

Mistrzostwa Polski 15 latków
Gliwice, 7 - 9-3-2014

Event 19
2014-03-08 - 9:35

Girls, 400m Freestyle

15 years
Results Prelim

RP 15 4:11.12 Donata Kilija ska KSZO Ostrowiec w.SSz 2010-11-21

Points: FINA 2013

Rank					YB					Time	Pts	
1.	Sztanek Julia				99	MKP Szczecin				4:31.84	644	A
	50m:	30.50	30.50	150m:	1:39.31	34.75	250m:	2:49.61	34.96	350m:	3:59.52	34.77
	100m:	1:04.56	34.06	200m:	2:14.65	35.34	300m:	3:24.75	35.14	400m:	4:31.84	32.32
2.	Sliwowska Katarzyna SO				99	UKP „Unia” Oswiecim				4:32.26	641	A
	50m:	30.80	30.80	150m:	1:40.25	34.93	250m:	2:50.13	34.62	350m:	3:59.67	34.61
	100m:	1:05.32	34.52	200m:	2:15.51	35.26	300m:	3:25.06	34.93	400m:	4:32.26	32.59
3.	Piechota Paulina				99	UKS 190 Lodz				4:33.80	631	A
	50m:	30.60	30.60	150m:	1:40.05	35.18	250m:	2:50.22	35.25	350m:	3:59.67	34.21
	100m:	1:04.87	34.27	200m:	2:14.97	34.92	300m:	3:25.46	35.24	400m:	4:33.80	34.13
4.	Leonczuk Sara				99	UKS G - 8 Bielany				4:34.62	625	A
	50m:	30.97	30.97	150m:	1:40.22	35.11	250m:	2:49.94	34.81	350m:	3:59.96	34.80
	100m:	1:05.11	34.14	200m:	2:15.13	34.91	300m:	3:25.16	35.22	400m:	4:34.62	34.66
5.	Bielinska Karolina				99	MKP Slowianka Gorzow Wlkp.				4:36.39	613	A
	50m:	31.00	31.00	150m:	1:40.19	34.84	250m:	2:50.69	35.64	350m:	4:01.61	35.24
	100m:	1:05.35	34.35	200m:	2:15.05	34.86	300m:	3:26.37	35.68	400m:	4:36.39	34.78
6.	Staros Sandra				99	UKS Victoria Jozefow				4:36.76	611	A
	50m:	31.87	31.87	150m:	1:40.99	34.82	250m:	2:51.74	35.15	350m:		
	100m:	1:06.17	34.30	200m:	2:16.59	35.60	300m:			400m:	4:36.76	
7.	Leszczynska Klaudia Julia SO				99	UKP „Unia” Oswiecim				4:37.02	609	A
	50m:	30.86	30.86	150m:	1:40.06	35.10	250m:	2:51.17	35.34	350m:	4:02.79	35.76
	100m:	1:04.96	34.10	200m:	2:15.83	35.77	300m:	3:27.03	35.86	400m:	4:37.02	34.23
8.	Lichwa Dominika SO				99	UKP „Unia” Oswiecim				4:37.08	608	A
	50m:	31.70	31.70	150m:	1:41.62	35.36	250m:	2:53.22	35.72	350m:	4:03.74	35.01
	100m:	1:06.26	34.56	200m:	2:17.50	35.88	300m:	3:28.73	35.51	400m:	4:37.08	33.34
9.	Roman Magdalena				99	MKS Polonia Warszawa				4:38.81	597	B
	50m:	30.58	30.58	150m:	1:40.21	35.05	250m:	2:51.60	35.80	350m:	4:03.28	35.77
	100m:	1:05.16	34.58	200m:	2:15.80	35.59	300m:	3:27.51	35.91	400m:	4:38.81	35.53
10.	Bukowska Laura				99	MKS Polonia Warszawa				4:40.02	589	B
	50m:	31.97	31.97	150m:	1:42.06	35.53	250m:	2:53.29	35.84	350m:	4:04.96	35.85
	100m:	1:06.53	34.56	200m:	2:17.45	35.39	300m:	3:29.11	35.82	400m:	4:40.02	35.06
11.	Suchcicka Zuzanna				99	MOSiR Sopot				4:40.70	585	B
	50m:	31.75	31.75	150m:	1:42.60	35.53	250m:	2:54.48	36.14	350m:	4:06.02	35.80
	100m:	1:07.07	35.32	200m:	2:18.34	35.74	300m:	3:30.22	35.74	400m:	4:40.70	34.68
12.	Krol Oliwia				99	MKS Trojka Lodz				4:40.79	585	B
	50m:	31.81	31.81	150m:	1:41.86	35.14	250m:	2:53.15	35.80	350m:	4:05.19	36.30
	100m:	1:06.72	34.91	200m:	2:17.35	35.49	300m:	3:28.89	35.74	400m:	4:40.79	35.60
13.	Zrobek Natalia				99	UKS 190 Lodz				4:41.00	583	B
	50m:	31.18	31.18	150m:	1:40.50	34.71	250m:	2:52.85	36.43	350m:	4:05.88	36.31
	100m:	1:05.79	34.61	200m:	2:16.42	35.92	300m:	3:29.57	36.72	400m:	4:41.00	35.12
14.	Kladoczna Julia				99	UKS „Zoliborz” Warszawa				4:41.14	582	B
	50m:	31.49	31.49	150m:	1:40.93	34.94	250m:	2:52.80	36.00	350m:	4:05.90	36.72
	100m:	1:05.99	34.50	200m:	2:16.80	35.87	300m:	3:29.18	36.38	400m:	4:41.14	35.24
15.	Kaplun Aleksandra				99	Orka Zamosc				4:41.17	582	B
	50m:	31.32	31.32	150m:	1:41.43	35.39	250m:	2:53.93	36.44	350m:	4:06.62	36.16
	100m:	1:06.04	34.72	200m:	2:17.49	36.06	300m:	3:30.46	36.53	400m:	4:41.17	34.55
16.	Niemczycka Julia				99	WKS Slask Wroclaw				4:41.45	580	B
	50m:	31.72	31.72	150m:	1:42.26	35.83	250m:	2:54.79	36.56	350m:	4:07.11	36.05
	100m:	1:06.43	34.71	200m:	2:18.23	35.97	300m:	3:31.06	36.27	400m:	4:41.45	34.34
17.	Niedzwiecka Katarzyna				99	UKS 190 Lodz				4:41.96	577	R
	50m:	31.72	31.72	150m:	1:42.65	35.89	250m:	2:55.50	36.41	350m:	4:08.60	36.48
	100m:	1:06.76	35.04	200m:	2:19.09	36.44	300m:	3:32.12	36.62	400m:	4:41.96	33.36

Mistrzostwa Polski 15 latków
Gliwice, 7 - 9-3-2014

Event 19, Girls, 400m Freestyle, Prelim, 15 years

Rank					YB					Time	Pts	
18.	Lemiec Marta				99	MKS Juvenia Wroclaw				4:41.99	577 R	
	50m:	31.81	31.81	150m:	1:42.88	36.13	250m:	2:55.54	36.46	350m:	4:09.09	36.71
	100m:	1:06.75	34.94	200m:	2:19.08	36.20	300m:	3:32.38	36.84	400m:	4:41.99	32.90
19.	Janecka Zuzanna				99	CSiR MOS Dabrowa Gornicza				4:42.30	575	
	50m:	31.70	31.70	150m:	1:43.21	36.21	250m:	2:55.93	36.38	350m:	4:08.50	36.17
	100m:	1:07.00	35.30	200m:	2:19.55	36.34	300m:	3:32.33	36.40	400m:	4:42.30	33.80
20.	Cieslikowska Zuzanna				99	Uks Pingwiny				4:43.54	568	
	50m:	30.94	30.94	150m:	1:41.40	35.46	250m:	2:54.08		350m:		
	100m:	1:05.94	35.00	200m:			300m:	3:31.45	37.37	400m:	4:43.54	
21.	Smola Monika				99	Delfin Torun				4:44.07	565	
	50m:	32.07	32.07	150m:	1:44.05	36.55	250m:	2:57.88	36.94	350m:	4:10.12	35.47
	100m:	1:07.50	35.43	200m:	2:20.94	36.89	300m:	3:34.65	36.77	400m:	4:44.07	33.95
22.	Goralczyk Anna SO				99	UKP „Unia” Oswiecim				4:45.05	559	
	50m:	31.95	31.95	150m:	1:43.76	36.35	250m:	2:56.71	36.63	350m:	4:09.95	36.77
	100m:	1:07.41	35.46	200m:	2:20.08	36.32	300m:	3:33.18	36.47	400m:	4:45.05	35.10
23.	Kawczak Joanna				99	MKP Szczecin				4:45.85	554	
	50m:	30.90	30.90	150m:	1:41.02	35.54	250m:	2:54.38	36.68	350m:	4:08.08	37.03
	100m:	1:05.48	34.58	200m:	2:17.70	36.68	300m:	3:31.05	36.67	400m:	4:45.85	37.77
24.	Skwarska Karolina				99	MZOS Plock				4:46.59	550	
	50m:	31.96	31.96	150m:	1:43.01	36.05	250m:	2:56.48	36.92	350m:	4:10.14	36.76
	100m:	1:06.96	35.00	200m:	2:19.56	36.55	300m:	3:33.38	36.90	400m:	4:46.59	36.45
25.	Filipkowska Dominika				99	MKS "Ros" Pisz				4:46.67	549	
	50m:	32.09	32.09	150m:	1:42.09	35.52	250m:	2:54.70	36.63	350m:	4:09.68	37.89
	100m:	1:06.57	34.48	200m:	2:18.07	35.98	300m:	3:31.79	37.09	400m:	4:46.67	36.99
26.	Swiatek Zuzanna				99	Unia Raciborz				4:46.92	548	
	50m:	32.99	32.99	150m:	1:44.89	36.50	250m:	2:58.07	36.67	350m:	4:11.88	36.68
	100m:	1:08.39	35.40	200m:	2:21.40	36.51	300m:	3:35.20	37.13	400m:	4:46.92	35.04
27.	Bazyliko Joanna				99	UKS JAGIELLONKA Warszawa				4:47.32	546	
	50m:	32.91	32.91	150m:	1:45.69	36.87	250m:	2:59.11	36.89	350m:	4:12.36	36.56
	100m:	1:08.82	35.91	200m:	2:22.22	36.53	300m:	3:35.80	36.69	400m:	4:47.32	34.96
	Zaduminska Weronika				99	MKS Polonia Warszawa				4:47.32	546	
	50m:	32.44	32.44	150m:	1:43.62	35.91	250m:	2:56.95	36.70	350m:	4:11.25	37.05
	100m:	1:07.71	35.27	200m:	2:20.25	36.63	300m:	3:34.20	37.25	400m:	4:47.32	36.07
29.	Sliczniak Weronika				99	MTP Lublinianka				4:47.43	545	
	50m:	32.80	32.80	150m:	1:45.36	36.54	250m:	2:57.87	36.41	350m:	4:11.41	36.43
	100m:	1:08.82	36.02	200m:	2:21.46	36.10	300m:	3:34.98	37.11	400m:	4:47.43	36.02
30.	Zukowska Natalia				99	UKS SMS Galicja Krakow				4:47.75	543	
	50m:	32.45	32.45	150m:	1:44.56	36.55	250m:	2:58.53	37.09	350m:	4:11.91	36.52
	100m:	1:08.01	35.56	200m:	2:21.44	36.88	300m:	3:35.39	36.86	400m:	4:47.75	35.84
31.	Palka Maria SO				99	UKP „Unia” Oswiecim				4:48.23	540	
	50m:	32.98	32.98	150m:	1:45.51	36.78	250m:	2:59.41	37.01	350m:	4:12.98	36.50
	100m:	1:08.73	35.75	200m:	2:22.40	36.89	300m:	3:36.48	37.07	400m:	4:48.23	35.25
32.	Zdunek Klaudia				99	UKS "Polonez" Wyszkw				4:51.18	524	
	50m:	31.82	31.82	150m:	1:44.14	36.82	250m:	2:59.29	37.95	350m:	4:15.04	37.77
	100m:	1:07.32	35.50	200m:	2:21.34	37.20	300m:	3:37.27	37.98	400m:	4:51.18	36.14
33.	Kondolewicz Aleksandra				99	WKS Slask Wroclaw				4:51.92	520	
	50m:	32.76	32.76	150m:	1:46.00	37.11	250m:	3:00.51	36.94	350m:	4:15.80	37.71
	100m:	1:08.89	36.13	200m:	2:23.57	37.57	300m:	3:38.09	37.58	400m:	4:51.92	36.12
34.	Walek Julia				99	MKS ZRYW Opole				4:51.93	520	
	50m:	32.90	32.90	150m:	1:46.65	37.29	250m:	3:01.28	37.18	350m:	4:16.44	37.39
	100m:	1:09.36	36.46	200m:	2:24.10	37.45	300m:	3:39.05	37.77	400m:	4:51.93	35.49
35.	Myrcha Maria				99	UKS „Zoliborz” Warszawa				4:52.34	518	
	50m:	32.91	32.91	150m:	1:46.17	37.29	250m:	3:00.66	37.37	350m:	4:16.48	37.94
	100m:	1:08.88	35.97	200m:	2:23.29	37.12	300m:	3:38.54	37.88	400m:	4:52.34	35.86

Mistrzostwa Polski 15 latków
Gliwice, 7 - 9-3-2014

Event 19, Girls, 400m Freestyle, Prelim, 15 years

Rank			YB					Time	Pts
36.	Lesner Zuzanna		99	MKP Szczecin				4:52.38	518
	50m:	32.80 32.80	150m:	1:46.52 37.00	250m:	3:01.54 37.49	350m:	4:17.30 38.01	
	100m:	1:09.52 36.72	200m:	2:24.05 37.53	300m:	3:39.29 37.75	400m:	4:52.38 35.08	
37.	Noworzyn Wiktoria		99	CSiR MOS Dabrowa Gornicza				4:52.51	517
	50m:	32.92 32.92	150m:	1:45.93 36.89	250m:	3:00.73 37.26	350m:	4:16.35 37.86	
	100m:	1:09.04 36.12	200m:	2:23.47 37.54	300m:	3:38.49 37.76	400m:	4:52.51 36.16	
38.	Mazurek Magdalena		99	MTP Lublinianka				4:52.55	517
	50m:	33.05 33.05	150m:	1:46.40 37.19	250m:	3:01.27 37.59	350m:	4:17.26 37.56	
	100m:	1:09.21 36.16	200m:	2:23.68 37.28	300m:	3:39.70 38.43	400m:	4:52.55 35.29	
39.	Lukasik Wiktoria		99	MKS Medyk Gizycko				4:52.60	517
	50m:	31.98 31.98	150m:	1:45.84 37.86	250m:	3:00.39 35.70	350m:	4:14.89 38.57	
	100m:	1:07.98 36.00	200m:	2:24.69 38.85	300m:	3:36.32 35.93	400m:	4:52.60 37.71	
40.	Nawrocka Paulina		99	MKP Slowianka Gorzow Wlkp.				4:52.68	516
	50m:	34.24 34.24	150m:	1:48.94 37.34	250m:	3:03.90 37.69	350m:	4:17.77 36.48	
	100m:	1:11.60 37.36	200m:	2:26.21 37.27	300m:	3:41.29 37.39	400m:	4:52.68 34.91	
41.	Brembor Patrycja		99	KS Piatka Chorzow				4:53.66	511
	50m:	33.36 33.36	150m:	1:47.23 37.68	250m:	3:01.50 37.31	350m:	4:16.92 37.77	
	100m:	1:09.55 36.19	200m:	2:24.19 36.96	300m:	3:39.15 37.65	400m:	4:53.66 36.74	
42.	Oselkowska Julia		99	MTP KORMORAN Olsztyn				4:53.67	511
	50m:	33.18 33.18	150m:	1:46.38 36.97	250m:	3:01.44 37.62	350m:	4:17.77 38.26	
	100m:	1:09.41 36.23	200m:	2:23.82 37.44	300m:	3:39.51 38.07	400m:	4:53.67 35.90	
43.	Tymofejewicz Natalia SO		99	"MOTYL" MOSiR Stalowa Wola				4:54.17	508
	50m:	32.31 32.31	150m:	1:44.37 36.61	250m:	3:00.25 38.08	350m:	4:16.27 38.10	
	100m:	1:07.76 35.45	200m:	2:22.17 37.80	300m:	3:38.17 37.92	400m:	4:54.17 37.90	
44.	Koronowska Anna		99	Klub Plywacki Pletwal Mlawa				4:56.48	497
	50m:	33.77 33.77	150m:	1:48.61 37.83	250m:	3:03.86 37.82	350m:	4:19.70 37.33	
	100m:	1:10.78 37.01	200m:	2:26.04 37.43	300m:	3:42.37 38.51	400m:	4:56.48 36.78	
45.	Swiader Patrycja		99	MKS Park Wodny Tarnowskie Gory				4:56.87	495
	50m:	33.23 33.23	150m:		250m:	3:02.02 38.33	350m:	4:19.83	
	100m:	1:09.46 36.23	200m:	2:23.69	300m:		400m:	4:56.87 37.04	
46.	Kowal Paulina SOc		99	KSZO Ostrowiec				4:56.96	494
	50m:	33.50 33.50	150m:	1:47.79 37.61	250m:	3:03.82 38.01	350m:	4:19.97 38.20	
	100m:	1:10.18 36.68	200m:	2:25.81 38.02	300m:	3:41.77 37.95	400m:	4:56.96 36.99	
47.	Petters Klaudia		99	UKS Oxpess Boleslawiec				4:58.24	488
	50m:	33.17 33.17	150m:	1:47.38 37.73	250m:	3:04.12 38.60	350m:	4:20.94 38.45	
	100m:	1:09.65 36.48	200m:	2:25.52 38.14	300m:	3:42.49 38.37	400m:	4:58.24 37.30	
48.	Szczech Inez		99	MKS Polonia Warszawa				4:58.55	486
	50m:	33.63 33.63	150m:	1:47.95 37.58	250m:	3:03.60 37.28	350m:	4:21.02 38.72	
	100m:	1:10.37 36.74	200m:	2:26.32 38.37	300m:	3:42.30 38.70	400m:	4:58.55 37.53	
49.	Stepien Kamila		99	starachowicki klub plyw				4:58.75	485
	50m:	33.05 33.05	150m:	1:45.64 36.82	250m:	3:02.24 38.52	350m:	4:19.90 39.00	
	100m:	1:08.82 35.77	200m:	2:23.72 38.08	300m:	3:40.90 38.66	400m:	4:58.75 38.85	
50.	Cierpka Marta		99	KS Piatka Chorzow				4:58.99	484
	50m:	32.55 32.55	150m:	1:46.74 37.50	250m:	3:02.70 37.92	350m:	4:20.56 39.23	
	100m:	1:09.24 36.69	200m:	2:24.78 38.04	300m:	3:41.33 38.63	400m:	4:58.99 38.43	
51.	Zarnowska Karolina		99	MKS Polonia Warszawa				4:59.35	482
	50m:	32.80 32.80	150m:	1:45.39 36.36	250m:	3:02.28 38.98	350m:	4:20.67 39.33	
	100m:	1:09.03 36.23	200m:	2:23.30 37.91	300m:	3:41.34 39.06	400m:	4:59.35 38.68	
52.	Zablocka Zuzanna		99	WKS Slask Wroclaw				5:00.39	477
	50m:	33.69 33.69	150m:	1:47.77 37.03	250m:	3:04.84 38.72	350m:	4:22.88 39.03	
	100m:	1:10.74 37.05	200m:	2:26.12 38.35	300m:	3:43.85 39.01	400m:	5:00.39 37.51	
53.	Fuks Gabriela		99	MUKS Gilus Gliwice				5:01.13	474
	50m:	33.79 33.79	150m:	1:47.36 37.32	250m:	3:04.04 38.41	350m:	4:23.32 39.80	
	100m:	1:10.04 36.25	200m:	2:25.63 38.27	300m:	3:43.52 39.48	400m:	5:01.13 37.81	

Mistrzostwa Polski 15 latków
Gliwice, 7 - 9-3-2014

Event 19, Girls, 400m Freestyle, Prelim, 15 years

Rank					YB					Time	Pts	
54.	Musztafaga Maja				99	MKP Szczecin				5:01.17	474	
	50m:	33.72	33.72	150m:	1:48.41	38.24	250m:	3:04.46	37.66	350m:	4:22.73	39.07
	100m:	1:10.17	36.45	200m:	2:26.80	38.39	300m:	3:43.66	39.20	400m:	5:01.17	38.44
55.	Pyrlik Paulina SO				99	UKP „Unia” Oswiecim				5:02.12	469	
	50m:	33.48	33.48	150m:	1:48.93	38.26	250m:	3:05.98	38.76	350m:	4:24.53	39.50
	100m:	1:10.67	37.19	200m:	2:27.22	38.29	300m:	3:45.03	39.05	400m:	5:02.12	37.59
56.	Skudlik Magdalena				99	UKS Manta Kochlowice Ruda Slas				5:02.18	469	
	50m:	32.97	32.97	150m:	1:47.52	37.67	250m:	3:05.35	39.16	350m:	4:23.77	38.83
	100m:	1:09.85	36.88	200m:	2:26.19	38.67	300m:	3:44.94	39.59	400m:	5:02.18	38.41
57.	Wawozna Marta				99	Delfin Torun				5:05.83	452	
	50m:	34.68	34.68	150m:	1:51.81	39.09	250m:	3:10.03	38.79	350m:	4:27.95	39.23
	100m:	1:12.72	38.04	200m:	2:31.24	39.43	300m:	3:48.72	38.69	400m:	5:05.83	37.88
58.	Tomialowicz Karolina				99	UKS Kapry Armexim Pruszkow				5:05.86	452	
	50m:	33.55	33.55	150m:	1:47.71	38.03	250m:	3:06.72	39.99	350m:	4:26.64	39.79
	100m:	1:09.68	36.13	200m:	2:26.73	39.02	300m:	3:46.85	40.13	400m:	5:05.86	39.22
59.	Stasik Kinga				99	MKS Neptun Stargard Szczecinsk				5:10.52	432	
	50m:	33.06	33.06	150m:	1:49.35	38.87	250m:	3:09.23	40.56	350m:	4:30.80	41.06
	100m:	1:10.48	37.42	200m:	2:28.67	39.32	300m:	3:49.74	40.51	400m:	5:10.52	39.72
60.	Wielewska Alicja				99	MUKS Pietnastka Bydgoszcz				5:18.83	399	
	50m:	35.62	35.62	150m:	1:56.57	40.53	250m:	3:18.64	41.15	350m:	4:40.05	40.01
	100m:	1:16.04	40.42	200m:	2:37.49	40.92	300m:	4:00.04	41.40	400m:	5:18.83	38.78
61.	Licznierska Martyna				99	MUKS Pietnastka Bydgoszcz				5:32.32	352	
	50m:	35.78	35.78	150m:	1:58.81	41.94	250m:	3:24.45	42.94	350m:	4:50.86	42.74
	100m:	1:16.87	41.09	200m:	2:41.51	42.70	300m:	4:08.12	43.67	400m:	5:32.32	41.46