

Mistrzostwa Okręgu Gliwickiego Open
Gliwice, 12- - 13-6-2015

Konkurencja 12
2015-06-12 - 13:20

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
14 lat									
1.	Ostrowska Kamila		01	UKS Aligator Gorzyce				5:22.20	578
	50m:	33.73 33.73	150m:	1:53.02 39.85	250m:	3:20.05 47.79	350m:	4:45.83 38.66	
	100m:	1:13.17 39.44	200m:	2:32.26 39.24	300m:	4:07.17 47.12	400m:	5:22.20 36.37	
2.	Bura Dominika		01	UKS Aligator Gorzyce				5:24.10	568
	50m:	34.82 34.82	150m:	2:00.45 45.88	250m:	3:28.94 44.11	350m:	4:50.49 36.85	
	100m:	1:14.57 39.75	200m:	2:44.83 44.38	300m:	4:13.64 44.70	400m:	5:24.10 33.61	
3.	Kossakowska Dominika		01	SiKReT Gliwice				5:29.58	540
	50m:	34.12 34.12	150m:	1:56.83 41.95	250m:	3:25.95 48.44	350m:	4:54.25 37.76	
	100m:	1:14.88 40.76	200m:	2:37.51 40.68	300m:	4:16.49 50.54	400m:	5:29.58 35.33	
4.	Augustyniak Michalina		01	MOSM Tychy				5:43.21	478
	50m:	34.57 34.57	150m:	2:01.78 44.68	250m:	3:35.77 49.45	350m:	5:06.22 39.84	
	100m:	1:17.10 42.53	200m:	2:46.32 44.54	300m:	4:26.38 50.61	400m:	5:43.21 36.99	
5.	Krótki Magdalen		01	UKS Aligator Gorzyce				5:49.49	453
	50m:	38.07 38.07	150m:	2:08.87 46.50	250m:	3:41.63 47.94	350m:	5:11.54 41.34	
	100m:	1:22.37 44.30	200m:	2:53.69 44.82	300m:	4:30.20 48.57	400m:	5:49.49 37.95	
6.	Kapitan Paulina		01	ks Piłka Chorzów				6:18.37	357
	50m:	41.03 41.03	150m:	2:17.60 49.00	250m:	3:57.14 52.47	350m:	5:34.77 44.73	
	100m:	1:28.60 47.57	200m:	3:04.67 47.07	300m:	4:50.04 52.90	400m:	6:18.37 43.60	
15 lat									
1.	Adamska Alicja		00	UKS Aligator Gorzyce				5:21.64	581
	50m:	34.90 34.90	150m:	1:57.01 41.63	250m:	3:23.57 46.25	350m:	4:46.83 36.95	
	100m:	1:15.38 40.48	200m:	2:37.32 40.31	300m:	4:09.88 46.31	400m:	5:21.64 34.81	
2.	Gruca Alicja		00	Unia Racibórz				5:31.07	533
	50m:	35.96 35.96	150m:	2:02.76 43.07	250m:	3:30.05 45.53	350m:	4:53.37 38.62	
	100m:	1:19.69 43.73	200m:	2:44.52 41.76	300m:	4:14.75 44.70	400m:	5:31.07 37.70	
3.	Łotecka Aleksandra		00	KS. Górnik Radlin				5:55.92	428
	50m:	36.40 36.40	150m:		250m:	3:44.29 49.39	350m:	5:16.85 43.10	
	100m:	1:20.00 43.60	200m:	2:54.90	300m:	4:33.75 49.46	400m:	5:55.92 39.07	
4.	Pawera Karolina		00	Ukp Ruda Gliwska				5:57.87	422
	50m:	36.51 36.51	150m:	2:07.01 47.19	250m:	3:45.42 52.42	350m:	5:19.96 40.70	
	100m:	1:19.82 43.31	200m:	2:53.00 45.99	300m:	4:39.26 53.84	400m:	5:57.87 37.91	
16 - 18 lat									
1.	Teresko Anna		97	CSIR MOS D browa Góńcza				5:15.94	613
	50m:	34.13 34.13	150m:	1:53.55 41.11	250m:	3:19.55 44.80	350m:	4:41.02 35.71	
	100m:	1:12.44 38.31	200m:	2:34.75 41.20	300m:	4:05.31 45.76	400m:	5:15.94 34.92	
2.	liwska Marta		97	CSIR MOS D browa Góńcza				5:18.82	596
	50m:	32.99 32.99	150m:	1:53.08 42.09	250m:	3:19.49 46.49	350m:	4:43.53 37.85	
	100m:	1:10.99 38.00	200m:	2:33.00 39.92	300m:	4:05.68 46.19	400m:	5:18.82 35.29	
3.	Czaja Barbara		99	KS. Górnik Radlin				5:29.86	538
	50m:	34.21 34.21	150m:	1:56.37 41.37	250m:	3:25.68 47.56	350m:	4:52.61 38.70	
	100m:	1:15.00 40.79	200m:	2:38.12 41.75	300m:	4:13.91 48.23	400m:	5:29.86 37.25	
4.	Kolber Roksana		98	Nowy KP Bielsko-Biała				5:37.22	504
	50m:	35.22 35.22	150m:	2:00.88 45.93	250m:	3:33.21 47.58	350m:	5:00.41 39.11	
	100m:	1:14.95 39.73	200m:	2:45.63 44.75	300m:	4:21.30 48.09	400m:	5:37.22 36.81	

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Open

1.	Teresko Anna		97	CSIR MOS D browa Góńnicza	5:15.94	613
	50m:	34.13	34.13	150m:	1:53.55	41.11
	100m:	1:12.44	38.31	200m:	2:34.75	41.20
				250m:	3:19.55	44.80
				300m:	4:05.31	45.76
				350m:	4:41.02	35.71
				400m:	5:15.94	34.92
2.	liwi ska Marta		97	CSIR MOS D browa Góńnicza	5:18.82	596
	50m:	32.99	32.99	150m:	1:53.08	42.09
	100m:	1:10.99	38.00	200m:	2:33.00	39.92
				250m:	3:19.49	46.49
				300m:	4:05.68	46.19
				350m:	4:43.53	37.85
				400m:	5:18.82	35.29
3.	Adamska Alicja		00	UKS Aligator Gorzyce	5:21.64	581
	50m:	34.90	34.90	150m:	1:57.01	41.63
	100m:	1:15.38	40.48	200m:	2:37.32	40.31
				250m:	3:23.57	46.25
				300m:	4:09.88	46.31
				350m:	4:46.83	36.95
				400m:	5:21.64	34.81
4.	Ostrowska Kamila		01	UKS Aligator Gorzyce	5:22.20	578
	50m:	33.73	33.73	150m:	1:53.02	39.85
	100m:	1:13.17	39.44	200m:	2:32.26	39.24
				250m:	3:20.05	47.79
				300m:	4:07.17	47.12
				350m:	4:45.83	38.66
				400m:	5:22.20	36.37
5.	Bura Dominika		01	UKS Aligator Gorzyce	5:24.10	568
	50m:	34.82	34.82	150m:	2:00.45	45.88
	100m:	1:14.57	39.75	200m:	2:44.83	44.38
				250m:	3:28.94	44.11
				300m:	4:13.64	44.70
				350m:	4:50.49	36.85
				400m:	5:24.10	33.61
6.	Kossakowska Dominika		01	SiKReT Gliwice	5:29.58	540
	50m:	34.12	34.12	150m:	1:56.83	41.95
	100m:	1:14.88	40.76	200m:	2:37.51	40.68
				250m:	3:25.95	48.44
				300m:	4:16.49	50.54
				350m:	4:54.25	37.76
				400m:	5:29.58	35.33
7.	Czaja Barbara		99	KS. Górnik Radlin	5:29.86	538
	50m:	34.21	34.21	150m:	1:56.37	41.37
	100m:	1:15.00	40.79	200m:	2:38.12	41.75
				250m:	3:25.68	47.56
				300m:	4:13.91	48.23
				350m:	4:52.61	38.70
				400m:	5:29.86	37.25
8.	Gruca Alicja		00	Unia Racibórz	5:31.07	533
	50m:	35.96	35.96	150m:	2:02.76	43.07
	100m:	1:19.69	43.73	200m:	2:44.52	41.76
				250m:	3:30.05	45.53
				300m:	4:14.75	44.70
				350m:	4:53.37	38.62
				400m:	5:31.07	37.70
9.	Kolber Roksana		98	Nowy KP Bielsko-Biała	5:37.22	504
	50m:	35.22	35.22	150m:	2:00.88	45.93
	100m:	1:14.95	39.73	200m:	2:45.63	44.75
				250m:	3:33.21	47.58
				300m:	4:21.30	48.09
				350m:	5:00.41	39.11
				400m:	5:37.22	36.81
10.	Augustyniak Michalina		01	MOSM Tychy	5:43.21	478
	50m:	34.57	34.57	150m:	2:01.78	44.68
	100m:	1:17.10	42.53	200m:	2:46.32	44.54
				250m:	3:35.77	49.45
				300m:	4:26.38	50.61
				350m:	5:06.22	39.84
				400m:	5:43.21	36.99
11.	Sm tek Wiktoria		01	MMKS K dzierzyn-Ko le	5:47.70	460
	50m:	38.77	38.77	150m:	2:09.37	44.38
	100m:	1:24.99	46.22	200m:	2:51.88	42.51
				250m:	3:39.29	47.41
				300m:	4:27.52	48.23
				350m:	5:08.51	40.99
				400m:	5:47.70	39.19
12.	Krótki Magdalen		01	UKS Aligator Gorzyce	5:49.49	453
	50m:	38.07	38.07	150m:	2:08.87	46.50
	100m:	1:22.37	44.30	200m:	2:53.69	44.82
				250m:	3:41.63	47.94
				300m:	4:30.20	48.57
				350m:	5:11.54	41.34
				400m:	5:49.49	37.95
13.	Łotecka Aleksandra		00	KS. Górnik Radlin	5:55.92	428
	50m:	36.40	36.40	150m:		
	100m:	1:20.00	43.60	200m:	2:54.90	
				250m:	3:44.29	49.39
				300m:	4:33.75	49.46
				350m:	5:16.85	43.10
				400m:	5:55.92	39.07
14.	Pawera Karolina		00	Ukp Ruda l ska	5:57.87	422
	50m:	36.51	36.51	150m:	2:07.01	47.19
	100m:	1:19.82	43.31	200m:	2:53.00	45.99
				250m:	3:45.42	52.42
				300m:	4:39.26	53.84
				350m:	5:19.96	40.70
				400m:	5:57.87	37.91
15.	Kapitan Paulina		01	ks Pi tka Chorzów	6:18.37	357
	50m:	41.03	41.03	150m:	2:17.60	49.00
	100m:	1:28.60	47.57	200m:	3:04.67	47.07
				250m:	3:57.14	52.47
				300m:	4:50.04	52.90
				350m:	5:34.77	44.73
				400m:	6:18.37	43.60