

Mistrzostwa Polski Juniorów 17-18 latków  
Gliwice, 13- - 15-3-2015

Konkurencja 19  
2015-03-14 - 9:30

Kobiet, 400m dowolny

17 - 18 lat  
Wyniki Eliminacje

RP 17	4:08.04	Kilija ska Donata	KSZO Ostrowiec w. SSz	2011-12-17
RP 18	4:08.04	Kilija ska Donata	KSZO Ostrowiec w. SSz	2011-12-17

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
1.	Karpisz Milena		97	UKS "Piłka" Konstantynów Łódzki				<b>4:18.71</b>	744 A		
	50m:	30.19 30.19	150m:	1:34.97	32.39	250m:	2:40.03	32.62	350m:	3:46.10	33.10
	100m:	1:02.58 32.39	200m:	2:07.41	32.44	300m:	3:13.00	32.97	400m:	4:18.71	32.61
2.	Orczykowska Wioletta SK		97	KS Limanowa-swim				<b>4:21.16</b>	724 A		
	50m:	29.49 29.49	150m:	1:34.70	32.81	250m:	2:41.45	33.29	350m:	3:48.46	33.49
	100m:	1:01.89 32.40	200m:	2:08.16	33.46	300m:	3:14.97	33.52	400m:	4:21.16	32.70
3.	Jankowska Klaudia		98	UKS Gim 92 Ursynów				<b>4:22.18</b>	715 A		
	50m:	30.16 30.16	150m:	1:36.02	33.02	250m:			350m:	3:49.89	33.49
	100m:	1:03.00 32.84	200m:	2:09.43	33.41	300m:	3:16.40		400m:	4:22.18	32.29
4.	Nowak Julia SWR		97	WKS I sk Wrocław				<b>4:23.06</b>	708 A		
	50m:	30.13 30.13	150m:	1:35.79	32.56	250m:	2:42.64	33.48	350m:	3:49.92	33.46
	100m:	1:03.23 33.10	200m:	2:09.16	33.37	300m:	3:16.46	33.82	400m:	4:23.06	33.14
5.	Borkowska Lucyna SZG		97	SAMBOR Tczew				<b>4:23.48</b>	705 A		
	50m:	30.55 30.55	150m:	1:35.92	33.00	250m:	2:42.75	33.44	350m:	3:50.04	33.82
	100m:	1:02.92 32.37	200m:	2:09.31	33.39	300m:	3:16.22	33.47	400m:	4:23.48	33.44
6.	Wojciechowska Joanna		98	LUKS Orlik Lublin				<b>4:23.92</b>	701 A		
	50m:	30.18 30.18	150m:	1:36.56	33.39	250m:	2:44.00	33.83	350m:	3:51.32	33.60
	100m:	1:03.17 32.99	200m:	2:10.17	33.61	300m:	3:17.72	33.72	400m:	4:23.92	32.60
7.	Teresko Anna		97	CSiR MOS D browa Górnicza				<b>4:29.32</b>	660 A		
	50m:	31.03 31.03	150m:	1:38.24	33.80	250m:	2:46.70	34.24	350m:	3:55.65	34.15
	100m:	1:04.44 33.41	200m:	2:12.46	34.22	300m:	3:21.50	34.80	400m:	4:29.32	33.67
8.	Wardzi ska Martyna		98	MKS Trójka Łód				<b>4:30.20</b>	653 A		
	50m:	30.86 30.86	150m:	1:37.86	33.56	250m:	2:46.81	34.57	350m:	3:56.40	34.65
	100m:	1:04.30 33.44	200m:	2:12.24	34.38	300m:	3:21.75	34.94	400m:	4:30.20	33.80
9.	Gruszczyska Aleksandra SO		98	UKP Unia O wi cim				<b>4:33.77</b>	628 B		
	50m:	30.35 30.35	150m:	1:37.74	34.24	250m:	2:47.53	35.17	350m:	3:58.88	35.82
	100m:	1:03.50 33.15	200m:	2:12.36	34.62	300m:	3:23.06	35.53	400m:	4:33.77	34.89
10.	Zaj c Oliwia SWR		98	MKS Juwenia Wrocław				<b>4:34.44</b>	624 B		
	50m:	31.51 31.51	150m:	1:40.61	34.79	250m:	2:50.05	34.71	350m:	4:00.46	35.45
	100m:	1:05.82 34.31	200m:	2:15.34	34.73	300m:	3:25.01	34.96	400m:	4:34.44	33.98
11.	W cławiak Irena		98	UKS Gim 92 Ursynów				<b>4:35.92</b>	614 B		
	50m:	31.87 31.87	150m:	1:41.88	35.19	250m:	2:53.21	35.26	350m:	4:02.53	34.57
	100m:	1:06.69 34.82	200m:	2:17.95	36.07	300m:	3:27.96	34.75	400m:	4:35.92	33.39
12.	Mesjasz Julia		98	SP Meduza Paj czno				<b>4:35.98</b>	613 B		
	50m:	31.51 31.51	150m:	1:41.26	34.93	250m:	2:51.60	35.30	350m:	4:02.66	35.43
	100m:	1:06.33 34.82	200m:	2:16.30	35.04	300m:	3:27.23	35.63	400m:	4:35.98	33.32
13.	Mazur Maja		98	SALOS Cortile Kielce				<b>4:37.40</b>	604 B		
	50m:	30.76 30.76	150m:	1:39.52	34.92	250m:	2:50.62	35.37	350m:	4:02.39	35.86
	100m:	1:04.60 33.84	200m:	2:15.25	35.73	300m:	3:26.53	35.91	400m:	4:37.40	35.01
14.	Pankowska Wiktoria SO		98	UKP Unia O wi cim				<b>4:39.13</b>	593 B		
	50m:	32.03 32.03	150m:	1:40.83	34.78	250m:	2:51.62	35.32	350m:	4:03.89	36.20
	100m:	1:06.05 34.02	200m:	2:16.30	35.47	300m:	3:27.69	36.07	400m:	4:39.13	35.24
15.	Hasny Marta		98	MKS ZRYW Opole				<b>4:39.79</b>	588 B		
	50m:	31.66 31.66	150m:	1:42.78	35.77	250m:	2:53.99	35.21	350m:	4:04.96	35.06
	100m:	1:07.01 35.35	200m:	2:18.78	36.00	300m:	3:29.90	35.91	400m:	4:39.79	34.83
16.	Giedzicz Katarzyna		98	MKS JUVENIA Białystok				<b>4:42.11</b>	574 B		
	50m:	30.89 30.89	150m:	1:40.65	35.37	250m:	2:53.24	36.63	350m:	4:07.06	36.73
	100m:	1:05.28 34.39	200m:	2:16.61	35.96	300m:	3:30.33	37.09	400m:	4:42.11	35.05

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Pozycja	Rok ur.								Czas	Pkt.
17.	Smoluchowska Magdalena	98	KS AZS-AWFis Gdańsk	<b>4:42.69</b>	570	R				
	50m: 31.97 31.97	150m: 1:43.59	35.96	250m: 2:55.31	35.77	350m: 4:08.35	36.34			
	100m: 1:07.63 35.66	200m: 2:19.54	35.95	300m: 3:32.01	36.70	400m: 4:42.69	34.34			
18.	Bednarek Aleksandra	98	Mks Jedyńka Łódź	<b>4:43.01</b>	569	R				
	50m: 32.11 32.11	150m: 1:42.20	35.62	250m: 2:54.11	35.73	350m: 4:06.96	36.55			
	100m: 1:06.58 34.47	200m: 2:18.38	36.18	300m: 3:30.41	36.30	400m: 4:43.01	36.05			
19.	Zajac Aleksandra	98	UKS Gim 92 Ursynów	<b>4:44.08</b>	562					
	50m: 32.33 32.33	150m: 1:43.23	35.57	250m: 2:55.08	36.02	350m: 4:08.12	36.77			
	100m: 1:07.66 35.33	200m: 2:19.06	35.83	300m: 3:31.35	36.27	400m: 4:44.08	35.96			
20.	Nagórska Monika	97	MUKS Piastka Bydgoszcz	<b>4:44.94</b>	557					
	50m: 31.67 31.67	150m: 1:42.02	35.63	250m: 2:54.85	36.55	350m: 4:08.75	37.02			
	100m: 1:06.39 34.72	200m: 2:18.30	36.28	300m: 3:31.73	36.88	400m: 4:44.94	36.19			
21.	Mycak Katarzyna SO	98	UKP Unia Opole	<b>4:45.43</b>	554					
	50m: 32.16 32.16	150m: 1:42.81	35.76	250m: 2:55.16	36.43	350m: 4:08.98	37.13			
	100m: 1:07.05 34.89	200m: 2:18.73	35.92	300m: 3:31.85	36.69	400m: 4:45.43	36.45			
22.	Wieczorek Magdalena	98	Fala Kraków	<b>4:45.46</b>	554					
	50m: 32.10 32.10	150m: 1:42.36	35.78	250m: 2:54.94	36.55	350m: 4:09.18	37.18			
	100m: 1:06.58 34.48	200m: 2:18.39	36.03	300m: 3:32.00	37.06	400m: 4:45.46	36.28			
23.	Rotter Zuzanna	97	UKS Jedyńka Kórnik	<b>4:47.52</b>	542					
	50m: 32.95 32.95	150m: 1:44.61	36.41	250m: 2:57.97	36.63	350m: 4:11.67	36.74			
	100m: 1:08.20 35.25	200m: 2:21.34	36.73	300m: 3:34.93	36.96	400m: 4:47.52	35.85			
24.	Łosak Wiktoria SK	98	KSZO Ostrowiec	<b>4:48.61</b>	536					
	50m: 33.07 33.07	150m: 1:45.86	36.91	250m: 2:59.67	36.90	350m: 4:13.92	37.31			
	100m: 1:08.95 35.88	200m: 2:22.77	36.91	300m: 3:36.61	36.94	400m: 4:48.61	34.69			
25.	Trzeja Marta	98	Uks Huragan Sosnowiec	<b>4:49.98</b>	528					
	50m: 32.70 32.70	150m: 1:45.06	36.84	250m: 2:59.43	37.02	350m: 4:14.17	37.43			
	100m: 1:08.22 35.52	200m: 2:22.41	37.35	300m: 3:36.74	37.31	400m: 4:49.98	35.81			
26.	Kern Dominika SR	98	MKS SMS Victoria Racibórz	<b>4:50.05</b>	528					
	50m: 32.08 32.08	150m: 1:43.62	35.87	250m: 2:57.00	36.81	350m: 4:13.23	38.02			
	100m: 1:07.75 35.67	200m: 2:20.19	36.57	300m: 3:35.21	38.21	400m: 4:50.05	36.82			
27.	Radosz Joanna	97	UKS Fala Swarzędz	<b>4:54.30</b>	506					
	50m: 33.10 33.10	150m: 1:45.88	36.86	250m: 3:01.58	38.06	350m: 4:17.95	38.04			
	100m: 1:09.02 35.92	200m: 2:23.52	37.64	300m: 3:39.91	38.33	400m: 4:54.30	36.35			
28.	Babior Aleksandra	97	TkKF Szczygłowie	<b>4:55.81</b>	498					
	50m: 32.86 32.86	150m: 1:45.20	36.76	250m: 3:00.78	38.18	350m: 4:17.60	38.33			
	100m: 1:08.44 35.58	200m: 2:22.60	37.40	300m: 3:39.27	38.49	400m: 4:55.81	38.21			
29.	Ziółkowska Daria	98	MTKP Delfin Toruń	<b>4:59.02</b>	482					
	50m: 33.66 33.66	150m: 1:46.85	37.16	250m: 3:02.75	38.32	350m: 4:20.25	38.92			
	100m: 1:09.69 36.03	200m: 2:24.43	37.58	300m: 3:41.33	38.58	400m: 4:59.02	38.77			
30.	Turza Patrycja	98	Uks Huragan Sosnowiec	<b>5:11.40</b>	427					
	50m: 33.99 33.99	150m: 1:50.38	38.96	250m: 3:10.96	40.39	350m: 4:31.90	40.41			
	100m: 1:11.42 37.43	200m: 2:30.57	40.19	300m: 3:51.49	40.53	400m: 5:11.40	39.50			