

Mistrzostwa Polski 15 latków  
Gliwice, 7 - 9-3-2014

Event 11  
2014-03-07 - 11:30

Girls, 400m Medley

15 years  
Results Prelim

RP 15 4:45.72 Katarzyna Spucha TP Olimpijczyk Aleksandrów Łódź2011-03-30

Points: FINA 2013

Rank			YB					Time	Pts	
1.	Piechota Paulina		99	UKS 190 Lodz				<b>5:02.57</b>	642	A
	50m:	31.07 31.07	150m:	1:45.13 37.68	250m:	3:05.41 42.84	350m:	4:26.12 36.52		
	100m:	1:07.45 36.38	200m:	2:22.57 37.44	300m:	3:49.60 44.19	400m:	5:02.57 36.45		
2.	Adamczyk Julia		99	MTP Lublinianka				<b>5:04.33</b>	631	A
	50m:	32.46 32.46	150m:	1:48.23 38.00	250m:	3:08.27 42.61	350m:	4:28.68 36.62		
	100m:	1:10.23 37.77	200m:	2:25.66 37.43	300m:	3:52.06 43.79	400m:	5:04.33 35.65		
3.	Nieszporek Wiktoria		99	UKS 190 Lodz				<b>5:05.37</b>	624	A
	50m:	32.73 32.73	150m:	1:52.19 40.23	250m:	3:11.15 40.27	350m:	4:29.01 36.47		
	100m:	1:11.96 39.23	200m:	2:30.88 38.69	300m:	3:52.54 41.39	400m:	5:05.37 36.36		
4.	Pajak Liliana SO		99	UKP „Unia” Oswiecim				<b>5:06.53</b>	617	A
	50m:	33.53 33.53	150m:	1:49.20 37.63	250m:	3:08.69 42.92	350m:	4:29.71 37.88		
	100m:	1:11.57 38.04	200m:	2:25.77 36.57	300m:	3:51.83 43.14	400m:	5:06.53 36.82		
5.	Prochownik Olimpia SO		99	UKP „Unia” Oswiecim				<b>5:06.93</b>	615	A
	50m:	32.50 32.50	150m:	1:53.21 42.45	250m:	3:13.98 39.88	350m:	4:32.51 37.08		
	100m:	1:10.76 38.26	200m:	2:34.10 40.89	300m:	3:55.43 41.45	400m:	5:06.93 34.42		
6.	Janiszewska Dominika		99	MKS Polonia Warszawa				<b>5:07.70</b>	610	A
	50m:	33.59 33.59	150m:	1:51.54 40.59	250m:	3:12.68 41.46	350m:	4:33.69 38.01		
	100m:	1:10.95 37.36	200m:	2:31.22 39.68	300m:	3:55.68 43.00	400m:	5:07.70 34.01		
7.	Leszczynska Klaudia Julia SO		99	UKP „Unia” Oswiecim				<b>5:10.67</b>	593	A
	50m:	32.80 32.80	150m:	1:52.62 41.37	250m:	3:16.79 43.89	350m:	4:36.37 35.08		
	100m:	1:11.25 38.45	200m:	2:32.90 40.28	300m:	4:01.29 44.50	400m:	5:10.67 34.30		
8.	Lukasik Wiktoria		99	MKS Medyk Gizycko				<b>5:11.46</b>	588	A
	50m:	32.98 32.98	150m:	1:50.52 39.56	250m:	3:12.92 42.95	350m:	4:34.97 37.52		
	100m:	1:10.96 37.98	200m:	2:29.97 39.45	300m:	3:57.45 44.53	400m:	5:11.46 36.49		
9.	Sikora Adrianna		99	UKS SMS Galicja Krakow				<b>5:14.11</b>	573	B
	50m:	33.30 33.30	150m:	1:50.92 39.98	250m:	3:14.75 44.44	350m:	4:37.49 36.96		
	100m:	1:10.94 37.64	200m:	2:30.31 39.39	300m:	4:00.53 45.78	400m:	5:14.11 36.62		
10.	Nowak Marta SO		99	MMKS Kedzierzyn-Kozle				<b>5:15.18</b>	568	B
	50m:	32.98 32.98	150m:	1:53.10 40.98	250m:	3:15.01 42.09	350m:	4:37.95 39.41		
	100m:	1:12.12 39.14	200m:	2:32.92 39.82	300m:	3:58.54 43.53	400m:	5:15.18 37.23		
11.	Filipek Jagoda		99	WKS Slask Wroclaw				<b>5:15.49</b>	566	B
	50m:	32.09 32.09	150m:	1:50.40 41.48	250m:	3:16.47 45.12	350m:	4:41.25 38.25		
	100m:	1:08.92 36.83	200m:	2:31.35 40.95	300m:	4:03.00 46.53	400m:	5:15.49 34.24		
12.	Bachanek Julia		99	BUKS Warszawa				<b>5:19.49</b>	545	B
	50m:	33.60 33.60	150m:	1:56.33 41.34	250m:	3:21.75 45.22	350m:	4:43.84 36.45		
	100m:	1:14.99 41.39	200m:	2:36.53 40.20	300m:	4:07.39 45.64	400m:	5:19.49 35.65		
13.	Rybinska Marcelina		99	WKS Slask Wroclaw				<b>5:21.79</b>	533	B
	50m:	33.52 33.52	150m:	1:53.84 41.39	250m:	3:20.83 46.84	350m:	4:45.16 37.67		
	100m:	1:12.45 38.93	200m:	2:33.99 40.15	300m:	4:07.49 46.66	400m:	5:21.79 36.63		
14.	Stepanchenko Anna		99	MKP Mysliborz				<b>5:26.39</b>	511	B
	50m:	33.81 33.81	150m:	1:57.21 42.86	250m:	3:24.08 46.00	350m:	4:49.74 38.61		
	100m:	1:14.35 40.54	200m:	2:38.08 40.87	300m:	4:11.13 47.05	400m:	5:26.39 36.65		
15.	Zdunek Klaudia		99	UKS "Polonez" Wyszkw				<b>5:29.86</b>	495	B
	50m:	34.71 34.71	150m:	1:58.53 43.15	250m:	3:26.80 46.02	350m:	4:53.35 38.66		
	100m:	1:15.38 40.67	200m:	2:40.78 42.25	300m:	4:14.69 47.89	400m:	5:29.86 36.51		
16.	Wawrzynkiewicz Wiktoria		99	UKS „Zoliborz” Warszawa				<b>5:38.41</b>	458	B
	50m:	36.11 36.11	150m:	2:05.75 45.31	250m:	3:34.36 45.20	350m:	5:01.11 40.06		
	100m:	1:20.44 44.33	200m:	2:49.16 43.41	300m:	4:21.05 46.69	400m:	5:38.41 37.30		
17.	Rozek Martyna		99	MKP Szczecin				<b>5:46.01</b>	429	R
	50m:	35.02 35.02	150m:	2:03.92 46.21	250m:	3:35.11 47.91	350m:	5:05.35 41.51		
	100m:	1:17.71 42.69	200m:	2:47.20 43.28	300m:	4:23.84 48.73	400m:	5:46.01 40.66		

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Event 11, Girls, 400m Medley, Prelim, 15 years

Rank				YB					Time	Pts		
18.	Tatara Alicja			99	LUKS Orlik Lublin				<b>5:47.92</b>	422 R		
	50m:	35.93	35.93	150m:	2:03.90	43.06	250m:	3:37.26	50.09	350m:	5:08.11	40.08
	100m:	1:20.84	44.91	200m:	2:47.17	43.27	300m:	4:28.03	50.77	400m:	5:47.92	39.81
DSQ	Krejczy Agata			99	MKS Medyk Gizycko							
	<i>K16 - Niejednoczesne dotkni cie ciany dło mi przy nawrocie lub na zako czenie wy cigu (Time: 11:59)</i>											
	50m:	35.40	35.40	150m:	2:01.56	43.93	250m:	3:33.92	49.08	350m:	5:04.91	41.10
	100m:	1:17.63	42.23	200m:	2:44.84	43.28	300m:	4:23.81	49.89	400m:		
DSQ	Kolbowicz Barbara			99	MKP Szczecin							
	<i>G3 - Nieutrzymanie pozycji na plecach (za wyj tkiem wykonania cyklu nawrotu) (Time: 12:05)</i>											
	50m:	33.12	33.12	150m:	1:52.30	40.82	250m:	3:15.30	44.29	350m:	4:38.51	38.11
	100m:	1:11.48	38.36	200m:	2:31.01	38.71	300m:	4:00.40	45.10	400m:		