

Mistrzostwa Polski Juniorów 17-18 latków
Gliwice, 13- - 15-3-2015

Event 11
2015-03-13 - 18:30

Women, 400m Medley

17 - 18 years
Results Finals

RP 17	4:38.72	Szczepaniak Karolina	AZS AWF Warszawa	2009-11-29
RP 18	4:33.70	Baranowska Katarzyna	MKP Szczecin	2005-12-11

Points: FINA 2014

Rank			YB					Time	Pts
Final A									
1.	Sienczyk Jowita		97	Zak Biala Podlaska				4:48.04	742
	50m: 30.29	30.29	150m: 1:42.00	36.70	250m: 2:57.77	40.27	350m: 4:14.25	34.83	
	100m: 1:05.30	35.01	200m: 2:17.50	35.50	300m: 3:39.42	41.65	400m: 4:48.04	33.79	
2.	Sproska Magdalena		97	MKS ZRYW Opole				4:53.04	705
	50m: 30.82	30.82	150m: 2:22.30		250m: 3:03.57	41.27	350m: 4:20.20	33.80	
	100m: 1:06.59	35.77	200m: 2:22.30		300m: 3:46.40	42.83	400m: 4:53.04	32.84	
3.	Musiol Wiktoria SO		98	UKP Unia Oswiecim				4:54.69	693
	50m: 30.95	30.95	150m: 1:44.11	36.87	250m: 3:04.47	43.08	350m: 4:22.14	33.68	
	100m: 1:07.24	36.29	200m: 2:21.39	37.28	300m: 3:48.46	43.99	400m: 4:54.69	32.55	
4.	Mendyk Adrianna SO		98	Mks Wodnik Radom				4:55.22	689
	50m: 30.85	30.85	150m: 1:44.08	37.51	250m: 3:02.87	41.65	350m: 4:21.67	35.54	
	100m: 1:06.57	35.72	200m: 2:21.22	37.14	300m: 3:46.13	43.26	400m: 4:55.22	33.55	
5.	Nita Anna SWR		97	WKS Slask Wroclaw				4:59.65	659
	50m: 32.18	32.18	150m: 1:46.14	38.10	250m: 3:07.44	44.09	350m: 4:26.36	34.03	
	100m: 1:08.04	35.86	200m: 2:23.35	37.21	300m: 3:52.33	44.89	400m: 4:59.65	33.29	
6.	Mendowska Paulina SP		97	K.S.Warta Poznan				5:02.34	642
	50m: 31.37	31.37	150m: 1:46.54	39.59	250m: 3:09.07	43.59	350m: 4:28.54	35.25	
	100m: 1:06.95	35.58	200m: 2:25.48	38.94	300m: 3:53.29	44.22	400m: 5:02.34	33.80	
7.	SajECKa Zofia		98	UKS Gim 92 Ursynow				5:02.44	641
	50m: 32.32	32.32	150m: 1:47.29	37.25	250m: 3:08.29	43.88	350m: 4:27.37	34.79	
	100m: 1:10.04	37.72	200m: 2:24.41	37.12	300m: 3:52.58	44.29	400m: 5:02.44	35.07	
8.	Sliwiska Marta		97	CSiR MOS Dabrowa Gornicza				5:09.78	597
	50m: 32.34	32.34	150m: 1:49.04	39.70	250m: 3:12.93	44.48	350m: 4:34.85	36.68	
	100m: 1:09.34	37.00	200m: 2:28.45	39.41	300m: 3:58.17	45.24	400m: 5:09.78	34.93	
Final B									
9.	Teresko Anna		97	CSiR MOS Dabrowa Gornicza				5:07.70	609
	50m: 33.31	33.31	150m: 1:50.81	39.28	250m: 3:13.55	44.16	350m: 4:33.61	34.74	
	100m: 1:11.53	38.22	200m: 2:29.39	38.58	300m: 3:58.87	45.32	400m: 5:07.70	34.09	
10.	Bednarek Aleksandra		98	Mks Jedyńska Lodz				5:08.67	603
	50m: 33.41	33.41	150m: 1:51.76	40.04	250m: 3:14.60	43.69	350m: 4:34.63	35.59	
	100m: 1:11.72	38.31	200m: 2:30.91	39.15	300m: 3:59.04	44.44	400m: 5:08.67	34.04	
11.	Zarychta Anita		98	SKP BARAKUDA Starachowice				5:16.07	562
	50m: 33.24	33.24	150m: 1:50.84	40.49	250m: 3:16.51	45.09	350m: 4:40.60	37.93	
	100m: 1:10.35	37.11	200m: 2:31.42	40.58	300m: 4:02.67	46.16	400m: 5:16.07	35.47	
12.	Kolber Roksana		98	NowyKP Bielsko-Biala				5:18.95	547
	50m: 33.69	33.69	150m: 1:53.84	42.13	250m: 3:21.14	45.36	350m: 4:44.05	37.36	
	100m: 1:11.71	38.02	200m: 2:35.78	41.94	300m: 4:06.69	45.55	400m: 5:18.95	34.90	
13.	Nagorska Monika		97	MUKS Pietnastka Bydgoszcz				5:19.84	542
	50m: 33.72	33.72	150m: 1:55.77	42.70	250m: 3:21.83	43.33	350m: 4:43.98	37.12	
	100m: 1:13.07	39.35	200m: 2:38.50	42.73	300m: 4:06.86	45.03	400m: 5:19.84	35.86	
14.	Wieczorek Magdalena		98	Fala Krasnik				5:22.94	526
	50m: 34.07	34.07	150m: 1:56.00	42.63	250m: 3:22.22	44.71	350m: 4:45.61	38.03	
	100m: 1:13.37	39.30	200m: 2:37.51	41.51	300m: 4:07.58	45.36	400m: 5:22.94	37.33	