

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 13 lat  
Gliwice, 20- - 21-3-2014

Konkurencja 7 Dziewcząt, 400m dowolny 13 lat  
2014-03-20 - 15:45 Wyniki

Rekord Polski 13 lat	4:24.58	Anczykowska Joanna	KS Warta Pozna	1991-11-28
Rekord Śląska 13 lat	4:44.08	Sulewska Joanna	Górnik Zabrze	1990-01-01
Top Times "Opolski Okręgowy Związek P4:49.36"		Mycak Katarzyna	00107 Kedzierzyn-Kozle	2011-11-25

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
1.	Wi niewska Oliwia		01	KS"Górnik"Sosnowiec			<b>4:44.42</b>	562	
	50m: 32.11	32.11	150m: 1:43.80	36.25	250m: 2:56.90	35.87	350m: 4:10.44	36.23	
	100m: 1:07.55	35.44	200m: 2:21.03	37.23	300m: 3:34.21	37.31	400m: 4:44.42	33.98	
2.	Musiół Natalia		01	UKS Aligator Gorzyce			<b>4:48.38</b>	540	
	50m: 32.39	32.39	150m: 1:45.79	36.97	250m: 2:59.65	37.00	350m: 4:13.79	37.22	
	100m: 1:08.82	36.43	200m: 2:22.65	36.86	300m: 3:36.57	36.92	400m: 4:48.38	34.59	
3.	Zaborowicz Julia		01	KS"Górnik"Sosnowiec			<b>4:58.89</b>	485	
	50m: 32.47	32.47	150m: 1:46.44	37.51	250m: 3:03.94	39.44	350m: 4:23.73	39.04	
	100m: 1:08.93	36.46	200m: 2:24.50	38.06	300m: 3:44.69	40.75	400m: 4:58.89	35.16	
4.	Sito Maria		01	UKS Aligator Gorzyce			<b>4:59.20</b>	483	
	50m: 34.32	34.32	150m: 1:50.74	38.62	250m: 3:07.03	38.49	350m: 4:23.76	37.64	
	100m: 1:12.12	37.80	200m: 2:28.54	37.80	300m: 3:46.12	39.09	400m: 4:59.20	35.44	
5.	Wagner Monika		01	UKS Salmo ory			<b>5:07.08</b>	447	
	50m: 33.56	33.56	150m: 1:51.86	39.59	250m: 3:11.49	40.07	350m: 4:30.84	39.48	
	100m: 1:12.27	38.71	200m: 2:31.42	39.56	300m: 3:51.36	39.87	400m: 5:07.08	36.24	
6.	Janusz Ewa		01	Galicja Kraków			<b>5:08.30</b>	442	
	50m: 33.59	33.59	150m: 1:49.71	38.97	250m: 3:09.02	39.56	350m: 4:29.22	40.29	
	100m: 1:10.74	37.15	200m: 2:29.46	39.75	300m: 3:48.93	39.91	400m: 5:08.30	39.08	
7.	Ciełar Zuzanna		01	Galicja Kraków			<b>5:08.87</b>	439	
	50m: 34.24	34.24	150m: 1:51.97	39.25	250m: 3:11.78	40.24	350m: 4:31.81	40.02	
	100m: 1:12.72	38.48	200m: 2:31.54	39.57	300m: 3:51.79	40.01	400m: 5:08.87	37.06	
8.	Czornik Julia		01	UKS 54 Delfinek Bytom			<b>5:09.59</b>	436	
	50m: 33.65	33.65	150m: 1:51.11	39.93	250m: 3:10.95	40.10	350m: 4:31.72	40.45	
	100m: 1:11.18	37.53	200m: 2:30.85	39.74	300m: 3:51.27	40.32	400m: 5:09.59	37.87	
9.	Pogorzelska Laura		01	Galicja Kraków			<b>5:09.68</b>	436	
	50m: 33.99	33.99	150m: 1:51.42	39.59	250m: 3:11.22	40.00	350m: 4:31.36	39.64	
	100m: 1:11.83	37.84	200m: 2:31.22	39.80	300m: 3:51.72	40.50	400m: 5:09.68	38.32	
10.	Szebesczyk Hania		01	Uks Junior Kluczbork			<b>5:14.16</b>	417	
	50m: 35.12	35.12	150m: 1:55.12	40.59	250m: 3:16.08	40.76	350m: 4:36.53	40.21	
	100m: 1:14.53	39.41	200m: 2:35.32	40.20	300m: 3:56.32	40.24	400m: 5:14.16	37.63	
11.	Sidwa Zofia		01	Galicja Kraków			<b>5:15.04</b>	414	
	50m: 36.25	36.25	150m: 1:56.10	40.47	250m: 3:16.28	40.42	350m: 4:36.28	39.60	
	100m: 1:15.63	39.38	200m: 2:35.86	39.76	300m: 3:56.68	40.40	400m: 5:15.04	38.76	
12.	Wójcicka Michalina		01	UKS 54 Delfinek Bytom			<b>5:17.79</b>	403	
	50m: 34.73	34.73	150m: 1:55.81	41.21	250m: 3:16.57	40.04	350m: 4:38.12	40.72	
	100m: 1:14.60	39.87	200m: 2:36.53	40.72	300m: 3:57.40	40.83	400m: 5:17.79	39.67	
13.	Gazda Zuzanna		01	CSiR MOS Dębrowa Górnicza			<b>5:20.86</b>	392	
	50m: 36.60	36.60	150m: 1:58.97	41.44	250m: 3:21.62	41.38	350m: 4:43.58	40.68	
	100m: 1:17.53	40.93	200m: 2:40.24	41.27	300m: 4:02.90	41.28	400m: 5:20.86	37.28	
14.	Majewska Weronika		01	UKS MANTA Kochłowice Ruda Śląska			<b>5:20.91</b>	391	
	50m: 36.51	36.51	150m: 1:58.98	41.53	250m: 3:19.86	40.52	350m: 4:42.08	40.98	
	100m: 1:17.45	40.94	200m: 2:39.34	40.36	300m: 4:01.10	41.24	400m: 5:20.91	38.83	
15.	Kempa Anna		01	MMKS Kedzierzyn-Kozle			<b>5:22.30</b>	386	
	50m: 36.77	36.77	150m: 1:59.02	41.67	250m: 3:21.50	41.65	350m: 4:43.60	41.07	
	100m: 1:17.35	40.58	200m: 2:39.85	40.83	300m: 4:02.53	41.03	400m: 5:22.30	38.70	
16.	Staniszewska Maryla		01	Galicja Kraków			<b>5:23.91</b>	381	
	50m: 37.81	37.81	150m: 2:02.55	42.60	250m: 3:26.06	41.13	350m: 4:47.35	40.13	
	100m: 1:19.95	42.14	200m: 2:44.93	42.38	300m: 4:07.22	41.16	400m: 5:23.91	36.56	

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 13 lat  
Gliwice, 20- - 21-3-2014

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	Kaczor Natalia		01	Uks Junior Kluczbork				<b>5:26.57</b>	371
	50m:	36.46 36.46	150m:	1:58.81 41.69	250m:	3:21.44 41.57	350m:	4:45.49 42.36	
	100m:	1:17.12 40.66	200m:	2:39.87 41.06	300m:	4:03.13 41.69	400m:	5:26.57 41.08	
18.	Kokot Wiktoria		01	UMKS "Jedynka Zabrze"				<b>5:26.94</b>	370
	50m:	35.60 35.60	150m:	1:58.07 42.11	250m:	3:22.86 42.60	350m:	4:48.43 42.74	
	100m:	1:15.96 40.36	200m:	2:40.26 42.19	300m:	4:05.69 42.83	400m:	5:26.94 38.51	
19.	Czypionka Anna		01	MOSM Tychy				<b>5:27.90</b>	367
	50m:	36.27 36.27	150m:	1:58.41 41.16	250m:	3:22.10 41.57	350m:	4:46.40 42.26	
	100m:	1:17.25 40.98	200m:	2:40.53 42.12	300m:	4:04.14 42.04	400m:	5:27.90 41.50	
20.	Redzimaska Wiktoria		01	UKS WODNIK Siemianowice I ski				<b>5:36.41</b>	340
	50m:	36.02 36.02	150m:	2:01.97 43.57	250m:	3:28.92 43.25	350m:	4:56.48 43.52	
	100m:	1:18.40 42.38	200m:	2:45.67 43.70	300m:	4:12.96 44.04	400m:	5:36.41 39.93	
21.	Jankowska Katarzyna		01	MMKS K dzierzyn-Ko le				<b>5:36.90</b>	338
	50m:	37.23 37.23	150m:	2:00.60 42.24	250m:	3:27.87 44.10	350m:	4:55.37 44.14	
	100m:	1:18.36 41.13	200m:	2:43.77 43.17	300m:	4:11.23 43.36	400m:	5:36.90 41.53	
22.	Leszczy ska Aleksandra		01	MMKS K dzierzyn-Ko le				<b>5:37.60</b>	336
	50m:	37.72 37.72	150m:	2:02.60 43.23	250m:	3:28.76 43.08	350m:	4:55.97 43.43	
	100m:	1:19.37 41.65	200m:	2:45.68 43.08	300m:	4:12.54 43.78	400m:	5:37.60 41.63	
23.	Pietras Agnieszka		01	MMKS K dzierzyn-Ko le				<b>5:37.91</b>	335
	50m:		150m:	2:02.47 42.70	250m:	3:29.74 44.27	350m:		
	100m:	1:19.77	200m:	2:45.47 43.00	300m:	4:56.79 1:27.05	400m:	5:37.91	
24.	Grychtoł Weronika		01	Ks Piatka Chorzów				<b>5:38.83</b>	332
	50m:	37.95 37.95	150m:	2:02.70 42.92	250m:	3:28.89 43.30	350m:	4:56.89 43.43	
	100m:	1:19.78 41.83	200m:	2:45.59 42.89	300m:	4:13.46 44.57	400m:	5:38.83 41.94	
25.	Gniado Martyna		01	UKS Aquatica Pawłowice				<b>5:38.96</b>	332
	50m:	38.33 38.33	150m:	2:03.32 42.59	250m:	3:30.45 43.58	350m:	4:58.24 43.21	
	100m:	1:20.73 42.40	200m:	2:46.87 43.55	300m:	4:15.03 44.58	400m:	5:38.96 40.72	
26.	Kaba ska Nicol		01	CSiR MOS D browa Górnicza				<b>5:39.02</b>	332
	50m:	38.75 38.75	150m:	2:03.39 42.44	250m:	3:30.20 43.18	350m:	4:57.68 43.70	
	100m:	1:20.95 42.20	200m:	2:47.02 43.63	300m:	4:13.98 43.78	400m:	5:39.02 41.34	
27.	Szlachta Weronika		01	Klub Olimpijczyka MOSiR Mysłów				<b>5:39.24</b>	331
	50m:	37.02 37.02	150m:	2:05.06 44.24	250m:	3:33.27 43.87	350m:	4:58.48 41.93	
	100m:	1:20.82 43.80	200m:	2:49.40 44.34	300m:	4:16.55 43.28	400m:	5:39.24 40.76	
28.	Dwornik Julia		01	SiKReT Gliwice				<b>5:41.55</b>	325
	50m:	38.23 38.23	150m:	2:04.79 43.35	250m:	3:32.90 44.03	350m:	5:00.28 43.94	
	100m:	1:21.44 43.21	200m:	2:48.87 44.08	300m:	4:16.34 43.44	400m:	5:41.55 41.27	
29.	Denisiewicz Natalia		01	Uczniowski Klub Sportowy 5 Plu				<b>5:41.84</b>	324
	50m:	36.66 36.66	150m:	2:03.11 43.69	250m:	3:32.36 44.75	350m:	5:00.79 44.96	
	100m:	1:19.42 42.76	200m:	2:47.61 44.50	300m:	4:15.83 43.47	400m:	5:41.84 41.05	
30.	Bigos Dominika		01	UKS 54 Delfinek Bytom				<b>5:44.02</b>	318
	50m:	39.33 39.33	150m:	2:08.54 44.83	250m:	3:36.57 44.11	350m:	5:04.35 43.47	
	100m:	1:23.71 44.38	200m:	2:52.46 43.92	300m:	4:20.88 44.31	400m:	5:44.02 39.67	
31.	Sosnowska Milena		01	SiKReT Gliwice				<b>5:46.44</b>	311
	50m:	37.00 37.00	150m:	2:04.44 44.68	250m:	3:33.03 44.06	350m:	5:02.54 44.61	
	100m:	1:19.76 42.76	200m:	2:48.97 44.53	300m:	4:17.93 44.90	400m:	5:46.44 43.90	
32.	D bieć Karolina		01	Galicja Kraków				<b>5:46.46</b>	311
	50m:	37.80 37.80	150m:	2:06.12 44.75	250m:	3:35.53 44.64	350m:	5:05.12 45.29	
	100m:	1:21.37 43.57	200m:	2:50.89 44.77	300m:	4:19.83 44.30	400m:	5:46.46 41.34	
33.	Fijołek Aleksandra		01	MOSM Tychy				<b>5:46.50</b>	311
	50m:	37.46 37.46	150m:	2:05.26 44.43	250m:	3:35.59 45.26	350m:	5:05.98 45.06	
	100m:	1:20.83 43.37	200m:	2:50.33 45.07	300m:	4:20.92 45.33	400m:	5:46.50 40.52	
34.	Słowikowska Agnieszka		01	Unia Racibórz				<b>5:47.95</b>	307
	50m:	38.03 38.03	150m:	2:06.88 45.31	250m:	3:37.37 45.34	350m:	5:08.07 45.32	
	100m:	1:21.57 43.54	200m:	2:52.03 45.15	300m:	4:22.75 45.38	400m:	5:47.95 39.88	

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 13 lat  
Gliwice, 20- - 21-3-2014

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
35.	Kaletka Karolina		01	Tkkf Szczygłowice				<b>5:50.69</b>	300			
	50m:	38.52	38.52	150m:	2:06.68	44.81	250m:	3:38.54	46.18	350m:	5:09.58	45.44
	100m:	1:21.87	43.35	200m:	2:52.36	45.68	300m:	4:24.14	45.60	400m:	5:50.69	41.11
36.	Gabry Laura		01	SiKReT Gliwice				<b>5:51.29</b>	298			
	50m:	39.21	39.21	150m:	2:07.01	44.09	250m:	3:37.27	45.05	350m:	5:07.64	44.97
	100m:	1:22.92	43.71	200m:	2:52.22	45.21	300m:	4:22.67	45.40	400m:	5:51.29	43.65
37.	Lu yna Alicja		01	UKS Salmo ory				<b>5:51.85</b>	297			
	50m:	38.51	38.51	150m:			250m:	3:41.03	46.21	350m:		
	100m:	1:23.81	45.30	200m:	2:54.82		300m:			400m:	5:51.85	
38.	Laskowska Katarzyna		01	Galicja Kraków				<b>5:52.87</b>	294			
	50m:	37.67	37.67	150m:	2:06.50	45.62	250m:	3:38.90	46.40	350m:	5:10.80	46.41
	100m:	1:20.88	43.21	200m:	2:52.50	46.00	300m:	4:24.39	45.49	400m:	5:52.87	42.07
39.	Miler Maria		01	UKS Aquatica Pawłowice				<b>5:55.40</b>	288			
	50m:	37.71	37.71	150m:	2:07.34	45.09	250m:	3:39.66	45.71	350m:	5:12.12	46.15
	100m:	1:22.25	44.54	200m:	2:53.95	46.61	300m:	4:25.97	46.31	400m:	5:55.40	43.28
40.	K pa Julia		01	Galicja Kraków				<b>5:56.25</b>	286			
	50m:	39.24	39.24	150m:	2:11.13	46.61	250m:	3:43.80	45.25	350m:	5:14.12	43.72
	100m:	1:24.52	45.28	200m:	2:58.55	47.42	300m:	4:30.40	46.60	400m:	5:56.25	42.13
41.	Ma dok Klaudia		01	Nowy KP Bielsko-Biała				<b>5:57.18</b>	284			
	50m:	38.08	38.08	150m:	2:09.10	46.04	250m:	3:40.79	45.95	350m:	5:13.43	46.76
	100m:	1:23.06	44.98	200m:	2:54.84	45.74	300m:	4:26.67	45.88	400m:	5:57.18	43.75
42.	Zimek Martyna		01	Ks Piatka Chorzów				<b>5:59.47</b>	278			
	50m:	38.87	38.87	150m:	2:08.94	45.84	250m:	3:42.51	46.92	350m:	5:15.84	46.33
	100m:	1:23.10	44.23	200m:	2:55.59	46.65	300m:	4:29.51	47.00	400m:	5:59.47	43.63
43.	Sieja Oliwia		01	MOSM Tychy				<b>5:59.49</b>	278			
	50m:	39.44	39.44	150m:	2:12.34	47.60	250m:	3:45.73	46.60	350m:	5:16.80	45.28
	100m:	1:24.74	45.30	200m:	2:59.13	46.79	300m:	4:31.52	45.79	400m:	5:59.49	42.69
44.	Spru Marta		01	MKS Park Wodny Tarnowskie Góry				<b>5:59.64</b>	278			
	50m:	41.52	41.52	150m:	2:11.53	45.94	250m:	3:43.02	45.27	350m:	5:14.87	46.07
	100m:	1:25.59	44.07	200m:	2:57.75	46.22	300m:	4:28.80	45.78	400m:	5:59.64	44.77
45.	Lisowska Alicja		01	MMKS K dzierzyn-Ko le				<b>6:04.79</b>	266			
	50m:	40.29	40.29	150m:	2:11.22	46.10	250m:	3:44.83	46.83	350m:	5:19.57	48.26
	100m:	1:25.12	44.83	200m:	2:58.00	46.78	300m:	4:31.31	46.48	400m:	6:04.79	45.22
46.	Dudek Dominika		01	UKS WODNIK Siemianowice l ski				<b>6:05.46</b>	265			
	50m:	43.13	43.13	150m:	2:18.12	48.11	250m:	3:52.50	47.39	350m:	5:24.48	45.42
	100m:	1:30.01	46.88	200m:	3:05.11	46.99	300m:	4:39.06	46.56	400m:	6:05.46	40.98
47.	Gwizdała Marta		01	Nowy KP Bielsko-Biała				<b>6:08.92</b>	257			
	50m:	40.43	40.43	150m:	2:14.85	48.01	250m:	3:51.30	47.93	350m:	5:26.15	47.19
	100m:	1:26.84	46.41	200m:	3:03.37	48.52	300m:	4:38.96	47.66	400m:	6:08.92	42.77
48.	Grabowik Agata		01	MKS Park Wodny Tarnowskie Góry				<b>6:11.50</b>	252			
	50m:	41.19	41.19	150m:	2:14.19	47.18	250m:	3:50.48	47.96	350m:	5:25.32	45.80
	100m:	1:27.01	45.82	200m:	3:02.52	48.33	300m:	4:39.52	49.04	400m:	6:11.50	46.18
49.	Andrusyszyn Małgorzata		01	MMKS K dzierzyn-Ko le				<b>6:12.23</b>	251			
	50m:	38.52	38.52	150m:	2:09.67		250m:			350m:	5:26.41	
	100m:			200m:	2:57.29	47.62	300m:			400m:	6:12.23	45.82
50.	Pytlasi ska Weronika		01	UMKS "Jedynka Zabrze"				<b>6:16.79</b>	242			
	50m:	39.19	39.19	150m:	2:10.40	47.07	250m:	3:48.36	49.42	350m:	5:27.56	49.04
	100m:	1:23.33	44.14	200m:	2:58.94	48.54	300m:	4:38.52	50.16	400m:	6:16.79	49.23
51.	Kopania Adrianna		01	MMKS K dzierzyn-Ko le				<b>6:22.95</b>	230			
	50m:	39.85	39.85	150m:	2:15.41	48.97	250m:	3:55.54	50.33	350m:	5:35.60	49.62
	100m:	1:26.44	46.59	200m:	3:05.21	49.80	300m:	4:45.98	50.44	400m:	6:22.95	47.35
52.	Lepczy ska Natalia		01	Nowy KP Bielsko-Biała				<b>6:33.91</b>	211			
	50m:	42.50	42.50	150m:	2:21.55	50.80	250m:	4:03.70	51.52	350m:	5:48.04	52.15
	100m:	1:30.75	48.25	200m:	3:12.18	50.63	300m:	4:55.89	52.19	400m:	6:33.91	45.87

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 13 lat  
Gliwice, 20- - 21-3-2014

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Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja									Rok ur.									Czas	Pkt.
53.	Machura Małgorzata								01	MKS Park Wodny Tarnowskie Góry								<b>6:47.41</b>	191
	50m:	41.02	41.02	150m:	2:21.32	51.57	250m:	4:07.56	52.79	350m:	5:55.60	53.37							
	100m:	1:29.75	48.73	200m:	3:14.77	53.45	300m:	5:02.23	54.67	400m:	6:47.41	51.81							
54.	Biskup Anna								01	UMKS "Jedynka Zabrze"								<b>6:53.20</b>	183
	50m:	43.53	43.53	150m:	2:25.48	51.13	250m:	4:13.50	55.15	350m:	6:02.35	53.17							
	100m:	1:34.35	50.82	200m:	3:18.35	52.87	300m:	5:09.18	55.68	400m:	6:53.20	50.85							