.44	
	100m:	1:14.76 39.67	200m:	2:39.49 42.48	300m:	4:04.38 42.36	400m:	5:29.57 42.75	
26.	Knap Zuzanna		00	UKS WODNIK Siemianowice Śląskie				<b>5:41.88</b>	324
	50m:	38.47 38.47	150m:	2:05.42 44.02	250m:	3:34.43 44.91	350m:	5:03.22 44.36	
	100m:	1:21.40 42.93	200m:	2:49.52 44.10	300m:	4:18.86 44.43	400m:	5:41.88 38.66	