

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 17- - 18-6-2014

Konkurencja 21  
2014-06-18 - 11:00

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.			
<b>14 lat</b>												
1.	Bronek Martyna		00	UKS Aligator Gorzyce				<b>4:44.77</b>	592			
	50m:	31.10	31.10	150m:	1:42.37	36.05	250m:	2:56.08	36.85	350m:	4:09.69	36.29
	100m:	1:06.32	35.22	200m:	2:19.23	36.86	300m:	3:33.40	37.32	400m:	4:44.77	35.08
2.	Jeowska Kamila		00	CSiR MOS D browa Górnicza				<b>4:58.08</b>	516			
	50m:	33.49	33.49	150m:	1:49.56	37.98	250m:	3:05.19	37.76	350m:	4:21.58	38.13
	100m:	1:11.58	38.09	200m:	2:27.43	37.87	300m:	3:43.45	38.26	400m:	4:58.08	36.50
3.	Iycka Marta		00	UKS WODNIK Siemianowice				<b>5:00.54</b>	503			
	50m:	35.29	35.29	150m:	1:52.21	38.59	250m:	3:09.26	38.06	350m:	4:24.91	37.51
	100m:	1:13.62	38.33	200m:	2:31.20	38.99	300m:	3:47.40	38.14	400m:	5:00.54	35.63
4.	Mdrela Marta		00	Ukp Ruda I ska				<b>5:05.73</b>	478			
	50m:	33.96	33.96	150m:	1:52.92	39.68	250m:	3:11.66	39.42	350m:	4:29.92	38.27
	100m:	1:13.24	39.28	200m:	2:32.24	39.32	300m:	3:51.65	39.99	400m:	5:05.73	35.81
5.	Szuster Aleksandra		00	KS Pi tka Chorzów				<b>5:07.64</b>	469			
	50m:	33.40	33.40	150m:	1:51.64	39.48	250m:	3:11.81	40.21	350m:	4:30.67	39.53
	100m:	1:12.16	38.76	200m:	2:31.60	39.96	300m:	3:51.14	39.33	400m:	5:07.64	36.97
6.	Kustra Julita		00	Klub Sportowy MarioSport				<b>5:12.71</b>	447			
	50m:	35.47	35.47	150m:	1:53.67	39.87	250m:	3:14.43	40.27	350m:	4:35.24	40.25
	100m:	1:13.80	38.33	200m:	2:34.16	40.49	300m:	3:54.99	40.56	400m:	5:12.71	37.47
7.	Gajtkowska Zuzanna		00	UKS Aligator Gorzyce				<b>5:13.19</b>	445			
	50m:	35.58	35.58	150m:	1:55.48	40.19	250m:	3:15.96	40.12	350m:	4:35.53	39.38
	100m:	1:15.29	39.71	200m:	2:35.84	40.36	300m:	3:56.15	40.19	400m:	5:13.19	37.66
8.	Pieczka Martyna		00	UKS Aligator Gorzyce				<b>5:16.42</b>	431			
	50m:	36.31	36.31	150m:	1:56.35	40.26	250m:	3:17.15	40.82	350m:	4:38.17	40.04
	100m:	1:16.09	39.78	200m:	2:36.33	39.98	300m:	3:58.13	40.98	400m:	5:16.42	38.25
9.	Zawadzka Anna		00	Klub Olimpijczyka MOSiR Mysłów				<b>5:17.52</b>	427			
	50m:	35.71	35.71	150m:	1:55.04	40.06	250m:	3:18.11	41.01	350m:	4:41.41	40.71
	100m:	1:14.98	39.27	200m:	2:37.10	42.06	300m:	4:00.70	42.59	400m:	5:17.52	36.11
10.	Bohdanowicz Emilia		00	CSiR MOS D browa Górnicza				<b>5:24.48</b>	400			
	50m:	38.44	38.44	150m:	2:02.11	41.74	250m:	3:25.98	41.84	350m:	4:46.24	38.76
	100m:	1:20.37	41.93	200m:	2:44.14	42.03	300m:	4:07.48	41.50	400m:	5:24.48	38.24
11.	Kału ny Weronika		00	Klub Olimpijczyka MOSiR Mysłów				<b>5:32.49</b>	372			
	50m:	34.28	34.28	150m:	1:57.55		250m:	3:24.37	42.96	350m:	4:52.45	43.94
	100m:			200m:	2:41.41	43.86	300m:	4:08.51	44.14	400m:	5:32.49	40.04
12.	Knap Zuzanna		00	UKS WODNIK Siemianowice				<b>5:49.30</b>	320			
	50m:	39.10	39.10	150m:	2:09.02	45.40	250m:	3:40.28	46.05	350m:	5:08.72	43.68
	100m:	1:23.62	44.52	200m:	2:54.23	45.21	300m:	4:25.04	44.76	400m:	5:49.30	40.58
13.	Dobrowolska Marta		00	Nowy KP Bielsko-Biała				<b>5:50.59</b>	317			
	50m:	38.66	38.66	150m:	2:08.95	44.79	250m:	3:39.82	45.32	350m:	5:09.17	43.48
	100m:	1:24.16	45.50	200m:	2:54.50	45.55	300m:	4:25.69	45.87	400m:	5:50.59	41.42
14.	Wochnik Nicole		00	UKS WODNIK Siemianowice				<b>6:25.66</b>	238			
	50m:	40.95	40.95	150m:	2:19.36	49.74	250m:	4:00.26	50.43	350m:	5:40.30	49.97
	100m:	1:29.62	48.67	200m:	3:09.83	50.47	300m:	4:50.33	50.07	400m:	6:25.66	45.36
<b>15 lat</b>												
1.	Adamczyk Agata		99	UKS Aligator Gorzyce				<b>4:49.56</b>	563			
	50m:	33.88	33.88	150m:	1:48.70	37.65	250m:	3:02.66	36.80	350m:	4:15.38	36.01
	100m:	1:11.05	37.17	200m:	2:25.86	37.16	300m:	3:39.37	36.71	400m:	4:49.56	34.18
2.	Janecka Zuzanna		99	CSiR MOS D browa Górnicza				<b>4:52.07</b>	548			
	50m:	32.72	32.72	150m:	1:46.22	37.05	250m:	3:01.55	37.63	350m:	4:16.08	36.82
	100m:	1:09.17	36.45	200m:	2:23.92	37.70	300m:	3:39.26	37.71	400m:	4:52.07	35.99

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 17- - 18-6-2014

Konkurencja 21, Dziewcz t, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	wi tek Zuzanna		99	Unia Racibórz				<b>4:56.51</b>	524
	50m:	35.03 35.03	150m:	1:49.84 38.32	250m:	3:05.21 38.07	350m:	4:20.82 37.84	
	100m:	1:11.52 36.49	200m:	2:27.14 37.30	300m:	3:42.98 37.77	400m:	4:56.51 35.69	
4.	Wałek Julia		99	MKS ZRYW Opole				<b>4:59.06</b>	511
	50m:	33.56 33.56	150m:	1:49.70 38.57	250m:	3:06.64 38.44	350m:	4:22.97 38.25	
	100m:	1:11.13 37.57	200m:	2:28.20 38.50	300m:	3:44.72 38.08	400m:	4:59.06 36.09	
5.	Noworzyn Wiktoria		99	CSiR MOS D browa Górnicza				<b>5:00.49</b>	504
	50m:	34.53 34.53	150m:	1:51.28 38.90	250m:	3:09.13 38.96	350m:	4:25.10 37.62	
	100m:	1:12.38 37.85	200m:	2:30.17 38.89	300m:	3:47.48 38.35	400m:	5:00.49 35.39	
6.	Cierpka Marta		99	KS Pi tka Chorzów				<b>5:17.86</b>	425
	50m:	35.43 35.43	150m:	1:55.83 40.31	250m:	3:17.48 40.79	350m:	4:39.84 40.81	
	100m:	1:15.52 40.09	200m:	2:36.69 40.86	300m:	3:59.03 41.55	400m:	5:17.86 38.02	
7.	Fuks Gabriela		99	Muks Gilus Gilowice				<b>5:22.12</b>	409
	50m:	37.33 37.33	150m:	1:59.20 41.39	250m:	3:21.11 40.89	350m:	4:42.91 40.98	
	100m:	1:17.81 40.48	200m:	2:40.22 41.02	300m:	4:01.93 40.82	400m:	5:22.12 39.21	
8.	Wróbel Małgorzata		99	KS Pi tka Chorzów				<b>5:50.27</b>	318
	50m:	39.36 39.36	150m:	2:10.65 45.97	250m:	3:41.26 45.08	350m:	5:09.37 43.60	
	100m:	1:24.68 45.32	200m:	2:56.18 45.53	300m:	4:25.77 44.51	400m:	5:50.27 40.90	

16 - 18 lat

1.	arłok Martyna		97	Górnik Radlin				<b>4:38.59</b>	632
	50m:	31.39 31.39	150m:	1:41.87 35.32	250m:	2:52.74 35.15	350m:	4:04.27 35.85	
	100m:	1:06.55 35.16	200m:	2:17.59 35.72	300m:	3:28.42 35.68	400m:	4:38.59 34.32	
2.	Tomala Aleksandra		97	MKS ZRYW Opole				<b>4:45.91</b>	585
	50m:	32.42 32.42	150m:	1:44.81 36.22	250m:	2:58.26 36.43	350m:	4:11.14 35.81	
	100m:	1:08.59 36.17	200m:	2:21.83 37.02	300m:	3:35.33 37.07	400m:	4:45.91 34.77	
3.	Buda Karolina		97	CSiR MOS D browa Górnicza				<b>4:49.01</b>	566
	50m:	31.99 31.99	150m:	1:44.18 36.62	250m:	2:58.60 37.06	350m:	4:13.23 37.04	
	100m:	1:07.56 35.57	200m:	2:21.54 37.36	300m:	3:36.19 37.59	400m:	4:49.01 35.78	
4.	Faruzel Matylda		98	MTP Delfin Cieszyn				<b>5:19.31</b>	420
	50m:	34.99 34.99	150m:	1:55.93 40.83	250m:	3:18.70 41.02	350m:	4:40.91 40.74	
	100m:	1:15.10 40.11	200m:	2:37.68 41.75	300m:	4:00.17 41.47	400m:	5:19.31 38.40	
5.	Turza Patrycja		98	KS"Górnik" Sosnowiec				<b>5:22.69</b>	407
	50m:	35.19 35.19	150m:	1:58.10 42.34	250m:	3:22.67 42.24	350m:	4:45.96 40.97	
	100m:	1:15.76 40.57	200m:	2:40.43 42.33	300m:	4:04.99 42.32	400m:	5:22.69 36.73	
6.	Olszowska Aleksandra		97	Nowy KP Bielsko-Biała				<b>5:39.45</b>	349
	50m:	37.07 37.07	150m:	2:04.59 44.75	250m:	3:33.90 44.25	350m:	5:00.87 43.40	
	100m:	1:19.84 42.77	200m:	2:49.65 45.06	300m:	4:17.47 43.57	400m:	5:39.45 38.58	

Open

1.	arłok Martyna		97	Górnik Radlin				<b>4:38.59</b>	632
	50m:	31.39 31.39	150m:	1:41.87 35.32	250m:	2:52.74 35.15	350m:	4:04.27 35.85	
	100m:	1:06.55 35.16	200m:	2:17.59 35.72	300m:	3:28.42 35.68	400m:	4:38.59 34.32	
2.	Bronek Martyna		00	UKS Aligator Gorzyce				<b>4:44.77</b>	592
	50m:	31.10 31.10	150m:	1:42.37 36.05	250m:	2:56.08 36.85	350m:	4:09.69 36.29	
	100m:	1:06.32 35.22	200m:	2:19.23 36.86	300m:	3:33.40 37.32	400m:	4:44.77 35.08	
3.	Tomala Aleksandra		97	MKS ZRYW Opole				<b>4:45.91</b>	585
	50m:	32.42 32.42	150m:	1:44.81 36.22	250m:	2:58.26 36.43	350m:	4:11.14 35.81	
	100m:	1:08.59 36.17	200m:	2:21.83 37.02	300m:	3:35.33 37.07	400m:	4:45.91 34.77	
4.	Buda Karolina		97	CSiR MOS D browa Górnicza				<b>4:49.01</b>	566
	50m:	31.99 31.99	150m:	1:44.18 36.62	250m:	2:58.60 37.06	350m:	4:13.23 37.04	
	100m:	1:07.56 35.57	200m:	2:21.54 37.36	300m:	3:36.19 37.59	400m:	4:49.01 35.78	

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 17- - 18-6-2014

Konkurencja 21, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.			
5.	Adamczyk Agata		99	UKS Aligator Gorzyce				<b>4:49.56</b>	563			
	50m:	33.88	33.88	150m:	1:48.70	37.65	250m:	3:02.66	36.80	350m:	4:15.38	36.01
	100m:	1:11.05	37.17	200m:	2:25.86	37.16	300m:	3:39.37	36.71	400m:	4:49.56	34.18
6.	Janecka Zuzanna		99	CSiR MOS D browa Górnicza				<b>4:52.07</b>	548			
	50m:	32.72	32.72	150m:	1:46.22	37.05	250m:	3:01.55	37.63	350m:	4:16.08	36.82
	100m:	1:09.17	36.45	200m:	2:23.92	37.70	300m:	3:39.26	37.71	400m:	4:52.07	35.99
7.	witek Zuzanna		99	Unia Racibórz				<b>4:56.51</b>	524			
	50m:	35.03	35.03	150m:	1:49.84	38.32	250m:	3:05.21	38.07	350m:	4:20.82	37.84
	100m:	1:11.52	36.49	200m:	2:27.14	37.30	300m:	3:42.98	37.77	400m:	4:56.51	35.69
8.	Jeowska Kamila		00	CSiR MOS D browa Górnicza				<b>4:58.08</b>	516			
	50m:	33.49	33.49	150m:	1:49.56	37.98	250m:	3:05.19	37.76	350m:	4:21.58	38.13
	100m:	1:11.58	38.09	200m:	2:27.43	37.87	300m:	3:43.45	38.26	400m:	4:58.08	36.50
9.	Wałek Julia		99	MKS ZRYW Opole				<b>4:59.06</b>	511			
	50m:	33.56	33.56	150m:	1:49.70	38.57	250m:	3:06.64	38.44	350m:	4:22.97	38.25
	100m:	1:11.13	37.57	200m:	2:28.20	38.50	300m:	3:44.72	38.08	400m:	4:59.06	36.09
10.	Noworzyn Wiktoria		99	CSiR MOS D browa Górnicza				<b>5:00.49</b>	504			
	50m:	34.53	34.53	150m:	1:51.28	38.90	250m:	3:09.13	38.96	350m:	4:25.10	37.62
	100m:	1:12.38	37.85	200m:	2:30.17	38.89	300m:	3:47.48	38.35	400m:	5:00.49	35.39
11.	lycka Marta		00	UKS WODNIK Siemianowice				<b>5:00.54</b>	503			
	50m:	35.29	35.29	150m:	1:52.21	38.59	250m:	3:09.26	38.06	350m:	4:24.91	37.51
	100m:	1:13.62	38.33	200m:	2:31.20	38.99	300m:	3:47.40	38.14	400m:	5:00.54	35.63
12.	Musioł Natalia		01	UKS Aligator Gorzyce				<b>5:03.65</b>	488			
	50m:	35.15	35.15	150m:	1:52.66	38.83	250m:	3:10.86	39.09	350m:	4:27.93	38.14
	100m:	1:13.83	38.68	200m:	2:31.77	39.11	300m:	3:49.79	38.93	400m:	5:03.65	35.72
13.	Mdreła Marta		00	Ukp Ruda I ska				<b>5:05.73</b>	478			
	50m:	33.96	33.96	150m:	1:52.92	39.68	250m:	3:11.66	39.42	350m:	4:29.92	38.27
	100m:	1:13.24	39.28	200m:	2:32.24	39.32	300m:	3:51.65	39.99	400m:	5:05.73	35.81
14.	Szuster Aleksandra		00	KS Pi tka Chorzów				<b>5:07.64</b>	469			
	50m:	33.40	33.40	150m:	1:51.64	39.48	250m:	3:11.81	40.21	350m:	4:30.67	39.53
	100m:	1:12.16	38.76	200m:	2:31.60	39.96	300m:	3:51.14	39.33	400m:	5:07.64	36.97
15.	Kuc Weronika		02	Ulks Victoria Kozy				<b>5:09.19</b>	462			
	50m:	33.82	33.82	150m:	1:51.69	39.50	250m:	3:11.60	40.05	350m:	4:31.10	39.72
	100m:	1:12.19	38.37	200m:	2:31.55	39.86	300m:	3:51.38	39.78	400m:	5:09.19	38.09
16.	Kustra Julita		00	Klub Sportowy MarioSport				<b>5:12.71</b>	447			
	50m:	35.47	35.47	150m:	1:53.67	39.87	250m:	3:14.43	40.27	350m:	4:35.24	40.25
	100m:	1:13.80	38.33	200m:	2:34.16	40.49	300m:	3:54.99	40.56	400m:	5:12.71	37.47
17.	Gajtkowska Zuzanna		00	UKS Aligator Gorzyce				<b>5:13.19</b>	445			
	50m:	35.58	35.58	150m:	1:55.48	40.19	250m:	3:15.96	40.12	350m:	4:35.53	39.38
	100m:	1:15.29	39.71	200m:	2:35.84	40.36	300m:	3:56.15	40.19	400m:	5:13.19	37.66
18.	Pieczka Martyna		00	UKS Aligator Gorzyce				<b>5:16.42</b>	431			
	50m:	36.31	36.31	150m:	1:56.35	40.26	250m:	3:17.15	40.82	350m:	4:38.17	40.04
	100m:	1:16.09	39.78	200m:	2:36.33	39.98	300m:	3:58.13	40.98	400m:	5:16.42	38.25
19.	Sito Maria		01	UKS Aligator Gorzyce				<b>5:16.93</b>	429			
	50m:	35.68	35.68	150m:	1:57.14	41.11	250m:	3:18.76	40.76	350m:	4:39.37	40.06
	100m:	1:16.03	40.35	200m:	2:38.00	40.86	300m:	3:59.31	40.55	400m:	5:16.93	37.56
20.	Zawadzka Anna		00	Klub Olimpijczyka MOSiR Mysłów				<b>5:17.52</b>	427			
	50m:	35.71	35.71	150m:	1:55.04	40.06	250m:	3:18.11	41.01	350m:	4:41.41	40.71
	100m:	1:14.98	39.27	200m:	2:37.10	42.06	300m:	4:00.70	42.59	400m:	5:17.52	36.11
21.	Cierpka Marta		99	KS Pi tka Chorzów				<b>5:17.86</b>	425			
	50m:	35.43	35.43	150m:	1:55.83	40.31	250m:	3:17.48	40.79	350m:	4:39.84	40.81
	100m:	1:15.52	40.09	200m:	2:36.69	40.86	300m:	3:59.03	41.55	400m:	5:17.86	38.02
22.	Borowiecka Monika		95	Nowy KP Bielsko-Biała				<b>5:18.66</b>	422			
	50m:	35.65	35.65	150m:	1:55.92	40.69	250m:	3:19.43	41.58	350m:	4:41.23	40.33
	100m:	1:15.23	39.58	200m:	2:37.85	41.93	300m:	4:00.90	41.47	400m:	5:18.66	37.43

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 17- - 18-6-2014

Konkurencja 21, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.			
23.	Faruzel Matylda		98	MTP Delfin Cieszyn				<b>5:19.31</b>	420			
	50m:	34.99	34.99	150m:	1:55.93	40.83	250m:	3:18.70	41.02	350m:	4:40.91	40.74
	100m:	1:15.10	40.11	200m:	2:37.68	41.75	300m:	4:00.17	41.47	400m:	5:19.31	38.40
24.	Fuks Gabriela		99	Muks Gilus Gilowice				<b>5:22.12</b>	409			
	50m:	37.33	37.33	150m:	1:59.20	41.39	250m:	3:21.11	40.89	350m:	4:42.91	40.98
	100m:	1:17.81	40.48	200m:	2:40.22	41.02	300m:	4:01.93	40.82	400m:	5:22.12	39.21
25.	Turza Patrycja		98	KS"Górnik" Sosnowiec				<b>5:22.69</b>	407			
	50m:	35.19	35.19	150m:	1:58.10	42.34	250m:	3:22.67	42.24	350m:	4:45.96	40.97
	100m:	1:15.76	40.57	200m:	2:40.43	42.33	300m:	4:04.99	42.32	400m:	5:22.69	36.73
26.	Bohdanowicz Emilia		00	CSiR MOS D browa Górnicza				<b>5:24.48</b>	400			
	50m:	38.44	38.44	150m:	2:02.11	41.74	250m:	3:25.98	41.84	350m:	4:46.24	38.76
	100m:	1:20.37	41.93	200m:	2:44.14	42.03	300m:	4:07.48	41.50	400m:	5:24.48	38.24
27.	Kału ny Weronika		00	Klub Olimpijczyka MOSiR Mysłów				<b>5:32.49</b>	372			
	50m:	34.28	34.28	150m:	1:57.55		250m:	3:24.37	42.96	350m:	4:52.45	43.94
	100m:			200m:	2:41.41	43.86	300m:	4:08.51	44.14	400m:	5:32.49	40.04
28.	Olszowska Aleksandra		97	Nowy KP Bielsko-Biała				<b>5:39.45</b>	349			
	50m:	37.07	37.07	150m:	2:04.59	44.75	250m:	3:33.90	44.25	350m:	5:00.87	43.40
	100m:	1:19.84	42.77	200m:	2:49.65	45.06	300m:	4:17.47	43.57	400m:	5:39.45	38.58
29.	Knap Zuzanna		00	UKS WODNIK Siemianowice				<b>5:49.30</b>	320			
	50m:	39.10	39.10	150m:	2:09.02	45.40	250m:	3:40.28	46.05	350m:	5:08.72	43.68
	100m:	1:23.62	44.52	200m:	2:54.23	45.21	300m:	4:25.04	44.76	400m:	5:49.30	40.58
30.	Wróbel Małgorzata		99	KS Pi tka Chorzów				<b>5:50.27</b>	318			
	50m:	39.36	39.36	150m:	2:10.65	45.97	250m:	3:41.26	45.08	350m:	5:09.37	43.60
	100m:	1:24.68	45.32	200m:	2:56.18	45.53	300m:	4:25.77	44.51	400m:	5:50.27	40.90
31.	Dobrowolska Marta		00	Nowy KP Bielsko-Biała				<b>5:50.59</b>	317			
	50m:	38.66	38.66	150m:	2:08.95	44.79	250m:	3:39.82	45.32	350m:	5:09.17	43.48
	100m:	1:24.16	45.50	200m:	2:54.50	45.55	300m:	4:25.69	45.87	400m:	5:50.59	41.42
32.	Wochnik Nicole		00	UKS WODNIK Siemianowice				<b>6:25.66</b>	238			
	50m:	40.95	40.95	150m:	2:19.36	49.74	250m:	4:00.26	50.43	350m:	5:40.30	49.97
	100m:	1:29.62	48.67	200m:	3:09.83	50.47	300m:	4:50.33	50.07	400m:	6:25.66	45.36