

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 17- - 18-6-2014

Konkurencja 13  
2014-06-17 - 18:00

Mężczyzn, 400m zmienny

Open  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.			
<b>14 lat</b>												
1.	Kapias Michał		00	SiKReT Gliwice				<b>5:01.64</b>	528			
	50m:	32.66	32.66	150m:	1:49.37	37.95	250m:	3:10.55	42.81	350m:	4:29.09	34.72
	100m:	1:11.42	38.76	200m:	2:27.74	38.37	300m:	3:54.37	43.82	400m:	5:01.64	32.55
2.	Twardzik Bartosz		00	SiKReT Gliwice				<b>5:09.55</b>	488			
	50m:	32.52	32.52	150m:	1:50.29	39.17	250m:	3:13.67	44.99	350m:	4:34.08	35.93
	100m:	1:11.12	38.60	200m:	2:28.68	38.39	300m:	3:58.15	44.48	400m:	5:09.55	35.47
3.	Walczysko Jakub		00	CSiR MOS D browa Górnicza				<b>5:10.91</b>	482			
	50m:	33.08	33.08	150m:	1:52.66	40.70	250m:	3:14.86	41.95	350m:	4:35.61	36.53
	100m:	1:11.96	38.88	200m:	2:32.91	40.25	300m:	3:59.08	44.22	400m:	5:10.91	35.30
4.	D browski Daniel		00	Ukp Ruda I ska				<b>5:27.10</b>	414			
	50m:	34.96	34.96	150m:	1:59.18	41.80	250m:	3:24.84	44.86	350m:	4:50.22	39.36
	100m:	1:17.38	42.42	200m:	2:39.98	40.80	300m:	4:10.86	46.02	400m:	5:27.10	36.88
5.	Szynawa Oskar		00	UKS WODNIK Siemianowice I ski				<b>5:28.55</b>	408			
	50m:	36.14	36.14	150m:	2:04.42	44.10	250m:	3:29.98	42.31	350m:	4:52.62	38.39
	100m:	1:20.32	44.18	200m:	2:47.67	43.25	300m:	4:14.23	44.25	400m:	5:28.55	35.93
6.	Latusek Szymon		00	Muks Gilus Gilowice				<b>5:45.03</b>	352			
	50m:	34.57	34.57	150m:	2:00.83	45.68	250m:	3:35.91	49.82	350m:	5:05.71	40.42
	100m:	1:15.15	40.58	200m:	2:46.09	45.26	300m:	4:25.29	49.38	400m:	5:45.03	39.32
7.	Beberok Filip		00	Nowy KP Bielsko-Biała				<b>5:59.36</b>	312			
	50m:	36.82	36.82	150m:	2:13.29	48.25	250m:	3:49.54	49.07	350m:	5:22.39	41.20
	100m:	1:25.04	48.22	200m:	3:00.47	47.18	300m:	4:41.19	51.65	400m:	5:59.36	36.97
8.	Majchrewicz Patrycjusz		00	KS Pi tka Chorzów				<b>6:13.79</b>	277			
	50m:	36.79	36.79	150m:	2:13.88	49.40	250m:	3:52.40	49.74	350m:	5:27.79	44.68
	100m:	1:24.48	47.69	200m:	3:02.66	48.78	300m:	4:43.11	50.71	400m:	6:13.79	46.00
<b>15 lat</b>												
1.	Sumara Beniamin		99	CSiR MOS D browa Górnicza				<b>4:53.97</b>	570			
	50m:	30.42	30.42	150m:	1:45.46	39.56	250m:	3:05.61	41.70	350m:	4:21.69	33.47
	100m:	1:05.90	35.48	200m:	2:23.91	38.45	300m:	3:48.22	42.61	400m:	4:53.97	32.28
2.	Blachura Patryk SO		99	Ulks Victoria Kozy				<b>4:59.96</b>	537			
	50m:	31.44	31.44	150m:	1:46.04	38.11	250m:	3:08.44	44.29	350m:	4:27.29	34.33
	100m:	1:07.93	36.49	200m:	2:24.15	38.11	300m:	3:52.96	44.52	400m:	4:59.96	32.67
3.	Mura ski Kacper		99	Muks Gilus Gilowice				<b>5:08.20</b>	495			
	50m:	31.23	31.23	150m:	1:48.94	40.50	250m:	3:13.90	44.89	350m:	4:34.72	35.79
	100m:	1:08.44	37.21	200m:	2:29.01	40.07	300m:	3:58.93	45.03	400m:	5:08.20	33.48
4.	Łapot Radosław		99	Mks Mos Katowice				<b>5:10.64</b>	483			
	50m:	31.00	31.00	150m:	1:50.33	41.11	250m:	3:14.55	43.37	350m:	4:35.05	36.95
	100m:	1:09.22	38.22	200m:	2:31.18	40.85	300m:	3:58.10	43.55	400m:	5:10.64	35.59
5.	Zaj c Dariusz		99	Górnik Radlin				<b>5:43.36</b>	358			
	50m:	37.12	37.12	150m:	2:05.37	45.86	250m:	3:36.68	46.33	350m:	5:03.83	39.73
	100m:	1:19.51	42.39	200m:	2:50.35	44.98	300m:	4:24.10	47.42	400m:	5:43.36	39.53
<b>16 - 18 lat</b>												
1.	Sodel Dominik		97	AZS AWF Katowice				<b>4:50.18</b>	593			
	50m:	30.96	30.96	150m:	1:46.22	39.10	250m:	3:04.32	40.95	350m:	4:18.97	32.79
	100m:	1:07.12	36.16	200m:	2:23.37	37.15	300m:	3:46.18	41.86	400m:	4:50.18	31.21
2.	Wawryca Szymon SR		98	MKS-SMS Victoria Racibórz				<b>5:01.75</b>	527			
	50m:	30.85	30.85	150m:	1:50.12	41.52	250m:	3:10.55	39.75	350m:	4:27.70	35.82
	100m:	1:08.60	37.75	200m:	2:30.80	40.68	300m:	3:51.88	41.33	400m:	5:01.75	34.05

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 17- - 18-6-2014

Konkurencja 13, Chłopców, 400m zmienny, 16 - 18 lat

Pozycja			Rok ur.							Czas	Pkt.	
3.	Marek Marcin		98	Górnik Radlin						<b>5:02.29</b>	524	
	50m:	30.87	30.87	150m:	1:49.27	40.73	250m:	3:09.14	40.48	350m:	4:27.24	36.82
	100m:	1:08.54	37.67	200m:	2:28.66	39.39	300m:	3:50.42	41.28	400m:	5:02.29	35.05
4.	Lesik Radosław SR		98	MKS-SMS Victoria Racibórz						<b>5:14.56</b>	465	
	50m:	31.75	31.75	150m:	1:53.23	41.23	250m:	3:17.50	42.55	350m:	4:38.94	37.34
	100m:	1:12.00	40.25	200m:	2:34.95	41.72	300m:	4:01.60	44.10	400m:	5:14.56	35.62
5.	Sikora Tomasz		98	Klub Olimpijczyka MOSiR Mysłów						<b>5:43.07</b>	359	
	50m:	33.73	33.73	150m:	2:03.62	46.21	250m:	3:37.05	49.24	350m:	5:05.68	39.11
	100m:	1:17.41	43.68	200m:	2:47.81	44.19	300m:	4:26.57	49.52	400m:	5:43.07	37.39
6.	Duda Michał		98	Ukp Ruda Gliwska						<b>5:50.08</b>	337	
	50m:	31.46	31.46	150m:	1:58.90	49.01	250m:	3:36.45	49.39	350m:	5:09.92	42.60
	100m:	1:09.89	38.43	200m:	2:47.06	48.16	300m:	4:27.32	50.87	400m:	5:50.08	40.16

Open

1.	Machnik Mikołaj		93	AZS AWF Katowice						<b>4:46.04</b>	619	
	50m:	29.52	29.52	150m:	1:44.80	39.13	250m:	3:00.81	37.66	350m:	4:13.49	34.20
	100m:	1:05.67	36.15	200m:	2:23.15	38.35	300m:	3:39.29	38.48	400m:	4:46.04	32.55
2.	Sodel Dominik		97	AZS AWF Katowice						<b>4:50.18</b>	593	
	50m:	30.96	30.96	150m:	1:46.22	39.10	250m:	3:04.32	40.95	350m:	4:18.97	32.79
	100m:	1:07.12	36.16	200m:	2:23.37	37.15	300m:	3:46.18	41.86	400m:	4:50.18	31.21
3.	Sumara Beniamin		99	CSiR MOS D browa Górnicza						<b>4:53.97</b>	570	
	50m:	30.42	30.42	150m:	1:45.46	39.56	250m:	3:05.61	41.70	350m:	4:21.69	33.47
	100m:	1:05.90	35.48	200m:	2:23.91	38.45	300m:	3:48.22	42.61	400m:	4:53.97	32.28
4.	Blachura Patryk SO		99	Ulks Victoria Kozy						<b>4:59.96</b>	537	
	50m:	31.44	31.44	150m:	1:46.04	38.11	250m:	3:08.44	44.29	350m:	4:27.29	34.33
	100m:	1:07.93	36.49	200m:	2:24.15	38.11	300m:	3:52.96	44.52	400m:	4:59.96	32.67
5.	Kapias Michał		00	SiKReT Gliwice						<b>5:01.64</b>	528	
	50m:	32.66	32.66	150m:	1:49.37	37.95	250m:	3:10.55	42.81	350m:	4:29.09	34.72
	100m:	1:11.42	38.76	200m:	2:27.74	38.37	300m:	3:54.37	43.82	400m:	5:01.64	32.55
6.	Wawryca Szymon SR		98	MKS-SMS Victoria Racibórz						<b>5:01.75</b>	527	
	50m:	30.85	30.85	150m:	1:50.12	41.52	250m:	3:10.55	39.75	350m:	4:27.70	35.82
	100m:	1:08.60	37.75	200m:	2:30.80	40.68	300m:	3:51.88	41.33	400m:	5:01.75	34.05
7.	Marek Marcin		98	Górnik Radlin						<b>5:02.29</b>	524	
	50m:	30.87	30.87	150m:	1:49.27	40.73	250m:	3:09.14	40.48	350m:	4:27.24	36.82
	100m:	1:08.54	37.67	200m:	2:28.66	39.39	300m:	3:50.42	41.28	400m:	5:02.29	35.05
8.	Mura ski Kacper		99	Muks Gilus Gilowice						<b>5:08.20</b>	495	
	50m:	31.23	31.23	150m:	1:48.94	40.50	250m:	3:13.90	44.89	350m:	4:34.72	35.79
	100m:	1:08.44	37.21	200m:	2:29.01	40.07	300m:	3:58.93	45.03	400m:	5:08.20	33.48
9.	Twardzik Bartosz		00	SiKReT Gliwice						<b>5:09.55</b>	488	
	50m:	32.52	32.52	150m:	1:50.29	39.17	250m:	3:13.67	44.99	350m:	4:34.08	35.93
	100m:	1:11.12	38.60	200m:	2:28.68	38.39	300m:	3:58.15	44.48	400m:	5:09.55	35.47
10.	Łapot Radosław		99	Mks Mos Katowice						<b>5:10.64</b>	483	
	50m:	31.00	31.00	150m:	1:50.33	41.11	250m:	3:14.55	43.37	350m:	4:35.05	36.95
	100m:	1:09.22	38.22	200m:	2:31.18	40.85	300m:	3:58.10	43.55	400m:	5:10.64	35.59
11.	Walczysko Jakub		00	CSiR MOS D browa Górnicza						<b>5:10.91</b>	482	
	50m:	33.08	33.08	150m:	1:52.66	40.70	250m:	3:14.86	41.95	350m:	4:35.61	36.53
	100m:	1:11.96	38.88	200m:	2:32.91	40.25	300m:	3:59.08	44.22	400m:	5:10.91	35.30
12.	Lesik Radosław SR		98	MKS-SMS Victoria Racibórz						<b>5:14.56</b>	465	
	50m:	31.75	31.75	150m:	1:53.23	41.23	250m:	3:17.50	42.55	350m:	4:38.94	37.34
	100m:	1:12.00	40.25	200m:	2:34.95	41.72	300m:	4:01.60	44.10	400m:	5:14.56	35.62
13.	D browski Daniel		00	Ukp Ruda Gliwska						<b>5:27.10</b>	414	
	50m:	34.96	34.96	150m:	1:59.18	41.80	250m:	3:24.84	44.86	350m:	4:50.22	39.36
	100m:	1:17.38	42.42	200m:	2:39.98	40.80	300m:	4:10.86	46.02	400m:	5:27.10	36.88

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 17- - 18-6-2014

Konkurencja 13, Mężczyźni, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.			
14.	Szynawa Oskar		00	UKS WODNIK Siemianowice Gliwickie				<b>5:28.55</b>	408			
	50m:	36.14	36.14	150m:	2:04.42	44.10	250m:	3:29.98	42.31	350m:	4:52.62	38.39
	100m:	1:20.32	44.18	200m:	2:47.67	43.25	300m:	4:14.23	44.25	400m:	5:28.55	35.93
15.	Sikora Tomasz		98	Klub Olimpijczyka MOSiR Mysłów				<b>5:43.07</b>	359			
	50m:	33.73	33.73	150m:	2:03.62	46.21	250m:	3:37.05	49.24	350m:	5:05.68	39.11
	100m:	1:17.41	43.68	200m:	2:47.81	44.19	300m:	4:26.57	49.52	400m:	5:43.07	37.39
16.	Zajac Dariusz		99	Górnik Radlin				<b>5:43.36</b>	358			
	50m:	37.12	37.12	150m:	2:05.37	45.86	250m:	3:36.68	46.33	350m:	5:03.83	39.73
	100m:	1:19.51	42.39	200m:	2:50.35	44.98	300m:	4:24.10	47.42	400m:	5:43.36	39.53
17.	Latusek Szymon		00	Muks Gilus Gilowice				<b>5:45.03</b>	352			
	50m:	34.57	34.57	150m:	2:00.83	45.68	250m:	3:35.91	49.82	350m:	5:05.71	40.42
	100m:	1:15.15	40.58	200m:	2:46.09	45.26	300m:	4:25.29	49.38	400m:	5:45.03	39.32
18.	Duda Michał		98	Ukp Ruda Gliwicka				<b>5:50.08</b>	337			
	50m:	31.46	31.46	150m:	1:58.90	49.01	250m:	3:36.45	49.39	350m:	5:09.92	42.60
	100m:	1:09.89	38.43	200m:	2:47.06	48.16	300m:	4:27.32	50.87	400m:	5:50.08	40.16
19.	Michalski Wojciech		01	Muks Gilus Gilowice				<b>5:57.72</b>	316			
	50m:	39.05	39.05	150m:	2:14.35	47.29	250m:	3:50.20	51.52	350m:	5:21.11	38.89
	100m:	1:27.06	48.01	200m:	2:58.68	44.33	300m:	4:42.22	52.02	400m:	5:57.72	36.61
20.	Beberok Filip		00	Nowy KP Bielsko-Biała				<b>5:59.36</b>	312			
	50m:	36.82	36.82	150m:	2:13.29	48.25	250m:	3:49.54	49.07	350m:	5:22.39	41.20
	100m:	1:25.04	48.22	200m:	3:00.47	47.18	300m:	4:41.19	51.65	400m:	5:59.36	36.97
21.	Majchrewicz Patrycjusz		00	KS Piłkarstwa Chorzów				<b>6:13.79</b>	277			
	50m:	36.79	36.79	150m:	2:13.88	49.40	250m:	3:52.40	49.74	350m:	5:27.79	44.68
	100m:	1:24.48	47.69	200m:	3:02.66	48.78	300m:	4:43.11	50.71	400m:	6:13.79	46.00