

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Gliwice, 26- - 27-3-2015

Konkurencja 7  
2015-03-26 - 16:50

Dziewcz t, 400m dowolny

12 lat  
Wyniki

Rekord Polski 12 lat 4:35.20 Kwiatkowska Agnieszka Stal Stocznia Szczecin 1982-11-20

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Kocur Sandra		03	LKS Jedno	32 Przyszowice		<b>4:57.74</b>	488	
	50m: 33.06	33.06	150m: 1:46.77	37.52	250m: 3:03.10	38.70	350m: 4:20.94	39.22	
	100m: 1:09.25	36.19	200m: 2:24.40	37.63	300m: 3:41.72	38.62	400m: 4:57.74	36.80	
2.	Swaczyna Magdalena		03	LKS Jedno	32 Przyszowice		<b>5:04.73</b>	455	
	50m: 34.28	34.28	150m: 1:50.57	38.81	250m: 3:08.88	39.21	350m: 4:27.36	38.86	
	100m: 1:11.76	37.48	200m: 2:29.67	39.10	300m: 3:48.50	39.62	400m: 5:04.73	37.37	
3.	Malina Amelia		03	K.S. Górnik Sosnowiec			<b>5:16.45</b>	407	
	50m: 34.54	34.54	150m: 1:52.12	39.63	250m: 3:13.38	41.07	350m: 4:36.45	41.75	
	100m: 1:12.49	37.95	200m: 2:32.31	40.19	300m: 3:54.70	41.32	400m: 5:16.45	40.00	
4.	Famulok Zuzanna		03	UKS Aquatica Pawłowice			<b>5:19.56</b>	395	
	50m: 34.81	34.81	150m: 1:55.41	41.09	250m: 3:17.91	41.41	350m: 4:40.84	41.36	
	100m: 1:14.32	39.51	200m: 2:36.50	41.09	300m: 3:59.48	41.57	400m: 5:19.56	38.72	
5.	Sczogiel Alicja		03	UKS 54 Delfinek Bytom			<b>5:23.25</b>	381	
	50m: 35.71	35.71	150m: 1:57.19	41.08	250m: 3:20.45	42.02	350m: 4:44.45	41.71	
	100m: 1:16.11	40.40	200m: 2:38.43	41.24	300m: 4:02.74	42.29	400m: 5:23.25	38.80	
6.	Drzazga Emilia		03	ULKS VICTORIA Kozy			<b>5:35.91</b>	340	
	50m: 36.85	36.85	150m: 2:02.21	43.35	250m: 3:29.62	43.58	350m: 4:56.25	43.08	
	100m: 1:18.86	42.01	200m: 2:46.04	43.83	300m: 4:13.17	43.55	400m: 5:35.91	39.66	
7.	Kuziów Martyna		03	ULKS VICTORIA Kozy			<b>5:37.19</b>	336	
	50m: 36.18	36.18	150m: 1:59.47	42.56	250m: 3:26.83	43.89	350m: 4:55.73	44.40	
	100m: 1:16.91	40.73	200m: 2:42.94	43.47	300m: 4:11.33	44.50	400m: 5:37.19	41.46	
8.	Kindrat Julia		03	SiKReT Gliwice			<b>5:39.92</b>	328	
	50m: 37.05	37.05	150m: 2:03.26	43.81	250m: 3:31.69	44.34	350m: 4:58.56	43.69	
	100m: 1:19.45	42.40	200m: 2:47.35	44.09	300m: 4:14.87	43.18	400m: 5:39.92	41.36	
9.	Botor Kinga		03	LKS Jedno	32 Przyszowice		<b>5:42.63</b>	320	
	50m: 38.90	38.90	150m: 2:05.15	43.84	250m: 3:32.88	43.88	350m: 5:00.59	43.98	
	100m: 1:21.31	42.41	200m: 2:49.00	43.85	300m: 4:16.61	43.73	400m: 5:42.63	42.04	
10.	Mikszan Zuzanna		03	UKS Aquatica Pawłowice			<b>5:48.62</b>	304	
	50m: 36.74	36.74	150m: 2:04.19	44.50	250m: 3:33.83	45.18	350m: 5:05.76	46.02	
	100m: 1:19.69	42.95	200m: 2:48.65	44.46	300m: 4:19.74	45.91	400m: 5:48.62	42.86	
11.	Jagieniak Izabella		03	UKS 5 plus 1 Opole			<b>5:50.26</b>	300	
	50m: 37.62	37.62	150m: 2:04.79	44.67	250m: 3:36.24	46.01	350m: 5:06.58	45.11	
	100m: 1:20.12	42.50	200m: 2:50.23	45.44	300m: 4:21.47	45.23	400m: 5:50.26	43.68	
12.	Wiaderek Zuzanna		03	MOSM Tychy			<b>5:51.71</b>	296	
	50m: 37.23	37.23	150m: 2:06.80	46.15	250m: 3:37.61	45.44	350m:		
	100m: 1:20.65	43.42	200m: 2:52.17	45.37	300m: 4:23.87	46.26	400m: 5:51.71		
13.	Zahorodna Oliwia		03	Uks Junior Kluczbork			<b>5:57.45</b>	282	
	50m: 39.04	39.04	150m: 2:07.99	45.56	250m: 3:40.06	46.25	350m: 5:13.11	46.36	
	100m: 1:22.43	43.39	200m: 2:53.81	45.82	300m: 4:26.75	46.69	400m: 5:57.45	44.34	
14.	Janacz Daria		03	MKS-SMS Victoria Racibórz			<b>5:58.66</b>	279	
	50m: 40.30	40.30	150m: 2:11.69	45.91	250m: 3:42.20	45.60	350m: 5:14.39	45.52	
	100m: 1:25.78	45.48	200m: 2:56.60	44.91	300m: 4:28.87	46.67	400m: 5:58.66	44.27	
15.	Pawłowska Jessica		03	Uks Junior Kluczbork			<b>6:00.53</b>	275	
	50m: 40.16	40.16	150m: 2:11.48	45.79	250m: 3:44.06	46.41	350m: 5:17.07	46.42	
	100m: 1:25.69	45.53	200m: 2:57.65	46.17	300m: 4:30.65	46.59	400m: 6:00.53	43.46	
16.	Puzo Paulina		03	UKS Aquatica Pawłowice			<b>6:01.96</b>	271	
	50m: 41.35	41.35	150m:		250m: 3:50.53	47.07	350m:		
	100m: 1:28.59	47.24	200m: 3:03.46		300m: 4:37.52	46.99	400m: 6:01.96		

SiKReT Gliwice ogłasza nabór do klasy sportowej o profilu pływanie  
w roku szkolnym 2015/2016 zawodników z rocznika 2002.  
Inf. Mirosław Witkowski tel. 502043577 e-mail plywanie@sikret.org.pl

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Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja					Rok ur.					Czas	Pkt.	
17.	Pogo Milena				03	CSiR MOS D browa Górnicza				<b>6:03.04</b>	269	
	50m:	38.89	38.89	150m:	2:09.46	46.09	250m:	3:43.39	47.49	350m:	5:15.45	
	100m:	1:23.37	44.48	200m:	2:55.90	46.44	300m:			400m:	6:03.04	47.59
18.	Marek Agata				03	Tkkf Szczygłowice Knurów				<b>6:04.04</b>	267	
	50m:	40.63	40.63	150m:	2:13.45	46.66	250m:	3:47.45	47.03	350m:	5:20.87	46.43
	100m:	1:26.79	46.16	200m:	3:00.42	46.97	300m:	4:34.44	46.99	400m:	6:04.04	43.17
19.	Mryka Martyna				03	LKS Jedno 32 Przyszowice				<b>6:04.38</b>	266	
	50m:	40.00	40.00	150m:	2:11.12	45.78	250m:	3:45.79	47.33	350m:	5:19.77	
	100m:	1:25.34	45.34	200m:	2:58.46	47.34	300m:			400m:	6:04.38	44.61
20.	Grzesiak Adrianna				03	MOSM Tychy				<b>6:05.68</b>	263	
	50m:	39.23	39.23	150m:	2:12.79	47.19	250m:	3:47.14	48.01	350m:	5:21.94	47.26
	100m:	1:25.60	46.37	200m:	2:59.13	46.34	300m:	4:34.68	47.54	400m:	6:05.68	43.74
21.	Suchanek Aleksandra				03	Tkkf Szczygłowice Knurów				<b>6:07.34</b>	260	
	50m:	44.26	44.26	150m:	2:20.10	47.90	250m:	3:55.26	48.38	350m:	5:27.45	46.18
	100m:	1:32.20	47.94	200m:	3:06.88	46.78	300m:	4:41.27	46.01	400m:	6:07.34	39.89
22.	Wr czycka Julia				03	Ukp Ruda l ska				<b>6:08.72</b>	257	
	50m:	40.64	40.64	150m:	2:12.69	45.75	250m:	3:46.90	47.36	350m:	5:18.48	44.44
	100m:	1:26.94	46.30	200m:	2:59.54	46.85	300m:	4:34.04	47.14	400m:	6:08.72	50.24
23.	Mosek Oliwia				03	KS Unia Racibórz				<b>6:12.73</b>	249	
	50m:	40.22	40.22	150m:	2:14.73	47.75	250m:	3:50.50	47.11	350m:	5:26.44	48.01
	100m:	1:26.98	46.76	200m:	3:03.39	48.66	300m:	4:38.43	47.93	400m:	6:12.73	46.29
24.	Kamicka Julia				03	UMKS "Jedynka Zabrze"				<b>6:13.93</b>	246	
	50m:	40.79	40.79	150m:	2:14.31	47.01	250m:	3:52.79	50.34	350m:		
	100m:	1:27.30	46.51	200m:	3:02.45	48.14	300m:	4:41.95	49.16	400m:	6:13.93	
25.	Oliwa Laura				03	DOKiS SP "Vega" Dobrodzie				<b>6:14.10</b>	246	
	50m:	42.71	42.71	150m:	2:19.42	47.87	250m:	3:56.79	49.18	350m:	5:31.65	46.94
	100m:	1:31.55	48.84	200m:	3:07.61	48.19	300m:	4:44.71	47.92	400m:	6:14.10	42.45
26.	Mania Weronika				03	KS. Górnik Radlin				<b>6:14.99</b>	244	
	50m:	42.43	42.43	150m:	2:18.98	48.73	250m:	3:55.29	47.82	350m:	5:30.58	46.89
	100m:	1:30.25	47.82	200m:	3:07.47	48.49	300m:	4:43.69	48.40	400m:	6:14.99	44.41
27.	Steczek Natalia				03	MOSM Tychy				<b>6:18.66</b>	237	
	50m:	41.38	41.38	150m:	2:15.55	47.82	250m:	3:54.20	48.74	350m:	5:32.62	49.11
	100m:	1:27.73	46.35	200m:	3:05.46	49.91	300m:	4:43.51	49.31	400m:	6:18.66	46.04
28.	Gregorczyk Amelia				03	ULKS VICTORIA Kozy				<b>6:22.02</b>	231	
	50m:	43.27	43.27	150m:	2:21.76	50.19	250m:	3:59.48	49.32	350m:	5:36.53	48.88
	100m:	1:31.57	48.30	200m:	3:10.16	48.40	300m:	4:47.65	48.17	400m:	6:22.02	45.49
29.	Jagiełło Zofia				03	UKS 54 Delfinek Bytom				<b>6:27.48</b>	221	
	50m:	41.19	41.19	150m:	2:19.73	49.41	250m:	3:58.33	49.30	350m:	5:37.91	50.10
	100m:	1:30.32	49.13	200m:	3:09.03	49.30	300m:	4:47.81	49.48	400m:	6:27.48	49.57
30.	Profaska Angelika				03	UKS 54 Delfinek Bytom				<b>6:28.49</b>	219	
	50m:	45.15	45.15	150m:	2:24.20	50.10	250m:	4:04.60	50.20	350m:	5:40.33	46.69
	100m:	1:34.10	48.95	200m:	3:14.40	50.20	300m:	4:53.64	49.04	400m:	6:28.49	48.16
31.	Ochnio Aleksandra				03	MOSM Tychy				<b>6:31.96</b>	214	
	50m:	41.65	41.65	150m:	2:21.00	50.30	250m:	4:03.13	51.14	350m:	5:45.83	50.87
	100m:	1:30.70	49.05	200m:	3:11.99	50.99	300m:	4:54.96	51.83	400m:	6:31.96	46.13
32.	Szlachta Aleksandra				03	Klub Olimpijczyka MOSiR Mysłów				<b>6:36.25</b>	207	
	50m:	41.45	41.45	150m:	2:22.31	50.67	250m:	4:03.08	51.33	350m:	5:44.65	49.09
	100m:	1:31.64	50.19	200m:	3:11.75	49.44	300m:	4:55.56	52.48	400m:	6:36.25	51.60
33.	Kulik Patrycja				03	KS. Górnik Radlin				<b>6:47.38</b>	190	
	50m:	44.39	44.39	150m:	2:26.99	51.79	250m:	4:12.71	53.12	350m:	5:56.70	52.53
	100m:	1:35.20	50.81	200m:	3:19.59	52.60	300m:	5:04.17	51.46	400m:	6:47.38	50.68

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Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
34.	Orłowska Agata			03	CSiR MOS D	browa Górnicza			<b>6:47.82</b>	190		
	50m:	42.24	42.24	150m:	2:26.43	53.32	250m:	4:13.45	53.43	350m:	5:58.43	52.34
	100m:	1:33.11	50.87	200m:	3:20.02	53.59	300m:	5:06.09	52.64	400m:	6:47.82	49.39
35.	Młynarczyk Julia			03	MMKS K	dzierzyn-Kościele			<b>6:52.79</b>	183		
	50m:	42.46	42.46	150m:			250m:			350m:		
	100m:	1:32.25	49.79	200m:	3:18.17		300m:	5:04.79		400m:	6:52.79	
36.	Misiec Julia			03	UKS "KUSY"	Strzelce Opolskie			<b>6:57.63</b>	177		
	50m:	43.56	43.56	150m:	2:27.69	53.42	250m:	4:15.56	54.11	350m:	6:05.13	55.10
	100m:	1:34.27	50.71	200m:	3:21.45	53.76	300m:	5:10.03	54.47	400m:	6:57.63	52.50
37.	Matuszek Alicja			03	TkKF	Szczygłowice Knurów			<b>6:57.66</b>	177		
	50m:	45.28	45.28	150m:	2:31.74	54.50	250m:	4:19.72	53.20	350m:	6:08.21	54.12
	100m:	1:37.24	51.96	200m:	3:26.52	54.78	300m:	5:14.09	54.37	400m:	6:57.66	49.45
38.	Kania Martyna			03	KS.	Górniki Radlin			<b>6:59.67</b>	174		
	50m:	44.43	44.43	150m:	2:31.46	55.79	250m:	4:19.96	53.42	350m:	6:07.60	53.22
	100m:	1:35.67	51.24	200m:	3:26.54	55.08	300m:	5:14.38	54.42	400m:	6:59.67	52.07
39.	Piecha Alicja			03	UKS "KUSY"	Strzelce Opolskie			<b>7:00.47</b>	173		
	50m:	44.54	44.54	150m:	2:29.42	53.14	250m:	4:21.19	56.18	350m:	6:11.71	54.02
	100m:	1:36.28	51.74	200m:	3:25.01	55.59	300m:	5:17.69	56.50	400m:	7:00.47	48.76
40.	Cupała Aleksandra			03	CSiR MOS D	browa Górnicza			<b>7:03.37</b>	169		
	50m:	44.23	44.23	150m:	2:29.19	54.07	250m:	4:18.72	56.35	350m:	6:09.39	
	100m:	1:35.12	50.89	200m:	3:22.37	53.18	300m:			400m:	7:03.37	53.98

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