

Mistrzostwa Polski Juniorów 17-18 latków  
Gliwice, 13- - 15-3-2015

Event 19  
2015-03-14 - 17:25

Women, 400m Freestyle

17 - 18 years  
Results Finals

RP 17	4:08.04	Kilija ska Donata	KSZO Ostrowiec w. SSz	2011-12-17
RP 18	4:08.04	Kilija ska Donata	KSZO Ostrowiec w. SSz	2011-12-17

Points: FINA 2014

Rank			YB					Time	Pts			
<b>Final A</b>												
1.	Orczykowska Wioletta		97	KS Limanowa-swim				<b>4:12.27</b>	803			
	50m:	28.89	28.89	150m:	1:32.60	32.15	250m:	2:37.03	32.09	350m:	3:41.66	32.63
	100m:	1:00.45	31.56	200m:	2:04.94	32.34	300m:	3:09.03	32.00	400m:	4:12.27	30.61
2.	Karpisz Milena		97	UKS"Piatka"Konstantynow Lodzki				<b>4:12.41</b>	802			
	50m:	29.41	29.41	150m:	1:32.73	31.81	250m:	2:36.72	32.01	350m:	3:41.10	32.21
	100m:	1:00.92	31.51	200m:	2:04.71	31.98	300m:	3:08.89	32.17	400m:	4:12.41	31.31
3.	Nowak Julia SWR		97	WKS Slask Wroclaw				<b>4:18.36</b>	747			
	50m:	29.17	29.17	150m:	1:33.12	32.23	250m:	2:38.62	32.57	350m:	3:45.21	33.22
	100m:	1:00.89	31.72	200m:	2:06.05	32.93	300m:	3:11.99	33.37	400m:	4:18.36	33.15
4.	Borkowska Lucyna SZG		97	SAMBOR Tczew				<b>4:19.92</b>	734			
	50m:	30.06	30.06	150m:	1:34.90	32.47	250m:	2:41.47	33.42	350m:	3:47.82	
	100m:	1:02.43	32.37	200m:	2:08.05	33.15	300m:			400m:	4:19.92	32.10
5.	Jankowska Klaudia		98	UKS Gim 92 Ursynow				<b>4:22.88</b>	710			
	50m:	29.80	29.80	150m:	1:34.55	32.50	250m:	2:41.23	33.37	350m:	3:49.33	34.08
	100m:	1:02.05	32.25	200m:	2:07.86	33.31	300m:	3:15.25	34.02	400m:	4:22.88	33.55
6.	Wojciechowska Joanna		98	LUKS Orlik Lublin				<b>4:23.28</b>	706			
	50m:	29.73	29.73	150m:	1:34.58	32.58	250m:	2:41.31	33.54	350m:	3:49.85	34.41
	100m:	1:02.00	32.27	200m:	2:07.77	33.19	300m:	3:15.44	34.13	400m:	4:23.28	33.43
7.	Teresko Anna		97	CSiR MOS Dabrowa Gornicza				<b>4:29.88</b>	656			
	50m:	31.01	31.01	150m:	1:38.15	33.75	250m:	2:46.84	34.38	350m:	3:56.25	34.48
	100m:	1:04.40	33.39	200m:	2:12.46	34.31	300m:	3:21.77	34.93	400m:	4:29.88	33.63
8.	Wardzinska Martyna		98	MKS Trojka Lodz				<b>4:31.44</b>	644			
	50m:	31.18	31.18	150m:	1:40.40	34.90	250m:	2:49.46	34.13	350m:	3:57.70	33.77
	100m:	1:05.50	34.32	200m:	2:15.33	34.93	300m:	3:23.93	34.47	400m:	4:31.44	33.74
<b>Final B</b>												
9.	Gruszczynska Aleksandra SO		98	UKP Unia Oswiecim				<b>4:31.22</b>	646			
	50m:	30.55	30.55	150m:	1:36.85	33.53	250m:	2:46.04	34.72	350m:	3:56.70	35.39
	100m:	1:03.32	32.77	200m:	2:11.32	34.47	300m:	3:21.31	35.27	400m:	4:31.22	34.52
10.	Zajac Oliwia SWR		98	MKS Juvenia Wroclaw				<b>4:33.74</b>	628			
	50m:	31.56	31.56	150m:	1:40.60	34.77	250m:	2:49.74	34.40	350m:	3:59.96	35.28
	100m:	1:05.83	34.27	200m:	2:15.34	34.74	300m:	3:24.68	34.94	400m:	4:33.74	33.78
11.	Pankowska Wiktoria SO		98	UKP Unia Oswiecim				<b>4:34.22</b>	625			
	50m:	31.32	31.32	150m:	1:39.40	34.29	250m:	2:49.20	34.88	350m:	3:59.80	35.36
	100m:	1:05.11	33.79	200m:	2:14.32	34.92	300m:	3:24.44	35.24	400m:	4:34.22	34.42
12.	Mazur Maja		98	SALOS Cortile Kielce				<b>4:35.45</b>	617			
	50m:	31.38	31.38	150m:	1:39.61	34.20	250m:	2:49.55	35.05	350m:	4:00.31	35.62
	100m:	1:05.41	34.03	200m:	2:14.50	34.89	300m:	3:24.69	35.14	400m:	4:35.45	35.14
13.	Mesjasz Julia		98	SP Meduza Pajeczno				<b>4:37.30</b>	604			
	50m:	31.42	31.42	150m:	1:40.75	35.03	250m:	2:51.30	35.25	350m:	4:03.82	36.26
	100m:	1:05.72	34.30	200m:	2:16.05	35.30	300m:	3:27.56	36.26	400m:	4:37.30	33.48
14.	Weclawiak Irena		98	UKS Gim 92 Ursynow				<b>4:39.60</b>	590			
	50m:	31.86	31.86	150m:	1:42.23	35.51	250m:	2:53.59	35.14	350m:	4:04.61	36.04
	100m:	1:06.72	34.86	200m:	2:18.45	36.22	300m:	3:28.57	34.98	400m:	4:39.60	34.99
15.	Zajac Aleksandra		98	UKS Gim 92 Ursynow				<b>4:45.39</b>	554			
	50m:	32.17	32.17	150m:	1:42.10	35.57	250m:	2:54.97	36.59	350m:	4:09.02	36.88
	100m:	1:06.53	34.36	200m:	2:18.38	36.28	300m:	3:32.14	37.17	400m:	4:45.39	36.37
16.	Smoluchowska Magdalena		98	KS AZS-AWFis Gdansk				<b>4:48.69</b>	536			
	50m:	32.35	32.35	150m:	1:44.58	36.64	250m:	2:58.48	36.87	350m:	4:12.44	37.03
	100m:	1:07.94	35.59	200m:	2:21.61	37.03	300m:	3:35.41	36.93	400m:	4:48.69	36.25