

Mistrzostwa Polski 15 latków
Gliwice, 7 - 9-3-2014

Konkurencja 11
2014-03-07 - 11:30

Dziewcz t, 400m zmienny

15 lat
Wyniki Eliminacje

RP 15 4:45.72 Katarzyna Spucha TP Olimpijczyk Aleksandrów Łódź2011-03-30

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.	
1.	Piechota Paulina		99	UKS 190 Łód				5:02.57	642	A
	50m:	31.07 31.07	150m:	1:45.13	37.68	250m:	3:05.41	42.84	350m:	4:26.12 36.52
	100m:	1:07.45 36.38	200m:	2:22.57	37.44	300m:	3:49.60	44.19	400m:	5:02.57 36.45
2.	Adamczyk Julia		99	MTP Lublinianka				5:04.33	631	A
	50m:	32.46 32.46	150m:	1:48.23	38.00	250m:	3:08.27	42.61	350m:	4:28.68 36.62
	100m:	1:10.23 37.77	200m:	2:25.66	37.43	300m:	3:52.06	43.79	400m:	5:04.33 35.65
3.	Nieszporek Wiktoria		99	UKS 190 Łód				5:05.37	624	A
	50m:	32.73 32.73	150m:	1:52.19	40.23	250m:	3:11.15	40.27	350m:	4:29.01 36.47
	100m:	1:11.96 39.23	200m:	2:30.88	38.69	300m:	3:52.54	41.39	400m:	5:05.37 36.36
4.	Paj k Liliana SO		99	UKP „Unia” O wi cim				5:06.53	617	A
	50m:	33.53 33.53	150m:	1:49.20	37.63	250m:	3:08.69	42.92	350m:	4:29.71 37.88
	100m:	1:11.57 38.04	200m:	2:25.77	36.57	300m:	3:51.83	43.14	400m:	5:06.53 36.82
5.	Prochownik Olimpia SO		99	UKP „Unia” O wi cim				5:06.93	615	A
	50m:	32.50 32.50	150m:	1:53.21	42.45	250m:	3:13.98	39.88	350m:	4:32.51 37.08
	100m:	1:10.76 38.26	200m:	2:34.10	40.89	300m:	3:55.43	41.45	400m:	5:06.93 34.42
6.	Janiszewska Dominika		99	MKS Polonia Warszawa				5:07.70	610	A
	50m:	33.59 33.59	150m:	1:51.54	40.59	250m:	3:12.68	41.46	350m:	4:33.69 38.01
	100m:	1:10.95 37.36	200m:	2:31.22	39.68	300m:	3:55.68	43.00	400m:	5:07.70 34.01
7.	Leszczy ska Klaudia Julia SO		99	UKP „Unia” O wi cim				5:10.67	593	A
	50m:	32.80 32.80	150m:	1:52.62	41.37	250m:	3:16.79	43.89	350m:	4:36.37 35.08
	100m:	1:11.25 38.45	200m:	2:32.90	40.28	300m:	4:01.29	44.50	400m:	5:10.67 34.30
8.	Łukasik Wiktoria		99	MKS Medyk Gi ycko				5:11.46	588	A
	50m:	32.98 32.98	150m:	1:50.52	39.56	250m:	3:12.92	42.95	350m:	4:34.97 37.52
	100m:	1:10.96 37.98	200m:	2:29.97	39.45	300m:	3:57.45	44.53	400m:	5:11.46 36.49
9.	Sikora Adrianna		99	UKS SMS Galicja Kraków				5:14.11	573	B
	50m:	33.30 33.30	150m:	1:50.92	39.98	250m:	3:14.75	44.44	350m:	4:37.49 36.96
	100m:	1:10.94 37.64	200m:	2:30.31	39.39	300m:	4:00.53	45.78	400m:	5:14.11 36.62
10.	Nowak Marta SO		99	MMKS K dzierzyn-Ko le				5:15.18	568	B
	50m:	32.98 32.98	150m:	1:53.10	40.98	250m:	3:15.01	42.09	350m:	4:37.95 39.41
	100m:	1:12.12 39.14	200m:	2:32.92	39.82	300m:	3:58.54	43.53	400m:	5:15.18 37.23
11.	Filipek Jagoda		99	WKS I sk Wrocław				5:15.49	566	B
	50m:	32.09 32.09	150m:	1:50.40	41.48	250m:	3:16.47	45.12	350m:	4:41.25 38.25
	100m:	1:08.92 36.83	200m:	2:31.35	40.95	300m:	4:03.00	46.53	400m:	5:15.49 34.24
12.	Bachanek Julia		99	BUKS Warszawa				5:19.49	545	B
	50m:	33.60 33.60	150m:	1:56.33	41.34	250m:	3:21.75	45.22	350m:	4:43.84 36.45
	100m:	1:14.99 41.39	200m:	2:36.53	40.20	300m:	4:07.39	45.64	400m:	5:19.49 35.65
13.	Rybi ska Marcelina		99	WKS I sk Wrocław				5:21.79	533	B
	50m:	33.52 33.52	150m:	1:53.84	41.39	250m:	3:20.83	46.84	350m:	4:45.16 37.67
	100m:	1:12.45 38.93	200m:	2:33.99	40.15	300m:	4:07.49	46.66	400m:	5:21.79 36.63
14.	Stepanchenko Anna		99	MKP My libórz				5:26.39	511	B
	50m:	33.81 33.81	150m:	1:57.21	42.86	250m:	3:24.08	46.00	350m:	4:49.74 38.61
	100m:	1:14.35 40.54	200m:	2:38.08	40.87	300m:	4:11.13	47.05	400m:	5:26.39 36.65
15.	Zdunek Klaudia		99	UKS "Polonez" Wyszaków				5:29.86	495	B
	50m:	34.71 34.71	150m:	1:58.53	43.15	250m:	3:26.80	46.02	350m:	4:53.35 38.66
	100m:	1:15.38 40.67	200m:	2:40.78	42.25	300m:	4:14.69	47.89	400m:	5:29.86 36.51
16.	Wawrzynkiewicz Wiktoria		99	UKS,, oliborz" Warszawa				5:38.41	458	B
	50m:	36.11 36.11	150m:	2:05.75	45.31	250m:	3:34.36	45.20	350m:	5:01.11 40.06
	100m:	1:20.44 44.33	200m:	2:49.16	43.41	300m:	4:21.05	46.69	400m:	5:38.41 37.30
17.	Ro ek Martyna		99	MKP Szczecin				5:46.01	429	R
	50m:	35.02 35.02	150m:	2:03.92	46.21	250m:	3:35.11	47.91	350m:	5:05.35 41.51
	100m:	1:17.71 42.69	200m:	2:47.20	43.28	300m:	4:23.84	48.73	400m:	5:46.01 40.66

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Pozycja				Rok ur.				Czas	Pkt.			
18.	Tatara Alicja			99	LUKS Orlik Lublin			5:47.92	422 R			
	50m:	35.93	35.93	150m:	2:03.90	43.06	250m:	3:37.26	50.09	350m:	5:08.11	40.08
	100m:	1:20.84	44.91	200m:	2:47.17	43.27	300m:	4:28.03	50.77	400m:	5:47.92	39.81
DYSKW.	Krejczy Agata			99	MKS Medyk Gi ycko							
	<i>K16 - Niejednoczesne dotkni cie ciany dło mi przy nawrocie lub na zako czenie wy cigu (Czas: 11:59)</i>											
	50m:	35.40	35.40	150m:	2:01.56	43.93	250m:	3:33.92	49.08	350m:	5:04.91	41.10
	100m:	1:17.63	42.23	200m:	2:44.84	43.28	300m:	4:23.81	49.89	400m:		
DYSKW.	Kolbowicz Barbara			99	MKP Szczecin							
	<i>G3 - Nieutrzymanie pozycji na plecach (za wyj tkiem wykonania cyklu nawrotu) (Czas: 12:05)</i>											
	50m:	33.12	33.12	150m:	1:52.30	40.82	250m:	3:15.30	44.29	350m:	4:38.51	38.11
	100m:	1:11.48	38.36	200m:	2:31.01	38.71	300m:	4:00.40	45.10	400m:		