

Mistrzostwa Polski Juniorów 17-18 latków
Gliwice, 13- - 15-3-2015

Event 19
2015-03-14 - 9:30

Women, 400m Freestyle

17 - 18 years
Results Prelim

RP 17	4:08.04	Kilija ska Donata	KSZO Ostrowiec w. SSz	2011-12-17
RP 18	4:08.04	Kilija ska Donata	KSZO Ostrowiec w. SSz	2011-12-17

Points: FINA 2014

Rank			YB					Time	Pts			
1.	Karpisz Milena		97	UKS"Piatka"Konstantynow Lodzki				4:18.71	744 A			
	50m:	30.19	30.19	150m:	1:34.97	32.39	250m:	2:40.03	32.62	350m:	3:46.10	33.10
	100m:	1:02.58	32.39	200m:	2:07.41	32.44	300m:	3:13.00	32.97	400m:	4:18.71	32.61
2.	Orczykowska Wioletta		97	KS Limanowa-swim				4:21.16	724 A			
	50m:	29.49	29.49	150m:	1:34.70	32.81	250m:	2:41.45	33.29	350m:	3:48.46	33.49
	100m:	1:01.89	32.40	200m:	2:08.16	33.46	300m:	3:14.97	33.52	400m:	4:21.16	32.70
3.	Jankowska Klaudia		98	UKS Gim 92 Ursynow				4:22.18	715 A			
	50m:	30.16	30.16	150m:	1:36.02	33.02	250m:			350m:	3:49.89	33.49
	100m:	1:03.00	32.84	200m:	2:09.43	33.41	300m:	3:16.40		400m:	4:22.18	32.29
4.	Nowak Julia SWR		97	WKS Slask Wroclaw				4:23.06	708 A			
	50m:	30.13	30.13	150m:	1:35.79	32.56	250m:	2:42.64	33.48	350m:	3:49.92	33.46
	100m:	1:03.23	33.10	200m:	2:09.16	33.37	300m:	3:16.46	33.82	400m:	4:23.06	33.14
5.	Borkowska Lucyna SZG		97	SAMBOR Tczew				4:23.48	705 A			
	50m:	30.55	30.55	150m:	1:35.92	33.00	250m:	2:42.75	33.44	350m:	3:50.04	33.82
	100m:	1:02.92	32.37	200m:	2:09.31	33.39	300m:	3:16.22	33.47	400m:	4:23.48	33.44
6.	Wojciechowska Joanna		98	LUKS Orlik Lublin				4:23.92	701 A			
	50m:	30.18	30.18	150m:	1:36.56	33.39	250m:	2:44.00	33.83	350m:	3:51.32	33.60
	100m:	1:03.17	32.99	200m:	2:10.17	33.61	300m:	3:17.72	33.72	400m:	4:23.92	32.60
7.	Teresko Anna		97	CSiR MOS Dabrowa Gornicza				4:29.32	660 A			
	50m:	31.03	31.03	150m:	1:38.24	33.80	250m:	2:46.70	34.24	350m:	3:55.65	34.15
	100m:	1:04.44	33.41	200m:	2:12.46	34.22	300m:	3:21.50	34.80	400m:	4:29.32	33.67
8.	Wardzinska Martyna		98	MKS Trojka Lodz				4:30.20	653 A			
	50m:	30.86	30.86	150m:	1:37.86	33.56	250m:	2:46.81	34.57	350m:	3:56.40	34.65
	100m:	1:04.30	33.44	200m:	2:12.24	34.38	300m:	3:21.75	34.94	400m:	4:30.20	33.80
9.	Gruszczynska Aleksandra SO		98	UKP Unia Oswiecim				4:33.77	628 B			
	50m:	30.35	30.35	150m:	1:37.74	34.24	250m:	2:47.53	35.17	350m:	3:58.88	35.82
	100m:	1:03.50	33.15	200m:	2:12.36	34.62	300m:	3:23.06	35.53	400m:	4:33.77	34.89
10.	Zajac Oliwia SWR		98	MKS Juvenia Wroclaw				4:34.44	624 B			
	50m:	31.51	31.51	150m:	1:40.61	34.79	250m:	2:50.05	34.71	350m:	4:00.46	35.45
	100m:	1:05.82	34.31	200m:	2:15.34	34.73	300m:	3:25.01	34.96	400m:	4:34.44	33.98
11.	Weclawiak Irena		98	UKS Gim 92 Ursynow				4:35.92	614 B			
	50m:	31.87	31.87	150m:	1:41.88	35.19	250m:	2:53.21	35.26	350m:	4:02.53	34.57
	100m:	1:06.69	34.82	200m:	2:17.95	36.07	300m:	3:27.96	34.75	400m:	4:35.92	33.39
12.	Mesjasz Julia		98	SP Meduza Pajeczno				4:35.98	613 B			
	50m:	31.51	31.51	150m:	1:41.26	34.93	250m:	2:51.60	35.30	350m:	4:02.66	35.43
	100m:	1:06.33	34.82	200m:	2:16.30	35.04	300m:	3:27.23	35.63	400m:	4:35.98	33.32
13.	Mazur Maja		98	SALOS Cortile Kielce				4:37.40	604 B			
	50m:	30.76	30.76	150m:	1:39.52	34.92	250m:	2:50.62	35.37	350m:	4:02.39	35.86
	100m:	1:04.60	33.84	200m:	2:15.25	35.73	300m:	3:26.53	35.91	400m:	4:37.40	35.01
14.	Pankowska Wiktorina SO		98	UKP Unia Oswiecim				4:39.13	593 B			
	50m:	32.03	32.03	150m:	1:40.83	34.78	250m:	2:51.62	35.32	350m:	4:03.89	36.20
	100m:	1:06.05	34.02	200m:	2:16.30	35.47	300m:	3:27.69	36.07	400m:	4:39.13	35.24
15.	Hasny Marta		98	MKS ZRYW Opole				4:39.79	588 B			
	50m:	31.66	31.66	150m:	1:42.78	35.77	250m:	2:53.99	35.21	350m:	4:04.96	35.06
	100m:	1:07.01	35.35	200m:	2:18.78	36.00	300m:	3:29.90	35.91	400m:	4:39.79	34.83
16.	Giedzicz Katarzyna		98	MKS JUVENIA Bialystok				4:42.11	574 B			
	50m:	30.89	30.89	150m:	1:40.65	35.37	250m:	2:53.24	36.63	350m:	4:07.06	36.73
	100m:	1:05.28	34.39	200m:	2:16.61	35.96	300m:	3:30.33	37.09	400m:	4:42.11	35.05

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Rank					YB					Time	Pts	
17.	Smoluchowska Magdalena				98	KS AZS-AWFis Gdansk				4:42.69	570 R	
	50m:	31.97	31.97	150m:	1:43.59	35.96	250m:	2:55.31	35.77	350m:	4:08.35	36.34
	100m:	1:07.63	35.66	200m:	2:19.54	35.95	300m:	3:32.01	36.70	400m:	4:42.69	34.34
18.	Bednarek Aleksandra				98	Mks Jedyńka Lodz				4:43.01	569 R	
	50m:	32.11	32.11	150m:	1:42.20	35.62	250m:	2:54.11	35.73	350m:	4:06.96	36.55
	100m:	1:06.58	34.47	200m:	2:18.38	36.18	300m:	3:30.41	36.30	400m:	4:43.01	36.05
19.	Zajac Aleksandra				98	UKS Gim 92 Ursynow				4:44.08	562	
	50m:	32.33	32.33	150m:	1:43.23	35.57	250m:	2:55.08	36.02	350m:	4:08.12	36.77
	100m:	1:07.66	35.33	200m:	2:19.06	35.83	300m:	3:31.35	36.27	400m:	4:44.08	35.96
20.	Nagorska Monika				97	MUKS Pietnastka Bydgoszcz				4:44.94	557	
	50m:	31.67	31.67	150m:	1:42.02	35.63	250m:	2:54.85	36.55	350m:	4:08.75	37.02
	100m:	1:06.39	34.72	200m:	2:18.30	36.28	300m:	3:31.73	36.88	400m:	4:44.94	36.19
21.	Mycak Katarzyna SO				98	UKP Unia Oswiecim				4:45.43	554	
	50m:	32.16	32.16	150m:	1:42.81	35.76	250m:	2:55.16	36.43	350m:	4:08.98	37.13
	100m:	1:07.05	34.89	200m:	2:18.73	35.92	300m:	3:31.85	36.69	400m:	4:45.43	36.45
22.	Wieczorek Magdalena				98	Fala Krasnik				4:45.46	554	
	50m:	32.10	32.10	150m:	1:42.36	35.78	250m:	2:54.94	36.55	350m:	4:09.18	37.18
	100m:	1:06.58	34.48	200m:	2:18.39	36.03	300m:	3:32.00	37.06	400m:	4:45.46	36.28
23.	Rotter Zuzanna				97	UKS Jedyńka Kornik				4:47.52	542	
	50m:	32.95	32.95	150m:	1:44.61	36.41	250m:	2:57.97	36.63	350m:	4:11.67	36.74
	100m:	1:08.20	35.25	200m:	2:21.34	36.73	300m:	3:34.93	36.96	400m:	4:47.52	35.85
24.	Losak Wiktoria				98	KSZO Ostrowiec				4:48.61	536	
	50m:	33.07	33.07	150m:	1:45.86	36.91	250m:	2:59.67	36.90	350m:	4:13.92	37.31
	100m:	1:08.95	35.88	200m:	2:22.77	36.91	300m:	3:36.61	36.94	400m:	4:48.61	34.69
25.	Trzeja Marta				98	Uks Huragan Sosnowiec				4:49.98	528	
	50m:	32.70	32.70	150m:	1:45.06	36.84	250m:	2:59.43	37.02	350m:	4:14.17	37.43
	100m:	1:08.22	35.52	200m:	2:22.41	37.35	300m:	3:36.74	37.31	400m:	4:49.98	35.81
26.	Kern Dominika SR				98	MKS SMS Victoria Raciborz				4:50.05	528	
	50m:	32.08	32.08	150m:	1:43.62	35.87	250m:	2:57.00	36.81	350m:	4:13.23	38.02
	100m:	1:07.75	35.67	200m:	2:20.19	36.57	300m:	3:35.21	38.21	400m:	4:50.05	36.82
27.	Radosz Joanna				97	UKS Fala Swarzedz				4:54.30	506	
	50m:	33.10	33.10	150m:	1:45.88	36.86	250m:	3:01.58	38.06	350m:	4:17.95	38.04
	100m:	1:09.02	35.92	200m:	2:23.52	37.64	300m:	3:39.91	38.33	400m:	4:54.30	36.35
28.	Banbor Aleksandra				97	Tkkf Szczyglowice				4:55.81	498	
	50m:	32.86	32.86	150m:	1:45.20	36.76	250m:	3:00.78	38.18	350m:	4:17.60	38.33
	100m:	1:08.44	35.58	200m:	2:22.60	37.40	300m:	3:39.27	38.49	400m:	4:55.81	38.21
29.	Ziolkowska Daria				98	Delfin Torun				4:59.02	482	
	50m:	33.66	33.66	150m:	1:46.85	37.16	250m:	3:02.75	38.32	350m:	4:20.25	38.92
	100m:	1:09.69	36.03	200m:	2:24.43	37.58	300m:	3:41.33	38.58	400m:	4:59.02	38.77
30.	Turza Patrycja				98	Uks Huragan Sosnowiec				5:11.40	427	
	50m:	33.99	33.99	150m:	1:50.38	38.96	250m:	3:10.96	40.39	350m:	4:31.90	40.41
	100m:	1:11.42	37.43	200m:	2:30.57	40.19	300m:	3:51.49	40.53	400m:	5:11.40	39.50