

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open  
Gliwice, 5- - 6-12-2014

Konkurencja 22  
2014-12-05 - 17:35

Mężczyzn, 400m dowolny

Open  
Wyniki

Rekord I skia Open	3:47.88	Zaczy ski Karol	AZS AWF Katowice	2012-12-05
Rekord I skia 11	4:56.47	Maj Jakub	KS Górnik Sosnowiec	2012-01-01
Rekord I skia 12	4:34.31	Katolik Bartosz	MOS Dębrowa Górnicza	2009-01-01
Rekord I skia 13	4:16.51	Łuczak Piotr	AZS AWF Katowice	2005-01-01
Rekord I skia 14	4:05.50	Łuczak Piotr	AZS AWF Katowice	2006-01-01
Rekord I skia 15	4:02.05	Łuczak Piotr	AZS AWF Katowice	2007-12-03
Rekord I skia 16	3:59.11	Rokicki Michał	Victoria Racibórz	2000-12-03
Rekord I skia 17	3:53.14	Klich Kacper	AZS AWF Katowice	2011-12-05
Rekord I skia 18	3:51.20	Klich Kacper	AZS AWF Katowice	2012-12-05

Punkty: FINA 2013

Pozycja	Rok ur.	Czas	Pkt.
<b>14 lat</b>			
1. Stoszek Kacper	00 MTP Delfin Cieszyn	<b>4:18.08</b>	556
50m: 29.20 29.20	150m: 1:34.04 32.64	250m: 2:39.95 32.92	350m: 3:46.42 32.99
100m: 1:01.40 32.20	200m: 2:07.03 32.99	300m: 3:13.43 33.48	400m: 4:18.08 31.66
2. Trzecie Daniel	00 CSiR MOS Dabrowa Górnicza	<b>4:23.66</b>	521
50m: 28.99 28.99	150m: 1:35.10 33.38	250m: 2:42.89 34.14	350m: 3:50.80 33.58
100m: 1:01.72 32.73	200m: 2:08.75 33.65	300m: 3:17.22 34.33	400m: 4:23.66 32.86
3. Chwastek Dominik	00 CSiR MOS Dabrowa Górnicza	<b>4:27.73</b>	498
50m: 30.18 30.18	150m: 1:37.41 33.80	250m: 2:46.05 34.29	350m: 3:54.65 34.30
100m: 1:03.61 33.43	200m: 2:11.76 34.35	300m: 3:20.35 34.30	400m: 4:27.73 33.08
4. Twardzik Bartosz	00 SiKReT Gliwice	<b>4:28.87</b>	491
50m: 29.83 29.83	150m: 1:38.55 34.65	250m: 2:47.68 34.49	350m: 3:55.79 33.70
100m: 1:03.90 34.07	200m: 2:13.19 34.64	300m: 3:22.09 34.41	400m: 4:28.87 33.08
5. Gawro ski Damian	00 CSiR MOS Dabrowa Górnicza	<b>4:33.14</b>	469
50m: 30.09 30.09	150m: 1:39.04 34.49	250m: 2:48.72 34.96	350m: 3:56.19 32.94
100m: 1:04.55 34.46	200m: 2:13.76 34.72	300m: 3:23.25 34.53	400m: 4:33.14 36.95
6. Wolny Krzysztof	00 UKS WODNIK Siemianowice laski	<b>4:34.84</b>	460
50m: 30.96 30.96	150m: 1:41.55 35.44	250m: 2:52.35 35.73	350m: 4:02.49 34.47
100m: 1:06.11 35.15	200m: 2:16.62 35.07	300m: 3:28.02 35.67	400m: 4:34.84 32.35
7. Wyrobek Rafał	00 LKS Jedno 32 Przyszowice	<b>4:36.22</b>	453
50m: 31.87 31.87	150m: 1:41.45 34.97	250m: 2:52.47 35.61	350m: 4:02.61 34.99
100m: 1:06.48 34.61	200m: 2:16.86 35.41	300m: 3:27.62 35.15	400m: 4:36.22 33.61
8. Polaczek Jakub	00 MKS Park Wodny Tarnowskie Góry	<b>4:42.46</b>	424
50m: 30.63 30.63	150m: 1:40.94 35.52	250m: 2:53.66 36.01	350m: 4:06.06 36.29
100m: 1:05.42 34.79	200m: 2:17.65 36.71	300m: 3:29.77 36.11	400m: 4:42.46 36.40
9. Latusek Szymon	00 Mks Gilus Gilowice	<b>4:46.63</b>	406
50m: 32.04 32.04	150m: 1:44.69 36.50	250m: 2:57.73 36.27	350m: 4:11.25 36.58
100m: 1:08.19 36.15	200m: 2:21.46 36.77	300m: 3:34.67 36.94	400m: 4:46.63 35.38
10. Małkowski Jakub	00 CSiR MOS Dabrowa Górnicza	<b>4:50.05</b>	391
50m: 31.88 31.88	150m: 1:45.15 37.39	250m: 3:00.70 37.87	350m: 4:16.14 37.48
100m: 1:07.76 35.88	200m: 2:22.83 37.68	300m: 3:38.66 37.96	400m: 4:50.05 33.91
11. Bartnikiewicz Jan	00 ks Piłkarska Chorzów	<b>4:57.48</b>	363
50m: 30.82 30.82	150m: 1:44.68 38.59	250m: 3:02.70 38.85	350m: 4:20.32 38.26
100m: 1:06.09 35.27	200m: 2:23.85 39.17	300m: 3:42.06 39.36	400m: 4:57.48 37.16
12. Puszer Damian	00 UKS WODNIK Siemianowice laski	<b>5:09.56</b>	322
50m: 33.25 33.25	150m: 1:50.29 39.29	250m: 3:50.74 40.36	350m:
100m: 1:11.00 37.75	200m: 3:10.38 1:20.09	300m:	400m: 5:09.56
13. Sojka Marcel	00 UKS WODNIK Siemianowice laski	<b>5:22.39</b>	285
50m: 36.48 36.48	150m: 1:59.82 42.36	250m: 3:23.29 40.85	350m: 4:44.08 39.79
100m: 1:17.46 40.98	200m: 2:42.44 42.62	300m: 4:04.29 41.00	400m: 5:22.39 38.31
14. Zwyrtek Dominik	00 UKS WODNIK Siemianowice laski	<b>5:39.53</b>	244
50m: 33.80 33.80	150m: 1:56.90 43.07	250m: 3:27.58 45.91	350m: 4:59.72 46.16
100m: 1:13.83 40.03	200m: 2:41.67 44.77	300m: 4:13.56 45.98	400m: 5:39.53 39.81

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open  
Gliwice, 5- - 6-12-2014

Konkurencja 22, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
15.	Bartosz Łukasz		00	UKS WODNIK Siemianowice laski				<b>5:55.51</b>	212
	50m:	38.83 38.83	150m:	2:09.13 45.96	250m:	3:40.59 45.88	350m:	5:12.46 44.96	
	100m:	1:23.17 44.34	200m:	2:54.71 45.58	300m:	4:27.50 46.91	400m:	5:55.51 43.05	

15 lat

1.	Walczak Szymon		99	MKS Park Wodny Tarnowskie Góry				<b>4:06.75</b>	636
	50m:	28.15 28.15	150m:	1:30.86 31.49	250m:	2:33.62 31.17	350m:	3:36.53 31.40	
	100m:	59.37 31.22	200m:	2:02.45 31.59	300m:	3:05.13 31.51	400m:	4:06.75 30.22	
2.	Sumara Beniamin		99	CSiR MOS Dabrowa Górnica				<b>4:09.03</b>	619
	50m:	28.59 28.59	150m:	1:32.13 32.13	250m:	2:36.04 31.75	350m:	3:38.96 31.04	
	100m:	1:00.00 31.41	200m:	2:04.29 32.16	300m:	3:07.92 31.88	400m:	4:09.03 30.07	
3.	Stoszek Szymon		99	UKS Aligator Gorzyce				<b>4:16.30</b>	567
	50m:	28.85 28.85	150m:	1:33.57 32.69	250m:	2:39.91 33.36	350m:	3:46.17 32.98	
	100m:	1:00.88 32.03	200m:	2:06.55 32.98	300m:	3:13.19 33.28	400m:	4:16.30 30.13	
4.	Szota Grzegorz		99	CSiR MOS Dabrowa Górnica				<b>4:16.81</b>	564
	50m:	28.97 28.97	150m:	1:32.98 32.66	250m:	2:39.54 33.32	350m:	3:45.98 33.15	
	100m:	1:00.32 31.35	200m:	2:06.22 33.24	300m:	3:12.83 33.29	400m:	4:16.81 30.83	
5.	Chromik Szymon		99	CSiR MOS Dabrowa Górnica				<b>4:21.10</b>	537
	50m:	29.91 29.91	150m:	1:36.06 33.14	250m:	2:42.53 33.05	350m:	3:49.61 33.40	
	100m:	1:02.92 33.01	200m:	2:09.48 33.42	300m:	3:16.21 33.68	400m:	4:21.10 31.49	
6.	Podzimski Wojciech		99	MKS Park Wodny Tarnowskie Góry				<b>4:25.35</b>	511
	50m:	29.39 29.39	150m:	1:35.55 33.54	250m:	2:43.87 34.37	350m:	3:52.17 34.22	
	100m:	1:02.01 32.62	200m:	2:09.50 33.95	300m:	3:17.95 34.08	400m:	4:25.35 33.18	
7.	Pawliniak Mariusz		99	Uks Wodnik 29 Katowice				<b>4:26.50</b>	505
	50m:	30.00 30.00	150m:	1:36.84 33.57	250m:	2:45.48 34.71	350m:	3:52.95 33.82	
	100m:	1:03.27 33.27	200m:	2:10.77 33.93	300m:	3:19.13 33.65	400m:	4:26.50 33.55	
8.	Sordyl Mateusz		99	Ulks Victoria Kozy				<b>4:31.18</b>	479
	50m:	30.01 30.01	150m:	1:38.84 34.73	250m:	2:48.27 34.40	350m:	3:57.96 34.86	
	100m:	1:04.11 34.10	200m:	2:13.87 35.03	300m:	3:23.10 34.83	400m:	4:31.18 33.22	
9.	Terczy ski Szymon		99	Uks Wodnik 29 Katowice				<b>4:35.60</b>	456
	50m:	31.92 31.92	150m:	1:41.53 34.86	250m:	2:51.50 35.09	350m:	4:02.47 35.34	
	100m:	1:06.67 34.75	200m:	2:16.41 34.88	300m:	3:27.13 35.63	400m:	4:35.60 33.13	
10.	Jeziorski Patryk		99	UKS MANTA Kochłowice Ruda l s				<b>5:00.35</b>	352
	50m:	30.59 30.59	150m:	1:44.19 37.80	250m:	3:03.82 40.23	350m:	4:23.35 39.23	
	100m:	1:06.39 35.80	200m:	2:23.59 39.40	300m:	3:44.12 40.30	400m:	5:00.35 37.00	
11.	Stokfisz Jakub		99	Uks Wodnik 29 Katowice				<b>5:05.36</b>	335
	50m:	33.21 33.21	150m:	1:49.78 38.68	250m:		350m:	4:27.11 40.26	
	100m:	1:11.10 37.89	200m:		300m:	3:46.85	400m:	5:05.36 38.25	

16 - 18 lat

1.	Burzawa Mateusz		96	CSiR MOS Dabrowa Górnica				<b>3:57.61</b>	712
	50m:	27.65 27.65	150m:	1:28.08 30.20	250m:	2:28.50 30.22	350m:	3:28.38 29.80	
	100m:	57.88 30.23	200m:	1:58.28 30.20	300m:	2:58.58 30.08	400m:	3:57.61 29.23	
2.	Zwoli ski Marcin		97	CSiR MOS Dabrowa Górnica				<b>4:05.03</b>	649
	50m:	28.23 28.23	150m:	1:29.31 30.59	250m:	2:31.29 30.66	350m:	3:33.90 31.41	
	100m:	58.72 30.49	200m:	2:00.63 31.32	300m:	3:02.49 31.20	400m:	4:05.03 31.13	
3.	Popis Emil		98	Mks Sms Victoria Racibórz				<b>4:10.01</b>	611
	50m:	29.09 29.09	150m:	1:33.44 32.15	250m:	2:37.85 32.04	350m:	3:41.00 31.18	
	100m:	1:01.29 32.20	200m:	2:05.81 32.37	300m:	3:09.82 31.97	400m:	4:10.01 29.01	
4.	Trela Karol		98	AZS AWF Katowice				<b>4:12.30</b>	595
	50m:	28.06 28.06	150m:	1:30.73 31.75	250m:	2:35.06 32.33	350m:	3:40.44 32.75	
	100m:	58.98 30.92	200m:	2:02.73 32.00	300m:	3:07.69 32.63	400m:	4:12.30 31.86	

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open  
Gliwice, 5- - 6-12-2014

Konkurencja 22, Chłopców, 400m dowolny, 16 - 18 lat

Pozycja					Rok ur.					Czas	Pkt.	
5.	Grabarczyk Olaf SR				98	Mks Sms Victoria Racibórz				<b>4:15.74</b>	571	
	50m:	29.15	29.15	150m:	1:34.33	33.13	250m:	2:40.01	32.72	350m:	3:44.62	32.09
	100m:	1:01.20	32.05	200m:	2:07.29	32.96	300m:	3:12.53	32.52	400m:	4:15.74	31.12
6.	Kurowski Szymon SR				98	AZS AWF Katowice				<b>4:19.96</b>	544	
	50m:	29.52	29.52	150m:	1:36.26	34.05	250m:	2:42.46	32.62	350m:	3:48.21	32.78
	100m:	1:02.21	32.69	200m:	2:09.84	33.58	300m:	3:15.43	32.97	400m:	4:19.96	31.75
7.	Chrapek Marcin				98	MTP Delfin Cieszyn				<b>4:20.14</b>	543	
	50m:	28.99	28.99	150m:	1:34.53	33.07	250m:	2:40.44	32.82	350m:	3:47.00	33.57
	100m:	1:01.46	32.47	200m:	2:07.62	33.09	300m:	3:13.43	32.99	400m:	4:20.14	33.14
8.	Matura Klaudiusz				98	Mks Sms Victoria Racibórz				<b>4:20.40</b>	541	
	50m:	28.87	28.87	150m:	1:34.32	32.96	250m:	2:40.75	33.52	350m:	3:47.98	33.48
	100m:	1:01.36	32.49	200m:	2:07.23	32.91	300m:	3:14.50	33.75	400m:	4:20.40	32.42
9.	Brauntsch Marek				98	AZS AWF Katowice				<b>4:24.34</b>	517	
	50m:	29.39	29.39	150m:	1:35.68	33.29	250m:	2:43.27	33.90	350m:	3:52.00	34.00
	100m:	1:02.39	33.00	200m:	2:09.37	33.69	300m:	3:18.00	34.73	400m:	4:24.34	32.34
Open												
1.	Głyk Wojciech				92	AZS AWF Katowice				<b>3:52.46</b>	761	
	50m:	27.65	27.65	150m:	1:26.39	29.39	250m:	2:25.13	29.37	350m:	3:23.67	29.20
	100m:	57.00	29.35	200m:	1:55.76	29.37	300m:	2:54.47	29.34	400m:	3:52.46	28.79
2.	Smeja Sławomir				94	AZS AWF Katowice				<b>3:54.08</b>	745	
	50m:	27.33	27.33	150m:	1:26.48	29.73	250m:	2:25.70	29.82	350m:	3:25.31	29.82
	100m:	56.75	29.42	200m:	1:55.88	29.40	300m:	2:55.49	29.79	400m:	3:54.08	28.77
3.	Burzawa Mateusz				96	CSiR MOS Dabrowa Górnicza				<b>3:57.61</b>	712	
	50m:	27.65	27.65	150m:	1:28.08	30.20	250m:	2:28.50	30.22	350m:	3:28.38	29.80
	100m:	57.88	30.23	200m:	1:58.28	30.20	300m:	2:58.58	30.08	400m:	3:57.61	29.23
4.	Zwoli ski Marcin				97	CSiR MOS Dabrowa Górnicza				<b>4:05.03</b>	649	
	50m:	28.23	28.23	150m:	1:29.31	30.59	250m:	2:31.29	30.66	350m:	3:33.90	31.41
	100m:	58.72	30.49	200m:	2:00.63	31.32	300m:	3:02.49	31.20	400m:	4:05.03	31.13
5.	Walczak Szymon				99	MKS Park Wodny Tarnowskie Góry				<b>4:06.75</b>	636	
	50m:	28.15	28.15	150m:	1:30.86	31.49	250m:	2:33.62	31.17	350m:	3:36.53	31.40
	100m:	59.37	31.22	200m:	2:02.45	31.59	300m:	3:05.13	31.51	400m:	4:06.75	30.22
6.	Pióro Artur				91	MKS Pałac Katowice				<b>4:08.12</b>	625	
	50m:	28.28	28.28	150m:	1:29.32	30.75	250m:	2:32.05	31.63	350m:	3:36.95	32.40
	100m:	58.57	30.29	200m:	2:00.42	31.10	300m:	3:04.55	32.50	400m:	4:08.12	31.17
7.	Sumara Beniamin				99	CSiR MOS Dabrowa Górnicza				<b>4:09.03</b>	619	
	50m:	28.59	28.59	150m:	1:32.13	32.13	250m:	2:36.04	31.75	350m:	3:38.96	31.04
	100m:	1:00.00	31.41	200m:	2:04.29	32.16	300m:	3:07.92	31.88	400m:	4:09.03	30.07
8.	Popis Emil				98	Mks Sms Victoria Racibórz				<b>4:10.01</b>	611	
	50m:	29.09	29.09	150m:	1:33.44	32.15	250m:	2:37.85	32.04	350m:	3:41.00	31.18
	100m:	1:01.29	32.20	200m:	2:05.81	32.37	300m:	3:09.82	31.97	400m:	4:10.01	29.01
9.	Trela Karol				98	AZS AWF Katowice				<b>4:12.30</b>	595	
	50m:	28.06	28.06	150m:	1:30.73	31.75	250m:	2:35.06	32.33	350m:	3:40.44	32.75
	100m:	58.98	30.92	200m:	2:02.73	32.00	300m:	3:07.69	32.63	400m:	4:12.30	31.86
10.	Grabarczyk Olaf SR				98	Mks Sms Victoria Racibórz				<b>4:15.74</b>	571	
	50m:	29.15	29.15	150m:	1:34.33	33.13	250m:	2:40.01	32.72	350m:	3:44.62	32.09
	100m:	1:01.20	32.05	200m:	2:07.29	32.96	300m:	3:12.53	32.52	400m:	4:15.74	31.12
11.	Stoszek Szymon				99	UKS Aligator Gorzyce				<b>4:16.30</b>	567	
	50m:	28.85	28.85	150m:	1:33.57	32.69	250m:	2:39.91	33.36	350m:	3:46.17	32.98
	100m:	1:00.88	32.03	200m:	2:06.55	32.98	300m:	3:13.19	33.28	400m:	4:16.30	30.13
12.	Szota Grzegorz				99	CSiR MOS Dabrowa Górnicza				<b>4:16.81</b>	564	
	50m:	28.97	28.97	150m:	1:32.98	32.66	250m:	2:39.54	33.32	350m:	3:45.98	33.15
	100m:	1:00.32	31.35	200m:	2:06.22	33.24	300m:	3:12.83	33.29	400m:	4:16.81	30.83

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open  
Gliwice, 5- - 6-12-2014

Konkurencja 22, Mężczyzn, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
13.	Stoszek Kacper		00	MTP Delfin Cieszyn				<b>4:18.08</b>	556
	50m:	29.20 29.20	150m:	1:34.04 32.64	250m:	2:39.95 32.92	350m:	3:46.42 32.99	
	100m:	1:01.40 32.20	200m:	2:07.03 32.99	300m:	3:13.43 33.48	400m:	4:18.08 31.66	
14.	Kurowski Szymon SR		98	AZS AWF Katowice				<b>4:19.96</b>	544
	50m:	29.52 29.52	150m:	1:36.26 34.05	250m:	2:42.46 32.62	350m:	3:48.21 32.78	
	100m:	1:02.21 32.69	200m:	2:09.84 33.58	300m:	3:15.43 32.97	400m:	4:19.96 31.75	
15.	Chrapek Marcin		98	MTP Delfin Cieszyn				<b>4:20.14</b>	543
	50m:	28.99 28.99	150m:	1:34.53 33.07	250m:	2:40.44 32.82	350m:	3:47.00 33.57	
	100m:	1:01.46 32.47	200m:	2:07.62 33.09	300m:	3:13.43 32.99	400m:	4:20.14 33.14	
16.	Matura Klaudiusz		98	Mks Sms Victoria Racibórz				<b>4:20.40</b>	541
	50m:	28.87 28.87	150m:	1:34.32 32.96	250m:	2:40.75 33.52	350m:	3:47.98 33.48	
	100m:	1:01.36 32.49	200m:	2:07.23 32.91	300m:	3:14.50 33.75	400m:	4:20.40 32.42	
17.	Chromik Szymon		99	CSiR MOS Dabrowa Górnicza				<b>4:21.10</b>	537
	50m:	29.91 29.91	150m:	1:36.06 33.14	250m:	2:42.53 33.05	350m:	3:49.61 33.40	
	100m:	1:02.92 33.01	200m:	2:09.48 33.42	300m:	3:16.21 33.68	400m:	4:21.10 31.49	
18.	Trzecie Daniel		00	CSiR MOS Dabrowa Górnicza				<b>4:23.66</b>	521
	50m:	28.99 28.99	150m:	1:35.10 33.38	250m:	2:42.89 34.14	350m:	3:50.80 33.58	
	100m:	1:01.72 32.73	200m:	2:08.75 33.65	300m:	3:17.22 34.33	400m:	4:23.66 32.86	
19.	Brauntsch Marek		98	AZS AWF Katowice				<b>4:24.34</b>	517
	50m:	29.39 29.39	150m:	1:35.68 33.29	250m:	2:43.27 33.90	350m:	3:52.00 34.00	
	100m:	1:02.39 33.00	200m:	2:09.37 33.69	300m:	3:18.00 34.73	400m:	4:24.34 32.34	
20.	Podzimski Wojciech		99	MKS Park Wodny Tarnowskie Góry				<b>4:25.35</b>	511
	50m:	29.39 29.39	150m:	1:35.55 33.54	250m:	2:43.87 34.37	350m:	3:52.17 34.22	
	100m:	1:02.01 32.62	200m:	2:09.50 33.95	300m:	3:17.95 34.08	400m:	4:25.35 33.18	
21.	Pawliniak Mariusz		99	Uks Wodnik 29 Katowice				<b>4:26.50</b>	505
	50m:	30.00 30.00	150m:	1:36.84 33.57	250m:	2:45.48 34.71	350m:	3:52.95 33.82	
	100m:	1:03.27 33.27	200m:	2:10.77 33.93	300m:	3:19.13 33.65	400m:	4:26.50 33.55	
22.	Chwastek Dominik		00	CSiR MOS Dabrowa Górnicza				<b>4:27.73</b>	498
	50m:	30.18 30.18	150m:	1:37.41 33.80	250m:	2:46.05 34.29	350m:	3:54.65 34.30	
	100m:	1:03.61 33.43	200m:	2:11.76 34.35	300m:	3:20.35 34.30	400m:	4:27.73 33.08	
23.	Twardzik Bartosz		00	SiKReT Gliwice				<b>4:28.87</b>	491
	50m:	29.83 29.83	150m:	1:38.55 34.65	250m:	2:47.68 34.49	350m:	3:55.79 33.70	
	100m:	1:03.90 34.07	200m:	2:13.19 34.64	300m:	3:22.09 34.41	400m:	4:28.87 33.08	
24.	Sordyl Mateusz		99	Ulks Victoria Kozy				<b>4:31.18</b>	479
	50m:	30.01 30.01	150m:	1:38.84 34.73	250m:	2:48.27 34.40	350m:	3:57.96 34.86	
	100m:	1:04.11 34.10	200m:	2:13.87 35.03	300m:	3:23.10 34.83	400m:	4:31.18 33.22	
25.	Gawronski Damian		00	CSiR MOS Dabrowa Górnicza				<b>4:33.14</b>	469
	50m:	30.09 30.09	150m:	1:39.04 34.49	250m:	2:48.72 34.96	350m:	3:56.19 32.94	
	100m:	1:04.55 34.46	200m:	2:13.76 34.72	300m:	3:23.25 34.53	400m:	4:33.14 36.95	
26.	Sacha Kamil		01	CSiR MOS Dabrowa Górnicza				<b>4:33.48</b>	467
	50m:	31.08 31.08	150m:	1:42.02 35.70	250m:	2:51.24 33.78	350m:	4:01.30 34.91	
	100m:	1:06.32 35.24	200m:	2:17.46 35.44	300m:	3:26.39 35.15	400m:	4:33.48 32.18	
27.	Wolny Krzysztof		00	UKS WODNIK Siemianowice Śląskie				<b>4:34.84</b>	460
	50m:	30.96 30.96	150m:	1:41.55 35.44	250m:	2:52.35 35.73	350m:	4:02.49 34.47	
	100m:	1:06.11 35.15	200m:	2:16.62 35.07	300m:	3:28.02 35.67	400m:	4:34.84 32.35	
28.	Terczyński Szymon		99	Uks Wodnik 29 Katowice				<b>4:35.60</b>	456
	50m:	31.92 31.92	150m:	1:41.53 34.86	250m:	2:51.50 35.09	350m:	4:02.47 35.34	
	100m:	1:06.67 34.75	200m:	2:16.41 34.88	300m:	3:27.13 35.63	400m:	4:35.60 33.13	
29.	Wyrobek Rafał		00	LKS Jedno 32 Przyszowice				<b>4:36.22</b>	453
	50m:	31.87 31.87	150m:	1:41.45 34.97	250m:	2:52.47 35.61	350m:	4:02.61 34.99	
	100m:	1:06.48 34.61	200m:	2:16.86 35.41	300m:	3:27.62 35.15	400m:	4:36.22 33.61	
30.	Polaczek Jakub		00	MKS Park Wodny Tarnowskie Góry				<b>4:42.46</b>	424
	50m:	30.63 30.63	150m:	1:40.94 35.52	250m:	2:53.66 36.01	350m:	4:06.06 36.29	
	100m:	1:05.42 34.79	200m:	2:17.65 36.71	300m:	3:29.77 36.11	400m:	4:42.46 36.40	

Mistrzostwa Okręgu I śkiego 14,15,16-18 i Open  
Gliwice, 5- - 6-12-2014

Konkurencja 22, M czożyn, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
31.	Brembor Tomasz		94	AZS AWF Katowice				<b>4:43.76</b>	418
	50m:	28.51 28.51	150m:	1:29.28 30.73	250m:	4:05.87 38.40	350m:		
	100m:	58.55 30.04	200m:	3:27.47 1:58.19	300m:		400m:	4:43.76	
32.	Michalski Wojciech		01	Mks Gilus Gilowice				<b>4:45.34</b>	411
	50m:	32.19 32.19	150m:	1:45.16 36.99	250m:	2:57.98 36.40	350m:	4:10.63 36.40	
	100m:	1:08.17 35.98	200m:	2:21.58 36.42	300m:	3:34.23 36.25	400m:	4:45.34 34.71	
33.	Latusek Szymon		00	Mks Gilus Gilowice				<b>4:46.63</b>	406
	50m:	32.04 32.04	150m:	1:44.69 36.50	250m:	2:57.73 36.27	350m:	4:11.25 36.58	
	100m:	1:08.19 36.15	200m:	2:21.46 36.77	300m:	3:34.67 36.94	400m:	4:46.63 35.38	
34.	Sosna Tomasz		01	Tkkf Szczygłowice				<b>4:47.05</b>	404
	50m:	32.83 32.83	150m:	1:45.66 36.97	250m:	2:58.81 36.38	350m:	4:12.46 36.75	
	100m:	1:08.69 35.86	200m:	2:22.43 36.77	300m:	3:35.71 36.90	400m:	4:47.05 34.59	
35.	Małkowski Jakub		00	CSiR MOS Dabrowa Górnicza				<b>4:50.05</b>	391
	50m:	31.88 31.88	150m:	1:45.15 37.39	250m:	3:00.70 37.87	350m:	4:16.14 37.48	
	100m:	1:07.76 35.88	200m:	2:22.83 37.68	300m:	3:38.66 37.96	400m:	4:50.05 33.91	
36.	Maj Jakub		01	CSiR MOS Dabrowa Górnicza				<b>4:51.10</b>	387
	50m:	32.48 32.48	150m:	1:46.37 37.91	250m:		350m:	4:51.52 34.30	
	100m:	1:08.46 35.98	200m:	2:23.65 37.28	300m:	4:17.22	400m:	4:51.10	
37.	Bartnikiewicz Jan		00	ks Pi tka Chorzów				<b>4:57.48</b>	363
	50m:	30.82 30.82	150m:	1:44.68 38.59	250m:	3:02.70 38.85	350m:	4:20.32 38.26	
	100m:	1:06.09 35.27	200m:	2:23.85 39.17	300m:	3:42.06 39.36	400m:	4:57.48 37.16	
38.	Jeziorski Patryk		99	UKS MANTA Kochłowice Ruda l s				<b>5:00.35</b>	352
	50m:	30.59 30.59	150m:	1:44.19 37.80	250m:	3:03.82 40.23	350m:	4:23.35 39.23	
	100m:	1:06.39 35.80	200m:	2:23.59 39.40	300m:	3:44.12 40.30	400m:	5:00.35 37.00	
39.	Stokfisz Jakub		99	Uks Wodnik 29 Katowice				<b>5:05.36</b>	335
	50m:	33.21 33.21	150m:	1:49.78 38.68	250m:		350m:	4:27.11 40.26	
	100m:	1:11.10 37.89	200m:		300m:	3:46.85	400m:	5:05.36 38.25	
40.	Puszer Damian		00	UKS WODNIK Siemianowice laski				<b>5:09.56</b>	322
	50m:	33.25 33.25	150m:	1:50.29 39.29	250m:	3:50.74 40.36	350m:		
	100m:	1:11.00 37.75	200m:	3:10.38 1:20.09	300m:		400m:	5:09.56	
41.	Wi niewski Paweł		01	Uks Wodnik 29 Katowice				<b>5:12.39</b>	313
	50m:	33.85 33.85	150m:	1:51.70 39.77	250m:	3:13.31 41.03	350m:	4:33.25 40.14	
	100m:	1:11.93 38.08	200m:	2:32.28 40.58	300m:	3:53.11 39.80	400m:	5:12.39 39.14	
42.	Sojka Marcel		00	UKS WODNIK Siemianowice laski				<b>5:22.39</b>	285
	50m:	36.48 36.48	150m:	1:59.82 42.36	250m:	3:23.29 40.85	350m:	4:44.08 39.79	
	100m:	1:17.46 40.98	200m:	2:42.44 42.62	300m:	4:04.29 41.00	400m:	5:22.39 38.31	
43.	Zwyrtek Dominik		00	UKS WODNIK Siemianowice laski				<b>5:39.53</b>	244
	50m:	33.80 33.80	150m:	1:56.90 43.07	250m:	3:27.58 45.91	350m:	4:59.72 46.16	
	100m:	1:13.83 40.03	200m:	2:41.67 44.77	300m:	4:13.56 45.98	400m:	5:39.53 39.81	
44.	Bartosz Łukasz		00	UKS WODNIK Siemianowice laski				<b>5:55.51</b>	212
	50m:	38.83 38.83	150m:	2:09.13 45.96	250m:	3:40.59 45.88	350m:	5:12.46 44.96	
	100m:	1:23.17 44.34	200m:	2:54.71 45.58	300m:	4:27.50 46.91	400m:	5:55.51 43.05	
NIE UK.	Łopaci ski Kacper		95	AZS AWF Katowice					
	50m:	23.46 23.46	150m:		250m:		350m:		
	100m:		200m:		300m:		400m:		