

Ogólnopolski Sprawdzian Wytrzymałości i Wszechstronności Stylowej rocznika 2003  
Gliwice, 29-11-2014

Konkurencja 4  
2014-11-29 - 12:05

Chłopców, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Wyrobek Robert		03	LKS Jedno	32 Przyszowice		<b>5:22.92</b>		
	50m:	36.33 36.33	150m:	1:57.97 41.50	250m:	3:19.26 41.41	350m:	4:42.27 41.17	
	100m:	1:16.47 40.14	200m:	2:37.85 39.88	300m:	4:01.10 41.84	400m:	5:22.92 40.65	
2.	Czech Arkadiusz		03	K.S. Górnik Sosnowiec			<b>5:29.88</b>		
	50m:	37.73 37.73	150m:	2:00.46 41.20	250m:	3:25.20 42.27	350m:	4:50.52 42.72	
	100m:	1:19.26 41.53	200m:	2:42.93 42.47	300m:	4:07.80 42.60	400m:	5:29.88 39.36	
3.	Hudzikowski Mateusz		03	LKS Jedno	32 Przyszowice		<b>5:30.22</b>		
	50m:	37.75 37.75	150m:	2:02.20 42.57	250m:	3:27.98 43.06	350m:	4:52.59 41.69	
	100m:	1:19.63 41.88	200m:	2:44.92 42.72	300m:	4:10.90 42.92	400m:	5:30.22 37.63	
4.	Giel Daniel		03	Mosm Tychy			<b>5:33.65</b>		
	50m:	37.99 37.99	150m:	2:01.14 42.69	250m:	3:28.24 43.83	350m:	4:55.41 43.04	
	100m:	1:18.45 40.46	200m:	2:44.41 43.27	300m:	4:12.37 44.13	400m:	5:33.65 38.24	
5.	Bartnik Dariusz		03	LKS Jedno	32 Przyszowice		<b>5:36.19</b>		
	50m:	38.36 38.36	150m:	2:05.32 43.49	250m:	3:31.92 43.47	350m:	4:57.00 42.10	
	100m:	1:21.83 43.47	200m:	2:48.45 43.13	300m:	4:14.90 42.98	400m:	5:36.19 39.19	
6.	Trzcionka Maciej		03	UKS 54 Delfinek Bytom			<b>5:42.21</b>		
	50m:	38.50 38.50	150m:	2:06.71 44.66	250m:	3:35.97 44.35	350m:	5:02.63 42.68	
	100m:	1:22.05 43.55	200m:	2:51.62 44.91	300m:	4:19.95 43.98	400m:	5:42.21 39.58	
7.	Wróbel Igor		03	Ukp Ruda I ska			<b>5:42.58</b>		
	50m:	38.46 38.46	150m:	2:04.70 43.61	250m:	3:32.83 44.46	350m:	5:02.03 44.08	
	100m:	1:21.09 42.63	200m:	2:48.37 43.67	300m:	4:17.95 45.12	400m:	5:42.58 40.55	
8.	Lamla Filip		03	LKS Jedno	32 Przyszowice		<b>5:47.22</b>		
	50m:	38.89 38.89	150m:	2:06.48 44.75	250m:	3:37.12 45.20	350m:	5:04.75 43.35	
	100m:	1:21.73 42.84	200m:	2:51.92 45.44	300m:	4:21.40 44.28	400m:	5:47.22 42.47	
9.	Myszor Przemysław		03	Mosm Tychy			<b>5:54.45</b>		
	50m:	38.53 38.53	150m:	2:07.82 45.28	250m:	3:38.76 45.67	350m:	5:10.75 47.08	
	100m:	1:22.54 44.01	200m:	2:53.09 45.27	300m:	4:23.67 44.91	400m:	5:54.45 43.70	
10.	Wawryca Hubert		03	KS Unia Racibórz			<b>6:01.35</b>		
	50m:	40.89 40.89	150m:	2:13.63 47.08	250m:	3:46.67 46.93	350m:	5:18.60 45.80	
	100m:	1:26.55 45.66	200m:	2:59.74 46.11	300m:	4:32.80 46.13	400m:	6:01.35 42.75	
11.	Zdebel Marsel		03	SiKReT Gliwice			<b>6:03.43</b>		
	50m:	40.89 40.89	150m:	2:14.28 46.83	250m:	3:49.78 47.72	350m:	5:23.79 46.28	
	100m:	1:27.45 46.56	200m:	3:02.06 47.78	300m:	4:37.51 47.73	400m:	6:03.43 39.64	
12.	Zynek Kamil		03	CSiR MOS D browa Górnicza			<b>6:09.04</b>		
	50m:	42.15 42.15	150m:	2:16.75 47.77	250m:	3:51.44 47.40	350m:	5:26.29 46.62	
	100m:	1:28.98 46.83	200m:	3:04.04 47.29	300m:	4:39.67 48.23	400m:	6:09.04 42.75	
13.	Musiół Mikołaj		03	UKS 54 Delfinek Bytom			<b>6:09.31</b>		
	50m:	39.76 39.76	150m:	2:12.54 47.60	250m:	3:49.63 48.94	350m:	5:25.84 47.20	
	100m:	1:24.94 45.18	200m:	3:00.69 48.15	300m:	4:38.64 49.01	400m:	6:09.31 43.47	
14.	Burszyk Bartosz		03	MKS-SMS Victoria Racibórz			<b>6:09.96</b>		
	50m:	40.13 40.13	150m:	2:17.00 48.69	250m:		350m:	4:41.48	
	100m:	1:28.31 48.18	200m:	3:06.00 49.00	300m:		400m:	6:09.96 1:28.48	
15.	Komorowski Kacper		03	Mosm Tychy			<b>6:19.99</b>		
	50m:	40.91 40.91	150m:	2:18.73 48.57	250m:	3:58.95 50.68	350m:	5:37.24 47.85	
	100m:	1:30.16 49.25	200m:	3:08.27 49.54	300m:	4:49.39 50.44	400m:	6:19.99 42.75	
16.	Szymiczek Igor		03	MKS-SMS Victoria Racibórz			<b>6:20.32</b>		
	50m:	42.11 42.11	150m:	2:19.93 50.26	250m:	4:47.19 48.60	350m:	6:20.45 45.36	
	100m:	1:29.67 47.56	200m:	3:58.59 1:38.66	300m:	5:35.09 47.90	400m:	6:20.32	
17.	Baron Dawid		03	UMKS "Jedynka Zabrze"			<b>6:20.79</b>		
	50m:	41.88 41.88	150m:	2:19.22 49.79	250m:	4:00.29 50.21	350m:	5:38.41 49.34	
	100m:	1:29.43 47.55	200m:	3:10.08 50.86	300m:	4:49.07 48.78	400m:	6:20.79 42.38	

Ogólnopolski Sprawdzian Wytrzymałości i Wszechstronności Stylowej rocznika 2003  
Gliwice, 29-11-2014

Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	Zarembik Łukasz		03	MKS-SMS Victoria Racibórz				<b>6:21.40</b>	
	50m: 42.81	42.81	150m: 2:22.21	49.49	250m: 4:01.55	49.73	350m: 5:38.33	47.95	
	100m: 1:32.72	49.91	200m: 3:11.82	49.61	300m: 4:50.38	48.83	400m: 6:21.40	43.07	
19.	cie ka Mikołaj		03	CSiR MOS D browa Górnicza				<b>6:23.36</b>	
	50m: 42.22	42.22	150m: 2:19.95	48.62	250m: 3:57.91	48.95	350m: 5:33.24	45.95	
	100m: 1:31.33	49.11	200m: 3:08.96	49.01	300m: 4:47.29	49.38	400m: 6:23.36	50.12	
20.	Sobota Jakub		03	UKS 54 Delfinek Bytom				<b>6:26.83</b>	
	50m: 42.57	42.57	150m: 2:22.28	50.77	250m: 4:03.59	51.60	350m: 5:41.37	48.25	
	100m: 1:31.51	48.94	200m: 3:11.99	49.71	300m: 4:53.12	49.53	400m: 6:26.83	45.46	
21.	Dymurski Kacper		03	MKS-SMS Victoria Racibórz				<b>6:27.47</b>	
	50m: 40.24	40.24	150m: 2:19.64	50.67	250m: 4:01.37	51.20	350m: 5:42.28	50.34	
	100m: 1:28.97	48.73	200m: 3:10.17	50.53	300m: 4:51.94	50.57	400m: 6:27.47	45.19	
22.	Chmielowski Mateusz		03	SiKReT Gliwice				<b>6:28.62</b>	
	50m: 43.24	43.24	150m: 2:23.37	49.86	250m: 4:03.16	50.28	350m: 5:42.16	48.92	
	100m: 1:33.51	50.27	200m: 3:12.88	49.51	300m: 4:53.24	50.08	400m: 6:28.62	46.46	
23.	Rychel Maksymilian		03	MKS-SMS Victoria Racibórz				<b>6:34.26</b>	
	50m: 43.93	43.93	150m: 2:24.01	51.09	250m: 4:07.58	53.23	350m: 5:46.80	50.33	
	100m: 1:32.92	48.99	200m: 3:14.35	50.34	300m: 4:56.47	48.89	400m: 6:34.26	47.46	
24.	Gruszka Wiktor		03	Mosm Tychy				<b>6:35.43</b>	
	50m: 41.36	41.36	150m: 2:21.42	50.57	250m: 4:03.90	52.07	350m: 5:45.60	49.53	
	100m: 1:30.85	49.49	200m: 3:11.83	50.41	300m: 4:56.07	52.17	400m: 6:35.43	49.83	
25.	Sokołowski Szymon		03	UKS 54 Delfinek Bytom				<b>6:36.73</b>	
	50m: 43.65	43.65	150m: 2:24.42	51.09	250m: 4:04.89	50.10	350m: 5:47.11	51.37	
	100m: 1:33.33	49.68	200m: 3:14.79	50.37	300m: 4:55.74	50.85	400m: 6:36.73	49.62	
26.	Tomicz Patryk		03	Mosm Tychy				<b>6:37.74</b>	
	50m: 42.87	42.87	150m: 2:25.03	52.37	250m: 4:07.63	52.08	350m: 5:49.42	50.55	
	100m: 1:32.66	49.79	200m: 3:15.55	50.52	300m: 4:58.87	51.24	400m: 6:37.74	48.32	
27.	Kasprzycki Kacper		03	KS Unia Racibórz				<b>6:40.87</b>	
	50m:		150m:		250m: 5:03.22	1:42.97	350m: 5:54.25		
	100m:		200m: 3:20.25		300m:		400m: 6:40.87	46.62	
28.	Iwanciów Maciej		03	UKS 54 Delfinek Bytom				<b>6:43.94</b>	
	50m: 45.06	45.06	150m: 2:27.75		250m: 4:11.59	51.81	350m: 5:54.53	51.46	
	100m:		200m: 3:19.78	52.03	300m: 5:03.07	51.48	400m: 6:43.94	49.41	
29.	Michalewicz Łukasz		03	MKS-SMS Victoria Racibórz				<b>6:46.21</b>	
	50m: 45.46	45.46	150m: 2:28.23	51.11	250m: 4:11.07	51.34	350m: 5:54.58	51.82	
	100m: 1:37.12	51.66	200m: 3:19.73	51.50	300m: 5:02.76	51.69	400m: 6:46.21	51.63	
30.	Borowiecki Konrad		03	Nowy KP Bielsko-Biała				<b>6:47.03</b>	
	50m: 44.00	44.00	150m: 2:26.41	52.10	250m: 4:12.87	53.59	350m: 5:58.87	53.29	
	100m: 1:34.31	50.31	200m: 3:19.28	52.87	300m: 5:05.58	52.71	400m: 6:47.03	48.16	
31.	Skorupski Oskar		03	Mosm Tychy				<b>6:47.89</b>	
	50m: 43.68	43.68	150m: 2:27.14	52.84	250m: 4:13.25	52.53	350m: 6:50.72	1:44.66	
	100m: 1:34.30	50.62	200m: 3:20.72	53.58	300m: 5:06.06	52.81	400m: 6:47.89		
32.	Basior Krzysztof		03	MKS-SMS Victoria Racibórz				<b>6:50.70</b>	
	50m: 42.53	42.53	150m: 2:27.37	53.25	250m: 5:06.69	1:46.82	350m: 6:50.81	51.32	
	100m: 1:34.12	51.59	200m: 3:19.87	52.50	300m: 5:59.49	52.80	400m: 6:50.70		
33.	Borczech Oskar		03	CSiR MOS D browa Górnicza				<b>6:53.13</b>	
	50m: 44.37	44.37	150m: 2:28.57	52.79	250m: 4:16.20	53.53	350m: 6:03.06	53.22	
	100m: 1:35.78	51.41	200m: 3:22.67	54.10	300m: 5:09.84	53.64	400m: 6:53.13	50.07	
34.	Skowron Mateusz		03	SiKReT Gliwice				<b>6:54.42</b>	
	50m: 44.42	44.42	150m: 2:29.78	53.16	250m: 4:17.22	53.37	350m: 6:03.26	51.79	
	100m: 1:36.62	52.20	200m: 3:23.85	54.07	300m: 5:11.47	54.25	400m: 6:54.42	51.16	
35.	Górski Damian		03	MKS-SMS Victoria Racibórz				<b>6:55.80</b>	
	50m: 43.77	43.77	150m: 2:27.91	51.12	250m: 4:14.46	52.86	350m: 6:03.23	54.52	
	100m: 1:36.79	53.02	200m: 3:21.60	53.69	300m: 5:08.71	54.25	400m: 6:55.80	52.57	

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Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.			
36.	Zwierzyski	Maciej	03	CSiR MOS D browa Górnicza				<b>6:56.43</b>				
	50m:	45.58	45.58	150m:	2:31.79	53.40	250m:	4:21.21	54.57	350m:	6:08.19	53.40
	100m:	1:38.39	52.81	200m:	3:26.64	54.85	300m:	5:14.79	53.58	400m:	6:56.43	48.24
37.	urecki	Maciej	03	UKS 54 Delfinek Bytom				<b>6:59.18</b>				
	50m:	45.27	45.27	150m:	2:31.92	53.52	250m:	4:20.39	54.59	350m:	6:07.11	52.65
	100m:	1:38.40	53.13	200m:	3:25.80	53.88	300m:	5:14.46	54.07	400m:	6:59.18	52.07
38.	Kostrzewa	Jakub	03	Nowy KP Bielsko-Biała				<b>7:02.73</b>				
	50m:	45.51	45.51	150m:	2:31.18	54.05	250m:	4:22.40	55.60	350m:	6:13.29	55.45
	100m:	1:37.13	51.62	200m:	3:26.80	55.62	300m:	5:17.84	55.44	400m:	7:02.73	49.44
39.	Sobczak	Michał	03	MKS-SMS Victoria Racibórz				<b>7:04.62</b>				
	50m:	42.41	42.41	150m:	2:27.56	54.41	250m:	4:18.85	56.78	350m:	6:10.16	54.71
	100m:	1:33.15	50.74	200m:	3:22.07	54.51	300m:	5:15.45	56.60	400m:	7:04.62	54.46
40.	Kasprzak	Kasper	03	Nowy KP Bielsko-Biała				<b>7:09.83</b>				
	50m:	46.68	46.68	150m:	2:36.55	55.84	250m:			350m:		
	100m:	1:40.71	54.03	200m:	3:32.17	55.62	300m:			400m:	7:09.83	
41.	Slusarski	Dawid	03	Mosm Tychy				<b>7:12.91</b>				
	50m:	45.58	45.58	150m:	2:34.59	55.10	250m:	4:25.65	56.58	350m:	6:20.46	57.56
	100m:	1:39.49	53.91	200m:	3:29.07	54.48	300m:	5:22.90	57.25	400m:	7:12.91	52.45
42.	Kamierniczak	Wojciech	03	SiKReT Gliwice				<b>7:14.39</b>				
	50m:	48.40	48.40	150m:	2:39.36	56.32	250m:	4:32.21	56.35	350m:	6:25.11	56.74
	100m:	1:43.04	54.64	200m:	3:35.86	56.50	300m:	5:28.37	56.16	400m:	7:14.39	49.28
43.	Płoskonka	Bartłomiej	03	MKS-SMS Victoria Racibórz				<b>7:14.96</b>				
	50m:	44.61	44.61	150m:	2:31.67	54.90	250m:	4:25.59	57.93	350m:	6:17.82	56.58
	100m:	1:36.77	52.16	200m:	3:27.66	55.99	300m:	5:21.24	55.65	400m:	7:14.96	57.14
44.	Snoch	Michał	03	UKS 54 Delfinek Bytom				<b>7:18.51</b>				
	50m:	48.07	48.07	150m:	4:31.95	2:48.26	250m:			350m:	7:18.65	
	100m:	1:43.69	55.62	200m:	5:29.04	57.09	300m:			400m:	7:18.51	
45.	Małaczuk	Łukasz	03	UMKS "Jedynka Zabrze"				<b>7:18.91</b>				
	50m:	45.98	45.98	150m:			250m:			350m:	7:19.15	52.83
	100m:	1:39.64	53.66	200m:	4:31.67		300m:	6:26.32		400m:	7:18.91	
46.	Szłószarczyk	Łukasz	03	UMKS "Jedynka Zabrze"				<b>7:19.51</b>				
	50m:	47.05	47.05	150m:			250m:	4:30.45	57.01	350m:		
	100m:			200m:	3:33.44		300m:	5:27.19	56.74	400m:	7:19.51	
47.	Górka	Jan	03	MKS-SMS Victoria Racibórz				<b>7:27.02</b>				
	50m:	48.09	48.09	150m:	2:43.50	58.89	250m:	4:38.71	57.43	350m:	6:33.03	56.85
	100m:	1:44.61	56.52	200m:	3:41.28	57.78	300m:	5:36.18	57.47	400m:	7:27.02	53.99
48.	Rymaszewski	Jakub	03	Ukp Ruda Śląska				<b>7:28.76</b>				
	50m:	48.10	48.10	150m:	2:38.64	55.76	250m:	4:36.30	59.70	350m:	6:34.41	1:01.25
	100m:	1:42.88	54.78	200m:	3:36.60	57.96	300m:	5:33.16	56.86	400m:	7:28.76	54.35
49.	Zabielski	Bartosz	03	CSiR MOS D browa Górnicza				<b>7:32.23</b>				
	50m:	47.98	47.98	150m:	2:45.44	1:00.09	250m:	4:42.75	59.40	350m:	6:40.09	58.32
	100m:	1:45.35	57.37	200m:	3:43.35	57.91	300m:	5:41.77	59.02	400m:	7:32.23	52.14
50.	Ferenc	Konrad	03	Nowy KP Bielsko-Biała				<b>7:39.29</b>				
	50m:	50.55	50.55	150m:	2:47.89	59.11	250m:	4:48.49	1:00.54	350m:	6:45.84	58.48
	100m:	1:48.78	58.23	200m:	3:47.95	1:00.06	300m:	5:47.36	58.87	400m:	7:39.29	53.45
51.	Małyńska	Kacper	03	MKS-SMS Victoria Racibórz				<b>7:44.66</b>				
	50m:	52.25	52.25	150m:	2:49.64	1:00.52	250m:	4:52.57	59.81	350m:	6:51.90	59.48
	100m:	1:49.12	56.87	200m:	3:52.76	1:03.12	300m:	5:52.42	59.85	400m:	7:44.66	52.76
52.	Mokrosz	Mikołaj	03	MKS-SMS Victoria Racibórz				<b>7:53.22</b>				
	50m:			150m:	2:51.57		250m:			350m:	7:55.82	58.22
	100m:			200m:	5:59.14	3:07.57	300m:	6:57.60		400m:	7:53.22	

Ogólnopolski Sprawdzian Wytrzymałości i Wszechstronności Stylowej rocznika 2003  
Gliwice, 29-11-2014

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Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja		Rok ur.						Czas	Pkt.	
DYSKW.	Czamara Eryk	03	CSiR MOS D browa Górnicza						<b>7:20.45</b>	
	<i>O15 - Brak kontaktu fizycznego ze cian podczas nawrotu (Czas: 12:30)</i>									
	50m:	46.50	46.50	150m:	2:37.43	250m:	4:33.00	57.28	350m: 6:26.65 57.18	
	100m:			200m:	3:35.72	58.29	300m: 5:29.47	56.47	400m: 7:20.45 53.80	
DYSKW.	Pudło Nikodem	03	Nowy KP Bielsko-Biała						<b>9:40.64</b>	
	<i>O15 - Brak kontaktu fizycznego ze cian podczas nawrotu (Czas: 12:51)</i>									
	50m:	55.86	55.86	150m:	3:22.69	1:16.00	250m: 5:54.25	1:14.31	350m: 8:28.81	
	100m:	2:06.69	1:10.83	200m:	4:39.94	1:17.25	300m:		400m: 9:40.64 1:11.83	
NIE UK.	Baczkowski Szymon	03	SiKReT Gliwice							
	50m:	48.48	48.48	150m:			250m:		350m:	
	100m:			200m:			300m:		400m:	