

Mistrzostwa Polski Juniorów 17-18 latków  
Gliwice, 13- - 15-3-2015

Event 20 Boys, 400m Freestyle 17 - 18 years  
2015-03-14 - 9:55 Results Prelim

RP 17	3:45.26	Wojdak Wojciech	UKP Unia O wi cim SO	2013-12-19
RP 18	3:41.69	Wojdak Wojciech	UKP Unia O wi cim SO	2014-12-18
Min.IE	3:48.25			

: 3:48.25

Points: FINA 2014

Rank			YB					Time	Pts
1.	Staniszewski Adam SSz		97	MKP Szczecin				<b>3:56.13</b>	726 A
	50m: 27.23 27.23	150m: 1:27.28	30.14	250m: 2:27.52	30.15	350m: 3:27.43	29.90		
	100m: 57.14 29.91	200m: 1:57.37	30.09	300m: 2:57.53	30.01	400m: 3:56.13	28.70		
2.	Jaszczak Wiktor SWR		97	WKS Slask Wroclaw				<b>3:56.20</b>	725 A
	50m: 27.25 27.25	150m: 1:26.65	29.95	250m: 2:27.03	30.08	350m: 3:26.99	29.98		
	100m: 56.70 29.45	200m: 1:56.95	30.30	300m: 2:57.01	29.98	400m: 3:56.20	29.21		
3.	Goleniec Lukasz SO		97	UKP Unia Oswiecim				<b>3:56.76</b>	720 A
	50m: 27.49 27.49	150m: 1:27.60	30.29	250m: 2:28.61	30.46	350m: 3:28.38	29.39		
	100m: 57.31 29.82	200m: 1:58.15	30.55	300m: 2:58.99	30.38	400m: 3:56.76	28.38		
4.	Chrzanowski Damian		98	MZOS Plock				<b>3:56.85</b>	719 A
	50m: 27.30 27.30	150m: 1:27.98	30.47	250m: 2:28.09	29.95	350m: 3:27.99	29.82		
	100m: 57.51 30.21	200m: 1:58.14	30.16	300m: 2:58.17	30.08	400m: 3:56.85	28.86		
5.	Arndt Mateusz		98	KS Delfin Gdynia				<b>3:57.53</b>	713 A
	50m: 27.22 27.22	150m: 1:26.81	29.93	250m: 2:27.62	30.46	350m: 3:28.34	30.29		
	100m: 56.88 29.66	200m: 1:57.16	30.35	300m: 2:58.05	30.43	400m: 3:57.53	29.19		
6.	Deren Kacper		98	MKS 9 Dzierzoniow				<b>3:58.24</b>	707 A
	50m: 27.38 27.38	150m: 1:27.00	30.01	250m: 2:27.69	30.29	350m: 3:28.87	30.59		
	100m: 56.99 29.61	200m: 1:57.40	30.40	300m: 2:58.28	30.59	400m: 3:58.24	29.37		
7.	Bujak Piotr		97	SALOS Cortile Kielce				<b>3:58.49</b>	704 A
	50m: 27.65 27.65	150m: 1:27.80	30.22	250m: 2:28.43	30.13	350m: 3:29.71	30.48		
	100m: 57.58 29.93	200m: 1:58.30	30.50	300m: 2:59.23	30.80	400m: 3:58.49	28.78		
8.	Kasztelan Mateusz SOL		98	MTP KORMORAN Olsztyn				<b>3:58.60</b>	703 A
	50m: 27.17 27.17	150m: 1:27.03	30.25	250m: 2:27.74	30.37	350m: 3:28.94	30.74		
	100m: 56.78 29.61	200m: 1:57.37	30.34	300m: 2:58.20	30.46	400m: 3:58.60	29.66		
9.	Debski Dominik		98	MKS Trojka Lodz				<b>3:59.64</b>	694 B
	50m: 27.89 27.89	150m: 1:28.97	30.68	250m: 2:29.51	30.22	350m: 3:30.25	30.29		
	100m: 58.29 30.40	200m: 1:59.29	30.32	300m: 2:59.96	30.45	400m: 3:59.64	29.39		
10.	Topolski Arkadiusz SO		98	UKP Unia Oswiecim				<b>4:00.58</b>	686 B
	50m: 27.98 27.98	150m: 1:28.99	30.79	250m: 2:30.33	30.74	350m: 3:32.10	30.87		
	100m: 58.20 30.22	200m: 1:59.59	30.60	300m: 3:01.23	30.90	400m: 4:00.58	28.48		
11.	Hodur Filip SWwa		97	Mks Polonia Warszawa				<b>4:00.79</b>	684 B
	50m: 27.46 27.46	150m: 1:27.87	30.48	250m: 2:29.31	30.44	350m: 3:31.16	30.85		
	100m: 57.39 29.93	200m: 1:58.87	31.00	300m: 3:00.31	31.00	400m: 4:00.79	29.63		
12.	Zwolinski Marcin		97	CSiR MOS Dabrowa Gornicza				<b>4:00.93</b>	683 B
	50m: 27.74 27.74	150m: 1:27.95	30.13	250m: 2:28.47	30.12	350m: 3:30.25	30.99		
	100m: 57.82 30.08	200m: 1:58.35	30.40	300m: 2:59.26	30.79	400m: 4:00.93	30.68		
13.	Sinitchine Radoslaw		98	MTP KORMORAN Olsztyn				<b>4:01.49</b>	678 B
	50m: 27.22 27.22	150m: 1:28.03	30.30	250m: 2:29.61	30.84	350m: 3:31.43	30.85		
	100m: 57.73 30.51	200m: 1:58.77	30.74	300m: 3:00.58	30.97	400m: 4:01.49	30.06		
14.	Roj Konrad SSz		98	MKP Szczecin				<b>4:01.63</b>	677 B
	50m: 27.82 27.82	150m: 1:28.77	30.57	250m: 2:30.35	30.86	350m: 3:32.34	30.96		
	100m: 58.20 30.38	200m: 1:59.49	30.72	300m: 3:01.38	31.03	400m: 4:01.63	29.29		
15.	Chodan Alan SOL		98	MTP KORMORAN Olsztyn				<b>4:01.92</b>	675 B
	50m: 28.09 28.09	150m: 1:28.70	30.39	250m: 2:29.82	30.62	350m: 3:31.50	30.65		
	100m: 58.31 30.22	200m: 1:59.20	30.50	300m: 3:00.85	31.03	400m: 4:01.92	30.42		
16.	Popis Emil SR		98	MKS SMS Victoria Raciborz				<b>4:02.16</b>	673 B
	50m: 27.77 27.77	150m: 1:29.59	31.19	250m: 2:31.36	30.74	350m: 3:32.66	30.52		
	100m: 58.40 30.63	200m: 2:00.62	31.03	300m: 3:02.14	30.78	400m: 4:02.16	29.50		

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Rank					YB					Time	Pts	
17.	Brodowski Jakub				97	MKP Slowianka Gorzow				<b>4:02.58</b>	669 R	
	50m:	27.80	27.80	150m:	1:28.54	30.49	250m:	2:30.10	30.76	350m:	3:31.82	30.79
	100m:	58.05	30.25	200m:	1:59.34	30.80	300m:	3:01.03	30.93	400m:	4:02.58	30.76
18.	Dytkowski Jan SOc				97	KSZO Ostrowiec				<b>4:02.63</b>	669 R	
	50m:	27.47	27.47	150m:	1:27.52	30.30	250m:	2:27.84	29.79	350m:	3:30.28	31.64
	100m:	57.22	29.75	200m:	1:58.05	30.53	300m:	2:58.64	30.80	400m:	4:02.63	32.35
19.	Sola Kornel				97	Fala Krasnik				<b>4:02.70</b>	668	
	50m:	28.43	28.43	150m:	1:29.17	30.47	250m:	2:30.78	30.69	350m:	3:32.63	30.99
	100m:	58.70	30.27	200m:	2:00.09	30.92	300m:	3:01.64	30.86	400m:	4:02.70	30.07
20.	Dobrzynski Tomasz SWwa				98	Uks G-8 Bielany Warszawa				<b>4:03.28</b>	664	
	50m:	27.69	27.69	150m:	1:28.48	30.29	250m:	2:29.76	30.64	350m:	3:31.76	31.12
	100m:	58.19	30.50	200m:	1:59.12	30.64	300m:	3:00.64	30.88	400m:	4:03.28	31.52
21.	Szpojankowski Kacper				98	MTP KORMORAN Olsztyn				<b>4:03.84</b>	659	
	50m:	28.12	28.12	150m:	1:28.00	29.98	250m:	2:29.84	30.86	350m:	3:32.94	31.73
	100m:	58.02	29.90	200m:	1:58.98	30.98	300m:	3:01.21	31.37	400m:	4:03.84	30.90
22.	Porwat Michal				98	MZOS Plock				<b>4:06.53</b>	638	
	50m:	27.64	27.64	150m:	1:30.15	31.72	250m:	2:34.19	31.88	350m:	3:36.95	30.87
	100m:	58.43	30.79	200m:	2:02.31	32.16	300m:	3:06.08	31.89	400m:	4:06.53	29.58
23.	Sodel Dominik				97	AZS AWF Katowice				<b>4:06.83</b>	635	
	50m:	26.96	26.96	150m:	1:28.34	31.21	250m:	2:32.67	32.33	350m:	3:37.27	31.84
	100m:	57.13	30.17	200m:	2:00.34	32.00	300m:	3:05.43	32.76	400m:	4:06.83	29.56
24.	Lechowicz Filip SO				97	KS Korona Krakow				<b>4:07.01</b>	634	
	50m:	28.25	28.25	150m:	1:30.92	31.36	250m:	2:33.91	31.31	350m:	3:37.30	31.67
	100m:	59.56	31.31	200m:	2:02.60	31.68	300m:	3:05.63	31.72	400m:	4:07.01	29.71
25.	Stec ADAM SSz				97	MKP Szczecin				<b>4:07.58</b>	630	
	50m:	28.88	28.88	150m:	1:31.39	31.33	250m:	2:34.52	31.25	350m:	3:37.43	31.33
	100m:	1:00.06	31.18	200m:	2:03.27	31.88	300m:	3:06.10	31.58	400m:	4:07.58	30.15
26.	Szulgo Filip				97	MKP Szczecin				<b>4:07.72</b>	629	
	50m:	28.65	28.65	150m:	1:31.19	31.41	250m:	2:33.88	31.20	350m:	3:37.59	31.99
	100m:	59.78	31.13	200m:	2:02.68	31.49	300m:	3:05.60	31.72	400m:	4:07.72	30.13
27.	Bochnowski Maciej SK				98	Mkp Bobry Debica				<b>4:07.92</b>	627	
	50m:	28.17	28.17	150m:	1:30.14	31.26	250m:	2:33.22	31.62	350m:	3:37.31	31.88
	100m:	58.88	30.71	200m:	2:01.60	31.46	300m:	3:05.43	32.21	400m:	4:07.92	30.61
28.	Gorski Marcin				97	MKP Szczecin				<b>4:08.12</b>	625	
	50m:	28.60	28.60	150m:	1:30.60	31.35	250m:	2:33.19	31.33	350m:	3:37.17	32.43
	100m:	59.25	30.65	200m:	2:01.86	31.26	300m:	3:04.74	31.55	400m:	4:08.12	30.95
29.	Kaczorowski Jakub				97	Uks,,Zoliborz" Warszawa				<b>4:08.26</b>	624	
	50m:	27.95	27.95	150m:	1:29.66	31.02	250m:	2:33.13	31.73	350m:	3:37.13	32.11
	100m:	58.64	30.69	200m:	2:01.40	31.74	300m:	3:05.02	31.89	400m:	4:08.26	31.13
30.	Bruchajzer Dominik				97	MZOS Plock				<b>4:09.34</b>	616	
	50m:	27.68	27.68	150m:	1:28.58	30.79	250m:	2:31.74	31.82	350m:	3:37.15	32.79
	100m:	57.79	30.11	200m:	1:59.92	31.34	300m:	3:04.36	32.62	400m:	4:09.34	32.19
31.	Szpyra Lukasz				97	MKP Slowianka Gorzow				<b>4:10.00</b>	611	
	50m:	28.33	28.33	150m:	1:30.14	31.23	250m:	2:34.45	32.01	350m:	3:38.71	31.52
	100m:	58.91	30.58	200m:	2:02.44	32.30	300m:	3:07.19	32.74	400m:	4:10.00	31.29
32.	Napieraj Jan SWwa				98	Mks Polonia Warszawa				<b>4:10.11</b>	611	
	50m:	28.39	28.39	150m:	1:30.24	31.16	250m:	2:33.55	31.47	350m:	3:38.11	32.44
	100m:	59.08	30.69	200m:	2:02.08	31.84	300m:	3:05.67	32.12	400m:	4:10.11	32.00
33.	Bruzdziak Maciej SOL				98	MTP KORMORAN Olsztyn				<b>4:10.15</b>	610	
	50m:	28.05	28.05	150m:	1:30.78	31.89	250m:	2:34.71	31.85	350m:	3:38.96	31.97
	100m:	58.89	30.84	200m:	2:02.86	32.08	300m:	3:06.99	32.28	400m:	4:10.15	31.19
34.	Sternak Piotr SOL				98	MZOS Plock				<b>4:10.96</b>	604	
	50m:	28.23	28.23	150m:	1:31.47	32.02	250m:	2:35.46	31.72	350m:	3:39.73	32.20
	100m:	59.45	31.22	200m:	2:03.74	32.27	300m:	3:07.53	32.07	400m:	4:10.96	31.23

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Rank					YB					Time	Pts	
35.	Jaraszkiwicz Piotr				98	UKS CITYZEN Poznan				<b>4:11.47</b>	601	
	50m:	30.44	30.44	150m:	1:34.21	31.76	250m:	2:37.28	31.46	350m:	3:39.87	31.51
	100m:	1:02.45	32.01	200m:	2:05.82	31.61	300m:	3:08.36	31.08	400m:	4:11.47	31.60
36.	Zuchowski Ernest				97	KS Delfin Gdynia				<b>4:12.34</b>	595	
	50m:	27.87	27.87	150m:	1:29.56	31.00	250m:	2:33.73	32.25	350m:	3:39.92	33.20
	100m:	58.56	30.69	200m:	2:01.48	31.92	300m:	3:06.72	32.99	400m:	4:12.34	32.42
37.	Manczak Blazej				98	KS Delfin Gdynia				<b>4:12.42</b>	594	
	50m:	28.11	28.11	150m:	1:30.06	31.50	250m:	2:34.61	32.46	350m:	3:40.16	32.66
	100m:	58.56	30.45	200m:	2:02.15	32.09	300m:	3:07.50	32.89	400m:	4:12.42	32.26
38.	Kuczma Jędrzej SWR				98	WKS Slask Wroclaw				<b>4:12.48</b>	594	
	50m:	27.42	27.42	150m:	1:29.96	31.92	250m:	2:34.28	32.09	350m:	3:40.20	32.99
	100m:	58.04	30.62	200m:	2:02.19	32.23	300m:	3:07.21	32.93	400m:	4:12.48	32.28
39.	Zapalski Konrad				98	Fala Krasnik				<b>4:13.23</b>	588	
	50m:	28.46	28.46	150m:	1:30.19	31.21	250m:	2:34.04	32.16	350m:	3:39.90	33.07
	100m:	58.98	30.52	200m:	2:01.88	31.69	300m:	3:06.83	32.79	400m:	4:13.23	33.33
40.	Meszka Ernest				97	UKS NAWA Skierniewice				<b>4:13.91</b>	584	
	50m:	29.79	29.79	150m:	1:34.67	32.37	250m:	2:39.11	32.21	350m:	3:44.03	32.56
	100m:	1:02.30	32.51	200m:	2:06.90	32.23	300m:	3:11.47	32.36	400m:	4:13.91	29.88
41.	Durajczyk Michal				97	IKS Konstancin				<b>4:13.93</b>	583	
	50m:	27.73	27.73	150m:	1:29.11	31.16	250m:	2:33.29	32.19	350m:	3:40.04	33.84
	100m:	57.95	30.22	200m:	2:01.10	31.99	300m:	3:06.20	32.91	400m:	4:13.93	33.89
42.	Fraczek Pawel				98	MKP Gdansk				<b>4:14.19</b>	582	
	50m:	29.89	29.89	150m:	1:34.14	32.19	250m:	2:38.82	32.20	350m:	3:43.30	32.29
	100m:	1:01.95	32.06	200m:	2:06.62	32.48	300m:	3:11.01	32.19	400m:	4:14.19	30.89
43.	Grabarczyk Olaf SR				98	MKS SMS Victoria Raciborz				<b>4:14.73</b>	578	
	50m:	29.99	29.99	150m:	1:34.75	32.79	250m:	2:39.80	32.41	350m:		
	100m:	1:01.96	31.97	200m:	2:07.39	32.64	300m:	3:12.27	32.47	400m:	4:14.73	
44.	Michniewski Tadeusz				98	JAGIELLONKA Warszawa				<b>4:14.99</b>	576	
	50m:	28.27	28.27	150m:	1:33.47	32.72	250m:	2:38.90	32.66	350m:	3:44.21	32.25
	100m:	1:00.75	32.48	200m:	2:06.24	32.77	300m:	3:11.96	33.06	400m:	4:14.99	30.78
45.	Kowalski Patryk SOc				97	UNIA Busko Zdroj				<b>4:15.11</b>	575	
	50m:	29.41	29.41	150m:	1:33.25	31.48	250m:	2:37.68	32.33	350m:	3:42.96	32.80
	100m:	1:01.77	32.36	200m:	2:05.35	32.10	300m:	3:10.16	32.48	400m:	4:15.11	32.15
46.	Klimczuk Karol				97	KS AZS-AWFis Gdansk				<b>4:15.80</b>	571	
	50m:	27.71	27.71	150m:	1:31.39	32.25	250m:	2:37.53	32.68	350m:	3:44.02	33.21
	100m:	59.14	31.43	200m:	2:04.85	33.46	300m:	3:10.81	33.28	400m:	4:15.80	31.78
47.	Oleksy Hubert				98	MUKS Pietnastka Bydgoszcz				<b>4:16.32</b>	567	
	50m:	28.64	28.64	150m:	1:33.21	32.65	250m:	2:38.94	32.88	350m:	3:44.72	32.81
	100m:	1:00.56	31.92	200m:	2:06.06	32.85	300m:	3:11.91	32.97	400m:	4:16.32	31.60
48.	Matura Klaudiusz SR				98	MKS SMS Victoria Raciborz				<b>4:18.56</b>	553	
	50m:	29.20	29.20	150m:	1:34.24	32.98	250m:	2:40.45	33.16	350m:	3:46.92	33.26
	100m:	1:01.26	32.06	200m:	2:07.29	33.05	300m:	3:13.66	33.21	400m:	4:18.56	31.64
49.	Chrapek Marcin				98	MTP Delfin Cieszyn				<b>4:18.68</b>	552	
	50m:	29.55	29.55	150m:	1:34.23	32.62	250m:	2:39.19	32.45	350m:	3:45.16	33.28
	100m:	1:01.61	32.06	200m:	2:06.74	32.51	300m:	3:11.88	32.69	400m:	4:18.68	33.52
50.	Grzymiski Mateusz SWR				98	WKS Slask Wroclaw				<b>4:19.42</b>	547	
	50m:	29.48	29.48	150m:	1:34.15	32.55	250m:	2:40.23	32.90	350m:	3:47.33	33.61
	100m:	1:01.60	32.12	200m:	2:07.33	33.18	300m:	3:13.72	33.49	400m:	4:19.42	32.09
51.	Drapiewski Patryk				98	MUKS Pietnastka Bydgoszcz				<b>4:19.59</b>	546	
	50m:	28.63	28.63	150m:	1:33.02	32.73	250m:	2:39.80	33.58	350m:	3:46.62	33.11
	100m:	1:00.29	31.66	200m:	2:06.22	33.20	300m:	3:13.51	33.71	400m:	4:19.59	32.97
52.	Zaborowski Pawel				98	Mks Jedynka Lodz				<b>4:20.32</b>	542	
	50m:	28.44	28.44	150m:	1:34.73	33.67	250m:	2:42.19	34.11	350m:	3:48.75	33.29
	100m:	1:01.06	32.62	200m:	2:08.08	33.35	300m:	3:15.46	33.27	400m:	4:20.32	31.57

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Rank					YB					Time	Pts	
53.	Kruk Tomasz				98	Kp Astromal Akwawit Leszno				<b>4:20.60</b>	540	
	50m:	29.27	29.27	150m:	1:34.75	33.07	250m:	2:42.44	33.63	350m:	3:49.19	32.79
	100m:	1:01.68	32.41	200m:	2:08.81	34.06	300m:	3:16.40	33.96	400m:	4:20.60	31.41
54.	Wachnik Jakub				98	UKS Pirania Targowek				<b>4:22.61</b>	527	
	50m:	29.22	29.22	150m:	1:35.02	33.26	250m:	2:42.11	33.64	350m:	3:49.78	33.91
	100m:	1:01.76	32.54	200m:	2:08.47	33.45	300m:	3:15.87	33.76	400m:	4:22.61	32.83
55.	Potocki Daniel SWR				98	WKS Slask Wroclaw				<b>4:23.43</b>	523	
	50m:	29.31	29.31	150m:	1:35.04	33.25	250m:	2:42.19	33.45	350m:	3:50.86	34.09
	100m:	1:01.79	32.48	200m:	2:08.74	33.70	300m:	3:16.77	34.58	400m:	4:23.43	32.57
56.	Osses Filip SP				97	K.S.Warta Poznan				<b>4:23.46</b>	522	
	50m:	29.64	29.64	150m:	1:34.61	32.99	250m:	2:41.49	33.84	350m:	3:50.13	34.36
	100m:	1:01.62	31.98	200m:	2:07.65	33.04	300m:	3:15.77	34.28	400m:	4:23.46	33.33
57.	Kurowski Szymon SR				98	AZS AWF Katowice				<b>4:28.77</b>	492	
	50m:	27.80	27.80	150m:	1:31.25	32.69	250m:	2:39.43	34.76	350m:	3:52.64	36.88
	100m:	58.56	30.76	200m:	2:04.67	33.42	300m:	3:15.76	36.33	400m:	4:28.77	36.13
58.	Tkaczyk Konrad				97	Uks Orka Luban				<b>4:32.65</b>	471	
	50m:	29.81	29.81	150m:	1:36.85	33.88	250m:			350m:	3:57.80	35.59
	100m:	1:02.97	33.16	200m:	2:11.47	34.62	300m:	3:22.21		400m:	4:32.65	34.85
59.	Kaczmarczyk Adrian				97	Uks Delfin Legionowo				<b>4:36.27</b>	453	
	50m:	29.83	29.83	150m:	1:38.34	34.84	250m:	2:49.84	35.95	350m:	4:01.39	35.69
	100m:	1:03.50	33.67	200m:	2:13.89	35.55	300m:	3:25.70	35.86	400m:	4:36.27	34.88
60.	Kepinski Michal				97	SKS 137 Delfin Lodz				<b>4:37.09</b>	449	
	50m:	30.69	30.69	150m:	1:39.43	34.78	250m:	2:50.25	35.17	350m:	4:01.66	35.37
	100m:	1:04.65	33.96	200m:	2:15.08	35.65	300m:	3:26.29	36.04	400m:	4:37.09	35.43
61.	Zimowski Oskar				97	JAGIELLONKA Warszawa				<b>4:38.23</b>	443	
	50m:	27.41	27.41	150m:	1:35.33	35.23	250m:	2:47.40	36.79	350m:	4:01.75	37.58
	100m:	1:00.10	32.69	200m:	2:10.61	35.28	300m:	3:24.17	36.77	400m:	4:38.23	36.48
62.	Nowicki Kacper				98	UMKS Nieslyszacych Poznan				<b>4:59.10</b>	357	
	50m:	33.08	33.08	150m:	1:49.06	38.69	250m:	3:07.55	39.31	350m:	4:25.04	38.53
	100m:	1:10.37	37.29	200m:	2:28.24	39.18	300m:	3:46.51	38.96	400m:	4:59.10	34.06
63.	Kaluzny Daniel				97	MKP Slowianka Gorzow				<b>5:11.20</b>	317	
	50m:	35.11	35.11	150m:	1:55.11	40.60	250m:	3:55.36	1:19.73	350m:	5:11.20	37.83
	100m:	1:14.51	39.40	200m:	2:35.63	40.52	300m:	4:33.37	38.01	400m:	5:11.20	